QPL Committee organises an event to launch Qatar Premier League Cricket Tournament Season XI.

Doha-based Pakistani guitarist Shehzad Bhanji all set to release 3rd album Dreams next month.

After Fox News and her Miss America detour, Gretchen Carlson returns to broadcasting. P4-5

Back in business

In collaboration with Istituto di Moda Burgo International Fashion and Arts Academy, Qatar, Gulf Times Community presents Qatar’s First Scholarship Campaign.

Win scholarship worth QAR 25,000 by IMB Qatar to pursue a diploma course. For more details: www.gulftimescommunity.com/DesignYourDreamCareer
**PRAYER TIME**

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**Quote Unquote**

“Change your thoughts and you change your world.”
— Norman Vincent Peale

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**COMMUNITY ROUND & ABOUT**

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**Illymaani: Made in China**

**DIRECTION:** Jibi Joju  
**CAST:** Mohanlal, Swasika, Radhika Sarathkumar  
**SYNOPSIS:** The movie follows the life of a reckless person, Illymaani, who was born in China and then moved to Kunnamkulam at the age of 10.  
**THEATRES:** Landmark, Royal Plaza

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**Chhichhore**

**DIRECTION:** Nitesh Tiwari  
**CAST:** Sushant Singh Rajput, Shraddha Kapoor, Varun Sharma  
**SYNOPSIS:** Following a group of friends from university as they progress into middle-age life and go their own separate ways.  
**THEATRE:** The Mall

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**Ittymaani: Made in China**

**DIRECTION:** Jibi Joju  
**CAST:** Mohanlal, Swasika, Radhika Sarathkumar  
**SYNOPSIS:** The movie follows the life of a reckless person, Illymaani, who was born in China and then moved to Kunnamkulam at the age of 10.  
**THEATRES:** Landmark, Royal Plaza

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**DIRECTION:** Nitesh Tiwari  
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**Quote Unquote**

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— Norman Vincent Peale

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**Community Editor**

Kamran Rehmat  
**e-mail:** community@gulf-times.com  
**Telephone:** 44466405  
**Fax:** 44350474
Ezdan Zoo at Ezdan Mall
WHERE: Ezdan Mall
WHEN: Ongoing till October 4
TIME: 6pm – 9pm
Let’s Get Wild! Hop on over to Ezdan Mall Little Animal Zoo and experience adventurous Safari tours.

Science and Myth
WHERE: Qatar National Library
WHEN: September 30
TIME: 10:30am
Evolutionary theory has been the subject of wide debates questioning the origin and evolution of several species, including humans. In this forum, we will shed light on the principles of evolution in nature and the foundations of the theory and the scientific questions it is trying to address.

Yoga Class
WHERE: Lululemon, Mall of Qatar
WHEN: Every Saturday
TIME: 8:30am – 9:30am
Join the complimentary in-store yoga classes. No registration or mat is required. The class runs on first come first served basis.

Career Guidance
WHERE: Right Track Consultants, Al Sadd
WHEN: Sunday – Thursday
TIME: 6pm – 8pm
Career guidance for course, country, college and entrance for students of Grade IX-XII, of all curriculum. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 9544885.

Artistic Gymnastic Classes
WHERE: Qatar Academy Msheireb
WHEN: Ongoing
TIME: 3:15pm – 4:15pm
The olympic sport using horizontal bar, rings and floor exercises on mats for the children from age 4 till 16.

Ballet Lessons
WHERE: Music and Arts Atelier
WHEN: Ongoing
TIME: 4pm – 8pm
For more info e-mail at registration@atelierqatar.com or call on 33003839.

Career Guidance
WHERE: Right Track Consultants, Al Sadd
WHEN: Sunday – Thursday
TIME: 6pm – 8pm
Career guidance for course, country, college and entrance for students of Grade IX-XII, of all curriculum. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 9544885.

Hobby Classes
WHERE: Mamangam Performing Art Centre
WHEN: Saturday – Friday
Mamangam is an art and performance centre started with a vision of spreading our knowledge, interests and experience in various disciplines in arts across different countries for children and adults. Mamangam has become the favourite centre for learning. We offer regular classes in the following disciplines like traditional classical and folk dance forms, art and craft, drawing and painting, personality development and public speaking, Bollywood dance, contemporary, hip hop styles, music both vocals and instrumentals. To develop health consciousness, we train them karate, yoga with special sessions for kids and adults. Mamangam has also come up with chess and robotics in regular batches in an attempt to give a better learning experience, as they sharpen their minds and brains too.
For those who wish to register for more details, visit www.mamangamqatar.in

Arabic Calligraphy Workshop
WHEN: Saturday – Wednesday
TIME: 6pm
Arabic Calligraphy workshop is back. Come and learn the artistic practice of Arabic handwriting and calligraphy at Music and Arts Atelier.
The lessons will take place every Saturday, Monday and Wednesday at 6pm. For more information, contact registration@atelierqatar.com

Dance and Instrument Classes
WHERE: TCA Campus, Behind Gulf Times Building
WHEN: Wednesday – Monday
Learn the movements of dance styles in Bollywood, Hip Hop and also the musical instruments such as Piano, Guitar, Keyboard for adults as well kids and move in the world of music. For details, contact 66523871/31326490.

Compiled by Nausheen Shaikh. E-mail: gtlisting@gmail.com, Events and timings subject to change
In the driving seat

Gretchen Carlson sent a message to other survivors that even seemingly untouchable men such as Harvey Weinstein and Bill O’Reilly could be held accountable for their alleged transgressions, writes Meredith Blake.

“I’ve gained so much more perspective over these last three years and feel like I’m the journalist out there to lead us into the 21st century.”

— Gretchen Carlson, TV anchor and host

When Gretchen Carlson filed a sexual harassment lawsuit against Fox News chief executive Roger Ailes in July 2016, she figured her career was over. “I thought I would be home for years, crying. Instead, they started an investigation. All these other women came forward. And two weeks later, he was fired,” says the former Fox & Friends anchor on a warm afternoon in early September. It is nearly three years to the day after she reached a $20-million settlement with 21st Century Fox and received an extraordinary public apology from her former employer — a key milestone in what would eventually become known as the #MeToo movement.

“There is no way I could have known how this story would play out.”

By toppling one of the most powerful figures in American media, Carlson sent a message to other survivors — not to mention enterprising journalists — that even seemingly untouchable men such as Harvey Weinstein and Bill O’Reilly could be held accountable for their alleged transgressions.

Instead of crying at home as she once feared, Carlson has been able to pursue other professional opportunities. The Miss America winner has published a book, Be Fierce: Stop Harassment and Take Your Power Back, and advocated for the end of forced arbitration clauses in employment contracts — which, she says, have enabled workplace harassment by silencing women, burying their allegations and keeping predators on the job.
Once ridiculed on The Daily Show, Carlson is now in the unexpected position of having two acclaimed actresses play her onscreen — Naomi Watts in the recent Ailes-centred Showtime series The Loudest Voice and Nicole Kidman in the upcoming Jay Roach film Bombshell, focused on the women at Fox who were harassed by Ailes.

She also weathered a controversial run as the chairwoman of the Miss America Organisation, where she pushed to drop the swimsuit competition, broadcasting with a series of topical documentaries for Lifetime, Beyond the Headlines: Escaping the NXIVM Cult with Gretchen Carlson and Beyond the Headlines: The College Admissions Scandal with Gretchen Carlson, which aired September 21, and Beyond the Headlines: Escaping the NXIVM Cult with Gretchen Carlson and Beyond the Headlines: The College Admissions Scandal with Gretchen Carlson, which airs October 12.

“I’ve gained so much more perspective over these last three years,” she says, “and feel like I’m the journalist out there to lead us into the 21st century.”

Your Fox settlement legally barred you from participating in The Loudest Voice and Bombshell. What has it been like for you to see your life play out in pop culture without having much say in it?

I talked to a couple of people who used to work at Fox News, and they said to me, “I couldn’t get past episode one (of The Loudest Voice) because of PTSD.” I felt that watching it, for sure. But something made me persevere.

I think these projects are great because they are keeping the dialogue going in a big, huge way. There were so many articles written about my story over the last few years, but I really think when people saw it playing out on TV they saw it playing out on TV.

To some critics, your work at Fox News doesn’t quite square with your current image as a champion of gender equality. How do you respond to those charges?

Editorial staffs at every establishment as a group are in charge of putting together the stories. There’s a misnomer out there that individual anchors say, “This is what I’m going to say today.” I had my moments of protest. And maybe they were subtle, but I had to approach it with a scalpel not a dagger. I was in a tough position. My moments of protest are all public out there. I walked off the set one day when they said women have too many rights. I said, “Really? Well, then, you guys handle it.” Three weeks before I got fired, I said I was in favour of reinstating the assault weapons ban. I said that at Fox.

A couple of weeks before that, I did a piece on Robin Wright, who was arguing at the time she wasn’t being paid fairly on House of Cards. 100% supported her, and that also was not a typical editorial line.

Do you have advice for reporters covering stories like yours?

“Do stories on women no-one has heard about. It’s not just famous Hollywood actresses and well-known journalists. It’s happening in every profession across this country. And why do we almost immediately talk about redemption for the perpetrators? In my unscientific study of watching it over the last three years, it’s systematic. It’s about two weeks: The chyron comes up on the screen, and it says, “When should forgiveness start?” “When should Matt Lauer be back on TV?”

For some reason, we do that, instead of doing the story about all the women who’ve been blacklisted and never been heard from again. I would love to see more focus on these invisible women who, by the way, are members of our military — teachers, police officers, oil rig operators, airplane mechanics, lawyers, doctors, Wall Street bankers, Ph.D.s. It’s a pervasive epidemic in every socioeconomic class and every profession, and I didn’t even know that when I filed my case. Because we didn’t talk about it.

What did you hope to achieve during your time with the Miss America Organisation?

I did it out of the goodness of my heart because the organisation helped me tremendously. I paid for my last year of Stanford with scholarship money. My effort was to move it into the 21st century and move it back into relevancy. As a board, we unanimously decided to take away the sexual objectification of women. We wanted to make it more open and inclusive to women who didn’t want to parade around in a bikini wearing 4-inch heels but wanted to go to school. I feel like that was a great accomplishment. Whatever criticism there was, people are entitled to that, but I think history will show these were the right decisions.

So I take it you didn’t relish the swimsuit competition when you were a contestant?

Oh, God, no. I was a serious classical violinist. The scoring was 50% talent, 30% interview. Swimsuit was 10 or 15%, and it was something I had to do to try and win. I’m 5-foot-3; I struggled with my weight my whole life. I wore Huskies as a kid. So the swimsuit thing, for me, was hard. So I used my discipline and perseverance to get in shape, and I don’t think there’s anything wrong with that. But I knew I wasn’t going to win that part of the competition; all I had to do was kind of place, so I didn’t tank it. I would have been dead last at Miss USA.

Is it a relief to be able to wear pants now that you’re no longer working at Fox?

I love pants, especially on days when I don’t shave my legs, which is quite frequently. I love pants. And I love black.

— Los Angeles Times/TNS
QPL launches Qatar Premier League Cricket Tournament Season XI

Qatar Premier League (QPL) Committee recently organised an event to launch Qatar Premier League Cricket Tournament Season XI titled ‘Carson Cup’ at Indian Hyderabadi Spices Restaurant. Speaking on the occasion, Siraj Ansari, Founder of QPL, said that this year 20 teams from subcontinent countries, including India, Pakistan, Bangladesh and Sri Lanka would be participating in the tournament. Rupesh, Director of Carson logistics, along with Amjad Khan, Guteiryz Syed, Junai and Shahnawaz also attended the event. The QPL committee presented mementoes to all the sponsors and to Shankar Goud and Narsiah Donkieni in recognition of their community leadership and service.

Holiday Villa Hotel and Residence Doha marks International Housekeeping Week 2019

Holiday Villa Hotel and Residence Doha recently celebrated International Housekeeping Week 2019. Speaking on the occasion, Roy Burna, Deputy General Manager at Holiday Villa Hotel and Residence, said, “The housekeepers are the backbone of the hotel and deserved to have a day where their contributions and sacrifices being acknowledged and appreciated. The work of a housekeeper is very challenging as it requires constant learning, teamwork and attention to details. However, uncompromising level of cleanliness is the responsibility of every employee and therefore we also encourage a lateral service as it creates a positive work environment and teamwork.”

Hany Ibrahim, Executive Housekeeper addressed his compatriots to never stop learning and be passionate about their work as from the housekeeping, they would be able to learn about the industry and be successful one day. A competition amongst the housekeepers based on each’s best skills in making up bed, arranging amenities, towel folding for bridal suites and trivia questions about the hotel was also a part of the celebrations.

ICC to organise Folk Dance Fest

Indian Cultural Centre along with Millennium Kids, Birla Public School and Rajagiri Public School is all set to organise Folk Dance Fest today at 7:30pm at Ashoka Hall ICC. Millennium Kids, an associate Organisation of ICC, will be presenting Kerala Folk song along with Kolattam and a Semiclassical fusion dance ‘Aigiri Nandini’. Kolattam is a rural art usually performed during village festivals and a combination of rhythmic movements, songs and music with sticks providing the main rhythm. The semiclassical fusion dance ‘Aigiri Nandini’ shares the strength and power of women. Students of Rajagiri Public school will be performing theme based folk dance on ‘Onam’. Onam is a festival with origins in the state of Kerala in India. Onam celebrations include Vallam Kali, Pulikali, Pookkalam, Onathappan, Onam Kali, Tug of War, Thumbi Thullal, Kummattikali, Onathallu, Onavillu, Kazhchakkula, Onapottan, Atthachamayam and other celebrations. Birla Public School will be presenting national and couple of modern songs with fusion along with folk dances in different forms including Arabic folk dance. The event is a continuation of the initiative by ICC to have cultural shows every week.
Years of preparation for the Fall Flower & Garden Fest, Mississippi State University’s huge horticultural event in Crystal Springs, Miss., taught me the value of pinching and cutting back herbaceous plant material.

We would always count back 6 to 7 weeks before the event and usually cut plants including roses back by at least 50%. Invariably many of the 6,000 plus visitors would catch me and ask how in the world we kept the flowers blooming all summer until the first fall freeze.

As I have gotten older, I’ve become either soft or more-timid, when it comes to cutting back hard. My Son James the Colour Design Guru has taken up the mantle of being the ‘Attila the Hun’ of cutting plants back. He shows no mercy and will cut back whenever he doesn’t like the size, appearance, or perhaps has a pest attacking that he wants to remove from the planting area.

Consequently, he has Superbells calibrachoa, Supertunia petunias, and Superbena verbenas rocking as we head toward mid-September and find ourselves praying for a Polar Vortex.

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### When the flower is finished it not only looks worn and tacky but many go into seed production mode, writes Norman Winter

A pinch of love is exactly that, pinching, pruning, or clipping, all terms we often use to describe deadheading. Sometimes our perennials and even shrubs are a lot like parents; they divert energy into taking care of offspring, in this case, unwanted seeds.

I’ve mentioned several flowers above but consider also those that are spiky like salvias. These are the flowers we all need in the garden; they rise above the imaginary horizontal plane and create excitement in the landscape.

When the flower is finished it not only looks worn and tacky but many go into seed production mode. By deadheading spent flowers, we will make sure the hummingbirds stay the entire season. Son James cuts them back extremely hard in preparation for fall.

Lantana, the butterfly champions of the garden, also appreciates cutting back. Whether you use them as perennials in the South or annuals in the North they are the workhorses of the summer garden. Sometimes, they too, just get tired, hot and go into a down cycle and cutting hard will revitalize growth and an uncountable number of blooms as we head to fall.

The Garden Guy has a half dozen varieties of Echinacea or coneflowers that have been blooming all summer but looked like they needed a boost. So, I cut them back to good foliage gave them a shot of controlled-release fertiliser and they are budding up for a great fall bloom and peak butterfly season.

You might think fertiliser and water alone are enough to keep new growth and blooms going continuously, but most often it’s not. Cutting back by at least a third to fresh green leaves and giving a little slow-release fertiliser and supplemental water will trigger new growth and more blooms for late summer and fall.

It is a pinch of love, sometimes done by hand, other times with a pair of shears. The result is the flower garden of your dreams being enjoyed not only by you but by visiting bees, butterflies and hummingbirds too. – TNS

### TAKEN CARE OF: These planters with Superbells calibrachoa, Supertunia petunias and Superbena verbenas are full and lush but have been continually fed, irrigated, and pinched back.

### SUMMERY: Verbenas and lantanas are two summer tough plants that bloom on new growth and reward the gardeners.
New England starts just south of Greenwich, Conn., but luxury, which is the town’s birth-right, honours no borders, remembers no beginning and anticipates no end. In New England, wealth, like so many other regional features, is practiced with deference. It is a style of fine living that does not shout, “Look at me,” but says, “Perhaps I do live rather better than you; please don’t take it personally.”

As statistics have shown so many times, the really fun thing about having money is enjoying what you can buy with it. The main shopping street, Greenwich Avenue, is providentially helpful in that regard, and it has, in jewel-box form, many of the same shops as my hometown, Manhattan. Although Ralph Lauren has vacated a purpose-built facility, leaving a large, vacant premises.

Wealthy people being uniquely capable of turning over their wardrobes, the area has a number of consignment shops. I stopped in at COUTUREDossier (CODO for short), which is owned by Yulia Omelich and her husband, Andrey. As Yulia sold a pair of blue Salvatore Ferragamo pumps that were the feminine mirror for the blue Ferragamo loafers I was wearing, we got into a discussion on how to spot a fake second-hand Hermes bag. Three young shoppers listened in, taking mental notes. (Highlights: watch for the unique Hermes nails and check if the leather has no uncharacteristic odour and has the expected softness to the touch.)

For a boutique hotel to qualify as a member of the French-based Relais & Chateaux group, it has to display a sense of intimate refinement that is hard to acquire and even harder to sustain with consistency — all while supporting a fine kitchen. The Homestead Inn is one of only 13 hotels in New England to hold membership, and for my stay that evening; it was easy to see why it could. The wood-framed main house was built in 1799 and had been reworked in the Italianate style during the 19th century. The staff brings in a relaxed American take on luxury, giving you the feeling of staying at the house of a wealthy friend who knows how to cook. I checked into a comfortable suite in the carriage house annex. You know you are not in a chain hotel when you get a four-poster bed the size of a Buick, the room’s windows really open, and the back door lets out upon a long, shared porch.

At the Thomas Henkelmann restaurant that evening, its chef and namesake came over to my table and introduced himself. Working with his charming business partner, Theresa Carroll, Chef Henkelmann has been the star attraction of the hotel since they purchased it together in 1997. He comes from the Black Forest, in Germany, which is a centre of culinary expertise in Central Europe, but he was trained in Alsace (variously French and German throughout history, but now solidly part of France). His cooking is recognizably contemporary French in spirit and execution, but he is also faithful to local ingredients. Autumn is game season, so you can expect to see pheasant in puff pastry back on the menu.

As sporting events go, professional tennis matches are unusually refined. Where else would an umpire call out ‘thank you’ to a disapproving cluster in the crowd as a euphemism for “do shut up”? Even tennis can look raucous, however, compared to polo. The actual game is more dynamic than most. The field is the largest in professional sports (10 acres in area), and play typically involves eight riders on full-sized horses smacking violently at a small white ball with weapons-grade mallets, writes Alan Behr.
a day of polo in Connecticut

The sidelines at the Greenwich Polo Club, however, could not be more refined. The entry fee is paid per vehicle – whether you park it or are dropped off. I chose to add a supplement to sit in the shaded lower grandstand, where you just find a comfortable place and sit down, without assigned seating. Many who came to the match did so while picnicking on blankets; another, even more comfortable contingent sipped cocktails on folding chairs set up under spreading canopies in roped-off areas sold at premium prices.

Ticketing in such a noticeably tiered manner is relatively new at the club, and it has caused some controversy among the locals, who are used to fairly well having the run of the place, without great distinctions based on cost. Think of a minor-league ball park in a comparably sized town of more humble zoning, and that is rather how the locals see their polo field. Consider as well the egalitarianism represented halftime entertainment, which is a divot stomp. That is, everyone is invited onto the field in his or her Ferragamos (or simply barefoot) to stamp down the clumps of turf churned up by the horses’ hooves.

You can come as you are to a polo match, and if you happen to be stylish, all the better. I managed to blend in with a new jacket of rare navy-blue seersucker wool custom-made for me by the American designer Alan Flusser – over a regulation Brooks Brothers oxford shirt and Ralph Lauren Purple Label chinos. Attractive young women sported trim Eric Javits hats, escorted by men variously attired in rolled-sleeve open-collared shirts, khaki shorts and, rather ubiquitously, straw fedoras and boaters. The New York custom menswear brand Knot Standard handed out free pocket squares at the entrance to the Players’ Lounge.

My grandstand seat gave me a good view of a well-played match between a team. No hawkers lumbered through the stands, calling out offerings of hot dogs. Food trucks outside the grandstand vended different styles of cuisine. I tried the Asian truck, which, as promised, delivered noodles with chicken – although it took working my chopsticks like polo mallets to get a handle on the sparsely placed bits of chicken. More successful were the drinks. This being a polo match and not a baseball game, cocktails were available for purchase.

Sometimes at polo matches, the crowd, especially in the VIP areas, can be inattentive, but polo being the hometown sport, the Greenwich fans were enthusiastically engaged. An Uber picked me up at the designated collection spot, took me back to the Homestead Inn to collect my luggage and then on to the Metro-North station for the return ride to Manhattan.

Travel, at its best, is about seeing a milieu different from the one of your routine experience and having the privilege to immerse yourself in it. Greenwich is not that far from my home, but I came away feeling that I had been to a place quite different from one that I knew – a place that proved surprisingly agreeable and, just as surprisingly, quite a bargain for what you get.

– TNS
Sea life of the Sahara??

A shallow saltwater seaway lay across northern Africa 50 to 100 million years ago; signs of its bed and fossils of extinct species remain in the Sahara Desert’s rocks.

The seaway supported some of the largest sea snakes and catfish that ever lived, fishes far larger than modern ones, tropical invertebrates, long-snouted crocodilians, early mammals and mangrove forests.

A giant sea snake from the seaway compared to a modern diver.

The Trans-Saharan Seaway

Changed in size and shape frequently; sea level was far higher than it is today.

Age of Dinosaurs was ending

Dinosaurs went extinct 66 million years ago, during the lifespan of the seaway.

Fossils recently found along the seaway in Mali will aid researchers’ understanding of the dramatic global events then.

Source: Maureen O’Leary of Stony Brook University; Bulletin of the American Museum of Natural History; TNS Photos

Graphic: Helen Lee McComas, Tribune News Service
Why you shouldn’t take major decisions on an empty stomach

Whether you are going for a crucial business deal or salary negotiation for your new job, make sure you do not take major decisions on an empty stomach, suggests new research.

Hunger significantly alters people’s decision-making, making them impatient and more likely to settle for a small reward that arrives sooner than a larger one promised at a later date, said the study.

“People generally know that when they are hungry they shouldn’t really go food shopping because they are more likely to make choices that are either unhealthy or indulgent. Our research suggests this could have an impact on other kinds of decisions as well,” said Benjamin Vincent from the University of Dundee in Britain.

“We found there was a large effect, people’s preferences shifted dramatically from the long to short term when hungry,” he said.

“This is an aspect of human behaviour which could potentially be exploited by marketers so people need to know their preferences may change when hungry,” he said.

The research was published in the journal Psychonomic Bulletin & Review. – IANS

LIFESTYLE/HOROSCOPE

LIBRA
March 21 – April 21

If you meet someone new today, Cancer, break him or her in gradually. Don’t spill all the beans at once. Let the person warm up to your intense emotional nature before you unleash it full force. People are going to need their space, so make sure you allow enough room for emotional and physical freedom. Think about taking a long trip or short vacation of some sort.

CANCER
June 21 – July 22

Get your favourite music out of the closet today, Libra. Have a dance party in your living room and liven things up with some freshly cut flowers on your table. This is a great day to direct your energies outward into the world. Go on a radical adventure that didn’t think was possible. Plow headfirst into new projects and let your good luck carry you through. Don’t worry about the details.

ARIES
March 21 – April 19

Inspire others to come out of their shells today, Aries. Have them join you on the sunny side of the street. Share your cheer with other people and lead them into boisterous discussions about the world. You will be on cloud nine, with a great deal of strength behind your happy-go-lucky emotions: keep things light and don’t worry about tomorrow until it comes.

SCORPIO
October 23 – November 21

It may be extremely hard for you to make decisions about anything today, Scorpio. Don’t stress about work or the things you need to get done. With today’s aspects, it’s a day that shouldn’t be filled with sour energy from the past. You experience a rebirth every time you wake up in the morning. Venture forth into new adventures!

TAURUS
April 20 – May 20

Keep your cool if something goes wrong today, Taurus. Don’t be so impatient about fixing a problem that you end up doing something rash. You may do more damage than you would if you just let things sit for a couple days. Mull over the situation, talk it out with others, and approach the issue at another time with a different frame of mind.

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LEO
July 23 – August 22

Spare no emotional or monetary expense today, Leo. Whatever you put into this day will come back to you tenfold. Feel free to indulge and delight in your fun-loving nature. This day speaks of freedom from restraint of all kinds. Break the chains and explore new worlds in your mind and your physical surroundings. Don’t say no when the adventure bus comes around to pick you up.

VIRGO
August 23 – September 22

Today’s a day to stay inside and sulk, Virgo. Put the past behind you and move on. Grab opportunities with both hands and rev your engine into high gear. Stop looking at what lies behind and focus on the wide-open horizon in front of you. This is an excellent day to turn your life into an action movie with you as the star.

GEMINI
May 21 – June 20

Play the lottery today, Gemini. The concept for you is profit with no effort. The windfall will come when you least expect it. The less you try to shape things, the more they will generally flow in your favour. Enjoy the day and don’t sweat the details. Things will work themselves out. People may be quite emotionally charged, but don’t let their behaviour throw you off balance.

AQUARIUS
January 20 – February 18

You might find that something or someone is purposefully trying to make things difficult for you today, Aquarius. It might seem like you’re trying to get a handle on the issues, but somehow things are slipping through your fingers. Don’t make any major decisions, and certainly don’t try to herd people into corners. Let others have their freedom and consider simply riding out the storm.

CAPIRCON
December 22 – January 19

Don’t get upset if people don’t take you quite as seriously as you’d like today, Capricorn. It’s in the nature of the day to keep things light and uplifting. Come out of the intensity of the last couple days and laugh out loud. Don’t stress over things you don’t understand. Go with the flow and keep smiling. You can’t go wrong as long as you join in the good cheer and merriment of the day.

PISCES
February 19 – March 20

Lay low today, Pisces. Don’t try to force any answers from people. Eat a healthy breakfast and stay away from caffeine. Relate to people on an intellectual or philosophical level and discuss the meaning of life. If you’re looking for sympathy, you may need to wait a couple days. People aren’t in the mood. They just want to be left alone.
**Wordsearch**

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |

**Codeword**

<table>
<thead>
<tr>
<th>ABSTRACTION</th>
<th>IDEA</th>
<th>VISION</th>
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<tbody>
<tr>
<td>FANTASY</td>
<td>THEORY</td>
<td>DREAM</td>
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<tr>
<td>ASPIRATION</td>
<td>CONCERT</td>
<td>NOTION</td>
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<td>REVERIE</td>
<td>IMAGE</td>
<td>FANCY</td>
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<td>HUNCH</td>
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<td>SCHEME</td>
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<td>BRAINWAVE</td>
<td>INTUITION</td>
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**Sudoku**

Sudoku is a puzzle based on a 9x9 grid. The grid is divided into nine (3x3) boxes. You are given a selection of values and to complete the puzzle, you must fill the grid so that every column, every row, and every box contains each digit from 1 to 9 exactly once.

**Garfield**

**Pooch Cafe**

**Bound And Gagged**

**Adam**

TACO EXPLOSION: MAN, OH, MAN!

MM-MM. OH, OH.

W OULD YOU LIKE A TABLE, OR WOULD YOU JUST BE MAKING AWKWARD NOISES TODAY?

WAIT, THOSE MORE "MAMA" AND A "YUMAM"
**Super Cryptic Clues**

Across
1. I'm amused about cold area in pub (5)
2. Pig accepting messy home in a way (7)
3. Pop star having celebration with heavenly food brought round (7)
4. Traced, tied, and taken out (5)
5. Bottle never cracked (5)
6. If possible, attend to some animal sound (5)
7. Block request for woven material (6)
8. Tool found by architect in front of church (6)
9. In the centre of San Francisco Michael Palin’s amusing (5)
10. Row about head of government being an aggressive type (5)
11. Warning when first couple have left room (5)
12. Expressions of discontent, say, in manuscript (7)
13. Turncoat’s first motive for disloyalty (7)
14. Thick poles in river (5)

Down
1. Drink made Noel tipsy (8)
2. A tree that’s cared about (5)
3. Old soldiers dance (7)
4. Bashful about a couple of bishops? That’s contemptible (6)
5. An insect, say, not very bright, ascending (5)
6. Cheer for revolution in Teheran (7)
7. Pale old penny that’s used by a magician (4)
8. Hypocrite taking pence before he accepts a pay increase (8)
9. Horrible bra came undone (7)
10. Staff going round gallery, showing what Turner did? (7)
11. Man with cue, getting break, displays keen perception (6)
12. Roman god penning English horses (5)
13. Inexperienced environmentalist (5)
14. Disney characters seen from low altitude (4)

**Answers**

**Wordsearch**

**Codeword**
London designers are at the sharp end of just about every social and fashion revolution; these are the designers that define the global fashion trends. The focus on making exciting and fashion-forward clothes with an eye for individuality and relevance is now in the spotlight like never before, probably because now the consumers themselves are increasingly selective about what’s worth buying and what will have longevity in their wardrobes. They’re beginning to question the cost and value of clothes in a 360-degree way.

In that plethora of London fashion scene, one of the things fashion lovers love the most about renowned British-Pakistani fashion designer, Omar Mansoor, is his sense of vision: His futuristic approach to fashion and clothes that easily translate from runway to the racks like a blast. In London he sells like hot cakes!

Omar Mansoor has been lobbying for sustainable fashion and against the unethical practices used in the production of fast fashion business. He recently addressed this issue through his Spring/Summer 2020 collection at London Fashion Week SS20. Using royal blue to represent the oceans and green for forests – his collection caterwauled a need to consider climate change seriously.

Featuring best of Omar, surrealistic and chic collection was all about different shades of blue and green, his mesh lineup of western silhouettes with eastern embroideries here and there left no room for improvement. They were perfectly crafted featuring modest necklines and full-length statement dresses structured in chiffon, silk and lace.

There wasn’t any heavy layering. What also caught the eye was the styling: most of the girls had sleek back blow-dried hair with minimalism taking the centre stage.

**Surrealistic and chic collection was all a mesh lineup of western silhouettes with eastern embroideries here and there**

It was nothing too extravagant, simple but making statement – and it made sense as read-made scene without any need for flown-in props is all very bewitching. High rolling sequins and colour popping out of fitted dresses mostly was like a cocktail menu of individual styles. His pieces poised empathetically between self-protection and self-projection: a perfect balance, nothing too tacky.

What we love about Omar’s collection is that it’s not directed towards a particular age group. His designs come as a massive relief to the grown women at a time when it feels like female power is being eroded. Subtle hues for every age. But fashion never really cares about the age, and should not. If you can pull off any colour, that’s all that matters. As far as Omar’s collection is concerned, if you plan on wearing his full length off shoulder blue silhouette with bedazzled belt on the waist, be mentally prepared to turn heads around, because you’re definitely going to.

Summarising any more would defeat Omar’s point about individuality. Put simply: The cumulative effect of all this beauty was irresistible — setting a more feminine and glamorous mood that any of his previous collection, even the hot red one that he showcased last season. The audience was on its feet even before the designer walked out for his bow: sums it up!
Guidelines of the Contest:

Following the given mood board/theme board, participants need to design any two unisex samples of a T-shirt for a sporting event.

Eligibility to Apply:
1. Grade-XII pass students.
2. Each participant is only allowed a submission of two designs.
3. Designs should be strictly hand sketched and coloured.
4. Strict plagiarism rules apply. Any inspired/plagiarised design can lead to the disqualification of the contestant.
5. No digital designs would be accepted.
6. Each sketch should be submitted in standard A4 size, should be drawn with standard HB pencil/black marker and can be coloured in any medium. The sketch should include other details, including fabric options, colour options, trims options etc.
7. Any embroidery or other surface technique on T-shirt should be sketched separately along with the T-shirt design in order to understand the participant’s concept.

Judging criteria:

The final judgement will be based on the following criteria. Each contains 25 marks.

1. Concept
2. Creativity
3. Design Details
4. Product Feasibility

About the Mood Board:

From historic era to the present day fashion trends, the visuals in the theme board highlight Qatar’s architecture to its glitter-glam ever changing fashion trends and colours. What’s new? What’s classic? And is everything collaborating and coming back together? We leave it to you, to your perception and view of fashion in Qatar.

Meenu Prasad
Dean Academics & Co-Director at Istituto di moda Burgo, Qatar

Meenu Prasad is well qualified fashion educationist and fashion designer with more than 10 years of experience in fashion industry. She is a graduate in Fashion Design from National Institute of Fashion Technology, India. She kicked off her career with one of the leading buying houses in Paris, Ana Sui, as a fashion designer and senior merchandiser. Later on Prasad moved on to working with popular international clothing brands, including Zara, Ted Baker, Debenhams UK, and Tommy Hilfiger. She has also explored herself as a designer under Gaurav Gupta, Indian designer and couturier. After exploring the fashion industry for some years, Meenu chose fashion educationist as her choice of work. She has worked for Small and Medium Enterprise (SME) India for training women fashion aspirants. Moreover, she has also attended various education seminars conducted by Nottingham Trent University UK and has been invited as a speaker at various university expos worldwide. She has been a persistent fashion speaker since the last few editions of Heya Arabian Fashion Exhibition Doha as well.

“The ultimate passion drives you to win the intensity of goals and achievements in life.”
Doha-based Pakistani guitarist all set to release 3rd album next month

By Mudassir Raja

The musical voyage of a Doha-based Pakistani instrumental rock guitarist carries on with melodic murmurs. The musician captures distinguished moments of his life in his new album Dreams.

Pursuing a full-time career in banking, Shehzad Bhanji manages to take out time for his passion – instrumental music. He is all set to launch his third album next month.

Shehzad has tried to create a perfect balance in the new album. “While I was bouncing ideas about my third album in my mind, one aspect was very clear to me that it should have a perfect balance of melody, experimental genres, harmony and groove. These were my guideposts,” said the guitarist while talking to Community.

“The album also needed to have a story, triggering the listener’s imagination. I wanted my listeners to feel that the album will take them on an emotional journey as well as give them a good time. “

Dreams contains 10 songs and is all about key moments in Shehzad’s life that occurred over the last two years. “Although, there is no narrative that anybody has to follow, but each of the songs in my view relate to the specific milestone I remember – the crazy moments, the desperate moments, the wonderful moments, and the moments that were just fun. They all relate to the journey of Dreams. “

“The whole process was quite a journey itself. As soon as I completed sketching out all of the songs, a simple yet bold phrase entered my thoughts that seemed to express everything I was feeling – Dreams. This one word idea or theme seemed to fit all the songs of the album.”

Shehzad spent more than two years writing, making demos and eventually recording them at his home studio. “The 10 songs that appear on Dreams, culled from upwards of 40 musical ideas in various forms of completion, cover considerable, and even surprising, sonic and emotional ground. I had to be brave enough to be lighthearted. But how do you do that and still be maintaining the perfect balance between melodic appeal of the track and guitar techniques.”

For Shehzad, song inspiration can come from so many areas. “I wake up in the morning and I’ll have a feeling about a place or somebody or something that happened to me. I might read something or bump into somebody and some feeling will hit me. And I go with the inspiration; If I want to write a song about summer coming and I’m driving in a convertible, I’m going to write a summer song. That’s my true passion. Simply to write music around what I experience in life. It connects very well with the listeners too.”

The instrumental musician loves to experiment and that was his starting point for Dreams. “The album has ‘modern meets traditional’ written all over it, and it contains elements from many musical genres such as instrumental rock, blues, funk rock, pop rock, EDM and acoustic. This is something that was not there in my previous two albums namely; Never Say Goodbye and Profound Beginnings.

“Dreams has a very unique and different sound from my previous album. I purposely picked different songs; brought in different instruments and created a sound that makes my guitar sing my melodies. There were some constants that gave me confidence that things were going to work in this new area that I was working in like bringing in my favourite guitars and amps, I was looking for a rhythm section that would change the way that I not only would play but think about the songs, where they could go and how they could sound. Shehzad always wanted to produce instrumentals that provide an escape to the listeners. “The world needs an escape. I know I do. I never put on music to remind me of how terrible the world is. I put on music to make me feel good or to make me forget what is happening, something that puts me in this great place”

— Shehzad Bhanji

Qatar has made a tremendous contribution to where he is now. “The journey has been amazing so far. This place has something special. It is very difficult to explain but it really helped to restart my passion which I had left years back.

“The best thing about Qatar is that it’s a multicultural environment which paves ways for different genre of music to flourish. This is where the collaboration projects happen too – fusing different styles to create a unique sound.”

Song titles:

1. Matched Hearts (featuring T. Julliet)
2. Dreams
3. Papa’s Got A New Car
4. Uncertain Certainties
5. Misplacin’ Love
6. A Butterfly’s Wings
7. In Your Embrace
8. What the Funk
9. Dancing in the Rain
10. Wishing Upon A Fading Star