All-rounder

From art to martial art, there is very little that Samah al-Lulu has not done. In conversation with the multitalented Palestinian. P4-5

Showbiz

Angry over sale of catalogue, Swift plans to rerecord early albums. Page 15

Back Page

Special screening of films a thrilling experience for kids during SIQ. Page 16
Prayer Time

- Fajr: 3.51am
- Shoroq (sunrise): 5.13am
- Zuhr (noon): 11.38am
- Asr (afternoon): 3.07pm
- Maghreb (sunset): 6.02pm
- Isha (night): 7.32pm

Useful Numbers

- Emergency: 999
- Worldwide Emergency Number: 112
- Kahramaa – Electricity and Water: 991
- Local Directory: 180
- International Calls Enquires: 150
- Hamad International Airport: 40106666
- Labor Department: 44508111, 44406537
- Mowasalat Taxi: 44588888
- Qatar Airways: 44490000
- Hamad Medical Corporation: 44392222, 44393333
- Qatar General Electricity and Water Corporation: 44845555, 44845464
- Primary Health Care Corporation: 44593333, 44593363
- Qatar Assistive Technology Centre: 44504050
- Qatar News Agency: 44490205
- Q-Post – General Postal Corporation: 44450333
- Humanitarian Services Office (Single window facility for the repatriation of bodies):
  - Ministry of Interior: 40253372, 40253372
  - Ministry of Health: 40253367, 40253364
  - Hamad Medical Corporation: 40253364, 40253365
  - Qatar Airways: 40253374

Angel Has Fallen

- Direction: Ric Roman Waugh
- Cast: Gerard Butler, Piper Perabo, Morgan Freeman
- Synopsis: Authorities take Secret Service agent Mike Banning into custody for the failed assassination attempt of US President Allan Trumbull. After escaping from his captors, Banning must evade the FBI and his own agency to find the real threat to the president. Desperate to uncover the truth, he soon turns to unlikely allies to help clear his name and save the country from imminent danger.

- Theatres: The Mall, Landmark, Royal Plaza

Thanneer Mathan Dinangal

- Direction: Girish A.D
- Cast: Vineeth Sreenivasan, Mathew Thomas, Anaswara Rajan
- Synopsis: Jaison is a higher secondary student, who initially gets admitted to the Humanities stream. But, he later switches to the Science batch and starts liking his new Malayalam teacher Ravi Padmanabhan. How Jaison wins Keerthy’s heart forms the crux of the story.

- Theatres: The Mall, Landmark, Royal Plaza

Quote Unquote

“There is the theory... that you live in two places: You either live in fear, or you live in love.”
- Michael Keaton

Community Editor
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For movie timings and further details please scan the QR code above with your mobile phone camera or visit qatarcinemas.com
EVENTS

Art Lessons
WHERE: Mathaf Manara Qatar Museums
WHEN: Ongoing till August 28
TIME: 4pm – 7pm
Join artist Ismael Azzam for Art Lessons at Mathaf and learn drawing techniques called portraiture using pencil, charcoal and paint. Lessons are offered to people with basic to intermediate sketching and drawing skills. For more information, mathaf_education@qm.org.qa

The Comedy of Tango
WHERE: Katara – the Cultural Village
WHEN: August 28
TIME: 8pm-9pm
With the support of Katara – the Cultural Village and embassy of Argentina in Doha Tango Pasión Doha presents Los Guardiola – “The Comedy of Tango” on August 28. A show consisting of seven scenes is inspired by famous tangos. Dancers, mimes and actors, Marcelo Guardiola and Giorgia Marchiori, known artistically as Los Guardiola, will project the audience into the fantastic world of their danced pantomime where comedy and tragedy merge into the rhythm of tango.

Yoga Class
WHERE: Lululemon, Mall of Qatar
WHEN: Every Saturday
TIME: 8:30am – 9:30am
Join the complimentary in-store yoga classes. No registration or mat is required. The class runs on first come first served basis.

Career Guidance
WHERE: Right Track Consultants, Al Sadd
WHEN: Sunday – Thursday
TIME: 6pm – 8pm
Career guidance for course, country, college and entrance for students of Grade IX-XII, of all curriculum. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 55448835.

Artistic Gymnastic Classes
WHERE: Qatar Academy Msheireb
WHEN: Ongoing
TIME: 3:15pm – 4:15pm
The olympic sport using horizontal bar, rings and floor exercises on mats for the children from age 4 till 16.

Ballet Lessons
WHERE: Music and Arts Atelier
WHEN: Ongoing
TIME: 4pm – 8pm
For more info e-mail at registration@atelierqatar.com or call on 33003839.

After School Activities
WHERE: Atelier
WHEN: Ongoing
Music and arts activities for students taking place after they finish their day in school includes Group Music lessons, Hip-hop, Ballet, Drawing and Painting, Drama Theatre & Taekwondo. Ages between 5 and 10 years old after school hours.

Hobby Classes
WHERE: Mamangam Performing Art Centre
WHEN: Saturday – Friday
Hobby Classes is back. Come and learn the artistic practice of Arabic handwriting and calligraphy at Music and Arts Atelier. The lessons will take place every Saturday, Monday and Wednesday at 6pm. For more information, contact registration@atelierqatar.com

Arabic Calligraphy Workshop
WHEN: Saturday – Wednesday
TIME: 6pm
Arabic Calligraphy workshop is back. Come and learn the artistic practice of Arabic handwriting and calligraphy at Music and Arts Atelier.

Dance and Instrument Classes
WHERE: TCA Campus, Behind Gulf Times Building
WHEN: Wednesday – Monday
Learn the movements of dance styles in Bollywood, Hip Hop and also the musical instruments such as Piano, Guitar, Keyboard for adults as well kids and move in the world of music. For details, contact 66523871/31326749.

Mamangam is an art and performance centre started with a vision of spreading our knowledge, interests and experience in various disciplines in arts across different countries for children and adults.

Summer camp at Mamangam has become the children’s favourite centre for learning art and craft, drawing, and learning spoken English. The kids also enjoy Bollywood dance, contemporary and hip hop music. To develop health consciousness, we teach them kids yoga, karate etc. Mamangam has also come up with chess and robotics in the regular batches in an attempt to give a better learning experience.

The first batch of the summer camp began on June 26 continuing until July 25 from Sundays to Thursdays. The second batch will commence on July 28 ending on August 25. Registrations are open to kids between 5 to 16 years. For those who wish to register for more details, visit www.mamangamqatar.in
“Both art, martial art help me find myself”
– Samah al-Lulu, artist, martial art black belt, sportswoman

We do not need to challenge each other. We need to challenge ourselves. We need to be a better version of ourselves.

By Mudassir Raja
She carries her dreams. She also carries the resolve and talent to achieve those dreams. Her talents have made her confident. The confidence pushes her to follow her dreams relentlessly.

Samah al-Lulu is a young Palestinian woman born and brought up in Qatar. An IT graduate, artist, martial art black belt and an enthusiastic sportswoman, Samah has fast been finding her feet as a creative person.

Samah has always been fascinated with art, reading books, following activities like horse riding, cycling, karate, running, ice skating, wheel skating and tennis.

Community recently caught up with Samah and spoke to her about her aspirations, achievements, and future plans.

Samah has always loved to draw faces. “Since childhood, I have been drawing human faces. I used to draw the faces of my friends at school at first, and then, in the university. I would always give away the drawings to my friends as gifts.”

The Palestinian expatriate finds an inner voice always calling her towards creative arts. “After university education, I got a job.
I used to sit in the office and just work. However, a child inside me always called me to be an artist. Further, the environment around me in Qatar was fast becoming artistic friendly.

“In 2011, I joined Visual Art Center in Katara. I wanted to find myself, whether or not I was capable of being an artist. I took some lessons and soon realised that I could draw and paint. One of my teachers was very nice to me and always used to encourage me, saying that I had the talent and should continue painting. For the first time, I took part in an exhibition held at Amphitheatre at Katara in 2011. Subsequently, I took part in different art competitions. It was in 2014 that I won the second prize, worth QR50,000, during the Annual Dhow Festival. It was a major step forward for me.”

Samah has since been taking part in dhow festivals. The most recent exhibition she took part was named Qurrat, in 2018. “I had to create about 100 artworks within two months to be a participant of the exhibition at Fire Station. I also created sculptures of skulls and skeletons. I wanted to show the audience that all human beings have similar kind of skull and skeleton. The people however, judge each other from their skin colour and outfit. From within we are all the same. So we need to pay more attention on the character of the people. We also need to look into ourselves.

“I created a sort of maze underlining four phases of life. The first phase was about the childhood and family life. The second one highlighted school life. The third one portrayed university life and the final one talked about practical life. I showed how people are stuck in the maze before they die. The maze however, had four doors to exit the cycle.”

Samah is a good writer, too. She also has interest in dance and performed in different cultural events at Indian Cultural Center. The artist also made a short film as a part of the Qatar exhibition. She wrote the script and acted in the film.

The artist continued to explore and follow her dreams. “It was in 2016, I got a kind of real inspiration from Indian movie star Salman Khan, in general, and his movie Sultan, in particular. I am inspired by his doing of hard work and raised. I wanted to have a solo exhibition only highlighting life and landscape of the country. I have already worked out a name for the exhibition — that is Wardat ul Sahra (Flower of Desert). I have got inspiration from the recently opened Museum of Qatar.”

Samah believes that all human beings are artists. “I believe we all are artists. We have a purpose in our birth. If Allah has given you some talent, go use it and help others. We do not need to challenge each other. We need to challenge ourselves. We need to be a better version of ourselves. It can work as a divine solution to live peacefully with each other.”

The Palestinian talent praises Qatar for promoting art and artists of all sorts. “There are lots of opportunities for artists. Art has really been growing here in the last few years.

“I also want to take my artwork out of Qatar as well to show the talent of the country. Especially, I want to show the world my sculptures of skeletons and skulls that have earned a lot of praise for me.”

Photos of the artist by Jayram
Art photos supplied

Samah al-Lulu has so much love for Qatar that she calls it her country. “After finding myself, I want to do something for my country — Qatar where I was born and raised. I wanted to have a solo exhibition only highlighting life and landscape of the country. I have already worked out a name for the exhibition — that is Wardat ul Sahra (Flower of Desert)
SDC organises 17th Summer Camp grand finale

Skills Development Centre (SDC) recently organised 17th Summer Camp grand finale ‘SWAS 2019’. The event featured dance performances by the students. More than 150 students participated in the summer camp activities. Seenu S Pillai, General Secretary of Indian Cultural Centre, was the chief guest at the event. The event was attended by notable personalities, including Mahesh Gowda, Vice President of ICBF; P N Baburajan, Managing Director of SDC; and A K Jaleel and P Vijayakumar, Directors at SDC, along with the team members of SDC and parents. The students who had completed the two-month camp were presented with the certificates.

TRAINING: Toastmasters Division B recently conducted a makeup Club Officers Training at Dana Gardens to train all the newly elected Excom members. Prior to the training session, Division B Director spoke about the importance of training and how it contributes to District to reach its goals. District 116, Qatar was recently elected as World’s Number 1 District.

BLOOD DONATION DRIVE: NBK Ready Mix, part of the NBK Group, one of the largest groups in Qatar with interests in automobiles, construction, oil and gas, and real estate, recently organised a blood donation drive at NBK Al Waab City.
NMA organises 13th General Assembly

Nepali Magar Association (NMA) recently organised its 13th General Assembly and 19th Anniversary at Shalimar Restaurant. The event was chaired by Sher Bahadur Roka Magar, Chairperson of NMA. Gyanendra Pun Magar, General Secretary of NMA, was the chief guest on the occasion. The event observed one-minute silence for late Lakhan Thapa, first martyr of the country from the Magar community who rebelled against the Rana regime in the nineteenth century. Gyanendra Pun Magar congratulated NMA for its 19th anniversary and its new committee members. QMA members presented several progress reports on the occasion. The organisation elected its new office bearers led by Bijaya Kumar Magar.

— Text and photos by Usha Wagle Gautam

OIS organises Professional Development Programme

Olive International School (OIS) recently organised a Professional Development Programme for its staff members at the Al Thumama Campus. The session was conducted by Roy Vadakkan, Director and Professor at Jyothi Engineering College, Thrissur, Kerala. Speaking on the occasion, he enlightened the teachers with several conventional as well as modern techniques to help students do better in their lives. He also helped teachers to discover their hidden talents and illustrated how they can use it to benefit their students and the institution they work for.

Land Rover Defender – Born of the Sand

Born of the sand, no other vehicle’s legend is ingrained in the history of our region like the Land Rover Defender, stated a press release. From forging the first tracks in the plunging desert dunes of the Middle East, to navigating the wadis, and climbing the world’s peaks, the Defender captured the hearts of adventurers across the world. As the story goes, it became the founding father of adventure and the most trusted of off-road companions to those braving unchartered territories. The exploratory spirit lived on, even after production ceased in January 2016, after 68 years and more than 2 million cars. Now, a little over two years later, Land Rover Middle East has previewed the vehicle’s assured capabilities across the sand dunes through nostalgic shots celebrating the legacy of the most capable Land Rover ever made, along with its loved predecessors. The new Defender will have its world premiere later this year.
Columbus may very well

Columbus, the second largest city in Georgia after Atlanta, is anchored by the Chattahoochee River, the dividing line between the Peach State and Alabama, writes Mary Ann Anderson.

Columbus, on the far western side of Georgia, isn’t near an ocean, a sea or even the Gulf of Mexico. So, then, you might think it odd to see a tanned surfer dude strolling around downtown with a surfboard under one arm and a wetsuit under the other. That’s because Columbus, the second largest city in Georgia after Atlanta, is anchored by the Chattahoochee River, the dividing line between the Peach State and Alabama. Columbus is so close to Alabama that you can literally throw a rock across the river and hit Alabama. Columbus is so close to Alabama that you can literally throw a rock across the river and hit Alabama. Columbus is so close to Alabama that you can literally throw a rock across the river and hit Alabama. Columbus is so close to Alabama that you can literally throw a rock across the river and hit Alabama.

On the river you can actually go white-water rafting and surfing right past downtown and all of its historic buildings. Yes, surfing, as in surf’s up. River surfing, it’s called. The Chattahoochee has the longest urban white-water rafting course in the world, you can shoot the ‘Hooch for about 2.5 miles, with a pocket of the rapids providing the perfect opportunity for pretty decent surfing. While river surfing on the ‘Hooch may not quite be the calibre of, say, Oahu or Malibu, at least you don’t have to worry about a great white making you its ichthyologic entrée. And if you dare, you can even zip line across the Chattahoochee from Georgia to Alabama and back again on the Blue Heron Zip Line, named for one of the river’s most famous denizens that congregate among its rocks and shallows, the stately blue heron.

“It’s the only place in the US where you can zip line from state to state,” pointed out Shelby Guest of the very modern, very snazzy Visit Columbus Welcome Centre, where I stopped to load up on brochures. Here’s the thing about Columbus and its downtown, especially if you’ve explored Atlanta and Savannah but still want to see a different facet of Georgia. Columbus may well be the coolest cat in Georgia at the moment. The Chattahoochee has the longest urban white-water rafting course in the world, you can shoot the ‘Hooch for about 2.5 miles, with a pocket of the rapids providing the perfect opportunity for pretty decent surfing. While river surfing on the ‘Hooch may not quite be the calibre of, say, Oahu or Malibu, at least you don’t have to worry about a great white making you its ichthyologic entrée. And if you dare, you can even zip line across the Chattahoochee from Georgia to Alabama and back again on the Blue Heron Zip Line, named for one of the river’s most famous denizens that congregate among its rocks and shallows, the stately blue heron.

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slow-cooked and sweet as any in the entire state of Georgia.
A step up from casual is trendy. Saltcellar is the third in a sisterhood of locally owned upscale restaurants that include the long-established The Loft and Mabella. At Saltcellar, snack on crispy chickpeas seasoned with Spanish paprika before moving on to an appetizer of chilled smoked shrimp in strawberry cocktail sauce. Entrees include chicken, steak and grilled seafood that changes seasonally.

No matter where you dine for lunch or dinner, sweet dreams are made at The Loft, and that’s where you should go for dessert. Its sweet treats are huge. The confections are amazing. Four of us at one table shared two desserts, a rich carrot cake and a slice of strawberry cheesecake, and we still had leftovers.

Not to miss
The 22-mile Chattahoochee River-Walk meanders past downtown. Take the little ones to play in its splash pad while you relax in its many green spaces. Or you can just bike or walk the River-Walk and enjoy the blue herons and other birds soaring above the river.

“I’ve natural and quiet, even though parts of it run close to uptown’s entertainment district,” said Guest. Although I didn’t stay there, Guest said I should see the Rothschild Pound House, the only bed-and-breakfast in the historic district. She said Bruce Willis had stayed at the inn when he was making The Long Night, but also pointed out that portions of We Were Soldiers, The Fighting Temptations and The Green Berets were filmed in Columbus.

Fan of the blues? Snap a photo of Gertrude Fridgeit Rainey’s home. That’s Ma Rainey to most of us, the Mother of the Blues, who was born in Columbus in 1886.

Do take the time to check which performances are at the Springer Opera House, a National Historic Landmark and the official state theatre of Georgia, as well as the RiverCentre for the Performing Arts.

“We do a variety of national Broadway touring productions,” says RiverCentre’s Norman Easterbrook, its executive director. “We’re getting ‘Cats’ before the Fox Theatre in Atlanta gets it. What that means is the quality in Columbus at this particular theatre is quite extraordinary.”

Other Broadway spectaculars at RiverCentre in the upcoming months are Fiddler on the Roof, Beautiful: The Carole King Musical and Waitress. In between are performances by, among others, the Columbus Ballet, the Columbus Symphony Orchestra and Schwob School of Music from Columbus State University.

One of the last cool cat things about pedestrian- and bicycle-friendly Columbus, including its uptown, downtown, and all around, is that it’s also car-friendly. Parking is free everywhere, even parking garages, and that’s all day, all night, all the time.

By the river, by a restaurant, by the historic district, or by anywhere, there’s nary a parking meter to be found. That means two things to not worry about in Columbus, parking tickets and great white sharks. – TNS
YOUR CHANCE TO BE IN THE FRAME

Here’s your chance to let the world know of your skills and create a buzz. The published images will appear on both our Instagram page (@communitygt) as well as this coveted space. Community invites photographers to let their pictures speak the proverbial thousand words! E-mail your contributions with your full name, contact details and complete description of the images to qatarcommunity@gmail.com

DIY: Capturing little angels

Raising a baby is a mixed sentiment of fear and excitement. Perhaps even more so when you start building your own family in another place other than your home country.

Expatriate parents surely go tooth and nail to find all the information and resources needed for their family and children. Through it all, we hope that the anticipated joy of being a parent makes every hard work worthwhile.

But then comes early childhood that seems to pass by so quickly. So it is fun to capture heartwarming photos here and there so that we can forever cherish our newborn’s priceless moments in Qatar.

Do it yourself if you must. Visit Souq Waqif for some exquisite textile and decors, go to stores like IKEA for basic materials and Al Rawnaq for affordable whatnots. Also, come in cheap by digging through your closets.

Finally, add a dash of toys for humour. It won’t be long for you to realise that raising a baby, wherever you may be, is also a mix of silly creativity.

- Photos and text by Vanessa Valencia Almacen (@valentsu)
Spanish cities are overrun with tourists

Spain is a popular tourist destination - too popular, say residents in many of its big cities. They're speaking out against the effects over-tourism has on their homes and calling for measures to be taken, writes Andreas Drouve.

The Assemblea de Barris per un Turisme Sostenible (Assembly of Districts for Sustainable Tourism), denounced "the overcrowding of public spaces."

It's become impossible to simply sit quietly in a square or on a park bench, he says. Not that the tourists would care about that. Pardo says it's a case of "the exploitation of the city and its population by economic players."

He wants to see these players held to account and believes they should be contributing to the cost of "cleaning, safety, public transport" and paying "fair salaries" in tourism. The "high profitability" in the tourism business must be "reduced," he says. He also blames the tourism authorities for relentlessly promoting Barcelona as a holiday destination.

He's even resorted to trying to persuade people not to come. "It's not a good idea to come to Barcelona," says the 42-year-old.

"You'll find a completely overcrowded city. The tourist experience in Barcelona is completely banal."

Many people still see it differently. But some are also starting to complain about Barcelona - prices have risen dramatically, with visits to some of the famous buildings by architect Antoni Gaudi now costing as much as 25 euros (28 dollars) per person, for example.

And it's not just big cities that are buckling under the weight of this influx of tourists. The northern city of Pamplona has also seen a sharp rise in visitor numbers.

For tour guide Cristina Doria, the situation "sometimes verges on unpleasant" when she has to trek around the old town with a group of 50 tourists in tow. She also lives there and knows: "We only have so much space."

In the Catalan city of Girona, tour guide Quim Puerto has the same problem. His solution is to limit his groups to "20, maximum 25 people." But the tour companies don't want this - it means they have to hire two guides for bigger groups, which increases the price of the trip.

Girona has already taken one measure against overcrowding by banning tourist buses from entering the old town. They must now take a leisurely 15-minute walk to get there from the nearest bus stop.

Is this the right solution? As Puerto points out, there might also be older, less mobile people who want to visit Girona. He recently had to drive two seriously overweight tourists into town in his own car. - DPA
Wordsearch

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

Sudoku

Sudoku is a puzzle based on a 9x9 grid. The grid is also divided into nine (3x3) boxes. You are given a selection of numbers and to complete the puzzle, you must fill the grid so that every column, every row, and every box of 9 squares contains the numbers 1 to 9, where every number appears only once.

Codeword

Puzzles courtesy: Puzzlechoice.com

Garfield

Bound And Gagged

Your master keeps insisting that the toilet is not a doorway to heaven. But it makes such sense. It gives us the water of life, and it’s where they send fish when they die. Of course, if it does lead to heaven, then this guy is, like, some sort of reverend or something. I’m starting to lose faith.

Today’s guest has first-hand experience with the curse of Tut’s tombs.

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PUZZLES

Super Cryptic Clues

Across
1 Formerly appearing in concert (4)
3 Near agreement about drink before retiring (8)
9 Like a certain poet composing in Corby (7)
10 Game birds seen by bishop (5)
11 Dress material a poet brought back (5)
12 Take up residence with a wooden bench (6)
14 Island capital as a sun resort (6)
16 Nonsense about fifty times three? (6)
19 Have requirement for lace borders â€” and sewing implement (6)
21 Type of music that's provided in playground (5)
24 Some Spode pottery in the warehouse (5)
25 Office wear ordered from Algeria? (7)
26 Harry is upset by early start in part of Scotland (8)
27 Let it stand for hat son mislaid (4)

Down
1 Circling or piercing? (8)
2 Dog right in between officer and private (5)
4 Packed as a precaution? (2,4)
5 Smooth finish on some attire (5)
6 Flower an animal found by mistake (7)
7 Transfer to be approved (4)
8 Harp player, perhaps, beginning to annoy girl (6)
9 Like a certain poet composing in Corby (7)
10 Game birds seen by bishop (5)
11 Dress material a poet brought back (5)
12 Take up residence with a wooden bench (6)
13 Big star making great din (3,5)
15 Football player beginning to sob? Crybaby! (7)
17 Singer ordered to quit (6)
18 Servant more exposed, we hear (6)
19 Have requirement for lace borders â€” and sewing implement (6)
20 The wife's language? (5)
22 The opening of a chain letter (5)
23 Some sophisticated native woman (4)

Solutions

Wordsearch

Codeword
The garage is a haven for car enthusiasts and hobbyists like woodworkers — that is until the temperatures start to increase. Outdoor work spaces get hot fast when the mercury rises. Whether the garage is your man cave or where you work to make a living, don’t let the heat stop your productivity. There’s a variety of options that can help to keep garages comfortably cool so you can stay on track with your projects, but some are far more effective than others. Do your research and learn the pros and cons of each so you can select the best one for your needs.

**Fans**

Fans seem like a quick fix to hot garage troubles. Both oscillating and ceiling options are inexpensive and easy to install. The drawback: fans are minimally effective. Fans alone simply circulate stagnant, hot air throughout the space. What’s more, if the garage is large, the air circulation may not spread through the entire area.

**AG units**

Mobile air conditioners (AC) are more expensive than fans, but can be an effective way to cool garage spaces. Keep in mind, using an air conditioner does require the space to be closed off. Depending what the garage is being used for, this may be impossible for some people. If you have a window in the garage, a window AC unit may work well because it vents directly outside.

For garages without windows — which is typically more common — installing AC can be problematic. The unit requires a place to ventilate the heat generated from the compressor. This not only limits the mobility of the unit, but also requires fixed ductwork and adds another point of heat generation.

**Exaporative coolers**

Evaporative cooling is gaining popularity due to its effectiveness and versatility. Portable evaporative coolers cool warm air and drop temperatures using evaporative coolers. This works by creating a mist, which cools by evaporation. Evaporative coolers are cool, compact, portable and can be used with the garage door open to provide cooling throughout the space. Plus, it’s far more energy efficient than running an AC unit consistently. In fact, it pulls the same amount of electricity as a small household appliance so it won’t zap your energy bill. Even better, there’s no compressor to vent residual heat and there are no harmful chemicals or refrigerants involved.

**Additional considerations**

Now that you’ve determined the best cooling option for you, there are a few final things to consider. To begin with, location can make a big difference when regulating temperatures, especially in closed spaces. Consider adding paper-backed butt-insulation to the ceiling and walls. Additionally, ditch anything that puts off unnecessary heat, such as old incandescent bulbs since 90 percent of the energy used is given off as heat. Instead, replace with energy-sipping and cool running LEDs.

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**ARIES**

March 21 — April 19

You’re often moved by emotion, Aries. You like situations that make you feel alive. Today your love life may give you just that kind of adventurous feeling. If that’s the case, don’t get so far into your emotions that it becomes too much for you. There is such a concept as too much of a good thing!

**TAURUS**

April 20 — May 20

You’re a helpful person, Taurus, yet in your relationships, you often seem to confuse helping with parenting. You tend to do a lot of self-sacrificing. Today you may learn how to say no when you feel your partner has gone beyond the limits of what you can give. If you do this, you may rediscover something essential you may have lost along the way — your ego.

**GEMINI**

May 21 — June 20

Everyone needs to be loved, Gemini, but it shouldn’t be your only objective in life. It isn’t the end of the world if your charms fall flat every once in a while. Today you may be tempted to be a little less charming and seductive with the people around you. Some may even say you aren’t acting like your usual self. Ignore them. A little self-indulgence now and then never hurt anyone.

**CANCER**

June 21 — July 22

There are days when a little humility can be good for you, Cancer, and this might be one of those days. It’s as if the planets are talking to you about sincerity and taking you far away from the trappings of superficiality and popularity. The things that are important to you today are much deeper concepts of humanity and compassion.

**LEO**

July 23 — August 22

Your fiery willpower can help you move mountains, Leo. But you already know that. When it’s combined with your legendary optimism, it’s a powerful tool you just can’t do without. Today you will reap the rewards for your hard work over the last month, in every aspect of your life.

**VIRGO**

August 23 — September 22

Today could discourage even the most ardent of passions, Virgo. Even if some people say you’re a bit cold, know that there’s a veritable volcano burning underneath all that ice. Today you may once again find yourself at a distance from your feelings, as if you were regaining control over your emotions. Be careful about being too cynical about things.

**LIBRA**

September 23 — October 22

Libra, you should try to be tolerant of other people’s social and political positions. You may have to deal with certain people whose personal plans are jeopardised by events beyond their control. Don’t judge them. Don’t immediately defend one viewpoint without thinking how the situation affects the other person’s life.

**SCORPIOS**

October 23 — November 21

This is a day for doubts, for asking those hard questions that you need to answer. If you like to meditate, Scorpio, think about spending a little more time at it today. You could learn a lot about yourself. You will see the whole palette of human emotion in other people, from joy to disappointment. Where do you fit in?

**SAGITTARIUS**

November 22 — December 21

It may seem that you’ve been accumulating a lot of excess nervous tension and stress, Sagittarius. Unfortunately, you won’t be able to count on the people around you to make it any better. What your partner wants and what you want may not coincide. It could be time to think about reengaging your relationship. How about planning a weekend away for just the two of you?

**CAPRICORN**

December 22 — January 19

You may feel physical and emotional tension today, Capricorn. Are you taking the time to care for your body? Has someone been putting a lot of pressure on you lately? Are you an emotionally satisfied person? The way you feel physically is a good indicator of your mental state. Try to go a little easier on yourself and you will see immediate benefits.

**AQUARIUS**

January 20 — February 18

People love to be with you because you have such natural charm, Aquarius. But today you may not feel especially charming or like taking to anyone. You may have a secret inside that’s screaming to get out. If someone confides in you today, do you think you could confide in him or her, too? You should get an answer to that question today.

**PISSCES**

February 19 — March 20

Your partner may be all over you today. Pic! Are you in the mood to listen? Are you interested in some love? Probably not. You may have had a hard day and just feel like some quiet time together. You aren’t up to the demands your partner may make on you. You don’t need to worry about it. It happens to everyone from time to time.
Angry over sale of catalogue, Swift plans to rerecord early albums

Prepare for new takes on old songs: Taylor Swift

By Randy Lewis

The 29-year-old singer-songwriter told CBS Sunday Morning reporter Tracy Smith that she’ll rerecord her catalog in the wake of Big Machine Label Group chief Scott Borchetta’s recent sale of the company – and with it all of Swift’s first six albums – to talent manager Scooter Braun.

“That’s a plan?” Smith asks Swift during the interview slated to air on Sunday (today).

“Yeah, absolutely,” said Swift, whose new album, Lover, is out on Friday.

No details were offered on whether that constitutes some, most or all of the six studio albums and nearly four dozen singles – 10 of which have reached the top 10 of Billboard’s Hot 100 chart – she has put out since her 2006 debut album, Taylor Swift, was released when she was just 16.

Swift publicised her displeasure over Braun’s $300 million purchase of Big Machine when the news surfaced in June, stating that Braun’s control over her recordings constituted “my worst nightmare” because of Braun’s role in the long-running dust-up between Swift and rapper Kanye West and his wife, Kim Kardashian.

“Essentially,” she posted on Twitter at the time, “my musical legacy is about to lie in the hands of someone who tried to dismantle it.”

Singer Kelly Clarkson quickly went on Twitter urging Swift to record new versions that would give fans an alternative to those now controlled by Braun. By rerecording those older songs and releasing them anew, Swift – and presumably her current label, Republic Records – would receive the proceeds from physical and digital sales and streaming revenues, including songwriting royalties.

Revenue generated by the original versions will go to Big Machine.

On Thursday’s Good Morning America, Swift confirmed her plans: “My contract says that starting November 2020 – so, next year – I can record albums 1 through all over again. I’m very excited about it because I think that artists deserve to own their work. I’m very passionate about that.”

It’s a strategy other artists have turned to over the decades.

During an extended contract dispute with Warner Bros. Records, Prince threatened to rerecord his entire catalog but never followed through, releasing only an updated version of his hit single 1999.

Chuck Berry and Jerry Lee Lewis are among many 50s’ recording artists who rerecorded their best-known works with new labels because of contract disputes with the labels for whom they created the originals.

In a Tumblr post last month, Swift wrote, “Hopefully, young artists or kids with musical dreams will read this and learn about how to better protect themselves in a negotiation. You deserve to own the art you make.” – Los Angeles Times/TNS

Dave Chappelle to host free block party in wake of Dayton mass shooting

Emmy and Grammy Award-winning funnyman Dave Chappelle is giving back to those in his community affected by the recent mass shooting in Dayton, Ohio.

Chappelle is set to host the Gem City Shine block party and benefit concert, which will honour the victims of the Aug. 4 massacre that left nine people dead and 27 injured.

According to the Gem City Shine Facebook event page, it is restricted to Dayton residents and surrounding areas.

“This event will honour the lives lost and to reclaim the community’s favourite places to shop, dine and enjoy time with family and friends,” organisers said.

The free event will take place on Sunday from 4 to 10pm in the city’s Oregon district – the downtown area where the shooting took place.

Although the event is free, tickets are required for admission and will be available through Ticketmaster by registering via the website’s Verified Fan programme.

Those that attend will receive a commemorative T-shirt in exchange for a $20 minimum donation that will go toward the tragedy fund at the Dayton Foundation. Chappelle, a native of Washington, D.C., lives with his family in Yellow Springs, a small town 20 miles outside of Dayton. – New York Daily News/TNS

I don’t compete with anyone: Radhika

There are many fresh faces in Bollywood, but actress Radhika Madan is not the one who believes in competing with anyone.

After featuring in the hit TV show Meri Aashiqui Tum Se Hi and trying her hand at some reality shows, Radhika made her Bollywood debut with ,Pataakha and trying her hand at some reality shows, Radhika said: “I am always myself. I don’t pretend to be someone else or compete with anyone. I believe in always honing your authentic self and believing in everything that you can do or will do. I think that is my fresh factor – I am authentic. I am honest and I don’t compete with anything or anyone.”

She also pointed out that in the era of social media, people tend to get influenced by the “chaotic conversations” happening all around. “We have to make sure that we don’t get stuck in the rut of validation and move past likes, comments and follower counts. If we are honest and passionate about our beliefs and dreams, there is nothing that can be not achieved,” she added.

Radhika and Student of the Year 2 actor Aditya Seal recently attended the launch of Times Fresh Face latest edition.

Talking about his fresh factor, Aditya said: “I am trained in professional Korean Martial Arts, so I would say my fresh factor is my ultra-chocolaty face that comes with a pack of punch which is honestly quite an unusual combination.” – IANS

Sonam has iodine deficiency

Actress Sonam Kapoor says she is iodine deficient.

The actress, who follows a vegan diet, took to Instagram to announce the news. She urged all the vegans and vegetarians to include salt with iodine in their diet, on Instagram stories.

“Just a note to all the vegetarian or vegans out there! Please make sure you’re using salt with iodine in it. I’ve just found out I have an iodine deficiency,” she wrote.

“Table salt is the easiest way to get iodine,” she added.

On the work front, Sonam will next be seen in The Zoya Factor, which is produced by Bhushan Kumar, owner of T-Series, who also owns the cricket franchise Mumbai Indians (MI).

Tum Se Hi

Pataakha

” – IANS

I don’t compete with anyone: Radhika

Sonam has iodine deficiency

Dave Chappelle to host free block party in wake of Dayton mass shooting

IN SOLIDARITY: Chappelle is set to host the Gem City Shine a block party and benefit concert, which will honour the victims of the Aug 4 massacre.
Special screening of films a thrilling experience for kids during SiQ

By Mudassir Raja

Summer holidays are heading towards its end. Though life has slowly started back to its old routine, the residents of Qatar are not going to forget the excitement and entertainment they experienced during the holidays this summer.

The recently concluded Sumer in Qatar (SiQ) campaign, spearheaded by Qatar National Tourism Council, proved to be the biggest and most successful programme to attract both residents and visitors in the country.

There were multiple choices for the families and kids during the three-month-long campaign as they saw comedy shows, music events, stage plays, cultural festivals, virtual reality gaming events and special movie screenings for the children.

One of the attractions was the special screening of four movies for the children in different cinema halls and the shopping malls. The movies that were screened were namely; The Angry Birds Movie 2, Spiderman – Far From Home, Toy Story 4, and Dawn of the Space Age.

The Angry Birds – Movie 2 was screened at almost all major cinema halls of the country. The story of the movies goes as Red, Chuck, Bomb and the rest of their feathered friends are surprised when a green pig suggests that they put aside their differences and unite to fight a common threat. Aggressive birds from an island covered in ice are planning to use an elaborate weapon to destroy the fowl and swine way of life. After picking their best and brightest, the birds and pigs come up with a scheme to infiltrate the island, deactivate the device and return to their respective paradises intact.

Spiderman – Far From Home that too ran at all cinemas this summer was an attraction both for kids and adults alike. The superhero film is the sequel to Spider-Man: Homecoming (2017). The film is directed by Jon Watts, written by Chris McKenna and Erik Sommers, and stars Tom Holland as Peter Parker / Spider-Man, alongside Samuel L. Jackson, Zendaya, Cobie Smulders, Jon Favreau, J. B. Smoove, Jacob Batalon, Martin Starr, Marisa Tomei, and Jake Gyllenhaal.

In Far From Home, Parker is recruited by Nick Fury and Mysterio to face the Elementals while he is on a school trip to Europe.

Spider-Man: Far From Home premiered in Hollywood on June 26 and was theatrically released in the United States on July 2, in 3D and IMAX. The film was positively reviewed for its humour, visual effects, and performances (particularly those of Holland and Gyllenhaal). It has grossed over $1.1 billion worldwide, making it the fifth highest-grossing film of 2019 as well as the 42nd highest-grossing film of all time. Dawn of the Space Age had special screening at Al Thuraya Planetarium of Katara Cultural Village. The audience actually relived the excitement of the early days of space exploration.

From the launch of the first artificial satellite Sputnik, to the magnificent lunar landings and privately operated space flights, the movie keeps the audience immersed and overwhelmed with this most accurate historic reconstruction of man’s first steps into space.

Dawn of the Space Age highlights men and women who took part in these death-defying endeavours. The audience witnesses their drive, their passion, and their perseverance to explore.

Toy Story 4 is an American computer-animated comedy film produced by Pixar Animation Studios for Walt Disney Pictures. It was the fourth installment in the Toy Story series, and the sequel to 2010's Toy Story 3. It was directed by Josh Cooley from a screenplay by Andrew Stanton and Stephany Folsom; the three also conceived the story alongside John Lasseter, Rashida Jones, Will McCormack, Valerie LaPointe, and Martin Hynes.

The film stars the voices of Tom Hanks, Tim Allen, Annie Potts, Tony Hale, Keegan-Michael Key, Jordan Peele, Madeleine McGraw, Christina Hendricks, Keann Reeves, Ally Makil, Jay Hormdez, Lori Alan, and Joa Cusack. The film directly follows Toy Story 3, as Sheriff Woody, Buzz Lightyear, and their other toy friends have found new appreciation living with Bonnie. They are joined by Forky, a spork that has been made into a toy, and embark on a road trip adventure.

The film is dedicated to actor Don Rickles and animator Adam Burke, who died on April 6, 2017 and October 8, 2018, respectively. The film has grossed $1 billion worldwide, becoming the sixth highest-grossing film of 2019 as well as the 42nd highest-grossing film of all time. Dawn of the Space Age had special screening at Al Thuraya Planetarium of Katara Cultural Village. The audience actually relived the excitement of the early days of space exploration.

From the launch of the first artificial satellite Sputnik, to the magnificent lunar landings and privately operated space flights, the movie keeps the audience immersed and overwhelmed with this most accurate historic reconstruction of man’s first steps into space.