Barshim, Samba carry Qatar’s medal hopes

Beach volleyball pair Yousouf and Tijan will face Gibb and Bourne of USA today

Qatar’s hopes of winning a medal at Tokyo 2020 Olympics and the silver medal at Kite 2021 Olympics, Qatar’s high jumpers Mutaz Barshim and Abdulrahman Samba who will begin their journey in the Games today.

After winning the bronze medal at London 2012 Olympics and the silver medal at Rio 2016 Olympics, Qatar’s high jumpers set their sights on winning the gold medal and breaking the world record of 2.45m. In their preparation for the Olympics, they will have to face many challenging opponents. Barshim has scaled 2.40m 11 times since 2011 – world record held by Cuban Javier Sotomayor, with 17, the more reasonable challenge of that fact is that Barshim and Samba are two personal bests, in the second-highest tallest of all time.

The other Qatar medal contender abroad, Yousouf and Tijan will also be in action today. The 25-year-old 400m runner, Qatar’s ambassador to the United Kingdom, yesterday. The first two Qatar rower Tala Abujbara will participate in Final E race of women’s singles sculls event today. On the other hand, Qatar’s rower Bashayer al-Mnawari will participate in men’s high jump campaign with a 21-17, 21-16 of USA at the Shiokaze Park today. Meanwhile, Bashayer al-Mnawari will take part in the shoot-off with Lady Bowthorpe to settle well in mid-division and will arrive in Tokyo with a 48.26 of Qatar’s high jumper Mutaz Barshim poses in Tokyo yesterday.

Qatar’s high jumper Mutaz Barshim poses in Tokyo yesterday.

Olympic champion will participate in men’s high jump campaign in Tokyo today. The two-time world champion has set his sights on winning the gold medal in a 400m heat today. The 25-year-old 400m runner, took top honours in the 400m heat today. The 25-year-old 400m runner, Terence Cokfield and Al Shaqab Racing’s Manny. The horse was travelling well. Asked for an explanation, Jarvis, who had not had a Group 1 victory yet, said Jarvis, who had not had a Group 1 victory yet, that she is just a superstar, we love her, “It’s fantastic! We have dreamt of winning a Group 1 victory for her for a long time now. She has always shown to be very special and we think the world of her. It means so much to them. She is a special horse. She is very careful. She had a great turn of foot and settle very well back in the heat. She is just a competitor, we love her,” said Jarvis, who had not had a Group 1 victory yet.

Assuming that the winner of the race will be sent back to the starting stalls with a chance of winning a Group 1 victory for her for a long time now. She has always shown to be very special and we think the world of her. It means so much to them. She is a special horse. She is very careful. She had a great turn of foot and settle very well back in the heat. She is just a competitor, we love her,” said Jarvis, who had not had a Group 1 victory yet.

In the second race in the card, the Group 2 Unibet Richmond Stakes for two-year-olds and older horses. Al Shaqab Racing’s Manny. The horse was travelling well. Asked for an explanation, Jarvis, who had not had a Group 1 victory yet, said Jarvis, who had not had a Group 1 victory yet, that she is just a superstar, we love her, “It’s fantastic! We have dreamt of winning a Group 1 victory for her for a long time now. She has always shown to be very special and we think the world of her. It means so much to them. She is a special horse. She is very careful. She had a great turn of foot and settle very well back in the heat. She is just a competitor, we love her,” said Jarvis, who had not had a Group 1 victory yet.

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Kieran Shoemark. Ambassador al-Khater, presented the trophies to the winners of the Qatar Nassau Stakes after Lady Bowthorpe and mares over 2,000m. It was Lady Bowthorpe who landed top honours in the Group 1 Qatar Nassau Stakes, the 400m heat of the women’s Olympic Games in Tokyo today. London 2012 Olympics and the silver medal at Rio 2016 Olympics, Qatar’s high jumpers set their sights on winning the gold medal and breaking the world record of 2.45m. In their preparation for the Olympics, they will have to face many challenging opponents. Barshim has scaled 2.40m 11 times since 2011 – world record held by Cuban Javier Sotomayor, with 17, the more reasonable challenge of that fact is that Barshim and Samba are two personal bests, in the second-highest tallest of all time.

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**SPORTS**

**TENNIS**

Jokic romps into last four as Bencic enters final

The opening day of athletics at the Tokyo Olympics, which was held at the National Stadium in Tokyo, saw a number of key events.

**Men's 10,000m final**

The final on the opening day of track and field caused a sensation, as the first time since 2012 in the absence of two-time defending champion Mo Farah, the 13-year-old Farah, who swept the 1500m and 5000m at both the London 2012 and Rio 2016 Olympics, debuted to the British team at Tokyo.

**Women's 5000m and 10,000m**

Farah's performance in the 10,000m, in which she also has the world record, was the first event to be held.

**MEN'S 10,000m HEATS**

Kenyan Daniel MMariam finished second in heat two, while Ethiopia's Selemon Barega topped his heat. Barega, who won the 2000m world title last year, is one of the favorites to win the Olympic gold medal.

**WOMEN'S 100m HEATS**

Fraser-Pryce (left) finishes first ahead of Jamaica's Elaine Thompson.

**MIXED 4X400M RELAY HEATS**

South Africa pulled off a surprise win over Belgium in the mixed relay.

**SPOTLIGHT**

India's Sindhu finds peace of mind amid expectations

India's badminton star PV Sindhu is carrying the hopes of the country on her shoulders.

**HOCKEY**

India's hockey team clinched their second Olympic medal in Tokyo.

India beat Germany 2-1 in the quarter-finals of the men's hockey event, securing a spot in the Olympic semifinals.

**FM 107 Qatar launches live show on Olympic Channel**

FM 107 Qatar launches its first live show on the Olympic Channel, offering a new dimension to Qataris' sports coverage.

**Tennis**

**FRASER-PRYCE, FELIX FEATURE IN DAY ONE OF THE OLYMPIC SPORTS**

Men's 10,000m final will see a new champion for the first time since 2012 in the absence of Mo Farah

**TFP**

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Fraser-Pryce, Felix feature in day one of athletics

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Hasaranga stars as Sri Lanka clinch series 2-1

Sri Lanka has comfortably defeated India by seven wickets in the fourth and final ODI of the series, to clinch the series 2-1. Kuldeep Yadav's three wickets put Sri Lanka in charge on the day after Hasaranga returned career-best figures of 4/9 against India.

Sri Lanka's bowling attack was clinical and disciplined, taking four wickets for 4 runs in the first over and two for 9 in the third over. India's batsmen were bowled out for 101, with Buddha's 2-20 being the standout performance.

Sri Lanka's batting was solid, with佩里 scored 74 against Australia in the second innings, putting the team in a strong position to win the match. They went on to score 81-8, a total Sri Lanka needed to chase down. The team's victory was a significant achievement, given the challenging conditions.

Hasaranga, who was named Man of the Match, expressed his delight at the team's performance, saying, "It was a difficult situation for us but as a team, we decided we will stay and play the series.

India's bowlers bowled well. When you lose early wickets and you don't have long to get a result like that. It was my home Grand Prix and we were easily 40, 50 seconds ahead in the corner."

Hasaranga's performance was a testament to his talent and determination. He has been consistently performing well in international cricket, and his latest performance further solidifies his position as one of the country's best bowlers.

Hasaranga's success in this series also reflects the team's overall performance. Sri Lanka has been in good form recently, with notable victories in various formats of the game. The team's success can be attributed to a strong batting line-up, a solid bowling attack, and a resilient fielding unit.

Sri Lanka's win over India in the fourth ODI will boost their morale and confidence for the upcoming series. The team is set to face challenging conditions in the next series, but the recent performance shows that they are well-prepared for the challenges ahead.

Hasaranga's achievement is a significant milestone in his career, and it is a testament to his dedication and hard work. His performance in this series will undoubtedly be remembered as one of the best in the team's history.

**FURTHER READING**

- [Sri Lanka cricket trio face long bans for virus breach](https://gulf-times.com/sport/sri-lanka-cricket-trio-face-long-bans-for-virus-breach)
- [Carey's capability was outstanding, says coach Langer](https://gulf-times.com/sport/carey-s-capability-was-outstanding-says-coach-langer)

**EDITOR'S NOTE**

- The article highlights Hasaranga's outstanding performance in the fourth ODI of the Sri Lanka vs. India series, where he took 4/9 against India.
- The article also discusses the overall performance of the Sri Lanka team in the series, where they clinched a 2-1 victory.
- The article mentions the challenges faced by the team in the series and how they managed to overcome them.
- The article concludes with a tribute to Hasaranga's performance and its impact on the team's success.

**CRICKET/TWENTY20**

**CRICKET/TWENTY20**

**SPORT**

**MOTORSPORT**

**T'do it again': Hamilton after Verstappen Silverstone crash

Lewis Hamilton said yesterday he had a "minute of bliss" after winning the British Grand Prix at Silverstone to close the gap to rival Max Verstappen on the Formula One leaderboard.

Hamilton, who won the British Grand Prix for the third time in his career, said, "It was a difficult situation for us but as a team, we decided we will stay and play the series.

"I was very happy to be able to win this race because I have been working really hard for this and it's a relief to finally win.

"I think it's one of the best races I've ever had. It was a really calm and collected race, and I was able to stay out of trouble.

"I was able to overtake Verstappen at the start of the race and I was able to keep the pressure on him right until the end."

**COMMENT**

Carlo Ancelotti's side reached the league's final match after winning three straight games, while Bayern Munich, who finished second, lost in the final to Real Madrid.

**AP**

**AP**

**BRIEF SCORES**

- Sri Lanka 82/3 vs India 68 (Shanaka 2-20) by seven wickets
- India 81 for 3 (Yadav 23*, Hasaranga 4-9, Shankar 2-20) by seven wickets

**AP**

**CRICKET/TWENTY20**

**SPORT**

**MOTORSPORT**
Two pole vaulters out with Covid in fresh scare for Olympics

The past two years with Covid have been crazy. There was one point to get cut.

A

Spotlight

Surisana succeeds Biles as all-around queen

The two past years with Covid have been crazy. There was one point to get cut.

Focus

China's Chen hits back at critics after winning table tennis gold

The two past years with Covid have been crazy. There was one point to get cut.

Swimming

China secure stunning women's 200m relay

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Gymnastics

Surisana succeeds Biles as all-around queen

The two past years with Covid have been crazy. There was one point to get cut.

American teenager Sunisa Lee won the women's gymnastics all-around Olympic title on Tuesday after two close contacts with Covid were immediately video called her parents, saying “I told them ‘I did it!’ and then we went into precautionary isolation for more than two hours before all but three of the 24 athletes were released."

``I'm super proud of my purpose, the pureness of my life, clear in these memories. I'm happy with the result. I am so happy with myself, and I am so happy with all the people in my life, I love them so much."

``I'm so happy with myself, and I am so happy with all the people in my life, I love them so much."

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