Community
Division B
To toastmasters in Qatar, the conduct of the first council meeting illustrates the division’s vision, mission and goals.

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Community
World renowned chef Zuzumo talks about the importance of dedication and consistency in work.

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Wednesday, September 11, 2019
Muharram 12, 1441 AH
Doha today: 31° - 39°

After It Chapter Two and Stranger Things, Finn Wolfhard an accidental horror star. P4-5

Cover Story

In collaboration with Istituto di Moda Burgo International Fashion and Arts Academy Qatar, Gulf Times Community presents Qatar’s first scholarship campaign.

Win scholarship worth QAR 25,000 by IMB Qatar to pursue a diploma course. For more details: www.gulftimescommunity.com/designyoudreamcareer

The best newspaper is a nation’s best asset.
Aladdin
DIRECTION: Guy Ritchie
CAST: Naomi Scott, Mena Massoud, Will Smith
SYNOPSIS: Aladdin is a lovable street urchin who meets Princess Jasmine, the beautiful daughter of the sultan of Agrabah. While visiting her exotic palace, Aladdin stumbles upon a magic oil lamp that unleashes a powerful, wisecracking, larger-than-life genie. As Aladdin and the genie start to become friends, they must soon embark on a dangerous mission to stop the evil sorcerer Jafar from overthrowing young Jasmine's kingdom.
THEATRES: The Mall

Magamuni
DIRECTION: Santhia Kumar
CAST: Arya, V. Jayaprakash, Indhuja Ravichandran
SYNOPSIS: Two long-separated brothers end up in life-threatening situations. How do their lives intersect and what happens next?
THEATRES: Landmark, The Mall
**EVENTS**

**Embroidery Techniques**  
WHERE: Sheikh Faisal Bin Qassim Al Thani Museum  
WHEN: September 14  
TIME: 11am – 2pm  
Learn about Islamic patterns and explore hand embroidery techniques with a variety of colours, fabrics, and threads. All the material will be provided in the class.

**HEC Paris International EMBA Info Session**  
WHERE: 14th Floor, Tornado Tower, West Bay  
WHEN: September 18  
TIME: 4:45pm – 6:15pm  
HEC Paris invites you to the next information session for its International Executive MBA. Learn more about this world-class executive programme. Discover the international diversity of participants, blended learning and international mobility options. Find out how it will help you transform yourself and your career.

**Arabic Calligraphy Workshop**  
WHERE: Mamangam Performing Art Centre  
WHEN: Saturday – Friday  
Arabic Calligraphy workshop is back. Come and learn the artistic practice of Arabic handwriting and calligraphy at Music and Arts Atelier. Mamangam has also come up with chess and robotics in regular batches in an attempt to give a better learning experience, as they sharpen their minds and brains too. For those who wish to register for more details, visit www.mamangamqatar.in

**Painting Class**  
WHERE: Qatar National Library  
WHEN: September 22  
TIME: 11am – 12pm  
Paint with a rolling ball, or a rolling car, or just stomp and drag your fingers, hands and feet! Little children will explore colour and motion using different media in this fun, hands-on activity. Please dress your little ones accordingly.

**Artistic Gymnastic Classes**  
WHERE: Qatar Academy Msheireb  
WHEN: Ongoing  
TIME: 3:15pm – 4:15pm  
The Olympic sport using horizontal bar, rings and floor exercises on mats for the children from age 4 till 16.

**Ballet Lessons**  
WHERE: Music and Arts Atelier  
WHEN: Ongoing  
TIME: 4pm – 8pm  
For more info e-mail at registration@atelierqatar.com

**Career Guidance**  
WHERE: Right Track Consultants, Al Sadd  
WHEN: Sunday – Thursday  
TIME: 6pm – 8pm  
Career guidance for course, country, college and entrance for students of Grade IX-XII, of all curriculums. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 55448835.

**The Moon and Beyond**  
WHERE: Qatar National Library  
WHEN: September 18  
TIME: 6pm – 7:30pm  
Celebrate 50 years since the moon landing with a special presentation at the Library, in collaboration with the US embassy in Doha. Dr Mary Ellen Weber, a former Nasa astronaut who flew on two Space Shuttle flights, will talk about her experiences in space and the future of exploring the final frontier. Dr Weber is a consultant in technology, innovation, strategic communications and high-risk operations, and serves on the NASA Advisory Council Committee on Technology, Innovation and Engineering.

**Yoga Class**  
WHERE: Lululemon, Mall of Qatar  
WHEN: Every Saturday  
TIME: 8:30am – 9:30am  
Join the complimentary in-store yoga classes. No registration or mat is required. The class runs on first come first served basis.

**After School Activities**  
WHERE: Atelier  
WHEN: Ongoing  
Music and arts activities for students taking place after they finish their day in school includes Group Music lessons, Hip-hop, Ballet, Drawing and Painting, Drama Theatre & Taekwondo. Ages between 5 and 10 years old after school hours.

**Dance and Instrument Classes**  
WHERE: TCA Campus, Behind Gulf Times Building  
WHEN: Wednesday – Monday  
Learn the movements of dance styles in Bollywood, Hip Hop and also the musical instruments such as Piano, Guitar, Keyboard for adults as well kids and move in the world of music. For details, contact 66523871/31326749.

**Compiled by Nausheen Shaikh. E-mail: gtlisting@gmail.com, Events and timings subject to change**
By Sonaiya Kelley

Finn Wolfhard has been having a great couple of years.

Since the 16-year-old Canadian actor broke out in Netflix’s sleeper hit Stranger Things, he’s been heavily in demand for popular spooky franchises, including Warner Bros.’ 2017 megahit It (which surpassed The Exorcist to become the highest-grossing horror film domestically) and next month’s animated Addams Family movie.

Next year he’ll star in Ghostbusters 2020 and the horror remake The Turning based on Henry James’ novella, The Turning of the Screw. But the teenager insists his genre-heavy resume is purely circumstantial.

“I never liked horror up until I was like 10 years old,” he said. “A lot of it is coincidence that I’ve done (so much) horror. But I love horror because what makes a great horror movie is that it’s not just scary, it’s (a little of) everything. In a real-life horrifying situation there’s always (some) comedy or something sad. I think that’s in all the horror stuff I’ve done because I try to make it the realest (portrayal).”

This month, Wolfhard reprises his role as Richie Tozier in It Chapter Two, which opened on Friday and picks up on the second half of the Stephen King horror tome, and he has a supporting role in the decidedly non-horror drama The Goldfinch, which opens a week later and is adapted from Donna Tartt’s 2013 novel.

Although the projects couldn’t be more different, in both films Wolfhard shares his character with an adult counterpart. Preparation with them varied. “For The Goldfinch, Aneurin (Barnard), who plays older me, was shooting first so I almost had to work off of him,” he said. “Our director John Crowley got sound bites from him and saved them so I could listen to them and (hear) how he spoke and what his mannerisms were.”

For It Chapter Two, Bill Hader, whom Wolfhard has been a “huge” fan of since 2009’s Adventureland, plays an adult Richie. To prepare, the younger actor spent a few days hanging out with Hader, but unlike with The...
Goldfinch, it was mostly for Hader’s benefit. “I felt like he could just go back and watch the movie, watch what I did,” said Wolfhard with a shrug. The Los Angeles Times caught up with Wolfhard during a press day for It Chapter Two to talk about returning to Derry, playing a Russian expat in The Goldfinch and what the future holds for the aspiring director.

I read that you got your first acting job from Craigslist. Had you always wanted to be an actor or did it just kind of fall in your lap?

Well, I kind of did the math in my head when I was little, 9, I was like, “Well, if I want to make films” — because I want to be a director — “I could just go on a film set and learn there.” And then I ended up falling in love with acting and the set and making friends all the time. And so I’ve just been doing that ever since.

When would you like to branch into directing?

Hopefully in the next few years. I’m trying to direct some shorts and I have some stuff written, so hopefully soon.

What kind of movies do you want to make?

Indies and lots of human stories. But comedies, totally. I’d love to branch into directing? I’ve just been doing that ever since. I love meeting friends all the time. And so I’m in love with acting and the set and meeting people.

It’s kind of a combination of a lot of acting and what the sounds were. It was like there was no face. I was really pleasantly surprised.

What was the difference in shooting the first It and Chapter Two?

Well, “It” was just the kids, so it was like three months of hanging out every single day. It? We weren’t in as much but still had to shoot flashback scenes so it was the same experience, just kind of on a shorter scale. It was just as fun, just for less time.

What was it like to play a Russian accent?

It’s like a classic ’70s kind of film, just the subject matter of it, and it’s a real human story, which you don’t get a lot of anymore. I mean you do, but a lot of them are watered down. This one is a really, really serious and true telling of what it’s like to grow up with loss. I just loved how unapologetic it was and how the characters were just so honest.

How did you prepare to do a Russian accent for the role?

We had a dialect coach named Christina who is originally from Russia that lives in New York now. And she just basically held my hand and took me through everything. It was really hard. But once I got it (down), it was like there was no character without the accent. So it made me kind of a better actor or at least a more prepared actor.

What other ways did you prepare?

We watched a lot of YouTube videos of Russian politicians and different people on BBC. Just listened to those guys and read some chapters of Russian literature so that we got the kind of flat, honest (delivery) of the character. And then (the dialect coach) took me through the Russian alphabet and what the sounds were. It was kind of a combination of a lot of things and just her telling me about her childhood.

What were the differences in shooting the first It and Chapter Two?

Well, “It” was just the kids, so it was like three months of hanging out every single day. It? We weren’t in as much but still had to shoot flashback scenes so it was the same experience, just kind of on a shorter scale. It was just as fun, just for less time.

Was it less creepy acting opposite Pennwise the second time?

Honestly, it’s less creepy for us now because we know Bill (Skarsgard). It was pretty creepy because we didn’t know who he was when we first met him (on the set of It) because they wanted to keep him away from us so that we could have an organic reaction (to his character).

What did it feel like returning to the role of Richie? Was it difficult getting back into character?

No, because Richie is kind of part of me now. I was basically just playing myself for a summer, so it was easy to kind of step back into it.

What was your reaction to the success of the first movie?

I didn’t really care if it was a big hit or not because I had so much fun, but I was really pleasantly surprised.

With the popularity of Stranger Things, how long do you think the show will continue?

As long as (creators) the Duffer (brothers) keep liking to do it, in my opinion. We’ll go for as long as they want to go, which could be one, two or three (more seasons). It’s one of those things where it’s like the Harry Potter (movies) where you want to see these kids grow up.

What’s the most and least fun thing about acting in movies and TV series that are set in the ’80s?

Fun would be that you don’t have to do a scene on your phone or anything — a lot of it’s just like talking to someone, which is great. Not that there are movies now where you don’t talk to someone, but I mean it’s not as much (face to face). You’re more present. And I guess the least fun is being in short shorts, probably.

Do you think your character Mike’s relationship with Elle (Millie Bobby Brown) will survive the move?

Oh, my God, I don’t know. In between seasons, all the cast kind of forms their own little conspiracies on what happens to their characters, but I don’t know. I think their bond at this point is so prominent that I don’t know if it can just end because she moves. There’s got to be some more development for sure.

Do you think something could happen that could actually fracture the friend group? It was kind of touch and go for a while this season.

I think anything could fracture any friend group. But I mean at this point, these kids have grown up with each other. They’ve gone through so much (together). I guess we’ll see. It’s all about how we grow up, I guess.

You’ve done some voice acting for Netflix’s Carmen Sandiego TV series and up next in the Addams Family animated feature. How do you like doing vocal work?

It’s so funny. I think I’m really bad at voice acting. But people hire me for it, so thank you! (Laughs.) It’s just really hard for me. It’s way harder for me than acting because you can use your face and shrut your words. But with voice acting you have to be clear.

What can you tell us about The Turning?

The Turning is a movie that I did in Ireland last year with Mackenzie Davis and Brooklyn Prince, and it’s based on a short novella. It’s about this governess who takes care of this family on this giant estate and she kind of starts to go crazy. Or is she going crazy? That is the question.

Would you ever want to join a blockbuster franchise like Marvel’s Avengers or Star Wars?

Oh, man. Yeah, of course, who wouldn’t? I mean, I’m really interested in doing indies but totally, if the situation arose, that’d be cool. — Los Angeles Times/TNS
Division B Toastmasters Qatar conducts first council meeting

Division B Toastmasters Qatar recently conducted its first council meeting, illustrating the vision, mission and goals of the division by DD Ravishankar, and of the Areas by the Area Directors, including Shanty Rose, Shaji Koshy, Anupama Kashibathla, Mohammad Shabravi, Nufaisa and Girija Chari. The event also included a high-performance leadership coaching session by Joseph Stanley. Aparna Raneesh, award committee chairperson, revealed the various award categories for this year which will be given at the Division B awards Bravura 2020 event.

DPS-MIS holds ‘Hand Wash Activity’

DPS-Modern Indian School (DPS-MIS) recently held a ‘Hand Wash Activity’ as part of its cleanliness drive. The students of Grade-I were given awareness about the importance of personal hygiene. The teacher explained the importance of washing the hands before and after eating, which was followed up by a video presentation. The teachers also took the children to the restrooms to demonstrate the procedure of washing the hands properly.

OBITUARY:

P M Varghese, aged 67, a long-time resident of Doha, recently passed away in Kerala, India. Varghese had been working with Haya Trading for more than two decades. He is survived by his wife Jessi and daughter Vini.

BCTC bids farewell to founder and adviser

BC Toastmasters Club (BCTC) recently organised a farewell ceremony for Mohammed Salauddin, founder and President of BCTC, and Muhammed Abdus Sattar, Adviser at BCTC at Baisakhi Restaurant. The event was attended by notable personalities, including Ravi Shankar, Director of Division B; Shuty Kabir, District TLI Chair; Shaji Koshy, Area 5 Director; Sammer Musa, Former Assistant Division Governor; and Ashraf Siddique, senior toastmaster. Anwar Hossain Akon, President of Bangladesh Community Qatar (BCCo); Nurul Kabir Chowdhury, CEO of Arabian Exchange; Mohammad Iqbal, Bangladeshi businessman; Shahsahan Shau, community leader; Yassine Mia, Abdul Batti, and Golam Mawla Hazari, and Akbar Hossain Bachhu MA, journalists. The event was compered by TM Noor Mohammed. Alim Uddin, Khoshed Alam, Shamsi Eke, Monir Hossain, Bulbul Ahmed, Khalid Rahman, Jahed Islam, Abdul Mukhtit, Mizanur Rahman, and Mohammed Rhoan also spoke on the occasion. Mohammed Salauddin declared Noor Mohammed as the new president of BCTC who was earlier elected unanimously. Mementos were present to Mohammed Salauddin and Muhammed Abdus Sattar on the occasion.
Handragiri Hill is located at an altitude of 2,540 metres and lies on the southwest of Kathmandu, Nepal. It has lately emerged as a popular destination for tourists, both national and international, writes Usha Wagle Gautam.

Handragiri Hill is a scenic serene hill in Nepal. Located at an altitude of 2,540 metres, it lies on the southwest of Kathmandu, Nepal. It has lately emerged as a popular destination for tourists, both national and international. The hill is seven kilometres uphill from Thankot, a gateway to Kathmandu. Cable cars ferry the visitors to the hill station from downhill. The cable car ride takes about nine minutes. Once scaling the hill, one can get a panoramic view of the Kathmandu Valley – its concrete structures with dashes like streets, high mountains and greenery. On walk, it takes effortful and tiresome three hours.

Clean air and cool weather is one of the most attracting features for the tourists. In winters, the hill is all tucked up in the snow. The place also holds quite a historic value; with the temple of Lord Buddha situated right on the foothills. It is said that back in the days, Prithvi Narayan Shah, King of the Princely State outside the valley, had taken the first glimpse of the Kathmandu City states from the hill before annexing the states and unifying the country.

The destination is in vogue after the Chandragiri Hills, a private company that has launched a cable car facility, to make the hill easily accessible. The company has also constructed an amusement park, view tower, boutique hotel, botanical garden and shops on the top of the hill, elaborating the experience for the tourists. One can return back from a retreat to the hill, or further hit the trail to Chitlang – lush space in the deeper south. It’s almost impossible for you to not experience a rainfall during your trip. From Handragiri, the panoramic view of soaring hills is picturesque. On a clear day, panoramic views of the beautiful Himalayan Ranges from Annapurna to Everest can be enjoyed from the peak. Note that you will need a personal ID to be shown at the entrance of the facility to utilise the cable car facility, but believe that its worth a visit.

Kabir Sharma, an Indian national and tourist, said that he had a great time at Chandragiri hill. He was fascinated to look down upon the city and streets. Another visitor from China said she had to delay her stay for one extra day in Kathmandu when her guide told her about Chandragiri. “The extra day was well spent,” she said. According to Birendra Bahadur Basnet, a manager at one of the facilities up the hill, over 1,500 visitors, on average, visit the place. On a fair day, there are more than 5,000 visitors. In 2018, there were seven hundred thousand tourists visiting the hill.

Chandra Dhakal, CEO of Chandra Giri Hill and Resort, says there are around 500 employees to cater to the visitors. Dhakal says his company is constructing several cable car services across the country – which will make the less known destinations more popular. The case of Chandragiri has encouraged Dhakal. Yousuf bin Mohammed al-Hail, Ambassador of Qatar to Nepal, praises the ambiance of the hill where he went with his family and friends.

Any visitor to Nepal can take a break from the bustling city, and enjoy the serene climate of Handragiri hill. Nepal also has many other beautiful places that are explored extensively and some not so much. There is natural beauty, diversity in flora and fauna, several animal species because of the altitude differences and topology variations. Nepal is a place where visiting once is not enough. Even if you dedicate your life in visiting beautiful places of Nepal only, one life won’t be enough to visit all the places of scenic and artificial beauty of Nepal. With eight highest mountains in the world, Nepal is a home to hundreds of peaks and beautiful landscapes and rivers and Nepal has been a paradise for adventure seekers offering them ultimate challenges.
The shameful human and environmental cost of fashion has been well documented. Clearly, the system is woefully broken, as the journalist Dana Thomas writes in her new book, *Fashionopolis*. But, having spent three years writing it, and many more researching the issue, she remains optimistic. As technologies advance, she says, there is clearly a worst case scenario to consider: “That the good tech is bastardised and the robots start churning out so much stuff that we don’t know what to do with it.” And yet, she has hope, putting her faith in innovation and increasingly aware consumers. Here’s the future of fashion, as she sees it.

Renting and reselling will continue to rise

The secondhand women’s clothing market is predicted to double from 6% to 13% of the US market by 2028. “That’s a serious portion of the closet,” says Thomas. And for the moments when a one-off gown is needed, she believes shoppers will turn to the burgeoning rental market.

Fashion will become hyperlocal

And sometimes hyperlocal means within your own house. “A ray of sunshine is that I have seen a lot of people turning back to personal crafting,” says Thomas, who is full of heartening anecdotes about knitting circles, spinning wheels and acquaintances growing indigo plants in order to dye their own fabric. “That’s my great hope, that after the digital age we will turn towards craft and mending things.”

**Made-to-order will thrive**

Initiatives such as Unmade make preordering easier, and garments are only made once they have been purchased.

**Order to Make:** Initiatives such as Unmade make preordering easier, and garments are only made once they have been purchased.

**Proposition for the future of fashion**

Fast fashion is facing its Fast Food Nation moment, with technical innovation and consumer power driving change, according to a new book, writes Hannah Marriott.

Waste-free fabric technologies will drive change

“We will see more organic, natural and regenerated fabrics,” says Thomas. She cites companies such as Worn Again, which separates polycotton blends, “breaking the material back to a molecular level” to be reused. This kind of innovation is vital, she says, given the amount of petroleum used in polyester’s production. “We have to regenerate what we have.”

Mid-priced clothing will flourish

“I really hope that people will buy better and buy less,” says Thomas. Relatively speaking, she argues, the price of clothing is nonsensically cheap. She points out that Hattie Carnegie, one of the leading designers in New York from the 1920s to the 1950s, was charging $19.99 for a ready-to-wear suit during the Depression – not far from the price of a fast fashion outfit today. “I see the market changing,” Thomas says, “from high/low designer/high fashion to something with more midmarket options.”

Fast fashion will probably never go away

“I think it will be like fast food after Fast Food Nation,” says Thomas, referring to Eric Schlosser’s 2001 book. “Suddenly you saw the rise of farm-to-table and organic restaurants. McDonald’s did not disappear, but there were many more options. And now you can get salad in McDonald’s.” The same could happen in fashion, with the rise of ethical fashion businesses having an impact on fast fashion from within as well as from without.

**REUSABLE:** Worn Again separates polycotton blends so they can be reused.
How to deal with a deer in the hood

Deer can jump 6-foot fencing but even this will help especially alongside busy thoroughfares. The smaller the area needing protection, the smaller the height of the fence needed, such as a vegetable plot or small cutting garden, writes Norman Winter.

As my wife, Jan and I were slowly driving, doing a little house shopping, we had to bring the car to a halt as 7 large bucks ambled across the road along with one fawn. It was a sight that would make Yellowstone jealous. While I was scrambling to grab the camera, Jan looked at the situation from a different perspective, “Where is the Mother.” Maybe this was some rite of passage or ‘buck tutorial!’ I don’t know, but I did grab a photo of some of those prized antlers.

**Deer in the ‘hood’**

Roaming herds of deer in the neighbourhood have become much more commonplace than anyone could imagine. When I was in high school, we would drive to another town 35 miles away to find deer. This is not the case now; but I’ll let wildlife biologists tell you why there has been a change, as I am a plant guy, a horticulturist.

There is one thing these neighbourhoods have in common, and when you think about it, you have to smile. In each neighbourhood where gardeners are trying to grow beautiful flowers and shrubs like camellias and roses, there are neighbours across the street or next door that love and treasure deer. They may have feeders with corn or they may be feeding them carrots by hand. That little spotted Bambi laying in the cool grass is like their child.

You may think these love-hate traits fall along party lines, democrats or republicans, liberals or conservatives, Baptists or Methodists. This is simply not the case. Some folks are happiest having frequent or daily Yellowstone moments; then, there are some folks, who wish they were all jerky and sausage, including you if you are feeding them flowers.

**Motion and War Of The Worlds**

My first experience came when I was the Executive Director of the American Rose Society. While I was located at the headquarters in Shreveport, I became fast friends with some Rosarians in New Jersey. I promise you, they loved their roses. This was in the early 1990s and these guys were smart. The deer became such a nuisance that it called for extreme measures. Motion detectors made lights come on accompanied by music. This worked at first before it eventually became more like a restaurant of fine dining. You might not think that deer eat roses, but they do.

At the Columbus Botanical Garden, we had just planted the first section of an incredible camellia garden. With almost laser-guided precision, they too were ravaged by deer. A board member volunteered to buy a motion-controlled noise device with several installed throughout the camellia garden.

The voracious eating did diminish somewhat as an eight-foot fence was built around much of the garden. The noise machines brought absolute thrilling moments as, even those in the know, would forget they were there and trip the sound that easily could have been the alien in HG Wells’ “War of the Worlds.” Motion detectors can work until the deer learn the system.

**Electrifying, Fences, and Cages**

In this section, you may find some happiness, if allowed by your homeowner association. As you drive The Landings in Savannah, it’s apparent there are some folks, putting up the ‘good fight!’ The question arises, if everyone, neighbours, and visitors included, can see that you are putting up a fight is that okay.

For instance, you will see camellias, Japanese maples, redbuds, and other plants with fairly large cages of concrete and wire around them. This is a valiant effort because a deer cannot stand on its hind feet and eat the plants which have now grown considerably taller. This will work, but the patience of Job is required. One other common sight was netting over annual flower beds.

It worked, but certainly, never presented a Kodak moment.

Electric fences will work but probably are best suited to rural areas. These will work great around concentrated areas like a vegetable garden or even the landscape itself. In the Columbus area, however, it is not uncommon to see some electric fences in exclusive neighbourhoods where prized flowers are being grown. This will keep out the deer and probably some pesky trick-or-treaters, too. Just kidding on the last.

The best scenario is the 8-foot fence, using iron or composite aluminium that looks like iron where it is seen from the public, and black chain link where it is not. Deer can jump 6-foot fencing but even this will help especially alongside busy thoroughfares.

The smaller the area needing protection, the smaller the height of the fence needed, such as a vegetable plot or small cutting garden.

**The Plant Menu**

As a horticulturist, I feel happiness will come from a combination of fences and choosing plants not known to be on the deer menu. Combining plants that do not like with those browsed, will help.

As you peruse deer tolerant publications from places like the University of Georgia to Texas A & M and north to Rutgers, you will find many similarities. I’ve given many talks presenting the recommended plants and usually ask for a show of hands after each plant; I assure you, all recommended plants were not agreed on by the attendees. After all, deer cannot read and a hungry one will try anything.

As you look at these publications, however, you will realise you can have an incredibly beautiful landscape by simply choosing the plants for your circumstance and deer population. ~ TNS

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**COMMON PLACE**

Roaming herds of deer in the neighbourhood have become much more commonplace than anyone could imagine.

**DEER RESISTANT**

Deer resistant plants present some great choices including those that bring in pollinators like this agastache or hummingbird mint.
Presbyopia ("old vision") often begins in late middle age – an inability to focus the eyes on near objects, such as a book. A new autofocus design for glasses comes to the rescue.

**Current solutions**

- **Progressive lenses** gradually transition from near focus (at bottom) to distant focus (at top)
- **Monovision** uses glasses (or contact lenses) that correct the dominant eye for distant vision and the non-dominant for near vision

**Self-focusing lenses for aging eyes**

- **Depth camera**, or range finder, measures the distance to any point in field of view
- **Autofocal glasses (prototype)**
  - **Adjustable focus lenses** quickly bring near or distant objects into focus
  - **Coma correction lenses** reduce distortion of objects along sides of the scene

**Eye tracker** is a small camera that constantly watches the direction of the person’s gaze; eye-track systems are often used to study how a person scans a written page

**Bulky experimental version**

All the components of the autofocus system have been mounted on a head harness to test how well they function

Source: N. Padmanaban of Stanford University; Science Advances journal
Graphic: Helen Lee McComas, Tribune News Service
Researchers have found that lipid turnover in the fat tissue decreases during ageing and makes it easier to gain weight, even if we don’t eat more or exercise less than before.

“The results indicate for the first time that processes in our fat tissue regulate changes in body weight during ageing in a way that is independent of other factors,” said study author Peter Arner, Professor at Karolinska Institute in Sweden.

For the study published in the journal Nature Medicine, the research team examined the fat cells in 54 men and women over an average period of 13 years.

In that time, all subjects, regardless of whether they gained or lost weight, showed decrease in lipid turnover in the fat tissue, that is the rate at which lipid in the fat cells is removed and stored.

Those who didn’t compensate for the decrease by eating less calories gained weight by an average of 20 per cent, according to the study.

The researchers also examined lipid turnover in 41 women who underwent bariatric surgery and how the lipid turnover rate affected their ability to keep the weight off four to seven years after surgery.

The result showed that only those who had a low rate before the surgery managed to increase their lipid turnover and maintain their weight loss.

The researchers believe these people may have had more room to increase their lipid turnover than those who already had a high-level pre-surgery. – IANS
Wordsearch

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

Codeword

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

Sudoku

Sudoku is a puzzle based on a 9x9 grid. The grid is divided into nine 3x3 boxes. You are given a selection of values and to complete the puzzle, you must fill in the grid so that every column, every row and every 3x3 box contains all the digits

Bound And Gagged

Fred was ahead of his time. He hasn’t tucked in his shirt in 35 years.
**Super Cryptic Clues**

<table>
<thead>
<tr>
<th>Across</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Fish finally landed by expert (4)</td>
<td>3</td>
<td>Friend in band is recovering (8)</td>
<td>9</td>
<td>Eve's tempter repents going astray (7)</td>
<td>11</td>
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<td>Bear witness at cricket match (6)</td>
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<td>Rolled cigar and knitted jacket (8)</td>
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<td>Warty creature, we hear, pulled along (5)</td>
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<td>Reason for composing Lady of Spain? (6)</td>
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<td>Catch flipping associate? Not quite (6)</td>
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<td>Religious teacher beginning to train animal (6)</td>
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<td>22</td>
<td>Correspond after start of wedding ceremony (5)</td>
<td>23</td>
<td>Small group of musicians, not all illustrious (4)</td>
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**Solution**

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DACE RALLYING
ANTANA
SERPENT RIFTS
TOSECEH
IRONS SAHARA
NIT NCOPPER
TLE RNR
FISTATOWED
TAIBRI
RABID BEARING
ILLIPITA
OPERETTA MEAN
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**Wordsearch**

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GLOB SLDTCEQGR
LGDOLWAVPSEBEY
OUVWHCAIPWBDGQ
UDCHNPULLFGS
DULPHURSEONBU
STYAVIRAHASRISO
NRPHUUGPSNVP
CWZPBPSNDIDIGIG
CUSWINGS TNMURI
GNILAC HAMIDCEV
ISYDRVBELSENWTE
YSHPFPWRTAUH
RNOITARPNJAT
JOHNILHYFDROLD
ULWHGWWRIROBSR
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**Codeword**

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STATELY VILLAGE
SLEEPED
TUXEDO
UPHEAVAL
NYC
UCA
TASH
ACETY
RUSTIC
DAUGHT
INCREASE
ANIFEND
QUAIDER
SIX
BREW
ALFRESCO
EN
REICH
SWIND
CIAPTRA
HIN
AN UN
WEEDS
CAR:
WHEE
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Veteran actor John Wesley dies at 72

By Nancy Dillon

John Wesley, a veteran film and TV actor known for his roles on the 90's sitcoms Martin and The Fresh Prince of Bel-Air, has died in Los Angeles. The Louisiana native was 72.

Wesley passed away on Sunday morning at Cedar-Sinai Medical Center after a lengthy battle with multiple myeloma, his manager Gerry Pass confirmed to the Daily News.

Wesley studied classical acting and earned a master degree in fine arts from the University of California in San Diego, he told Ron Brewington on The Actor's Choice. He served in the army during the Vietnam War and garnered his first credited role playing a cop in a 1993 episode of My Three Sons.

Speaking to Brewington, he recalled a call-back for his first movie Special Bulletin, saying it was 102 degrees in Los Angeles that day and he was dressed in a three-piece suit with a tie. “I’m hustling to get to this audition. Well, by the time I get there, I’m wringing wet with sweat,” he said.

“I walked in the room, and the first thing I said was, ‘Dayum! It’s hot!’” he said. “The whole room fell out laughing. I knew I had them.” He said his sense of humour proved a critical asset during his lengthy career. That’s been my tactic over the years,” he said. “This is a really tricky place where we’re at now. Because the guys who are the guys who guard the door are still mostly white males with power. And you’ve got to get on their good side to get these jobs.”

He went on to work with major star including Sylvester Stallone in Stallone Or My Mom Will Shoot in 1992 and Richard Pryor in the 1988 comedy flick Moving.

He played Dr. Hoover in an iconic episode of Fresh Prince of Bel-Air and had more than 100 film and TV credits to his name.

His stage work included roles in both An American Clock by Arthur Miller and Wild Outs at the Mark Taper Forum in Los Angeles. – New York Daily News/TNS

Hart in excruciating pain but walking after breaking back in car crash

The road to rehab is long, but comedian Kevin Hart is already walking it – albeit slowly and gingerly, in excruciating pain.

The 40-year-old performer is slowly bouncing back after emergency surgery that involved fusing two fractures in the thoracic section of his spine, plus one in the lumbar.

Hart’s friend Jared Black, 28, was driving the comedian’s 1970 Plymouth Barracuda on Labor Day weekend when it veered off Mulholand Highway near Cold Canyon Road, last Sunday at 12:45am, rolled down an embankment and landed in a ditch, according to police reports. Black was also injured, while Black’s fiancée, Rebecca Broxterman, 31, complained of pain but did not require hospitalisation.

Authorities said alcohol did not appear to be involved in the crash of the classic car, but speed may have been a factor. – New York Daily News/TNS

Section 375 addresses a relevant subject: Nishank

Actor Nishank Verma, who is geared up for his forthcoming film Section 375, feels that the courtroom drama addresses a relevant subject that needs to be talked about in today’s times.

The film, directed by Ajay Bahl, focuses on Section 375 of the Indian Penal Code, under which a woman can accuse a man of assault.

“I think it is a relevant subject. While Section 375 is a very important tool in the fight against gender-based violence, its misuse by a few people with vested interests can weaken the fight against the real perpetrators,” said Nishank while interacting with media.

Nishank was earlier seen in the Akshay Kumar-starrer Gold, and has also been part of several television and online commercials, short films and web series.

In Section 375, Nishank plays an associate of the defence lawyer in an assault case, played by Akshaye Khanna.

Talking about his character in Section 375, Nishank said: “I play an associate of Akshaye Khanna’s character, who is a lawyer. We had few scenes where we brainstorm on the best ways to build our case as representatives of the accused. It is a small role but it was a great experience for me to shoot with the team and learnt a lot during that process.”

Talking about his upcoming projects, Nishank said: “I have Shaadisthan coming up, which is directed by Raj Singh Chaudhary. I will also be seen in a couple of web series such as Gormint on Amazon Prime and Asur on Voot.”

Section 375, starring Akshaye Khanna and Richa Chadha, is scheduled to release on September 13. – IANS
Who is a Fashion Designer?

Fashion designers hold a special place in our world. Their talent and vision play a big role in how people look, and also contribute to the cultural and social environment. They love to study fashion trends, sketch designs, select materials, and have a part in all the production aspects of their designs. They contribute to the creation of millions, if not billions of pieces of clothing and accessories purchased by consumers on a yearly basis.

Fashion designers create women’s, men’s and children’s apparel. This might include sportswear, maternity wear, outerwear, underwear, formalwear, eyewear and footwear. There are also accessory designers who design belts, scarves, hats, handbags and hosiery. There are fashion designers at different levels of the fashion industry, from well-known couturiers, to unknown fashion designers working for ready-to-wear houses, to fashion stylists who might make only small changes in existing designs.

What does a Fashion Designer do?

The design process from design concept to final production takes many months. Researching current fashion trends and making predictions of future trends is the first step in creating the design. Some fashion designers do their own research while others depend on trend reports published by fashion industry trade groups. Trend reports let you know what styles, colours and fabrics will be popular for a certain season in the near future. Textile manufacturers use these trend reports to design fabrics and patterns while fashion designers begin to sketch designs. Designers then visit manufacturers or trade shows to get samples of fabrics and figure out which fabrics to use with which designs.

Are you suited to be a Fashion Designer?

Fashion designers have distinct personalities. They tend to be artistic individuals, which means they’re creative, intuitive, sensitive, articulate, and expressive. They are unstructured, original, nonconforming, and innovative. Some of them are also enterprising, meaning they’re adventurous, ambitious, assertive, extroverted, energetic, enthusiastic, confident, and optimistic.

Does this sound like you? Take part in this contest, because this might be your calling.

Guidelines of the Contest:

Following the given mood board/theme board, participants need to design any two unisex sample of a T-shirt for a sporting event.

Eligibility to Apply:
1. Grade-XII pass students.
2. Each participant is only allowed a submission of two designs.
3. Designs should be strictly hand sketched and coloured.
4. Strict plagiarism rules apply. Any inspired/plagiarised design can lead to the disqualification of the contestant.
5. No digital designs would be accepted.
6. Each sketch should be submitted in standard A4 size, should be drawn with standard HB pencil/black marker and can be coloured in any medium. The sketch should include other details, including fabric options, colour options, trims options etc.
7. Any embroidery or other surface technique on T-shirt should be sketched separately along with the T-shirt design in order to understand the participant’s concept.

Judging criteria:
1. Concept
2. Creativity
3. Design Details
4. Product Feasibility

For further details, and submissions, please scan the QR code above with your mobile phone camera or visit https://gultimescommunity.com/designyourdreamcareer/
Excited: Born to a Japanese mother and Peruvian father in Lima, 36-year-old chef Zuzumo is excited about opening b-lounge in Qatar.

By Mudassir Raja

To be a chef means to be dedicated to one’s job and be passionate about cooking. Constant learning is the only key to success for a chef in a challenging and competitive world like that of international cuisine. Chef Eko Zulfitar, also known as chef Zuzumo, believes that though the competition is increasing at the international level, the language of every kitchen remains the same. Community recently caught up with the chef, who is visiting Doha from Peru to train the staff and set the menu for b-lounge at Ritz–Carlton. Born to a Japanese mother and Peruvian father in Lima, 36-year-old chef got his nickname Zuzumo from his grandfather. “I spent most of my childhood in Japan, I, however, completed my high school studies in Peru. My mother is also a chef who runs a restaurant in Lima. It was in 2002 that I started learning French cuisine. However, I changed it totally and started working for Osaka – a Japanese restaurant in Peru. The company provided me the opportunity to work in different countries.”

After working for the restaurant for many years, Zuzumo decided to try his hand in the Middle East. “I went to Dubai in 2015 and opened a Japanese restaurant there. I accepted to take on the challenges of the new market. The b-lounge is going to be my 10th opening in the Middle East, Africa, Asia and USA. It is getting very competitive. B-lounge concept is all Asian. The lounge offers international cuisine focusing more on Asian cuisines from Japan, Thailand, China, Indonesia, etc. “The menu includes fresh sushi, sashimi, ceviche, robata charcoal grill served alongside freshly-caught fish and meats that come cooked to perfection. Signature dishes include Grill Salmon, Ama Misokosho Black Cod, Tajima Wagyu Rib-Eye Steak, Thai Red Curry Shrimps, Grilled Lamb Chops, Miso Eggplant, Singapore Chili Prawns, Chicken Kung Pao and Wok Seared Cantonese Beef Tenderloin.”

Zuzumo believes that dedication to the profession can make one a successful chef. “The most important thing that you need to have is dedication and consistency in what you are doing. It is more important than the skill.”

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Practice and dedication, you can become the master with the passage of time.”

The chef argues that it is not easy to satisfy every customer. “In my opinion it is difficult to satisfy your customers 100 percent. However, the goal of a chef should be to make over 80 percent of the customers happy. Here, we try to make the customers of diverse backgrounds happy not only with the food but with the whole experience of the lounge.”

For Zuzumo feedback is very important from his customers and team alike. “It is very important to work with multicultural staff. Diverse people bring their experiences with them. Their experience and feedback help me improve myself as a chef.”

The chef tries to diversify the menu for multicultural customers. “We try to adapt to local flavours. We really need to work hard to come up with menus acceptable for the local people. We need to research and adapt to the market.”

“Cultural things are different, of course, but in term of food I think the language is the same in all kitchens. Kitchen language is going to be the same in every restaurant.”

Zuzumo does not look for building a legacy for himself. He only enjoys what he does. “For me, it is more a kind of enjoyment in what I am doing. Slowly but surely, I will develop my legacy. I am thinking only about enjoying my work.”

The chef plans to travel to more and more countries to learn more. “To gain more experience, I plan to travel more. In the end, all chefs dream to have their own restaurants.”

Zuzumo advises the younger chefs to be humble. “Sometimes we have to digest negative comments. We should not be egotistic.”

Separately, Nabil Souhail, vice president of b-lounge in the Middle East, Africa, Asia and USA, said: “I believe b-lounge is a new concept in Doha. We are showcasing our expertise in terms of restaurants and night life. We started almost 25 years ago and we have our branches in 25 countries. We are very proud to partner with Ritz–Carlton. The concept is all about experience – food, drinks, atmosphere and music. We will be bringing famous international DJs here.”