Community

Nehmeh, in association with Hamad Medical Corporation, organises blood donation drive.

P16 Community

The ongoing exhibition ‘Making Doha 1950-2030’ at National Museum of Qatar reflects on Doha’s evolution.

COVER STORY

Researchers discover a way that Earth life could survive on the red planet. P4-5

POPSPOT

Swedish band Sabotan’s The Great War is biggest hit to date in Britain. Page 14

SHOWBIZ

I want to connect with the world in deeper way: Tabu Page 15
**Prayer Time**

- Fajr: 3.39am
- Shoroq (sunrise): 5.04am
- Zuhr (noon): 11.41am
- Aar (afternoon): 3.09pm
- Maghreb (sunset): 6.18pm
- Isha (night): 7.48pm

**Useful Numbers**

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**The Lion King**

**Direction:** Jon Favreau  
**Cast:** Seth Rogen, Donald Glover, Chiwetel Ejiofor, Alfre Woodward, Beyoncé Knowles, Keegan-Michael Key, John Oliver  
**Synopsis:** Simba idolises his father, King Mufasa, and takes to heart his own royal destiny on the plains of Africa. But not everyone in the kingdom celebrates the new cub’s arrival.

**Theatres:** The Mall, Landmark, Royal Plaza

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**Fast & Furious Presents: Hobbs and Shaw**

**Direction:** David Leitch  
**Cast:** Dwayne Johnson, Jason Statham, Idris Elba  
**Synopsis:** Ever since hulking lawman Hobbs, a loyal agent of America’s Diplomatic Security Service, and lawless outcast Shaw, a former British military elite operative, first faced off in 2015’s Furious 7, the duo have swapped smack talk and body blows as they’ve tried to take each other down. But when cyber-genetically enhanced anarchist Brixton (Idris Elba) gains control of an insidious bio-threat that could alter humanity forever — and bests a brilliant and fearless rogue MI6 agent (The Crown’s Vanessa Kirby), who just happens to be Shaw’s sister — these two sworn enemies will have to partner up to bring down the only guy who might be badder than themselves.

**Theatres:** The Mall, Landmark, Royal Plaza

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*Quote Unquote*

“A positive attitude causes a chain reaction of positive thoughts, events and outcomes. It is a catalyst and it sparks extraordinary results.”  
— Wade Boggs

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**Community Editor**  
Kamran Rehmat  
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Telephone: 44466405  
Fax: 44350474
EVENTS

The Comedy of Tango
WHERE: Katara – the Cultural Village
WHEN: August 28
TIME: 8pm – 9pm
With the support of Katara – the Cultural Village and embassy of Argentina in Doha, Tango Pasión Doha presents Los Guardiola – “The Comedy of Tango” on August 28. A show consisting of seven scenes is inspired by famous tangos. Dancers, mimes and actors, Marcelo Guardiola and Giorgia Marchiori, known artistically as Los Guardiola, will project the audience into the fantastic world of their danced pantomime where comedy and tragedy merge into the rhythm of tango.

Yoga Class
WHERE: Lululemon, Mall of Qatar
WHEN: Every Saturday
TIME: 8:30am – 9:30am
Join the complimentary in-store yoga classes. No registration or mat is required. The class runs on first come first served basis.

Ballet Lessons
WHERE: Music and Arts Atelier
WHEN: Ongoing
TIME: 4pm – 8pm
For more info e-mail at registration@atelierqatar.com or call on 3303839.

Career Guidance
WHERE: Right Track Consultants, Al Sadd
WHEN: Sunday – Thursday
TIME: 6pm – 8pm
Career guidance for course, country, college and entrance for students of Grade IX-XII, of all curriculum. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 55448835.

Artistic Gymnastic Classes
WHERE: Qatar Academy Msheireb
WHEN: Ongoing
TIME: 3:15pm – 4:15pm
The olympic sport using horizontal bar, rings and floor exercises on mats for the children from age 4 till 16.

Arabic Calligraphy Workshop
WHEN: Saturday – Wednesday
TIME: 6pm
Arabic Calligraphy workshop is back. Come and learn the artistic practice of Arabic handwriting and calligraphy at Music and Arts Atelier.
The lessons will take place every Saturday, Monday and Wednesday at 6pm. For more information, contact registration@atelierqatar.com

Dance and Instrument Classes
WHERE: TCA Campus, Behind Gulf Times Building
WHEN: Wednesday – Monday
Learn the movements of dance styles in Bollywood, Hip Hop and also the musical instruments such as Piano, Guitar, Keyboard for adults as well kids and move in the world of music. For details, contact 66523871/3132649.

Hobby Classes
WHERE: Mamangam Performing Art Centre
WHEN: Saturday – Friday
Mamangam is an art and performance centre started with a vision of spreading our knowledge, interests and experience in various disciplines in arts across different countries for children and adults.
Summer camp at Mamangam has become the children’s favourite centre for learning art and craft, drawing, and learning spoken English. The kids also enjoy Bollywood dance, contemporary and hip hop music. To develop health consciousness, we teach them kids yoga, karate etc. Mamangam has also come up with chess and robotics in the regular batches in an attempt to give a better learning experience.
The first batch of the summer camp began on June 26 continuing until July 25 from Sundays to Thursdays. The second batch will commence on July 28 ending on August 25. Registrations are open to kids between 5 to 16 years. For those who wish to register for more details, visit www.mamangamqatar.in

After School Activities
WHERE: Atelier
WHEN: Ongoing
Music and arts activities for students taking place after they finish their day in school includes Group Music lessons, Hip-hop, Ballet, Drawing and Painting, Drama Theatre & Taekwondo. Ages between 5 and 10 years old after school hours.

Compiled by Nausheen Shaikh. E-mail: gtlisting@gmail.com, Events and timings subject to change.
Earthlings living on Mars? It’s ‘a possibility in our lifetime,’ scientists discover

By Sebastian Echeverri

Inspired by science fiction and a strange phenomenon on the Martian surface, researchers have discovered a way that Earth life could survive on the red planet. A team of scientists at Harvard University, the University of Edinburgh, and Nasa’s Jet Propulsion Laboratory have found that a material called aerogel can trap enough heat from sunlight to create regions of liquid water and Earth-like temperatures on Mars. This technology, they say, could be adapted to build human habitats in the not-so-distant future.

In a new study, the researchers show that placing a thin layer of a translucent aerogel — just a few centimetres thick — atop Mars’ surface could heat the ground by up to 50 degrees Celsius, or 90 degrees Fahrenheit, or more. This would be enough to thaw water

The science fiction I started my life with (is) coming true

— Edward Guinan, professor of astrophysics and planetary science at Villanova University

NEW ERA: Scientists are hopeful that new technology will see humans living and growing food on Mars within their lifetime.
Researchers show that placing a thin layer of a translucent aerogel atop Mars’ surface could heat the ground by up to 50 degrees Celsius, or 90 degrees Fahrenheit, or more. This would be enough to thaw water previously frozen underground, providing the crucial ingredient to support life.
Nehmeh organises blood donation drive

Nehmeh, in collaboration with Hamad Medical Corporation, recently organised its annual blood donation drive at the Nehmeh Head Office. Employees from different departments across locations in Qatar took part in the drive.

Speaking on the occasion, Fedaa Elharis, Group Head of Human Capital and Admin, said, “Nehmeh strongly believes in giving for the common good and our annual blood donation drive, in association with Hamad Medical Corporation, is part of Nehmeh’s commitment process towards the society. It is important that we contribute positively to the society while promoting the health benefits of donating blood among our staff.”

Six gavel clubs conduct joint meetings

Around 50 gaveliers from EF Gavel Club, ICC Eves Gavel Club, ICC Gavel Club, Indian Club Gaveliers, KEF Gavel Club and Zeal Gavel Club recently attended two joint meetings. The attendees interacted with each other, listening to their speeches and providing evaluations. As many as six prepared speeches were delivered in each meeting. Parvathy Sambath led the first meeting with the theme of ‘Where are you going?’ while Aditya Shukla steered the second meeting with the theme of ‘Mysteries of the Universe’. Sunil Kumar, seasoned toastmaster, presented an insightful educational module on ‘Speech Preparation and Practice’ in the first meeting, while Surya Narayanan, toastmaster, conducted a word game session in the second meeting.
Does it really matter if Insta gets rid of likes?

The move has been criticised by many, but some users see an opportunity for more creativity and less judgment, writes Elfy Scott.

There have been viral posts of influencers crying about the “blood, sweat and tears” they pour into Instagram, direct appeals to followers for more comments and a frenzy of media. But does it really matter that Instagram seems to be doing away with “likes”?

The social media platform has been trialling a new formula in Australia by concealing the number of likes a post has received – a move which has the potential to dramatically change the commercial and cultural landscape of the social media platform. While users can still see the number of likes their own posts have accumulated and the change hasn’t expanded to the desktop site yet, the average user’s experience of the Instagram feed has changed markedly.

Director of policy for Facebook Australia and New Zealand, Mia Garlick, said the change was made with the intention of freeing Instagram users from judgment and helping people to focus “less on likes and more on telling their story”.

Responses on Twitter to Instagram’s announcement of the change were near universally negative, with many commenting that the decision was an example of “mollycoddling” and acting in the interests of “snowflakes” whose feelings were too easily hurt by seeing other people’s relative popularity (this was Twitter, after all).

The move has also been criticised by some users as threatening the influencer economy – a commercial universe that relies heavily on visible engagement with promotional posts. Last week, Melbourne-based influencer Mikaela Testa went viral after posting an emotional video and Facebook post condemning the likes concealment as threatening the livelihoods of people whose income is assured by the clicks of Instagram’s red heart button.

“It’s real money down the drain. I’ve put my blood sweat and tears into this for it to be ripped away, it’s not just me suffering too, it’s every brand and business I [sic] know,” Testa wrote.

Other Instafamous figures have taken a slightly more creative, problem-solving approach to the supposed catastrophe. Jem Wolfe, a fitness model who operates an OnlyFans account off the back of her Instagram page, recently captioned a photo with “I comment = 1 like” in an attempt to secure the same public-facing recognition on her post.

Mahalia Handley, a model and activist for diversity in fashion with more than 42,000 followers on the platform, said that as she was a model long before beginning her Instagram account, the disappearance of the likes total has had little impact on her online life and she believes the company’s decision could increase users’ comfort with posting authentic material and displaying their creativity.

“I’ve noticed a lot of friends saying they felt like they could now show who they are and I think that’s amazing,” Handley said.

“I think having the likes taken away present the opportunity for people to be more unique and inventive, more personal, and usher in more creativity in the fashion industry.”

However, other influencers remain sceptical that the changes to Instagram will make a great deal of difference in the long run, as users will invariably find alternative yardsticks on the app to measure one another by.

Laura Albertin, a social media content writer and influencer with more than 188,000 followers, believes that once the likes disappear, people will simply start to focus on other measures of social validation “such as followers, comments and shares.” After all, the same processes leading to negative self-image on Instagram are part and parcel of the same reward system that keeps users hooked on the app.

This may prove disappointing to many who have bailed the disappearance of likes as the beginning of the end for influencers. As more is revealed about their manipulative real-life – but not-at-all approach to advertising, more and more Instagram users appear to be hoping that the influencer economy will be dismantled and the photo-sharing app can return to its supposedly wholesome roots of simply sharing photos of everyday life with family and social circles.

In addition to this, there is growing recognition that the feedback loop created by Instagram that appears to alter how users are experiencing their own lives as a result of the commodification of their identities may be unsustainable.

One only need visit Bondi’s Icebergs pool on a Saturday afternoon to witness influencers (and their imitators) taking photos to comprehend how the platform has lodged itself in many people’s – and particularly young women’s – self-awareness.

In 2017, the UK’s Royal Society for Public Health published a report indicating that while Instagram appeared to provide a positive outlet for self-expression, it was shown to have negative impacts on sleep, body image and FOMO (fear of missing out).

From a purely business perspective it may not be the end of influencers yet. Roxy Jacenko, director of Ministry of Talent, a Sydney-based agency that manages social media stars, said influencers needn’t worry too much about the change as the reporting and analytics features are still available in the back end of profiles for users with business accounts.

The “like economy” is ultimately only justified by commercial gain, Jacenko said, and even if influencers receive a daunting amount of likes for a post and the product advertised in that post doesn’t see a noticeable increase in sales, “you’d be asking, ‘was that campaign really a success?’”. For influencers such as Albertin, there is some recognition that hiding likes represents Instagram’s efforts to engage with the psychological well-being of people scrolling through its feed, but she believes ultimately it may be a Band-Aid solution for wider problems experienced by its users.

“If I think everyone needs to try and be in charge of their own mental health and it stems a lot deeper than the amount of likes your photo receives.”

– The Guardian
Why rental fashion is taking off

Previously, people would only rent clothes for special occasions, but now environmentally conscious customers are driving a boom in everyday-wear rental. Can it solve our fast fashion problem? asks Jenny Little

It could be a wedding invitation. Perhaps a job interview is coming up. Or maybe it’s just a big night out. There are many reasons people shop for new clothes. But environmentally conscious and cash savvy consumers are increasingly opting to rent rather than buy when they want a new outfit.

Fashion rental is on the rise and not just for event wear. Where once someone may only have hired a tuxedo or formal wear for a special occasion, today companies are renting customers everyday clothing, handbags, even trainers for one-off fees or via low-cost subscription. Designer labels, children’s clothes and maternity wear are also proving popular with consumers who are reluctant to invest in items they may not need for long or those who want to keep up with fashion without feeling mass consumption.

“The benefits of renting fashion are wide-ranging,” says Samantha Dover, senior retail analyst at research firm Mintel. “Not only can renting clothes be a more environmentally friendly alternative to buying into fast-moving fashion trends, but consumers can also save space in their homes. Fashion rentals can fulfill temporary fashion, such as clothing for women during pregnancy, while some fashion rental companies are tapping into demand for more niche and everyday fashion products such as streetwear.”

Evidence suggests people are already shopping less frequently. The percentage of those buying clothes every two to three months declined between 2017 and 2018, according to Mintel, while there was a marked increase in those shopping just once a year.

Statistics: Evidence suggests people are already shopping less frequently. The percentage of those buying clothes every two to three months declined between 2017 and 2018, according to Mintel, while there was a marked increase in those shopping just once a year.

Typically between 10% and 15% of the retail price. Meanwhile, Dutch label Scotch & Soda recently announced plans to launch a men’s clothing rental service this autumn.

Sacha Newall, founder of My Wardrobe HQ, believes that renting clothes will become the norm in future and could address growing concerns about the negative impacts of fast fashion. “I used to work in the car sharing industry, where for every car shared I am taken off the road,” she says. “Apply a similar approach to the crisis in the fashion industry and you have the potential to make a real difference.”

Consumers are beginning to wake up to the effect that cheap, throwaway fashion is having. A damning parliamentary committee report recently outlined the contribution of the fashion industry to climate change. The findings were stark: the textile industry creates 1.2bn tonnes of CO2 a year, and is responsible for the consumption of vast quantities of water, while 35% of the microplastics in the ocean come from the synthetic fibres in abandoned clothing.

Newall adds: “Rental can be for fun. It’s a one-night stand. But you can look good with the virtue factor of knowing you haven’t done any damage to the environment.”

While more people are aware of the damage fast-moving, disposable fashion is doing to the planet, social media is encouraging consumption of clothing among some users. One in six young people say they do not feel able to wear an outfit again once it has appeared on social media, a study by charity Hubbub found. Almost half of young women polled said they felt the need to wear a different look every time they went out.

“The increase in fashion rental should drive the production of clothes that are more durable, which is good in terms of sustainability,” says Heather Poore, Hubbub's creative director. “But the rental model is new and still being tested. A lot of the focus is on high-end items. The real strength of it will become evident when the big, everyday brands start to trial it. Plus, you have to balance the potential mass scale of rental with sustainable ways to get clothes to people. Online deliveries already have a big environmental impact.”

Urban Outfitters is one of the bigger names to announce a rental offering. Its online rental service, called Nudy, launches in the US this summer, in part to mitigate the high level of returns the retailer experiences. H&M has said it is looking into the rental model as part of its sustainability agenda. The Westfield Group has run trials of rental services.

The tapping of launching rental services can be considerable for fashion labels and retailers. Individuals who might otherwise feel unable to afford a brand can give it a try through rental, which may lead to future sales.

Environmentally and ethically aware consumers are also increasingly seeking evidence of sustainable behaviour on the part of companies they deal with. Plus, rental can be a way for brands to generate extra revenue from excess inventory.

Shika Bodani, founder of rental service Front Row, believes that education is necessary to remove the stigma associated with rental in some brands’ eyes. “A lot of them are still worried that renting will devalue their brand, making their products appear second-hand,” she explains. “It’s about changing the brands’ perspective. Educating people is easier. Once they understand the process, they soon see the attraction of the sharing economy. The rise of the conscious consumer is something fashion brands can’t ignore.”

The Guardian
Before Walt Disney was even a twinkle in his father’s eye, Silver Springs was offering Florida natives and visitors one of the first, and now oldest attractions in the state. Glass bottom boat tours have been showing visitors a unique view of the spring-fed Silver River since the late 1800s. The watercraft may be newer now, but the experience of gazing through glass at fish and turtles swimming below the boat has remained largely the same for more than 100 years.

During its commercial ownership, Silver Springs became home to jungle boat cruises (with wild rhesus monkeys that still exist around the spring), a Jeep wilderness trail ride and a giraffe exhibit, writes Patrick Connolly.

Florida springs guide: Silver Springs State Park

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Throughout its history, Silver Springs has offered a variety of attractions, including glass bottom boat tours, jungle boat cruises with wild rhesus monkeys, a Jeep wilderness trail ride, and a giraffe exhibit. The park has also featured a variety of other attractions, such as a visitor center, gift shop, and restaurant.

Today, Silver Springs State Park offers visitors a chance to explore the natural beauty of the park, including the nearly 5,000-acre park that is home to a first-magnitude spring that forms the headwaters of the Silver River. Visitors can enjoy a variety of activities, including glass bottom boat tours, birding, cycling, kayaking, canoeing, camping, family gatherings, weddings, geocaching, hiking, mountain biking, picnicking, and walking tours.

The nearly 5,000-acre park is home to a first-magnitude spring that forms the headwaters of the Silver River. There are actually 30 springs that comprise the Silver Springs group. The largest is Mammoth Spring, which has two vents in the main pool. Wildlife is abundant in the park. Visitors can find fish such as gar and bluegill, several varieties of birds, turtles, alligators and even non-native rhesus monkeys that still live around the spring.

Plan your visit: Visitors interested in the standard 30-minute boat ride can access that tour on any day of the week. Those wishing to hop on an extended 90-minute ride can do so Friday-Sunday. In addition, the Silver River Museum is only open Saturday-Sunday and on holidays.

What to bring: Silver Springs guests likely won’t get wet during their visit, but remember to pack water, a dry bag for phone and keys if you plan on paddling and cash to tip your boat tour guide. Well-behaved pets are welcome in the state park, campground, picnic area and hiking trails. Dogs (excluding service animals) are not permitted on glass bottom boats or in any buildings.

What not to bring: Visitors can leave their swimsuits behind unless they want to wear them while paddling.

Pro tips: If the line for the boat tour looks long, maybe stop by the restaurant or Paradise Treats until a tour takes off and the line dies down. Tickets purchased on site don’t have a specific time printed and can be used on any tour.

– Orlando Sentinel/TNS

WATER THRILL: Paddleboarders and a kayaker enjoy the spring run at Silver Springs State Park.

BREATH-TAKING: Crystal-clear spring water shimmers in the sun.

WILD-LIFE: Two double-crested cormorants rest on a log at Silver Springs State Park.

TRAIL: Remnants of a former attraction can be seen from the kayak trail.
5 WAYS to conserve WATER in the BATHROOM

1. When running a bath, plug the bathtub before turning on the faucet. Then, adjust the water temperature as the water is running.

2. Better yet, take 5-minute showers instead of baths. A full bathtub requires up to 70 gallons of water. If you keep your shower under 5 minutes long, you’ll save up to 1,000 gallons per month.

3. Test your toilets for leaks at least once a year — toilet leaks can be silent! A good way to check is by putting food coloring in your toilet tank — if it seeps into the bowl without flushing, then there’s a leak that needs fixing.

4. Turn off the water while brushing your teeth and you can save up to four gallons per minute. That equals 200 gallons per week for a family of four! And turning off the water while washing your hair will save up to 150 gallons per month!

5. One drip every second adds up to five gallons per day! Check faucets and showerheads for leaks and make sure you turn them off tightly after each use. Install aerators and flow reducers in sinks and shower faucets.
Person to Person: How to set boundaries with abusive people

Do you have a person causing trouble in your life? Maybe there’s an adult bully at your workplace. Or, is an abusive son-in-law pushing your daughter around? Difficult people have always been around. Since the beginning of time, there’s been a thief, warrior attacking the tribe, or a would-be lover trying to steal someone’s mate. Realising your situation is likely not new to mankind, take heart in the fact that good must triumph over evil. It just takes some superhero tactics to protect your world.

If a strange person or a close blood relative is negatively impacting your life, try these tactics:

- **Document what’s happening in writing.** Keep in mind that odd behaviour from others can be drug abuse, a physical illness, or a mental illness.
- **A written report will keep you from making mistakes in handling the problems.**
- **Tell a few close friends and family members.** Don’t share everything or they’ll get tired and avoid you. Do say, “I feel threatened,” or “I feel this person is going to hurt someone.”
- **Decide what to say.** Don’t blurt out verbal punches at random. For example, if your son-in-law is verbally abusing your daughter, resist calling him a nut. Instead, say, “I’d like to know if there’s anything I can do to help you as a couple?” Or say, “I’m lost on what to say to you, but you know we all must sit down and try to talk about this situation.”
- **Protect all people from physical abuse.** No exceptions! While every case is different, you can always do something to intervene. For example, if you plan to leave an abusive spouse, ask your brother or a friend to call you throughout the day. This alerts your spouse that others are checking on you. If your spouse is hitting your children, send them to a neighbour’s house or your parents’ home.
- **Get professional help immediately.** Join a support group or find a counsellor. If necessary, talk with authority figures, such as a lawyer or the police. Taking someone to civil court can work in some circumstances. A judge is really the ultimate authority figure in many situations.

- **“It’s not normal for adults to hurt other people,” says an executive. We’ll call Richard. “I’ve had employees who verbally shoved co-workers around. In extreme cases, you have to fire them. I used to try to work things out, but the older I get, the more I know I can’t fix these problems.”**

Richard is correct. People who cause problems, slams other people verbally, or act out violence physically are almost impossible to change. They can only manage or get you to do something on a whim and see where it takes you. Don’t be afraid of the unknown. The future is an exciting concept because it’s unknown. Embrace it.

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### Person to Person: How to set boundaries with abusive people

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<th><strong>Horoscope</strong></th>
<th><strong>Tactics:</strong></th>
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<tbody>
<tr>
<td><strong>Aries</strong></td>
<td>March 21 — April 19</td>
<td>Try not to weigh everything down. Don’t pick things apart to the point that all that’s left are the tiny details of the situation.</td>
</tr>
<tr>
<td><strong>Taurus</strong></td>
<td>April 20 — May 20</td>
<td>Indecisiveness may plague you today, Scorpio. Be careful that you don’t avoid doing something simply because you don’t know which way to go. To cure your restlessness, you should think about going on a short trip. Travel will most certainly help alleviate any worries about a certain situation. The answer you seek will come more easily.</td>
</tr>
<tr>
<td><strong>Gemini</strong></td>
<td>May 21 — June 20</td>
<td>As you work to keep things in balance today, Gemini, remember that one of the key things is to be fun. Happiness is an extremely important element of the cosmic equation, especially on a day like this. The more upbeat you can be regarding a certain situation, the easier it will be to tackle it. A smile can get you through just about any door you wish to enter.</td>
</tr>
<tr>
<td><strong>Cancer</strong></td>
<td>June 21 — July 22</td>
<td>Don’t get too emotional about a situation today, Cancer. You could feel a sinking feeling, but if you go that route you may end up in a pit of emotional quicksand that’s hard to escape. Make sure you have a friend to talk to so you’re prepared for whatever you might encounter on your emotional journey.</td>
</tr>
<tr>
<td><strong>Leo</strong></td>
<td>July 23 — August 22</td>
<td>This is a terrific day for you, Leo. You should easily feel its power coming together in an upbeat, positive way. Others are apt to fall into place by your side as they realise the wisdom in your way of doing things. Remain confident and positive. Your adventurous spirit is ready, so push away from the dock.</td>
</tr>
<tr>
<td><strong>Virgo</strong></td>
<td>August 23 — September 22</td>
<td>Your normal steady pace usually wins the race. Virgo, but today you might need to take some shortcuts. Jump on opportunities that seem to come out of nowhere, but don’t feel like you need to commit to anything now. Take your chances and see where luck takes you. There’s an adventurous spirit in the air urging you to take an unexpected gamble.</td>
</tr>
<tr>
<td><strong>Libra</strong></td>
<td>September 23 — October 22</td>
<td>Don’t deny your emotions today, Libra. They will be of great use to you. There’s an intensity about your feelings that’s helping you stay strong in just about every situation. Opportunities lie within groups of people. Shared enthusiasm for a task makes the job go more quickly. Join others in the pursuit of prosperity.</td>
</tr>
<tr>
<td><strong>Scorpio</strong></td>
<td>October 23 — November 21</td>
<td>Stop your pondering over something and do it, Capricorn. This is a day to be spontaneous and adventurous. Although this may feel a bit foreign and against your usual grounded nature, it would be a good idea to take this time to do something on a whim and see where it takes you. Don’t be afraid of the unknown. The future is an exciting concept because it’s unknown. Embrace it.</td>
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<tr>
<td><strong>Sagittarius</strong></td>
<td>November 22 — December 21</td>
<td>Take things to the limit today, Sagittarius, and then go beyond. This is one of those days in which people may go to extremes, especially emotionally. You have the right to push the boundaries and see how far you can go. There’s no need to delay. If you’re going to do something, do it now. There’s an intense surge of power that should be there to help you along your way.</td>
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<tr>
<td><strong>Capricorn</strong></td>
<td>December 22 — January 19</td>
<td>Indecisiveness may plague you today, Scorpio. Be careful that you don’t avoid doing something simply because you don’t know which way to go. To cure your restlessness, you should think about going on a short trip. Travel will most certainly help alleviate any worries about a certain situation. The answer you seek will come more easily.</td>
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<tr>
<td><strong>Aquarius</strong></td>
<td>January 20 — February 18</td>
<td>This may be a climactic day for you, Aquarius, especially when it comes to your emotions. You could find that people try to wield some sort of power over you. Maybe they’re trying to throw their weight around to get you to do something. Don’t be manipulated. Stand up for yourself and be strong.</td>
</tr>
<tr>
<td><strong>Pisces</strong></td>
<td>February 19 — March 20</td>
<td>Instead of turning all your burning questions inward today, Pisces, you might want to consider broadcasting them outward. Engage in discussions and extend your queries to the group. You may usually try to solve all the world’s problems on your own, but once in a while you should stop and consider other points of view in order to enrich your perspective.</td>
</tr>
</tbody>
</table>
Wordsearch

Antonio Hotspur Macbeth
Olivia Portia Theseus
Ariel Iago Malvolio
Hamlet Brutus TITANIA
Ophelia Juliet Cordelia
Banquo Romeo Miranda
Bardolph Caesar Troilus
Horatio Leonetes Desdemona
Perdyta Rosalind Oberon
Beatrice Caliban Valentine

Codeword

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

Sudoku

3
1
4
9
8
9
1
3
2
6
4
5
7
2
9
9
6

Sudoku is a puzzle based on a 9x9 grid. The grid is also divided into nine (3x3) boxes. You are given a selection of numbers and to complete the puzzle, you must fill the grid so that every column, every row and every 3x3 box contains all the digits from 1 to 9.

Bound And Gagged

Medieval no-pest strip

Garfield

Three minutes and forty-five seconds

That's how long your diet lasted!

A new record!

Pooch Cafe

Go ahead! I'm holding the ball for you! Run and kick it!

Okay!

Adam

What's up? Oh, it's this new writing gig. I'm stumped on what to write about.

It needs to be insightful and entertaining and informative and.

Finished on time? That's the part that's really tripping me up.

Words courtesy: Puzzlechoice.com
PUZZLES

Super Cryptic Clues

Across
1 Greek island containing black swans (4)
3 Tom’s mare could be a beast (8)
9 Autonomous region of Portugal (7)
10 Tears as leading character in romance dies (5)
11 Plant trees, reportedly (5)
12 Put out vessel for recovery (6)
14 A sort of meteor? Far from it (6)
16 Successful move by the French pair (6)
19 Run after penniless middleman (6)
21 Garden feature held back by scaremonger (5)
24 Straight line, we hear, in Cornish city (5)
25 Nought’s amiss in report (7)
26 Are Europeans allowed to dance round them? (8)
27 Erosion caused by Sunderland’s river (4)

Down
1 What scouts might have to sing about? (8)
2 World War II hero ordered to join resistance (5)
3 A vehicle carrying a hundred? You can count on it! (6)
4 Revolutionary leader in Marseilles with a deserter (5)
5 Hot spot shocking puritans: one to be avoided (7)
7 Undertaking quest as knight? Not entirely (4)
8 Straightforward board member has no alternative (6)
13 Tower guard loses fine bird (3-5)
15 Happy to admit copper is a metal (7)
17 Musical instruments vital to life (6)
18 A shoe, in a manner of speaking (6)
20 Tokyo, strangely, is a city in Japan (5)
22 Scot’s exclamation about colour (5)
23 A piece from your favourite magazine? (4)

Solution

Wordsearch

Codeword
Here are very few music artists who in any way describe themselves as historians. Most of those who in any way have interest would almost certainly suggest their knowledge covers pop history rather than any other field.

This is not so for the members of Swedish power metal band Sabaton. Apart from some tracks which are tribute songs to influential heavy metal bands, all Sabaton songs are based on war, historical battles and acts of heroism.

“I love writing songs about facts rather than fiction,” said singer and keyboardist Joakim Broden. “I’m sometimes asked if I would like to write about other subjects instead of military figures and campaigns. But there are so many aspects to war or military history that you can get into.

“I love history. I love to learn about the fantastic stories in our past and the fantastic actions made by people who are dead now. We should be celebrating their actions and their lives. This is what we do in Sabaton songs. I see no point in making up stories for songs when there are so many people and events to write about.”

“The only problem is occasionally getting things wrong. I research the lyrics of every song to tell the true story. But there have been a couple of instances where new facts have come to light since the songs were recorded which would have made the lyrics a little different if I’d had this information at the time.

“The one constraint I have about my songwriting has nothing to do with the subject matter. We’ve always had many ideas for song subjects. I’m sure we’ll never get through anywhere near all of them no matter how long Sabaton might be around. The only downside is pretty much always having to write heavy metal music.

“Don’t misunderstand, we love heavy metal. But it is nice to sometimes write music which is a little quieter. We have a song called ‘The Final Solution’ which is not really heavy metal. It’s more like a blues-rock track. Another song, ‘Cliffs of Gallipoli’, has a more gentle rock sound with piano. It’s good to occasionally write music like these songs rather than our standard heavy metal sound.”

Lil Nas X

Country rapper Lil Nas X has set a new record for consecutive weeks at number one on the Billboard Hot 100 singles chart.

His debut release, Old Town Road, established a new mark by spending 17 straight weeks in pole position. In so doing, Lil Nas X surpassed the previous record jointly held by Mariah Carey and Boys II Men’s One Sweet Day in 1995-96 and Luis Fonsi and Daddy Yankee’s Despacito, featuring Justin Bieber, in 2017.

Old Town Road also set a new record of 17 consecutive weeks atop the Streaming Songs chart. The 16-week run of Despacito is now consigned to second spot.

Lil Nas X heads both the Hot R&B / Hip Hop Songs and Hot Rap Songs charts for a 17th week and has spent 13 weeks at number one on the Digital Song Sales chart.

Old Town Road holds another record with 143 million streams in one month.

This was after a remix of the song featuring Billy Ray Cyrus was released. Other remixes have further added to its popularity. The most recent of these features BTS rapper and group leader Kim Namjoon, better known as RM.

Lil Nas X has promised this Seoul Town Road version will be his last remix of the song. We’ll have to wait and see on that one.

Iggy Azalea

Australian rapper Iggy Azalea reached number three on the Billboard 200 and took pole position on both the Top R&B / Hip Hop Albums and Top Rap Albums charts with her 2014 debut, The New Classic. But it’s a different story for her recently released sophomore album, My Defense. A number 50 spot on the Billboard 200 is not what was expected.

A disappointed Iggy blamed the effects of streaming for the lacklustre performance of her album.

“I see how much streaming impacts the charts now and wonder how can I win when I’m up against that. But I also think I can either quit or keep fighting. I’ll keep fighting and I’m back in the studio a few days from now to work on my next album.”

Bankroll Gambino

Rising Philadelphia rapper Bankroll Gambino, real name Ezra Weah, has become yet another statistic in the ever growing number of murdered hip hop artists.

The 21-year-old was about to film a promotional video on Philadelphia’s Carroll Street. He was one of about ten men who were to appear in the video.

But before the cameras could start rolling, Gambino and his friends became the target of a drive-by shooter. Five of the men were seriously injured but Gambino was shot in the head and died at the scene.

Philadelphia police are basing their investigation on Gambino being the intended victim. Shots had been fired at him during the early hours of the day while he was driving his car.

Bankroll Gambino had a history of legal troubles. He had been arrested on four occasions and the loaded handgun found on his body after he was killed had been reported stolen in 2017.

Yet his manager and family insist he was trying to turn his life around through music. A video for his track, Home Again, is posted at www.youtube.com/watch?v=EvOog-JNjQ
I want to connect with the world in a deeper way: Tabu

Tabu says she has been on a journey to find the pieces of the puzzle. “My struggle and my journey with myself in the past 10 years, has been to understand, ‘what do I stand for?’ ‘who I am?’ and ‘how I want to live in the world?’ There has been a huge growth of what I want in life and what my expectations are. Some of my expectations can never be the way you want them to be, but you get a clarity about who you are and how you want to take yourself (ahead),” she said.

I am made out of my work. The characters I have played (have given) me tremendous belief in myself as an actor, and shaped me to be a creative person with the influences of the world outside of my work also, “ said Tabu.

“Astitva”, a jilted widow in “Hum Naujawan,” a tough cop and helpless mother in “Drishyam,” a dejected former wife of a police officer in “Tu Tu” and an anti-terrorist bureau agent in “Fan.” And who can forget the gems like “The Namesake,” “Life of Pi” and “Cheeni Kum.”

It’s not all about the serious stuff. The talented actress, whose real name is Tabasum Fatima Hashmi, has also been associated with commercial projects such as “Hera Pheri,” “Chachi 420,” “Biwi No. 1,” “Hum Sath Sath Hain,” “Golmaal Again,” “De De Pyaar De,” “Bharat” and “Andhadhun.”

All the roles, Tabu says, have shaped her as a person. “I am made out of my work. The characters I have played (have given) me tremendous belief in myself as an actor, and shaped me to be a creative person with the influences of the world outside of my work also,” said the actress.

They have introduced me to things I didn’t know about culture, Kashmir, Shakespeare, relationships, deceit and also illicit relationship. My understanding of the world has increased,” she said.

The actress will next be seen in the coming-of-age story “Jawaani” along with Saif Ali Khan.

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“She is also preparing for a comeback in Telugu films after a decade, with Allu Arjun’s yet-untitled upcoming project.” – IANS
By Mudassir Raja

Qatar has a diverse demography. As the country made its amazing progress slowly and steadily, its residents became more vibrant and diverse. The people who live in Doha or those who visit the cosmopolitan city have always been keen to learn how the landscape transformed into the present day modern city. The residents and the visitors alike have a great opportunity to learn about how Doha developed and continues to leap forward. The ‘Making Doha: 1950 – 2030’ exhibition is going on at Temporary Exhibition Gallery in National Museum of Qatar. The exhibition that started in March will close on August 30. Curated by Rem Koolhaas, Samir Bantal and Fatma al-Sehlaawi, the exhibition was launched on the eve of the National Museum of Qatar inauguration.

The exhibition reflects on the process of urbanism rather than its outcome. For the first time, Doha’s evolution is displayed as a retrospective through seventy years of archival photography, models, plans, films, historic and oral narratives.

The National Museum of Qatar opened to the public on 28 March 2019. The building, which was constructed in place of the original Qatar National Museum, was designed by architect Jean Nouvel who got his inspiration from the desert rose crystal, which can be found in Qatar. The museum’s building rises from the sea and is connected to the shore by two pedestrian bridges and a road bridge.

The displays and installations that explore these themes present audiovisual displays with carefully selected treasures from the museum’s collections. These collections currently consist of approximately 8,000 objects and include archaeological artefacts, architectural elements, heritage household and travelling objects, textiles and costumes, jewellery, decorative arts, books, and historical documents. The museum’s mission is to celebrate the culture, heritage, and future of Qatar and its people, embodying the pride and traditions of Qataris while offering international visitors a dialogue about rapid change and modernisation.

Making Doha: 1950 - 2030, a look at past and future

The ongoing exhibition at National Museum of Qatar reflects on Doha’s evolution.