The United States is preparing for the possibility that a biological threat will be detected between now and six months after people are voluntarily vaccinated against Covid-19, a White House official said Wednesday. The United States is also tracking two concerned people who have been identified as possible low or medium-risk cases by the US Centers of Disease Control and Prevention who had formed a subcommittee hearing to review the cases. It is not yet confirmed whether those people were vaccinated in the United States, but there have been three such cases: broken blowflies, earthworms, and pet rats. The United States had also received reports of a pet rat and a fish, making it more likely that the agent is an exotic one. The United States has also been working to improve its preparedness for biological threats. In addition to the subcommittee, the United States has also formed a task force to coordinate the response. In the United States, the Centers for Disease Control and Prevention (CDC) have been working to improve their preparations for biological threats, but they have also been working to address the issue of the logistics of the response. The United States has also been working to improve its preparedness for biological threats, but they have also been working to address the issue of the logistics of the response. The United States has also been working to improve its preparedness for biological threats, but they have also been working to address the issue of the logistics of the response. The United States has also been working to improve its preparedness for biological threats, but they have also been working to address the issue of the logistics of the response.
Indian embassy inducts priority appointment for health workers

The Indian Embassy in Doha has introduced a ‘priority appointment’ system for health workers to seek priority appointments at the Indian High Commission for consular services. The new system enables health workers to book their appointments online for priority service. This move is aimed at reducing the wait time for these workers to seek priority appointments at the High Commission for consular services.

Shura Council takes part in virtual parliamentary meet

The Shura Council participates in a virtual parliamentary conference held yesterday on the global challenges and threats in the context of Covid-19 pandemic related to terrorism and violent extremism, according to the Parliament’s website.

The conference took place under the framework of the partnership between the Assembly of Member Nations of the Islamic Conference (1969–2019), the Parliamentary Assembly of the Organization for Security and Co-operation in Europe’s Parliamentary Assembly (OSCE PA), the Parliamentary Assembly of the Council of Europe (PACE) and the United Nations Office for Counter-Terrorism (UNOCT).

The session highlighted the importance of rethinking counter-terrorism policies and legislations. Participants also pointed out the importance of having a virtuous national dialogue and avoiding polarization.

The Shura Council was represented by Khalid Al-Abdulla Al-Masri, member of the council.

FM receives call from WEF president

He the Deputy Prime Minister and Minister of Foreign Affairs, Sheikh Mohamed bin Abdulrahman Al-Thani, received a call from the World Economic Forum’s (WEF) President Børge Brende. During the call, they reviewed co-operation relations between Qatar and the World Economic Forum.

Russian ambassador’s Ramadan message

On behalf of myself and all staff of the Russian Embassy in Doha, I would like to wish to all those observing the blessed month of Ramadan peace, prosperity and harmony. This year under the pandemic conditions, we should not forget the importance of following all the hygiene and safety measures so as not to put yourself and others at risk. I believe that the health of our loved ones and others is of great value and we should comply with all the requirements and guidelines issued by the competent authorities.

Ramadan 2021 gives us the opportunity to dedicate this time to spiritual growth and deep reflection as we fast during the holy month of Ramadan and observe the rules and conduct ourselves in a way that will serve humanity and contribute to our common humanity.

Dr Jamal Abdullah al-Buainain, member of the Shura Council. The Shura Council was represented by Khalid Al-Abdulla Al-Masri, member of the council.

QMF reports 959 recoveries from Covid-19 cases

The Ministry of Public Health (MOPH) reported yesterday that 989 new confirmed cases of Covid-19, 421 of them were from community cases and 568 from travelers returning from abroad. Also, 951 people were referred to the Public Health Centre, said Ramadan Kareem!

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The Ministry of Municipality and Environment (MME), represented by the Department of Environmental Affairs and Environmental Rights Officer Nature Director Al-Mehala, had emphasized that these agreements aim to strengthen co-operation in the fields of sustainably and environmental awareness. The agreements were signed through video conference technology.

He stressed that the ministry has a role to examine which capacities and mechanisms for disseminating the ministry’s reputation, at the level of different segments, of this reputation and the social contract. The agreements aim to strengthen co-operation in the fields of sustainably and environmental awareness. The agreements were signed through video conference technology.

To facilitate dialogue that critically evaluates the roles of social policy in mitigating COVID-19 impacts came to the fore. Speakers explained the key factors that account for the variety of social policy responses across the region and the lessons that can be distilled. Examining the gaps in service delivery and how lessons that have been exposed, particularly among vulnerable populations, are being addressed, and the role of social policy in mitigating COVID-19 impacts came to the fore. Speakers explained the key factors that account for the variety of social policy responses across the region and the lessons that can be distilled. Examining the gaps in service delivery and the lessons that have been exposed, particularly among vulnerable populations, are being addressed, and the role of social policy in mitigating COVID-19 impacts came to the fore. Speakers explained the key factors that account for the variety of social policy responses across the region and the lessons that can be distilled.

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Food hero calls for more participation to feed the needy

DPS-MIS team crowned debating champions

Food distribution activities can be made more secure and smooth, ensuring that the maximum number of people get the help they need, said Wardha Mamukoya, founder of Wardha’s Palas, an organisation that raises awareness on food waste and best use of the surplus food that is wasted during Ramadan.

The initiative was started by Wardha’s passion for reducing food waste and her desire to help those in need. “We are very proud of all the hard work that Qataris put into producing food that is wasted during Ramadan,” Wardha said. “But we are also aware that there are many people who do not have access to this food due to various reasons.”

In response to a question on how people can manage to reduce food waste during the holy month of Ramadan, she said, “It is important to unpack the first thing you need to do is to look at home. When we cook at home and we do not purchase from outside, we have a better idea about the amount of food we are producing. Usually, we do our fruit shopping from outside when we are hungry or tired, but when we break fast at home we are hungry and we need that food. It is important for people to understand that each and every fruit we can say by cooking at home we reduce a lot of extra fruit that is wasted during Ramadan.”

The spirit of sharing and caring cannot be more than ever during this Ramadan as the global community struggles with the Covid-19 pandemic and its economic fallout.

As more and more people are losing their livelihoods, the food hero understands the point that “we need to be creative and find solutions with each other during the hard times.” Wardha said, “We need to have empathy towards others. We understand during Ramadan that what hunger is. We need to appreciate food more. We need to waste it less. Basically, we still see many people waste their food that it is a blessing and realise that there are people who are not getting food constantly.

“Sharing the extra food can bring the warmth of getting together when people cannot afford to gather,” she said. “We also raise awareness about reducing the food waste. We need to reduce food wastage.

Bosnian community delivers Ramadan aid

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A Qatar Foundation (QF) partner university is extending efforts to develop a pilot programme in Museum Sheikha Al Mayassa Art Therapy to address the needs of autistic children, youth and adults, and those affected by the ongoing pandemic Covid-19.

Sheikha Al Mayassa Art Therapy, launched by Wa’hab Food Heroes under Wardha’s Palas, is a project that builds social inclusion for autistic children and youth, to support autistic individuals who often are located in areas that are often away from the attention of organizations or individuals. One of the themes of the project – led by Weill Cornell Medicine-Qatar and funded by QF’s Qatar National Research Fund – will focus on the history and roots of autism, and stress among autistic children.

Dr Alan Weber, a member of QF’s Dr Alan Weber, a member of QF’s Qatar National Research Fund (QNRF), told Gulf Times, “the project will use the museum’s resources to offer children with special needs an opportunity to explore their feelings and express them in art and music. The project will focus on helping autistic children and youth understand how they perceive things by making art.”

“Art therapy can be helpful especially if somebody is having difficulty verbalizing their struggles,” Weber said.

“A pilot programme to benefit from this project will consist of adults with autism disabilities. Art therapy is an exploratory process that uses art media as its primary mode of communication and is based on the belief that the creative process involved in the making of art is helpful. It involves the use of creative techniques to help focus on how they perceive their life. Art therapy is also a process of self-expression allowing therapists to provide services to patients virtually,” said, Dr Alan Weber. Wardha’s Palas, an organisation that raises awareness on food waste and best use of the surplus food that is wasted during Ramadan.

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“Sharing the extra food can bring the warmth of getting together when people cannot afford to gather,” she said. “We also raise awareness about reducing the food waste. We need to reduce food wastage.
The Children’s Health Fair was held to offer advice to parents and provide educational activities and entertainment for their children.

Zulal Wellness helping you sleep well

**The Importance of Sleep**

Sufficiency and quality of sleep are crucial for overall health and well-being. Insufficient or excessive sleep can lead to negative consequences, such as type 2 diabetes and heart disease.

**The Role of Sleep**

Sleep is fundamental for adults, it is even more so for children. It is crucial for cognitive tasks processed during sleep, as it helps to relax from emotional and physical stress and the immune system.

**Stages of Sleep**

Traditional Arabic Islamic Medicine values sleep as a soothing power, helping to prevent diseases caused by the metabolism of stress hormones. According to Traditional Arabic Islamic Medicine teachings, including high-stress and nutrition-related health issues like obesity, diabetes, and mental health problems, adequate sleep is fundamental for overall health.

**Sleep Hygiene**

Correct bedtime routines affect the regulation of sleep and wakefulness and can prevent diseases caused by having a good night’s sleep.

**Conclusion**

By sharing their holistic beliefs, Zulal Wellness Resort aims to improve the quality of life for people in Qatar and the region, focusing on the overall wellbeing of individuals through sleep-related practices.

**BPS wins THIMUN Qatar’s Global Act with Impact Award**

BPS wins THIMUN Qatar’s Global Act with Impact Award

**NIA online event proves a big draw**

Poetry morning and satire in the free zone of ‘Holi Hai’ was launched this year, organized by the North Indian Association (NIA) and Qatar Academy for Graduate Studies (QAGS) in collaboration with the Arab Art Society and the Arabic Book Club. The event was considered a success by NIA members and participants.

**Student Clubs and Organisations at QU host over 150 events**

Student Clubs and Organisations at QU host over 150 events

Qatar University (QU) Student Clubs and Organisations have organized over 150 events and activities this year. The activities and events were organized by about 50 accredited student clubs and organisations at the campus. The Student Clubs and Organisations have been working hard for students and provide them with the opportunities to organize events. This year, student organizers have put in place the necessary precautions to ensure the safety of all participants.

**BPS wins THIMUN Qatar’s Global Act with Impact Award**

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The BPS Cup Change Service Project was organized by BPS students, namely Shahidul Islam, Fakhrul Islam, Skatia Munir, and Fakrul Islam.

**NIA online event proves a big draw**

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The programmes include solo, duet, and group performances, as well as presentations and discussions. The participants were welcomed to bring their creativity and ideas to the platform.

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### Sudoku

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Solution

1 3 9 2 8 1 5 9 4
6 4 3 1 2 7 8 5 9
7 5 8 4 6 1 9 2 3
2 7 6 4 3 9 1 5 8

### Super Cryptic Clues

Across
1 Communications from dining room taking a long time (8)
6 Crazy about brazenly mother (9)
10 After a dinner Edward had aspirations (13)
13 It’s okay that’s a writer of sad poetry (7/7)
15 Sort of non-violent (7)
19 Squares applied to newspaper (9)
20 The colour Anne is turning (9)
22 We’re country or a vegetable (13)
23 Take cover, make at least one cross (13)
24 Stormy night it’s a devil (9)
25 Three more roads out (7)
26 Ministry of Transports’s willing to go for another (9)
27 State, for example (9)
31 One who will lead (6), in Madrid and Paris, perhaps (9)

Down
2 Cost of pulling awns in river (10)
3 Blue pole with notice attached (9)
4 Agree about musical (9)
5 Dine with the one you espouse with those endowed (15,4)
6 Take the car from where it may be parked (11)
7 Chess piece for pawns (12)
8 Unpleasant cheered before food (9)
9 Don’t that’s not so heavy (9)
10 Fraser provided by laboratory vessel (6)
11 A goal is set and now set after lunch (13)
12 Social worker is joining those in opposition (9)
14 An East Dayton character (13)
15 Ethiopian strange in New York (9)
16 In Flanders and around the Isle of Man (13)

### Big Nate

Friday, April 16, 2021

**COMMUNITY**

**LEISURE/HOROSCOPE**

**Super Cryptic Clues**

**Answer**

1 3 9 2 8 1 5 9 4
6 4 3 1 2 7 8 5 9
7 5 8 4 6 1 9 2 3
2 7 6 4 3 9 1 5 8

**Super Cryptic Clues**

**Across**
1 Communications from dining room taking a long time (8)
6 Crazy about brazenly mother (9)
10 After a dinner Edward had aspirations (13)
13 It’s okay that’s a writer of sad poetry (7/7)
15 Sort of non-violent (7)
19 Squares applied to newspaper (9)
20 The colour Anne is turning (9)
22 We’re country or a vegetable (13)
23 Take cover, make at least one cross (13)
24 Stormy night it’s a devil (9)
25 Three more roads out (7)
26 Ministry of Transports’s willing to go for another (9)
27 State, for example (9)
31 One who will lead (6), in Madrid and Paris, perhaps (9)

**Down**
2 Cost of pulling awns in river (10)
3 Blue pole with notice attached (9)
4 Agree about musical (9)
5 Dine with the one you espouse with those endowed (15,4)
6 Take the car from where it may be parked (11)
7 Chess piece for pawns (12)
8 Unpleasant cheered before food (9)
9 Don’t that’s not so heavy (9)
10 Fraser provided by laboratory vessel (6)
11 A goal is set and now set after lunch (13)
12 Social worker is joining those in opposition (9)
14 An East Dayton character (13)
15 Ethiopian strange in New York (9)
16 In Flanders and around the Isle of Man (13)

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Duterte floats conversion of hotels into Covid facilities

The Philippines is battling one of the worst outbreaks in Asia, with hospitals in the capital region facing long queues of patients and critical care units and Covid-19 wards. Maximum capacity in critical care units and Covid-19 wards is nearing maximum capacity.

Many Indian hospitals were scrambling for beds and oxygen as Covid-19 infections surged in a second wave of infections expected to hit a new daily record yesterday, with a further rise in the number of Covid-19 infections put a strain on India’s healthcare system.

The Philippines President Rodrigo Duterte yesterday said the government can take the initiative to take over the operations of hotels that are no longer in use. That is why, Duterte said in a late night national address.

"If the authorities decide to take over the operations of hotels that are no longer in use, that is ours," Duterte said in a late night national address.

While a government takeover is not in and of itself unusual, it is controversial, as officials have repeatedly said they did not want to use the military to seize the properties. Duterte is popular, but his government is accused of corruption and has been blamed for a lack of preparedness for the pandemic.

"I will order the police and military to seize the properties when we are pushed to the wall. We are in a life-threatening emergency," Duterte said.

"We cannot allow the number of Covid-19 cases and casualties to spiral out of control. We will borrow it and after that I will hand it back. I need your hotel. I need your property," Duterte said.

"I will order the authorities to take over the operations of hotels that are no longer in use. That is ours," Duterte said in a late night national address.

"If there no longer are beds, that is a second wave of infections expected to hit a new daily record yesterday, with a further rise in the number of Covid-19 infections put a strain on India’s healthcare system.

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**Proposal to expand US apex court gets lukewarm reception**

A group of liberal Democrats has introduced a bill to expand the US Supreme Court, but the measure has garnered little support.

The proposal to expand the US Supreme Court, which has been introduced by Democrats, has not received widespread support. The measure was introduced in response to the appointment of Justice Amy Coney Barrett, who replaced Justice Ruth Bader Ginsburg after her passing last year. Critics of the measure argue that expanding the court would undermine the institution's legitimacy and perpetuate the perception that the court is a political institution.

**One dead, 12 missing after ship capsizing off southern US coast**

A Coast Guard Station Atlantic Beach boat located a capsized commercial lift vessel while searching for people in the water west of Atlantic Beach in Saint George Island, Florida.

One person died, and 12 were missing after a commercial lift vessel capsized off the coast of Florida on Tuesday, according to the US Coast Guard.

**Senators applaud UN president from leaving role**

Five Democratic US senators and ten Republican US senators introduced a bill yesterday that would bar any US president from serving in the United Nations.

The bill was introduced by Democratic senators Dick Durbin of Illinois, Cory Booker of New Jersey, Jeff Merkley of Oregon, and Marco Rubio of Florida, and Republican senators John Cornyn of Texas, Susan Collins of Maine, and Chuck Grassley of Iowa.

They accused US President Donald Trump of using the UN to further his own political goals, and called for an end to the US's participation in the world organization.

**Former Minneapolis police officer Johnson, fired after George Floyd's killing, charged with manslaughter**

Former Minneapolis police officer Tou Thao, along with three other officers, has been charged with manslaughter in connection with the death of George Floyd.

The charges come after a grand jury indicted the former officers on counts of federal civil rights violations in connection with Floyd's death.

Thao was one of the officers who restrained Floyd during his arrest on May 25, 2020, and is charged with willful use of excessive force and willful deprivation of Floyd's constitutional rights.
French embassy addresses citizens to leave Pakistan

PKP Islamabad bans extremist party after violent protests

UK summons Russian ambassador over “malign operations” in Ukraine

The British government said it “made clear the UK’s support for the activities announced by President Biden” as Russia’s top envoy in London conceded in an interview with the BBC that Russia had carried out a “malign operation” in Ukraine.

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Valuing resilience after the pandemic

If the Covid-19 pandemic has taught the world one thing, it is that the high price we pay – in lost lives, damaged economies, and wasted human potential – when we fail to act in a timely and effective manner. By learning from this lesson, we can bolster our ability to weather future shocks.

The world is entering a new paradigm: a formula for progress and prosperity: economic growth. A steady increase in life expectancy and living standards is seemingly the panacea for all troubles, including food insecurity, poverty, and disease. But have we now reached a point in the exponential growth of rising inequality that threatens to become a trap, generating new problems on an even larger scale?

It appears we have not yet surpassed the turning point of growth becoming a trap, generating new problems on an even larger scale. The world is entering a new paradigm of human capital, which focuses on the value of humans and their potential for growth and development. This paradigm recognizes the importance of human development and social cohesion, and emphasizes the role of education and health in driving economic growth.

To achieve sustainable development, we must recognize the interdependence of human and natural systems. This requires a shift from a focus on economic growth to a focus on sustainable development, which prioritizes the well-being of all people and the planet.

In conclusion, we must act now to address the challenges of the present and future. By valuing resilience and focusing on sustainable development, we can build a better world for all.

Gulf Times
The Qur’an is the Word of Allah that is worthy of all praise, Allah, Glory be to Him. It is written in the Book of Allah, the Most Exalted, and cannot be likened to any other words.

The month of Ramadan is a month in which Allah reveals the Qur’an to His Messenger, as He Says (what means): “And We have given you the Qur’an to enjoin what is good and forbid what is evil, to be a guide to people who do not know” [Qur’an: 8:20].

Allah has ordained fasting to purify the soul and cleanse the heart. He has commanded the Prophet, peace be upon him, to fast, as He Says (what means): “I have enjoined fasting upon you, which the first (day of fasting) of the month of Ramadan, so whoever of you is present (for the month) and can afford it, he should fast it; and whoever is sick or on a journey (during the month of Ramadan), he should make up what he misses” [Qur’an: 2:183].

The Prophet, peace be upon him, was the first to fast and he used to teach the Qur’an in Ramadan every three nights, as the saying goes: “Had I the ability to fulfill one month of my fasting, I would fulfill it with the Qur’an”.

Through fasting, significant benefits are obtained such as self-discipline, self-control, self-regulation, and regulation of one’s actions. Fasting helps us to regulate our physical, mental, and emotional states. It encourages one to read from it again. The Qur’an is the Book of Allah, the Most Exalted, and cannot be likened to any other words.

The Qur’an is the word of Allah that is worthy of all praise, Allah, Glory be to Him. It is written in the Book of Allah, the Most Exalted, and cannot be likened to any other words. That word is the Book of Allah, the Most Exalted, whose fasting, prayer and all other deeds by obedience and humble submission to Allah is a blessed Book which We have revealed to you, [O Muhammad], that it is a guidance for the people and a clear proof of guidance and criterion. [Qur’an: 16:10"]

The month of Ramadan is a month in which Allah opens the doors of heaven, the gates of hell, the hearts of the people and the doors of knowledge. It is a month of over eating and excessive food, where some people gain weight, diabetes, kidney failure, high blood pressure, and cholesterol and acids.

The Prophet, peace be upon him, used to teach the Qur’an in Ramadan: "Fasting and contemplating its verses and practising their implications will try to gain in Ramadan is the very essence of our piety which our hearts whose fasting, prayer and all other deeds by obedience and humble submission to Allah is a blessed Book which We have revealed to you, [O Muhammad], that it is a guidance for the people and a clear proof of guidance and criterion. [Qur’an: 16:10"]

The Prophet, peace be upon him, said: “Some people lose their willpower and determination: [Qur’an: 2:184] and degrades others as a result of breaking one out of his regular mealtime. It creates a problem for them. Such people are unable to fast on their own without the permission of the Al-Ameerul Mumineen [Qur’an: 2:184].

Some people are unable to fast because of the enforcement of the Al-Ameerul Mumineen [Qur’an: 2:184]. They are protected from the punishment of the Fire if they fast. However, they have many health benefits, such as weight loss, reduced risk of heart disease, improved digestive function, and increased energy levels.

Some people are unable to fast on their own without the permission of the Al-Ameerul Mumineen [Qur’an: 2:184]. They should ask for the permission of the Al-Ameerul Mumineen [Qur’an: 2:184] to fast.

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Fasting helps us to regulate our physical, mental, and emotional states. It encourages one to read from it again. The Qur’an is the Book of Allah, the Most Exalted, and cannot be likened to any other words.
Buildings go green for Qatar Family Day

The buildings of many ministries and organisations were lit up in green yesterday, in celebration of Qatar Family Day. Among them were the buildings of the Ministry of Administrative Development, Labour and Social Affairs, the Ministry of Municipality and Environment (MME), the Ministry of Culture and Sports, the Civil Aviation Authority, the Family Consulting Centre, Qatar Rail, and Kahramaa.

The MME put up a billboard at its building (pictured above) to explain the origins of Qatar Family Day. The idea to dedicate a day for the family came on the sidelines of Qatar hosting the International Conference for the Family in 2004. At the conclusion of the conference, Qatar Foundation Chairperson Her Highness Sheikha Moza bint Nasser called for observing and celebrating Family Day. In June 2010, Qatar’s Council of Ministers agreed that April 15 of each year shall be declared Qatar Family Day in order to raise awareness on the importance of supporting and promoting the role of families in all shapes and forms, and highlight and promote their role.