Community
The Hamilton International School welcome students and parents to its newly completed campus.

P16 Community
Yoga instructor Vishnu Prasad talks about breathing exercises and learning to control emotions through breathing exercises.

The $400 million-plus reason your favourite TV shows are exiting Netflix, Hulu.
P4-6

Cover Story
Streaming on steroids

POPSPOT
19-year-old Mancunian rapper Aitch’s Taste hits UK top ten.
Page 14

SHOWBIZ
Meet Hollywood’s master of blood, gore and kill.
Page 15
**USEFUL NUMBERS**

<table>
<thead>
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**Quote Unquote**

“There is the theory... that you live in two places: You either live in fear, or you live in love.” — Michael Keaton

**COMMUNITY**

**Community Editor**

Kamran Rehmat  
**e-mail:** community@gulf-times.com  
**Telephone:** 44466405  
**Fax:** 44350474

**PRAYER TIME**

- **Fajr:** 3.48am  
- **Shoroq (sunrise):** 5.11am  
- **Zuhr (noon):** 11.39am  
- **Asr (afternoon):** 3.08pm  
- **Maghreb (sunset):** 6.06pm  
- **Isha (night):** 7.36pm

**USEFUL NUMBERS**

- **Emergency:** 999
- **Worldwide Emergency Number:** 112
- **Kahramaa – Electricity and Water:** 991
- **Local Directory:** 180
- **International Calls Enquires:** 150
- **Hamad International Airport:** 40106666
- **Labor Department:** 44508111, 44406557
- **Mowasalat Taxi:** 44458888
- **Qatar Airways:** 44490000
- **Hamad Medical Corporation:** 44392222, 44393333
- **Qatar General Electricity and Water Corporation:** 44845555, 44845464
- **Primary Health Care Corporation:** 44933333, 4493363
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- **Qatar News Agency:** 44450205
- **Q-Post – General Postal Corporation:** 44450333
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- **Ministry of Health:** 40253370, 40253364
- **Hamad Medical Corporation:** 40253364, 40253365
- **Qatar Airways:** 40253374

**Quote Unquote**

“There is the theory... that you live in two places: You either live in fear, or you live in love.” — Michael Keaton

**COMALI**

**DIRECTION:** Pradeep Ranganathan  
**CAST:** Jayam Ravi, Kajal Aggarwal, Samyuitha Hegde  
**SYNOPSIS:** Ravi grew up in the 90s. It was the time when children preferred going to open grounds to play as opposed to staying at home hooked to their PlayStations. It was a time when people preferred face-to-face interactions as opposed to being glued to their mobile screens. It was a time when people made good memories by attending celebrations. Now, they are psychologically removed from the moment by their urge to take selfies and share it on Instagram. Ravi’s wonderful adolescence is cut short by an accident that knocks him into a coma at the turn of the century. He comes to his senses in 2016. And the world has changed drastically.

**THEATRES:** The Mall, Landmark, Royal Plaza

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**ONCE UPON A TIME IN HOLLYWOOD**

**DIRECTION:** Quentin Tarantino  
**CAST:** Leonardo DiCaprio, Brad Pitt, Margot Robbie  
**SYNOPSIS:** A faded television actor and his stunt double strive to achieve fame and success in the film industry during the final years of Hollywood’s golden age in 1969 Los Angeles.

**THEATRES:** Royal Plaza, The Mall

---

**EXPLORER IS HER MIDDLE NAME**

**MISIOn MANGAL**

For movie timings and further details please scan the QR code above with your mobile phone camera or visit qatarcinemas.com
COMMUNITY | ROUND & ABOUT

EVENTS

Art Lessons
WHERE: Mathaf Manara Qatar Museums
WHEN: Ongoing till August 28
TIME: 4pm – 7pm
Join artist Ismael Azzam for Art Lessons at Mathaf and learn drawing techniques called portraiture using pencil, charcoal and paint. Lessons are offered to people with basic to intermediate sketching and drawing skills. For more information, mathaf_education@qm.org.qa

The Comedy of Tango
WHERE: Katara – the Cultural Village
WHEN: August 28
TIME: 8pm-9pm
With the support of Katara – the Cultural Village and embassy of Argentina in Doha Tango Pasión Doha presents Los Guardiola – “The Comedy of Tango” on August 28. A show consisting of seven scenes is inspired by famous tangos. Dancers, mimes and actors, Marcelo Guardiola and Giorgia Marchiori, known artistically as Los Guardiola, will project the audience into the fantastic world of their danced pantomime where comedy and tragedy merge into the rhythm of tango.

Yoga Class
WHERE: Lululemon, Mall of Qatar
WHEN: Every Saturday
TIME: 8:30am – 9:30am
Join the complimentary in-store yoga classes. No registration or mat is required. The class runs on first come first served basis.

Career Guidance
WHERE: Right Track Consultants, Al Sadd
WHEN: Sunday – Thursday
TIME: 6pm – 8pm
Career guidance for course, country, college and entrance for students of Grade IX-XII, of all curriculum. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 55448835.

Artistic Gymnastic Classes
WHERE: Qatar Academy Mheireb
WHEN: Ongoing
TIME: 3:15pm – 4:15pm
The olympic sport using horizontal bar, rings and floor exercises on mats for the children from age 4 till 16.

Arabic Calligraphy Workshop
WHEN: Saturday – Wednesday
TIME: 6pm
Arabic Calligraphy workshop is back. Come and learn the artistic practice of Arabic handwriting and calligraphy at Music and Arts Atelier.

Hobby Classes
WHERE: Mamangam Performing Art Centre
WHEN: Saturday – Friday
Mamangam is an art and performance centre started with a vision of spreading our knowledge, interests and experience in various disciplines in arts across different countries for children and adults.

Summer camp at Mamangam has become the children’s favourite centre for learning art and craft, drawing, and learning spoken English. The kids also enjoy Bollywood dance, contemporary and hip hop music. To develop health consciousness, we teach them kids yoga, karate etc. Mamangam has also come up with chess and robotics in the regular batches in an attempt to give a better learning experience.

The first batch of the summer camp began on June 26 continuing until July 25 from Sundays to Thursdays. The second batch will commence on July 28 ending on August 25. Registrations are open to kids between 5 to 16 years. For those who wish to register for more details, visit www.mamangamqatar.in

Ballet Lessons
WHERE: Music and Arts Atelier
WHEN: Ongoing
TIME: 4pm – 8pm
For more info e-mail at registration@atelierqatar.com or call on 33003839.

After School Activities
WHERE: Atelier
WHEN: Ongoing
Music and arts activities for students taking place after they finish their day in school includes Group Music lessons, Hip-hop, Ballet, Drawing and Painting, Drama Theatre & Taekwondo. Ages between 5 and 10 years old after school hours.

Dance and Instrument Classes
WHERE: TCA Campus, Behind Gulf Times Building
WHEN: Wednesday – Monday
Learn the movements of dance styles in Bollywood, Hip Hop and also the musical instruments such as Flauto, Guitar, Keyboard for adults as well kids and move in the world of music. For details, contact 66523871/31326749.
How streaming unlocked the value of long-running TV shows

“...The industry is reducing the odds that Netflix is a TV replacement as all this catalogue content is removed. They are now more like a premium channel on steroids. I’d expect that they would be competitive in their attempts to land Seinfeld”

- Michael Nathanson, senior research analyst at MoffettNathanson LLC

TV LEGENDS: Seinfeld cast members, from left, Michael Richards, Jerry Seinfeld, Julia Louis-Dreyfus, and Jason Alexander pose after the show won the Emmy Award for best comedy series in 1993.
With nearly 500 scripted TV shows currently in production, iconic shows from the pre-streaming era such as Seinfeld, Friends and The Office have become the heavy artillery used on the next front of the streaming wars

By Stephen Battaglio

The finale of the hit sitcom Seinfeld aired on May 14, 1998 and has been ubiquitous in reruns on cable and local TV stations ever since.

But more than 20 years later, its 180 episodes will soon become one of the hottest properties in television again. The streaming rights for Seinfeld, which has been available for streaming on Hulu since 2015, will be back on the market soon just as media conglomerates Comcast, WarnerMedia and Walt Disney Co. look to shore up content for their new direct-to-consumer streaming services aimed at taking on Netflix.

The demand for the 30-year-old series is the latest example of how streaming has altered not only viewing habits, but also unlocked the value of long-running TV shows that first became hits on the broadcast networks. With nearly 500 scripted TV shows currently in production, iconic shows from the pre-streaming era such as Seinfeld, Friends and The Office have become the heavy artillery used on the next front of the streaming wars.

After seeing Netflix eat away at their TV businesses, legacy media companies are targeting the streaming rights for shows that became hits at their studios and networks. And with good reason: They are proven entities that have become the heavy artillery used on the next front of the streaming wars.

“Seinfeld is a prime example. The hit sitcom of the 1960s, was the biggest TV ratings performer for TBS and local stations. The Andy Griffith Show, the biggest hit sitcom of the 1960s, was among the most popular shows on TBS. Repeats of NBC’s addictive procedural crime drama Law & Order turned A&E into a viewer destination.

Seinfeld had taken in $3.1 billion in syndication revenue from 1995 through 2014 and is still a strong TV ratings performer for TBS and local stations.

Friends generates a reported $1 billion a year in syndication revenue. Its sitcom nostalgia has been at the heart of all three series’ recent nostalgia. Seinfeld had taken in $3.1 billion in syndication revenue from 1995 through 2014 and is still a strong TV ratings performer for TBS and local stations. Friends generates a reported $1 billion a year in syndication revenue.

The trend did not go unnoticed at other network and studio chiefs. The Office, the long-running hit NBC sitcom produced by Warner Bros. Television that finished its 12-year run in May, will also likely fetch a comparable sum. HBO Max is in talks to license both HBO Max, set to launch in spring 2020.

Seinfeld will likely command a price in the same range as The Office and Friends, according to several network and studio chiefs. WarnerMedia, Comcast and Netflix are all expected to compete for the sitcom along with Hulu (which paid what at the time was considered an eye-popping figure of $160 million in the five-year deal made in 2015). The Big Bang Theory, the long-running hit CBS sitcom produced by Warner Bros. Television that finished its 12-year run in May, will also likely fetch a comparable sum.

Friends, according to Deadline reported, is a prime example. The hit sitcom of the 1960s, was the biggest TV ratings performer for TBS and local stations. The Andy Griffith Show, the biggest hit sitcom of the 1960s, was among the most popular shows on TBS. Repeats of NBC’s addictive procedural crime drama Law & Order turned A&E into a viewer destination.

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The Office is a prime example. The series, which finished its network run on NBC in 2013, was not a big success when its repeats were syndicated on local TV stations, where sitcoms shot with a single camera and without a studio audience have rarely performed well. But millennial-aged Netflix viewers connected with the show’s depiction of workplace life — and also likely recognized its stars Steve Carell and John Krasinski through their feature film work. They may be repeats to fans who first experienced them during their network and syndication runs. But viewers under age 35, whose viewing of broadcast and cable TV has dropped dramatically over the last five years, are discovering them on Netflix as if they were new.

With nearly 500 scripted TV shows currently in production, iconic shows from the pre-streaming era such as Seinfeld, Friends and The Office have become the heavy artillery used on the next front of the streaming wars.

The Office is a prime example. The series, which finished its network run on NBC in 2013, was not a big success when its repeats were syndicated on local TV stations, where sitcoms shot with a single camera and without a studio audience have rarely performed well. But millennial-aged Netflix viewers connected with the show’s depiction of workplace life — and also likely recognized its stars Steve Carell and John Krasinski through their feature film work.

Friends generates a reported $1 billion a year in syndication revenue.
Continued from Page 5

The Office demonstrated Netflix's ability to introduce viewers to shows they missed on traditional TV. AMC's Breaking Bad had low ratings and was nearly dropped by its network before a legion of fans found it on Netflix. More recently, a second-season renewal for the current CW series All American was uncertain until the network's executives saw how well episodes performed on the service.

But the power of The Office or Friends to be a draw for an entirely new streaming service is untested. While WarnerMedia and NBCUniversal will have the substantial array of programmes to launch their services, Netflix is still synonymous with the streaming experience. Disney — which will pull back all of its movies from Netflix by the end of the year for its own streaming service — is considered better positioned as its brand name is so recognisable to consumers.

"People found The Office on Netflix — they didn't buy Netflix for The Office," said one veteran TV producer who does business with the streaming company and did not want to speak on the record. Ted Sarandos believes the platform was just as valuable as the product," the producer said. Netflix declined to comment for this story.

The Los Gatos-based company, which is building a large presence in Hollywood, is a one-stop-shopping streaming experience for many viewers. The concept of getting consumers to pay monthly fees for multiple services as their favourite shows spread out among them is one of the challenges new entrants face.

Still, the emerging competition is not something Netflix can ignore. Sarandos has said publicly that Netflix fully anticipated other entertainment companies getting into the streaming business and that it would have to eventually wean itself from outside programme suppliers — a major reason why the company invested $12 billion on content in 2018 and is investing $15 billion this year.

During the company's second-quarter earnings call, Sarandos noted that its subscriber base continued to grow after losing all of its programming from Fox and Nickelodeon in recent years. The company reported a loss of 130,000 subscribers in the US last quarter — the first downturn since 2011 — attributed to a price increase and a lack of new original shows. While Netflix has touted its growth opportunities globally, a recent report from consulting firm PwC said the company's US subscriber level may have reached its peak at 60.2 million.

Nathanson does not see the loss of library content having a major impact on Netflix's ability to add subscribers. But he believes Netflix will need to step up the marketing for its original series, many of which don't generate the kind of attention as its biggest hits Stranger Things and Orange Is the New Black. TV industry executives also believe Netflix may have to order more episodes of its original series in order to keep subscribers hooked longer.

It will take time to determine the effect that losing classic hit shows will have on Netflix, as the exodus will not happen overnight. Netflix has The Office until the middle of 2020. Many of the deals it has to carry series such as Disney's Grey's Anatomy and CBS's NCIS, both huge streaming favourites, run for several years after those shows finish production.

The new Warner Bros.-produced series on the CW — the broadcast network 50% owned by WarnerMedia — will no longer go to Netflix after they air on TV as they have in recent years. They will be on the CW's own streaming platform and then eventually land on HBO Max. But Supernatural, along with other established CW shows such as The Flash, Arrow and Riverdale, are under contract to remain on the service for several years after their runs on TV are completed.

The pressure on media conglomerates to use their most potent properties to build competitors to Netflix presents an opportunity for Culver City-based Sony Pictures Entertainment as an independent studio that can make deals with all of them. The company has a vast library of well-known TV series, including the 1970s classics from producer Norman Lear, who has experienced a renaissance of late with ABC's recent live stagings of All In the Family and The Jeffersons episodes. "With so many of these services and lots of resources going after them, our best positioning is to be the one selling picks and shovels during the gold rush," Hopkins said. "That’s our business right now." — Los Angeles Times/ TNS
HIS hosts Community Fair

The Hamilton International School (HIS) recently hosted its first Community Fair. Hamilton, part of International Schools Partnership (ISP), a UK-based owner and operator of 40 schools globally, welcomed children and parents to inaugurate their newly completed campus, which features state-of-the-art facilities and the largest school theatre in Qatar. The programme included fun games, music, sports and STEM activities. The principal and the teachers engaged the children and parents with activities and competitions. Over 60 prizes and part-scholarships to study at Hamilton were won on the occasion.

Speaking on the occasion, Terry Senior, Principal of Hamilton, said: “It was amazing to get to meet all these families and their brilliant children. We had the chance today to listen to some interesting thoughts from parents, and answer their enquiries, while taking them on a tour to explore the campus.” He added, “We look forward to welcoming our new students when we open on August 25th. Our campus is complete and fully operational, and our staff is now ready and trained on the ISP values and teaching methods. We are committed to raising a generation of students that understands and appreciates diversity with the skills and knowledge to help them in shaping the future of their communities and Qatar.”

Hamilton will also open their theatre on August 23rd, with a musical theatre performance in collaboration with Gotta Sing!, led by Greg Arrowsmith, a Musical Director from the West End for the London Palladium pantomimes, and Joanne Corrigan, an experienced ex BBC live programme editor and producer. The event will take place at the Hamilton Theatre.

BPS principal moderates panel discussion at 14th World Education Summit

A P Sharma, Principal of Birla Public School (BPS), recently moderated a panel discussion on topic ‘Role of teacher and teaching methods in creating an effective pedagogical environment’ at 14th World Education Summit held at Leela Ambiance, Delhi from August 9th till 10th. All panellists put up their views regarding the challenges the education system will face in the coming years. Major Harsh Kumar, Secretary NCERT, lauded the discussion and presented the mementos on the occasion. The summit was attended by over more than 400 principals, directors, owners of schools and other educationists. Speaking on the occasion, Sharma elaborated that there are many unforeseen challenges ahead, hence the world has to think in advance about the universal full proof pedagogy. Educators from UK and Scandinavian countries also put stress upon development of soft skills, experiential learning and design think approach.
Qatar Tec marks Eid al-Adha celebrations

Qatar Tec Company recently organised an event to mark Eid al-Adha celebrations. The event was attended by the staff members of the company along with their families. The event featured various competitions and games. The winners of the competition and games, included Jinu, Somasundaran E, Praveen, Binoy Itty, Jebi K. John, Sabu Peter, Basil Babu, Babith Alias, Manu Mukundan, Sreekantha, Thomas Mathew, Anoop Muralidharan, Binu Thomas, Manasa Shabin, and, Jerrish T. Kuriakose. Jeby K John, Managing Director of Qatar Tec, Alias Kurian, Finance Manager, Laiju Varghese, Procurement Co-ordinator, Sreeregha S Menon, Senior Accountant; Johnison C.G, Camp Boss; Binu Thomas; Joby John, Assistant Sales Manager; Prasanth PG, Project Co-ordinator, and Sabu Peter, Delivery Staff presented prizes to the winners.

Georgetown student rescues Qur’an school that changed his life

Ousman Camara is a final year student at Georgetown University-Qatar (GU-Q). When he was nine years old, he was sent to the Qur’anic School for Boys in the small village of Farato in The Gambia to memorise the Holy Qur’an. The village, which is located in the heartland of the Mandinka, one of the largest ethno-linguistic groups in West Africa, and descended from the great Malian Empire, did not have a Qur’an school. So before beginning boarding school, Ousman and his classmates had to build the mud brick structure by hand, laying the foundation for an education that took him all the way to Georgetown University in Qatar. He finished memorising Qur’an in two and a half years, and then joined his siblings at the local school. However, it was his Qur’anic studies that continued to play a definitive role in his education. With only a year left of high school, a local Gambian man held a Qur’an recitation competition for the students. Oisman won a fully paid scholarship to The Institute of Religious Studies for Boys, run by the Ministry of Education for the State of Qatar. After graduating, he found himself in a quandary. “I had written and oral Arabic skills, but I needed to work on my English skills to go to college,” he recalled. The only solution was to attend the Academic Bridge Program (ABP) at Qatar Foundation, but I had no way to pay for it.”

As it turned out, a way forward opened at the mosque when after prayers one day, Ousman realised that a Qatar man had accidentally walked away wearing his identical-looking shoes. The ensuing laughter and shoe exchange led to a deeper discussion about Ousman’s education dreams, and eventually, the generous offer to pay for his first semester at ABP. His hard work and dedication inspired others to support him along the way, and he eventually applied and was accepted to GU-Q. As his own academic dreams came true, his thoughts always returned to the school that started it all, and he made plans to help renovate the school once he graduated and began work. However, at the end of 2018, he heard that the school would not last through the rainy season. Realising that the time to help was now, Ousman started contacting friends at GU-Q in Doha, and beyond. “My plan was to raise QR100,000 to build a brand new school,” he said.

Through personal donations from friends, he collected QR60,000, more than enough, to start construction. “This Ramadan, I flew back to Gambia, and helped build the foundation. Once finished, the school will have electricity, room for 200 students, girls and boys, a septic tank for the bathrooms, and outside, a water pump for ablution.” He hopes that the final funds can be secured to add additional floors to the newly built concrete building, for further expansion. “Most of the students there are under-privileged children and orphans who can’t afford a better education and this school is the only hope they have. The old school was built with mud blocks, but this time I am building it with cement blocks, which I hope will last a long time.” Through my Islamic Studies classes, I learned so much more about the complexity of Islam and Muslim history, and it changed my worldview in so many ways.”
Dental anxiety and the treatments that can help

Almost half of adults in the UK fear the dentist, and some refuse to see one. Thankfully, there are some increasingly effective remedies, but they come at a cost, writes Ammar Kalia

At 18, Finn James went to get a tooth removed, and the anaesthetic failed to mask the pain. “The dentist just kept going,” says James. “I didn’t go back to the dentist for decades after that.”

Dental anxiety is one of the most pervasive phobias in Britain: almost half of UK adults have a fear of the dentist and 12% of these experience extreme phobia, which often leads to avoiding the dentist altogether. For James, it meant spending two years with a potentially dangerous, searingly painful abscess. Then he came across a website advertising cognitive behavioural therapy (CBT) and neuro-linguistic programming methods for anxious patients.

“That really changed my life. I just wanted someone to treat me as a person and work with my fears. The first time I saw my new dentist, we spoke for an hour and that really put my mind at ease. For a lot of people like me, the biggest struggle is the shame we feel about letting our teeth get to this state, so we need to be helped without judgment.”

Dentist Gordon Laurie says the treatment of dental anxiety has long been neglected. “I qualified in 1982 and dental anxiety wasn’t something that was taught then,” he says. “In extreme cases, we would refer people for sedation, but those referrals required a long waiting time – often when the patient was in increasing pain – and the referral centres are still few and far between.” Laurie has personal and professional experience of dental phobias. “I’ve had patients who hadn’t seen a dentist for 40 years who would take their own teeth out. My late mother-in-law was an example. She’d do anything to avoid the dentist. She used to put mustard powder into her cavities to burn out the nerves rather than get toothache. At that point, it’s just self-abuse.”

There have been numerous recent studies on the success of CBT in reducing dental anxiety – a step-by-step approach is used to explain each part of the treatment clearly; there is prior agreement of signals, if the patient needs the treatment to stop; and plans are made for follow-up appointments. Another option for anxious patients is hypnosis, although this is relatively uncharted territory. In 2009, Emma Carey, a dental hygienist, retrained to become a hypnotherapist and now runs private clinics for anxious patients in a practice in Wetherby, West Yorkshire. She gained her qualification after a six-week diploma course at the London College of Clinical Hypnosis and charges up to £90 for an appointment. “With clinical hypnotherapy, we’re accessing the unconscious mind to bypass our critical faculty,” she says, “allowing the anxious patient to become deeply relaxed. We all go into a daydreaming state naturally several times a day, but with hypnosis it’s a much deeper level of trance that we’re trying to access. We give the patient the tools to do this at home, so they can reach this deep state of relaxation easily and then take it into the treatment room.”

Carey needs to see patients for only three or four sessions before they acquire the skills to relax themselves for treatment.

John Bailey, a full-time hypnotherapist specialising in dental anxiety, noticed that many of the phobias he sees stem from childhood. He says parents say things like, “Don’t worry, it won’t hurt,” conditioning the child to believe the dentist is something to be wary of. “The child thinks, ‘Why should it hurt?’ and that maybe then it will.”

Specialist treatments for dental anxiety are still accessible only to those who can afford them; the scarce options available on the NHS are subject to a “postcode lottery”.

There is a stereotype that dentists are to be feared. We’re actually all pretty normal and very nice.” – The Guardian
Keep Smiling By

AVOIDING DENTAL DECAY

DOES THIS LOOK HEALTHY?

DENTAL DECAY
(also known as dental caries, holes, or cavities) occurs when teeth are not cleaned effectively.

Decay Equation

BACTERIA + SUGAR + PASSAGE OF TIME

DECAY CAN BE EASILY AVOIDED

A slimy layer of germs called PLAQUE grows on TEETH

HEALTHY TEETH

BIG

Wash and swill water after eating and drinking

Brush twice daily for at least 2 mins. using circular movements

Floss daily and ensure you are flossing under the gums where brushing can’t reach

Remove sugary drinks and snacks from your diet

Increase mineral rich foods found in natural dairy and vegetables

Visit the dentist and hygienist in order to prevent the spread of bacteria and decay

Dental Care, In Numbers

Decay and other common related diseases are 100% preventable.
Smokers are 2-7x more likely to develop periodontitis.
Within 15 minutes of finishing eating, spend about 1 minute flossing.
Immediately after flossing, spend at least 2 minutes brushing.
Use short and gentle strokes @ 45°.
A new voice assistant can help visually impaired browse web

Researchers have developed a new voice assistant that allows people with visual impairments to get web content quickly and effortlessly from smart speakers and similar devices.

The research team from University of Waterloo found a way to merge the best elements of voice assistants with screen readers to create a tool called “Voice Exploration, Retrieval and Search (VERSE)” that makes web searches easier.

The primary input method for VERSE is voice, so users can say “next”, “previous”, “go back” or “go forward”. VERSE can also be paired with an app, which runs on a smartphone or a smartwatch. “Our prototype VERSE adds screen reader-like capabilities to virtual assistants and allows other devices, such as smartwatches to serve as input accelerators to smart speakers,” said study researcher Alexandra Vtyurina.

According to the team, virtual assistants are convenient and accessible but lack the ability to deeply engage with content such as read beyond the first few sentences of an article, list alternative search results and suggestions. These devices can serve as input accelerators, similar to keyboard shortcuts. For example, rotating the crown on a smartwatch advances VERSE to the next search result, section or paragraph, depending on the navigation mode.

In the study, 53 visually impaired web searchers were surveyed. More than half of the respondents reported using voice assistants multiple times a day, and a vast range of devices such as smart speakers, phones and smart TVs.

“At the outset, VERSE resembles other virtual assistants as the tool allows people to ask a question and have it answered verbally with a word, phrase or passage,” Vtyurina said. VERSE is differentiated by what happens next.

If people need more information, they can use VERSE to access other search verticals, for example, news, facts and related searches and can visit any article that appears as a search result.

The study is scheduled to be presented at the 21st International “ACM SIGACCESS Conference on Computers and Accessibility” to be held in October in the US. – IANS

COMMUNITY

LIFESTYLE/HOROSCOPE

ARIES

March 21 — April 19

You could receive some sort of windfall today. Aries. Use it wisely. Consider buying some time to figure out what you want to do with your life. It’s likely that your career isn’t exactly ringing your bells these days. You’re ready for new challenges and opportunities. Meditate on what would make you happy and then take a systematic approach to achieving it.

TAURUS

April 20 — May 20

It’s likely that you will succeed at whatever you set out to accomplish today. Taurus. If you’ve been held back by worries over the integrity of a relationship or the long-term prospects of a partnership, you can dispel concerns by confronting the person directly. You may find he or she has the same feelings about you! Honesty is important today.

CANCER

June 21 — July 22

Today is meant for socialising and connecting. Cancer. Your creativity is at an all-time high, so also try to work in some quiet time where you can do some writing or painting. If friends invite you out in the evening, by all means, take them up on the offer. You may meet someone who could be pivotal to your career. Be open to all possibilities.

LIBRA

September 23 — October 22

You’re ready for a career change, Libra, or at least a change of venue. Have you considered telecommuting one day per week? That might give you the variety you seek without needing to find a new job. You may meet someone today or in the near future who will have a dramatic influence on your career decisions. Listen carefully.

CAPRICORN

December 22 — January 19

You’re about to experience a major change in your life’s direction, Capricorn, and it may occur today. Keep your mind open to all sorts of possibilities. You’re likely to receive some important information. Of course, you may not realise its importance right away. It’s only with the passage of time that you will look back on this event as pivotal. Make sure you don’t miss it.

SCORPIO

October 23 — November 21

What is your dream, Scorpio? Answer that question as specifically as possible today, then set about attaining that goal. All signs indicate that whatever you begin today will pay off big time. Even though you may feel that your dreams are too ambitious, there’s no need to feel overwhelmed. You only need to take things one step at a time. Keep in mind the old adage, “Once begun is half done.”

AQUARIUS

January 20 — February 18

You’re unstoppable today, Aquarius. It seems you can do anything. Your confidence and energy are high. There’s no question that you’re ready to take the world by storm. Is the world ready for you? Think carefully as you formulate plans for your new project. Whatever you do will succeed, but be sure you’re doing what you really want to do rather than what others expect of you.

GEMINI

May 21 — June 20

Your energy may flag a bit today, Gemini. There’s nothing to worry about, though you may take better care of your health. What happened to that exercise regimen you vowed to start? It’s never too late to improve your eating habits and begin working out. Even if you only walk three times a week, you will notice a dramatic difference in your appearance and outlook.

LEO

July 23 — August 22

You can’t help but notice that your home looks a bit drab, Leo. Today you could plan to do something about it. It won’t take much money, just time and a little creativity. Paint some samples on the walls. Your spirits will improve. You can make big changes to the mood of the place simply by introducing more colour.

VIRGO

August 23 — September 22

You have a to-do list a mile long today, Virgo. You may spend a lot of your day running errands. It certainly takes a lot to run a household, as you no doubt realise. Try not to get overwhelmed with all that you feel needs to be done. Most of the deadlines are self-imposed. No one will know if you don’t meet them.

SAGITTARIUS

November 22 — December 21

This may seem odd, Sagittarius, but you may not be the person you think you are. There are indications that you have hidden talents. If they come out today, no one will be more shocked than you! This could take your career in an entirely new direction. Strategise ways to incorporate this talent into your career. Your work will take on a new dynamic, and you will take a major leap forward.

PISCES

February 19 — March 20

It’s likely that you’re being held back by certain traumatic past events. Before you can make further progress in your life, Pisces, you must address these painful memories for the last time. If it feels too frightening to do alone, seek professional help. You will find that mustering the courage to do this difficult, emotional housecleaning is more than half the battle.
Wordsearch

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

Puzzles courtesy: Puzzlechoice.com

Sudoku

Sudoku is a puzzle based on a 3x3 grid. The puzzle is divided into nine (3x3) squares. You are given a selection of values and to complete the puzzle, you must fill in the grid so that every column, every row, and every 3x3 box contains each of the digits 1-9 exactly once.

Codeword

Adam

Pooch Cafe

Garfield

Bound And Gagged
1 Policeman getting tough about print-out (4,4)
5 Style of jazz with some extra drumming? (4)
8 Gore and Eisenhower are similar (5)
9 Prisoners not out with friends (7)
11 Be entertained by giant from Asia (7)
12 Turning a chunk of wood for modellers (5)
13 When one chooses a woven fabric (2,4)
15 Gerald, perhaps, looked fierce (6)
18 Father backed a horse - he's a heathen (5)
20 A supporter like this coming round to the point (7)
21 Lose oar that's tossed about in spray (7)
22 After swindle leave African river (5)
25 Neat sort of sum? (4)
26 Campaigns that could make us scared (8)

Across
1 Policeman getting tough about print-out (4,4)
5 Style of jazz with some extra drumming? (4)
8 Gore and Eisenhower are similar (5)
9 Prisoners not out with friends (7)
11 Be entertained by giant from Asia (7)
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26 Campaigns that could make us scared (8)

Down
1 Earth-shattering organ (5)
2 Colourful display - one covered by a brown form (7)
3 A hundred over to be divided (5)
4 Yielding one in factory (6)
6 Think highly of large mammal (5)
7 Scrap Mark did without (7)
10 Woman beginning to mourn first murder victim (5)
13 Road surface making snake stop (7)
14 Rules for punishment in school (5)
16 Was not happy about long note (7)
17 Fitting person to follow tinker? (6)
19 Blush when injured by animal's horns? (5)
21 Bad scare in sporting events (5)
22 Sites for sights (5)

Solution

Wordsearch

Codeword

Answer
19-year-old Mancunian rapper Aitch’s *Taste* hits UK top ten

The English city of Manchester is renowned throughout the music world for producing a plethora of indie bands. Oasis, The Stone Roses, The Smiths, Inspiral Carpets, Happy Mondays and The Mock Turtles are just a few of the more prominent acts.

Rap is definitely not associated with Manchester. But this situation is changing. At the forefront of Mancunian rappers is a 19-year-old who is currently enjoying his first UK top ten hit single. Step forward Harrison Armstrong, rather better known as Aitch.

“Aitch isn’t really a rap name,” he remarked. “Friends often shortened Harrison to H. I didn’t want to just use the letter H so the written Aitch fitted nicely.”

“The Manchester rap scene is growing. Everybody associates London with rap. Even to the extent that different areas of London are being linked with different styles of rap. But there are rappers from all over the country. We’re just not given anything like the same kind of coverage that the London rappers get.”

Despite performing for little more than two years, Aitch is heralded as someone who has the ability to hop on any kind of beat.

“This is something that comes naturally to me. I feel like anyone should be able to rap over any beat. It isn’t something I was aware of. It’s just my way of doing things. Give me a beat and I’ll rap over it. It’s just natural for me.”

Initially touted as a grime artiste, Aitch has deliberately released tracks which cover an expansive range of the rap sub-genres.

“I didn’t want to get stuck in one genre. It’s so far so good in that people are willing to listen to the different types of tracks I’ve dropped. I don’t feel like I’ve gone too far out of the box yet, but I would like to eventually cover every bit of music that I can.”

Music variety is essentially the spice of his life.

“Every time I go into the studio, I’m trying to do something different from the previous time. I try to switch things up and see what happens. I like to put tracks out, see what the reaction is and then go from that response. If something doesn’t work, I won’t do it again.”

“WhYJay is my go to producer. He knows what I’m like. I might want a garage tune, a rap tune, we’ve even messed around with acoustic guitars. WhYJay can make anything I want.”

It was WhYJay who produced Aitch’s smash hit single, *Taste* (Make It Shake). The song is his first solo release for seven months. His last single, *Wait,* was issued back in January quickly following other tracks such as *Miss Me With It, Trust Me and Daily Duppy.* He was heard more recently collaborating with Nottingham rappers Young T & Bugsey on *Strike A Pose* and as one of the guest artists on the remix of Russ Splash and Tion Wayne’s *Keisha and Becky.*

“Maybe people were just ready for something different. Maybe my style suits the time listening to *Taste.*”

**NEW HERALD:** Aitch is heralded as someone who has the ability to hop on any kind of beat.

**Aitch’s *Taste* hits UK top ten**

Mike Posner is walking from America’s east coast to west coast. At least, he was. The trek, which began in April at Asbury Park, New Jersey, has been interrupted in Colorado by the bite of a rattlesnake.

Mike could have died had he not been airlifted to hospital and treated with anti-venom. But this setback has not dampened his enthusiasm for his walk. He will be on the road again as quickly as possible en route to his finishing line in Venice Beach, California.
Meet Hollywood’s master of blood, gore, kills and chills

By Sugandha Rawal

Alexandre Aja’s love for horror made him dive deep into the genre and create hits like The Hills Have Eyes, Piranha 3D and Mirrors. The filmmaker says he initially thought that he would get over the genre, but is glad that his obsession with the genre is intact.

The director says he just wants to keep growing, and spread chills and thrills.

“I have been watching horror movies since I was a young kid. I loved them and I thought that at some point by making them, I will, kind of, get used to them and not be in it anymore, but I am still into it,” Aja said in an exclusive sit-down interview.

“Every week I go and see a new horror movie and enjoy it and love it. I love to be scared. I love to be in the room with the audience. I love to share that feeling. I want to keep growing,” added the director.

Aja feels it is a great time for horror as a genre.

“Today, there are so many opportunities. These movies are so successful in theatres and I think it is very important to see them on big screen. It is very important to feel on the big screen,” he pointed out.

Aja’s cinema is known for blood, gore, wince-worthy kills and for building suspense with music. He got his break in 2003 with Haute Tension (High Tension) -- which turned out to be his ticket to Hollywood, where he made The Hills Have Eyes, Mirrors, Piranha 3D and Horns.

He will be back with a disaster horror movie Crawl. Aja has returned to water to narrate a suspenseful tale of a daughter trying to save her father from an alligator-infested house amid a hurricane. Crawl chronicles the struggle of a swimmer Haley Keller (played by Kaya Scodelario) as she tries to save herself and her father (Barry Pepper) from alligators amidst a Florida hurricane.

The horror thriller will open in India on August 23. The movie will be distributed in India by Viacom18 Motion Pictures. It is written by Michael Rasmussen and Shawn Rasmussen, and produced by Craig Flores, Sam Raimi and Aja.

The story is simple, and that is what drew Aja in.

“I wanted people to have a wide, scary and intense suspense film experience. I remember when I got the script for the first time, what got me in and made me fall in love with the story was the log line. The simple idea of this young woman who has to go and save her dad during hurricane category five in Florida in a place infested with alligators – That was all I needed,” he said.

After Crawl, it is being reported that Aja is prepping to bring an interactive haunted house horror experience to the big screen. The movie will reportedly allow audience members to influence the storyline through an app on their phones. They will be able to decide how the story will go and end. An official confirmation and details about the project is awaited.

‘Most Handsome Man’ title not an achievement for Hrithik

Actor Hrithik Roshan probably scores 10 on 10 in the looks department, and it seems like a US-based agency has also noticed it.

The Kaabil actor has been reportedly named the ‘Most Handsome Man in the World’ by the agency. He is thankful for the title, though it’s not really an achievement for him.

“The secret behind his good looks?

“Well, it’s broccoli. Just kidding,” Hrithik said in an interview.

“I’m thankful for this title although on the face of it, it’s not really an achievement. According to me, if there’s anything one should aspire for and value the most in this world, it’s their character.

“A good character will always make you look more attractive,” he said in an interview with hindustantimes.com. On the work front, his latest release Super 30 has been praised by many. He is also looking forward to the release of War, which will bring him and his fan and actor hero Tiger Shroff on the big screen together.

Hrithik Roshan says people should value their character the most.

Kranti Prakash Jha says he is “scaring everyone” in Batla House

Actor Kranti Prakash Jha says he feels blessed to be a part of the film Batla House in which he is “scaring everyone”.

“Though my character, Adil, is negative, the feedback has been very positive. I have been getting calls and messages from friends and colleagues. One thing everyone is mentioning is my buck-teeth in the film. Some people are finding it cute and some are finding it hot,” he said.

“People who know I am a practitioner of non-violence are asking me how I am looking so menacing in the film. Though some of my scenes got cut due to the orders of the high court, what remains is still scaring everyone,” he added referring to the Delhi High Court’s green signal to the film after the producers agreed to tweak some scenes of the film.

“People say it is very important to feel on the big screen, “ he pointed out.

It is very important to see them on big screen. It is very important to feel on the big screen,” he pointed out.

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Self-management through yoga

Yoga instructor Vishnu Prasad speaks about breathing exercises and self-control

By Mudassir Raja

Yoga is all about self-management. One needs to know how to tackle their body, mind and emotions. It is a kind of self-journey that varies from person to person.

Award-winning Vishnu Prasad is regarded as one of the leading, young well-being consultants from India and founder of ‘Swasthi Yoga Studio Doha’. He is also the author of a book titled ‘Silence to Stillness’. He recently spoke with Community regarding his yoga philosophy and teaching norms.

Vishnu started his yogic and spiritual journey from a very young age when he was 15 years old and initiated yogic meditation practices with his first teacher Yogini Chandralekha and among other great yogis.

“Since my start, I have trained hundreds of thousands of people in yoga in India, Maldives, Oman and now in Qatar. I have been working in Qatar for seven years.

“I learnt the basics of yoga from monks. I still cherish traditional yoga. I have also been in love with natural medicines – the holistic approach towards the mind and body. To be able to teach in other countries, I obtained yoga certification from a regular institute in India.”

Vishnu has been holding regular yoga classes in Sheraton Hotel. He believes in customised yoga classes in Sheraton Hotel. He tells them to focus on and control their breathing. By working on breathing, we can control our emotions. We know that when we feel stressed, our exhalation becomes longer and inhalation gets slower. When we are angry, our breathing becomes faster. The emotions we develop in our mind reflect in our breathing. If we learn how to regulate our breathing, we can control over emotions. Further, there has been a lot of scientific research highlighting the positive effects of yoga on health of our body and mind.”

The trainer believes that yoga also acts as a preventive measure to be safe from different ailments. “It also improves our immune system. If we are able to control our emotions, we can have better social life and good ties with our families.

“Different yoga postures help us in learning about ourselves through mediation. Most people say that yoga is a kind of self-awareness. However, for me, yoga is all about self-management. It is a self-journey. The journey differs from person to person. Flexibility is actually a by-product of yoga.”

In response to the question that what new he has brought for his students in Doha, Vishnu said: “Though I have International TTC Diploma in Yoga and Yoga Philosophy, I practice what I have learnt from traditional yogis. My yoga teachings focus more on the outcome of different techniques. People come to me and they want to get some good results from yoga practices. I work with each student of mine and pay individual attention. I make sure that they get the desired results. Some people want to have flexibility in their body and other need to get rid of stress. Some will come to do away with their back pains. I try to make yoga customised for each of them. It is not easy!”

He added: “I feel pretty satisfied when my students tell that they have got for what they came for. This is the key to my success so far in Doha. I take pain and pay full attention to each and every individual.”

His book – Silence to Stillness, published in 2017 – can answer many questions in the mind of a reader and will give them a kind of clarity that will help them enter a deeper state in meditation and enhance their meditation journey.

“I have been working on my second book. It is entitled yet. This book is about self-awareness and how to tackle different emotions. Just today (Monday) I launched my online coaching centre for those interested in meditation.”

When asked if one cannot do regular yoga, what one needs to do to improve mental and physical health, Vishnu said: “Every day we need to spend some time with ourselves. We meet everybody other than ourselves. We need to reflect on our thoughts. Further, early morning physical activities also help improve mental health.”

“We know that when we feel stressed, our exhalation becomes longer and inhalation gets slower. When we are angry, our breathing becomes faster. The emotions we develop in our mind reflect in our breathing. If we learn how to regulate our breathing, we can control over emotions.”

– Vishnu Prasad