To the fore

Taylor Swift, entitled millionaire, is the labour activist the music industry needs. P4-5

Bollywood
Cyber-bullying is hurtful to youngsters: Ananya.
Page 14

Back Page
Dance to connect people.
Page 16
**PRAYER TIME**

Fajr  3.19am  
Shorooq (sunrise)  4.51am  
Zuhr (noon)  11.40am  
Asr (afternoon)  3.04pm  
Maghreb (sunset)  6.30pm  
Isha (night)  8pm

**USEFUL NUMBERS**

- Emergency 999
- Worldwide Emergency Number 112
- Kahramaa – Electricity and Water 991
- Local Directory 180
- International Calls Enquires 150
- Hamad International Airport 40106666
- Labor Department  44508111, 44406537
- Mowasalat Taxi 44588888
- Qatar Airways 44496000
- Hamad Medical Corporation  44392222, 44393333
- Qatar General Electricity and Water Corporation 44 845555, 44845464
- Primary Health Care Corporation 44 593333
- Qatar Assistive Technology Centre 44 593363
- Qatar News Agency 44450205
- Q-Post – General Postal Corporation 44464444

**Humanitarian Services Office**

(Single window facility for the repatriation of bodies)
- Ministry of Interior 40253371, 40253372, 40253369
- Ministry of Health 40253370, 40253364
- Hamad Medical Corporation 40253364, 40253365
- Qatar Airways 40253374

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**Quote Unquote**

“One of the most beautiful qualities of true friendship is to understand and to be understood.”

— Lucius Annaeus Seneca

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**One Day: Justice Delivered**

**DIRECTION:** Ashok Nanda  
**CAST:** Anupam Kher, Kumud Mishra, Esha Gupta  
**SYNOPSIS:** A series of missing person cases involving high profile individuals intrigues a crime branch special officer, who decides to investigate into the matter.  
**THEATRES:** The Mall, Royal Plaza

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**Asterix: The Secret of the Magic Potion**

**DIRECTION:** Alexandre Astier, Louis Clichy  
**CAST:** Christian Clavier, Guillaume Briat, Alex Lutz  
**SYNOPSIS:** Asterix, Obelix and Miraculix set out to find a druid to whom Miraculix can pass the mystery of the potion onto. While the three seek a worthy successor, the evil Heretix works out a dark plan to get hold of the recipe.  
**THEATRES:** The Mall, Landmark, Royal Plaza

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**The Mall Cinema (1):** Spider-Man: Far From Home (2D) 2:15pm; Spider-Man: Far From Home (2D) 4:30pm; Spider-Man: Far From Home (2D) 7pm; Spider-Man: Far From Home (2D) 9:15pm; Spider-Man: Far From Home (2D) 11:30pm.

**Landmark Cinema (2):** Toy Story 4 (2D) 2:30pm; Asterix: The Secret Of The Magic Potion (2D) 4:30pm; Spider-Man: Far From Home (2D) 6pm; Spider-Man: Far From Home (2D) 8:30pm; El Mama (Arabic) 11pm.

**The Mall Cinema (3):** Oh! Baby (Telugu) 2pm; One Day: Justice Delivered (Hindi) 4:45pm; Alaadzin (2D) 7pm; Raatchasi (Tamil) 9:15pm; O.P 160/18 Kakshi: Amminipilla (Malayalam) 11:30pm.

**Landmark Cinema (1):** Raatchasi (Tamil) 2pm; Asterix: The Secret Of The Magic Potion (2D) 4:30pm; O.P 160/18 Kakshi: Amminipilla (Malayalam) 6:15pm; Oh! Baby (Telugu) 8:45pm; O.P 160/18 Kakshi: Amminipilla (Malayalam) 11:30pm.

**Landmark Cinema (2):** Spider-Man: Far From Home (2D) 2:15pm; Spider-Man: Far From Home (2D) 4:30pm; Spider-Man: Far From Home (2D) 7pm; Spider-Man: Far From Home (2D) 9:15pm; Spider-Man: Far From Home (2D) 11:30pm.

**Landmark Cinema (3):** Oh! Baby (Telugu) 2:15pm; Toy Story 4 (2D) 5pm; Toy Story 4 (2D) 6:45pm; El Mamar (Arabic) 8:30pm; Kalavani 2 (Tamil) 11:15pm.

**Royal Plaza Cinema Palace (1):** O.P 160/18 Kakshi: Amminipilla (Malayalam) 2:15pm; Spider-Man: Far From Home (2D) 4:45pm; Spider-Man: Far From Home (2D) 7pm; Spider-Man: Far From Home (2D) 9:15pm; Spider-Man: Far From Home (2D) 11:30pm.

**Royal Plaza Cinema Palace (2):** Spider-Man: Far From Home (2D) 2:15pm; Asterix: The Secret Of The Magic Potion (2D) 4:30pm; Malaal (Hindi) 6:15pm; El Mamar (Arabic) 8:45pm; O.P 160/18 Kakshi: Amminipilla (Malayalam) 11:30pm.

**Royal Plaza Cinema Palace (3):** Kalavani 2 (Tamil) 2:15pm; Toy Story 4 (2D) 4:45pm; Oh! Baby (Telugu) 6:30pm; One Day: Justice Delivered (Hindi) 9:15pm; Raatchasi (Tamil) 11:30pm.
EVENTS

MF Husain: The Horses Of The Sun Exhibition
WHERE: Mataf: Arab Museum of Modern Art
WHEN: Ongoing till July 31
TIME: 9am – 7pm
The exhibition presents Husain’s pluralist approach to the divine and cosmic aspects of being, articulated through the myths, symbols and narratives of the world’s religions and philosophies. M. F. Husain: Horses of the Sun bears witness to a recurrent motif in his art, a personal symbol of self-renewal and vitality.

Summer Entertainment City
WHERE: DECC
WHEN: Ongoing till July 13
TIME: 1pm – 11pm
The biggest indoor VR and Gaming zone, over 50+ new activities and 45 food options along with 114 retail shops, for the whole family under one roof. Entry fee QR15 per head.

India to Qatar – Symbiosis of Cultures
WHERE: FBQ Museum
WHEN: Ongoing till July 31
Under the context of cultural exchange, FBQ Museum brings together the treasures of the museum owned collection in order to promote mutual understanding, recognition and appreciation between Qatar and India. Composed of five main topics, including community, trade, arts, food and incense, the exhibition takes one on a journey to explore the rich and diverse Indian cultures, the long historic links between Qatar and India, and cultural similarities between Qatar and India.

Hobby Classes
WHERE: Mamangam Performing Art Centre
WHEN: Wednesday – Monday
Mamangam Performing Art Centre, is a holistic performing arts institution and a one stop solution for adults as well as children looking to explore their talents in various art forms. We offer classes in contemporary, Bollywood, hip hop, Indian classical dance, music (Hindustani and Carnatic), arts and craft, karate, yoga, percussion (Chenda, Thimila, Elathalam and Madhalam), violin, harmonium, public speaking.
Additional services include dance education, choreograph music videos and dance cover albums, choreograph dance musical projects, corporate workshops and events, choreograph events for schools, colleges, alumni meets and corporate and choreograph events. For details, call 33897609.

Arabic Calligraphy Workshop
WHEN: Saturday – Wednesday
TIME: 6pm
Arabic Calligraphy workshop is back. Come and learn the artistic practice of Arabic handwriting and calligraphy at Music and Arts Atelier.
The lessons will take place every Saturday, Monday and Wednesday at 6pm. For more information, contact registration@atelierqatar.com

Dance and Instrument Classes
WHERE: TCA Campus, Behind Gulf Times Building
WHEN: Wednesday – Monday
Learn the movements of dance styles in Bollywood, Hip Hop and also the musical instruments such as Piano, Guitar, Keyboard for adults as well kids and move in the world of music. For details, contact 66523871/31326749.
Taylor Swift, one of pop music’s most polarising superstars, is enmeshed in a very public battle, and the world has promptly and predictably, divvied up into pro- and anti-Swift camps, writes Randy Lewis.

Taylor Swift, who launched in tandem with her debut album in 2006, “Essentially,” she wrote last Sunday, “my musical legacy is about to lie in the hands of someone who tried to dismantle it.”

Once again, the public has responded vociferously, with the pro-Swift faction rallying to her defence and lauding her as a fierce advocate for artists’ rights, while the anti-Swift contingent painted her as a super-rich celebrity socialite bemoaning her latest perceived injustice.

The battle with Braun and Borchetta, however, aligns with her track record over the last dozen years of targeting a succession of foes of increasingly potent stature, from tech giant Apple to the coalition of Braun and Borchetta. In the dozen years since she emerged from Nashville as this generation’s most successful singer-songwriter, Swift has consistently spoken out in support of the economic rights of her fellow creatives.

“Hopefully,” she wrote on Tumblr, “young artists or kids with musical dreams will read this and learn about how to better protect themselves in a negotiation. You deserve to own the art you make.” Swift could hardly have chosen a more imposing opponent to step into the ring with: In addition to West, Braun’s powerhouse client list includes or has included pop stars Justin Bieber, Ariana Grande, Demi Lovato and Carly Rae Jepsen, country duo Dan + Shay, DJ-producer-songwriter David Guetta, R&B singer Usher and even onetime Swift’s posse member, supermodel Karlie Kloss.

In the social media storm that followed Swift’s Tumbilik post, sides were sharply drawn. Lovato; Bieber’s wife, Hailey Baldwin, and his mother, Pattie Mallette; Braun’s wife, Yael Cohen Braun; and singer-songwriter Sia all defended Braun and Borchetta. Meanwhile, Swift’s supporters included Cher, Iggy Azalea, Alessia Cara, Haim, Halsey, Gretchen Peters, Panic! at the Disco’s Brendon Urie, supermodel Cara Delevingne and Martha Hunt, American Idol alumni Todrick Hall and reality TV star Spencer Pratt.

Swift expressed in no uncertain terms that she felt bullied by Braun during her public clash with West and his wife, Kim Kardashian, part of the aftermath of the infamous 2009 incident at the MTV Video Music Awards, when West grabbed the microphone from her hand as she was accepting an award and went on a rant supporting Beyoncé.

Swift also informed her followers that a deal Borchetta offered for her older albums one at a time, in conjunction with the delivery of each new album she would owe the label. Representatives for Swift and Borchetta declined further comment for this article.

All this plays out just a few weeks before Swift releases her new album, Lover, on August 23 for the
Universal Music Group, with whom she signed a new deal last fall after declining to re-up with Borchetta and Big Machine.

On one level, Swift’s latest fight is emblematic of her career. Over time she’s stepped up to challenge adversaries of progressively greater power and influence.

Early resolve

Even before she signed with Big Machine, she (and her parents) held out from among a number of offers she had received to sign a recording contract that both allowed her to use her own songs and to have a hand in producing her records — hardly standard procedure in Nashville, and certainly not for an act still too young to vote.

By the time of her third album, Speak Now, released in 2010, Swift decided to take on sceptics who ascribed her success to others — whether her songwriting collaborators, co-producer or record company execs. For that album, she pointedly wrote all the songs on her own, including Mean, her response to those who’d thrown barbs her way. (You have pointed out my flaws again, she sang then, as if I don’t already see them.)

In 2015, with her pop stardom at its zenith, she decided to go head-to-head with the most successful company in the world, Apple, withholding her 1989 album from Apple’s streaming service and challenging the company to revamp its policy that required artists to give up their royalties during a three-month introductory trial period when the tech behemoth was trying to lure new subscribers with a no-cost tryout.

“I respect the company and the truly ingenious minds that have created a legacy based on innovation and pushing the right boundaries,” she wrote in an open letter to consumers, adding, “I’m not sure you know that Apple Music will not be paying writers, producers, or artists for those three months. I find it to be shocking, disappointing, and completely unlike this historically progressive and generous company.”

Apple relented, after which Swift authorised it to stream her album.

Then, as the #MeToo movement began to reach critical mass in 2017, Swift prevailed in a lawsuit against a Denver disc jockey who had sued her for wrongful termination after she complained to his employer that he had grabbed her bottom during a 2013 post-concert meet-and-greet. The DJ was fired, and then sued Swift.

She countersued, asking that any sale of their Spotify acts.

A vocal evolution

Swift, who was roundly criticised for declining to endorse Democratic presidential candidate Hillary Clinton against Donald Trump in 2016, has, at least publicly, become a more politically engaged citizen of late. Her most recent song and video, You Need to Calm Down, featured a dizzying cavalcade of LGBTQ personalities, and was preceded by a letter she posted on Instagram addressed to Senator Lamar Alexander of Tennessee, urging passage of the Equality Act and criticising President Trump. In 2018, she endorsed Tennessee Democratic Senate candidate Phil Bredesen, who ultimately lost to Republican Marsha Blackburn. On Sunday, Swift asserted that her beef with Braun and Borchetta has ramifications beyond the personal, and she hoped to empower young artists to forge better deals than the one she signed when she was a young teenager. That goal, however, may be beyond even Swift’s superpowers. Historically, musicians enter their first recording contracts as unknowns, and record companies gamble on whether they will defy the odds and find breakout success.

“It’s the way the business has been and always will be,” longtime music industry executive and talent manager Jim Guerinot said on Tuesday. “You don’t have leverage when you start out. You mess on your first deal, you get it right on your second.” “The golden ticket,” he said, “is getting the reversion” of ownership of master recordings.

“What you have to exchange for that? That’s how you decide whether or not it’s worth it.”

— Los Angeles Times/TNS

“Hopefully, young artists or kids with musical dreams will read this and learn about how to better protect themselves in a negotiation. You deserve to own the art you make.”

— Taylor Swift on Tumblr
ICC organises ‘Bollywood Dance and Fitness Workshop’

Indian Cultural Centre (ICC) recently organised a ‘Bollywood Dance and Fitness Workshop’ at ICC Asoka Hall. The workshop was conducted by Bhavna Sagar Naik. Bhavna has a teaching experience of over 16 years and has been experimenting with different dance styles, including modern and Indian contemporary jazz, and ballroom. She also takes women wellness programme to overcome their inhibitions related to weight, looks, dressing and speech.

The participants learned choreography on various Indian songs. The workshop kicked off with stretching, which was followed by aerobics, strength training and dance fitness.

“Yoga for Dancers and Contemporary Dance” is the next workshop planned by Bhavna Naik along with Indian Cultural Centre tomorrow at Ashoka Hall ICC. The workshop is free and open to all for attendance by registration only by e-mail to iccqatar@gmail.com.

EF Toastmasters Club celebrates its Annual Family Day

EF Toastmasters Club (EFTC) recently celebrated its Annual Family Day at Grand Mercure Hotel. The event was attended by notable personalities from Toastmasters fraternity, including Shaji Francis, EFTC Founder President, Manzoor Moideen, Sajeev Kumar, Shaji Kader, and Abdul Naseer. Sabari Prasad, outgoing President of EFTC, presided over the event. Dr Brijroy, Vice President of PR at EFTC, anchored the event. Shehariyas Kandy announced the publication of the final newsletter of the year on the occasion. The newsletter has been published by Shaji Francis and Sajeev Kumar. Sabari Prasad presented the annual report on the occasion. The new office bearers of EFTC were elected lead by Ram Mohan as the President. Mementos to the outgoing club officers of EF Toastmasters and EF Gavelis were presented.

BLOOD DONATION DRIVE: Institute of Engineers Bangladesh (IEB), Qatar Chapter, in collaboration with Hamad Medical Centre, recently hosted a blood donation campaign as a part of its community welfare drive to mark World Blood Donor Day. The drive was organised with an aim of building a culture of voluntary blood donation and making the people aware of the values and importance of such an activity in addition to supporting the efforts of the Hamad Medical Corporation in this regard.
Doha College recognises its high achieving students

Doha College recently organised an award ceremony to honour its high achieving Secondary students at the InterContinental Hotel Doha. Over 150 students along with their families attended the event. Mathula Muhundan won awards for excellent performance in chemistry, economics, geography and mathematics, as well as the tutor’s award. Mathula had also won the COBIS International Poetry Competition earlier in the year, and played bass guitar in the ‘Petrichor’ band, which – together with ‘Puff’ – went on to represent Doha College in the nationwide competition ‘Battle of the Bands’.

The students were also recognised for showcasing extraordinary character aligning with Doha College values. Rebecca Craig bagged the annual Walton community award for outstanding charitable work for her work with children with special education needs.

The outstanding student award is granted each year to the student with the highest academic achievement in external examinations. This year, the award was presented to Sara Mohamed, the only student to achieve the highest grade possible in five different AS examinations. Along achieving this, she also attained full marks in Computer Science, full marks in chemistry and 96% in a statistics.

In addition to all the subjects she studied, she voluntarily chose to complete an Edexcel Level 3 this January, also achieving an A* for that.

Speaking on the occasion, Sara said, “Perseverance, time management and organisation are the key factors to how I approach school life. In addition, the great support system at Doha College, consisting of my teachers and peers, have positively contributed to instilling my self-confidence. As a passionate research enthusiast, my ultimate ambition is to become a researcher in the medical field, capable of spreading new ideas and discoveries around the world and someday I hope to create a significant change to our future – whether it is curing a chronic disease or inventing a new medical technology.”

The ceremony also featured a musical performance by the students of Doha College, including own-composition on marimba by Jack Dillon. The piece helped Jack attain the ‘Highest Mark in Qatar’ for his Pearson Edexcel GCSE Music examination last year. The Governor’s award went to a group of students co-ordinated by Eoin O’Connor, faculty member at Doha College. They wrote, published and sold a number of children’s books.

Speaking on the occasion, Dr Steffen Sommer, Principal of Doha College, said, “In order to be as successful in the outside world as you are at Doha College, you will have to look at world through the eyes of others. Only then, will you be able to find answers to the most challenging of questions. Whatever you do, and however you do it, success and failure are always closely linked, like yin and yang. All our inspiration and innovation draw their energy from a strong desire of improvement, of making good or better presupposing that less good trials had preceded. This alone shows how far you have already come on the road to being high achievers.”

QPEC organises annual health checkup for employees

Qatar Power Engineering and Contracting Company, as part of its Corporate Social Responsibility (CSR), recently organised an annual health checkup for its employees. Over 180 employees took part in the camp held at Naseem Al Rabeeh Medical Clinic. Series of various blood tests, ECG, Cardiology Ophthalmic and Dental checkups were conducted by the doctors. Speaking on the occasion, Irshad Ahmad Mir, General Manager of QPEC, said, “Besides, the medical tests and checkup, the employees were given tips by the doctors how to stay away from diseases. This is always priority of the company to look after the health and other issues of the employees. Our care for the employees was recently recognised by Supreme Committee by presenting QPEC Excellency Award for FIFA 2022 World Cup Stadium Projects.”
Students of PISQ show impressive results in SSC-II examinations

The students of Grade-X of Pakistan International School, Qatar (PISQ) recently excelled in SSC-II examination organised by Federal Board of Intermediate and Secondary Education Islamabad. One hundred and fifty three students passed the examination. The school scored 30 A1 and 36 A grades. The school position holders, include Lujin Adel Abdullah al-Mesri, 1,046 marks; Samama Farooq, 1,035; and Maryam Shoaib, 1,030.

Other A1 grade holders, include Zainab, 1,029 marks; Hafsa Farhan, 1,021; Muhammad Asad Kamran, 1,020; Zoya Arshad Karim, 1,008; Haroon Ali, 1,005; Madiha Khan, 1,004; Zenab, 999; Hamna Maheen, 993; Fatima, 987; Aisha Abid, 973 marks; Muhammad Ikram, 970; Muhammad Shirjeel Khan, 968; Sana Sneha Kay, 959; Warda Gul, 955; Rumesa, 953; Alishba Kamran, 950; Syed Mohammed Mostafa, 921; Maha Atif, 915; Hafsa, 916; Ofra, 903; Areeba Bashir, 899; Rihab Mohsin, 897; Talha Fakhruddin, 889; Hamna Tanveer, 887; Kohaiba Asad, 886; and Manal Syed, 882 marks. Nargis Raza Otho, Principal of PISQ, congratulated all the students, parents, and teachers on the success. She said, “Grade X is the first threshold in a student’s academic journey that influentially decides and shapes his/her future educational moves. So, they should earnestly prepare themselves for this junction in order to set a right and clear angle to ace college level examination with a difference. PISQ has done its best for its students now and will keep doing the same in the years to come with new zest.” Syed Arshad Raza Shah, Ambassador of Pakistan, also extended his wishes to the students, teachers, and parents.
Kate Atkinson brings back detective Jackson Brodie

Brodie is back, somewhat older, but once again enmeshed in a tangle of storylines in *Big Sky*, writes Katherine A Powers

Jackson Brodie, former soldier and police inspector, now private detective, is novelist Kate Atkinson’s most popular character. Hero of four previous novels and champion of the powerless, Jackson has led a star-crossed life: He was left motherless at 15; his sister was murdered; his brother hanged himself; his first wife, the mother of his 16-year-old son, Tommy, is an ex-boxer; and is in some kind of business with a lawyer who introduced him to his brother hanged himself. But, no: Jackson Brodie is back, somewhat older, but once again enmeshed in a tangle of storylines. *Big Sky* is both an entertaining caper fuelled by coincidence and a sordid story of human trafficking.

Jackson is now living on the east coast of Yorkshire, England, its summer-seaside ambience excellently evoked. When we are reunited with him, he is looking after Julia’s ancient dog, keeping his eye on a cheating husband he has been paid to follow, and trying to have a meaningful father-son excursion with 13-year-old Nathan.

He is facing stiff competition in the last endeavour from Nathan’s cellphone and is thinking rueful; old-guy thoughts inspired by materialise in the first hundred pages. Along with Tommy’s son, Harry, who has summer jobs at Transylvania World and a theatre, are Harry’s friend ‘Bunny’ Hopp, a kindhearted, flamboyant female impersonator “built like a rugby forward,” and Barclay Jack, an unsavoury, foul-mouthed, booing comedian.

Reggie Chase, an old friend of ours from “When Will There be Good News?” Jackson’s third outing, also shows up. She is a police detective now, partnered up with another female detective, Ronnie Dibicki, the two of them looking into a decade-old case which has resurfaced concerning a ring of predators who harass girls. Although a couple of operators had been identified and convicted years before, rumour has it that a ‘magic circle’ of further perpetrators still exists. Also in play are two sisters, Nadja and Katja, who are happily preparing to set off from Poland for England where a man calling himself Mark Price has promised them go-ahead jobs in the British hotel industry. (Readers who weren’t born yesterday will have a bad feeling about this.)

After the main characters are all out from the viewpoints of half a dozen characters. Their minds are constantly abuzz with unspoken, sardonic or self-deprecating commentary, a feature that, along with Atkinson’s quiet whimsy and mischievous liberality with coincidence, gives this writer’s work its unique comic flair and lightens the dark unravelling of monstrous crimes.

The plot of *Big Sky* is something of a ramshackle affair, but it hardly matters. Kate Atkinson is a wayward writer, her books are in the end uncategorisable. Her Jackson Brodie novels are both more than crime novels, and less.

A number of other key characters materialise in the first hundred pages. Along with Tommy’s son, Harry, who has summer jobs at Transylvania World and a theatre, are Harry’s friend ‘Bunny’ Hopp, a kindhearted, flamboyant female impersonator “built like a rugby forward,” and Barclay Jack, an unsavoury, foul-mouthed, booing comedian.

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They are sui generis and they, like Jackson Brodie novels, are both more than crime novels, and less.

Wayward Author: Kate Atkinson is a wayward writer, her books are in the end uncategorisable. Her Jackson Brodie novels are both more than crime novels, and less.

ENTERTAINING: *Big Sky* is both an entertaining caper fuelled by coincidence and a sordid story of human trafficking.
A weekend at the Corniche

The Corniche is not just the most popular running route in the country; it has also been one of the most ideal spots for families in Qatar for many years now. The beautiful view of the sea and the lush green grass attracts many young and old visitors alike.

Families especially visit Corniche on the weekends as an ideal picnic spot and bring along their lunch or evening snacks, together with camping chairs and board or card games. Whether it’s for a few hours or an overnight stay, quality time spent with near and dear ones at an outdoor setting provides ideal opportunity to relax and discuss issues that you perhaps find difficult to disclose in the setting of a house.

When you have a household where everyone is busy doing their own thing, it can be difficult to find time where everyone disconnects from their responsibilities to focus solely on one thing: listen intensely to what members of your family are going through. And what better way to do it than stepping out of the confines of your house! Add on to that the fact that a picnic on a sunny day also aids in vitamin D and calcium absorption, which is something many people in Qatar need!

We can go on and on about the benefits of picnics, but perhaps the best is that it’s what you need for maintaining healthy relationships with some of the most important people in your life.

— Text by Azmat Haroon @azmatharoon, photos by Chito S. Almacen @chitos_peak
I'm not just dogs, but cats can be your furry friends too. If you go one, understand how to maintain their nutritional requirements to ensure a healthy lifestyle for cats, say experts.

Lack of proper knowledge about the essential nutrients required for their diet can be detrimental to the cat's health and growth.

Gaurav Kwatra, Director, PURINA PetCare India and veterinarian Hitesh Swali have shared some key points to keep in mind while selecting the right food for cats:

- Cats have unique nutritional needs: Nutrients such as taurine should be included in their diet as they are unable to produce sufficient amounts naturally. A deficiency in taurine can result in a number of conditions in which their heart and eye health can severely suffer.
- Cats need more protein: Adult cats require approximately 44 per cent more protein than adult dogs. If protein intake is inadequate, the cat will start to break down its own body protein to meet its energy requirements. This high protein must also be accompanied by essential amino acids, essential fatty acids and vitamins such as A and D.
- Cats are picky eaters: It is necessary to provide cats with a varied mealtime experience. While complete nutrition is extremely important for cats, it is equally important to delight their senses through differently shaped kibbles and delicious aromas.
- Cats enjoy small meals: Unlike dogs, cats are nibblers and enjoy many small meals throughout the day. Hence, it is important that the food is nutritionally balanced and provides the right nutrients in adequate amounts.
- Cats cannot survive on a vegetarian diet: Cats are obligate carnivores, hence it is impossible to meet their requirements with a vegetarian diet. Cats also have different nutritional requirements and different ways in which their body assimilates nutrients hence cat food formulated by nutritionists addresses these unique needs.

— Cats require approximately 44 per cent more protein than adult dogs.

“Nutritionally balanced and provides the right nutrients in adequate amounts. This high protein must also be accompanied by essential amino acids, essential fatty acids and vitamins such as A and D. Cats are picky eaters: It is necessary to provide cats with a varied mealtime experience. While complete nutrition is extremely important for cats, it is equally important to delight their senses through differently shaped kibbles and delicious aromas. Cats enjoy small meals: Unlike dogs, cats are nibblers and enjoy many small meals throughout the day. Hence, it is important that the food is nutritionally balanced and provides the right nutrients in adequate amounts. Cats cannot survive on a vegetarian diet: Cats are obligate carnivores, hence it is impossible to meet their requirements with a vegetarian diet. Cats also have different nutritional requirements and different ways in which their body assimilates nutrients hence cat food formulated by nutritionists addresses these unique needs.” — IANS
Wordsearch

BATHING  BUTTERFLY  CRAWL  FLIPPERS  LIFEGUARD  RAFT  SNORKEL  SWIM  WADE  BIKINI  CHLORINE  DEEP  FLOAT  LOTION  SHALLOW  SPLASH  TOWEL  WATER  BOARD  COLD  DIVE  LADDER  PADDLE  SHOWER  STROKE  TRUNKS  WHISTLE

Codeword

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

Sudoku

Sudoku is a puzzle based on a 9x9 grid. The grid is also divided into nine (3x3) boxes. You are given a selection of values and to complete the puzzle you must fill the grid so that every column, every row and every 3x3 box contains every digit from 1 to 9 exactly once.

Bound And Gagged

I'm going to have to open you up along with your wallet.

Pooch Cafe

Adam

Hum... is it a Dur or is Big Fuse burning slow?

What do we do?

We stay back. We wait.

For how long?

I don't really hand to be anywhere till Tuesday.

I should get chairs.

The Early Bird Gets the Worm

THE WORLD IS COMING TO AN END!

AND, ONCE AGAIN, THE WORLD IS SAVED BY A CUP OF COFFEE
Super Cryptic Clues

Across
1 Old Briton selected for hearing (4)
3 Bravery of bishop going to ancient loch (8)
9 Create work so that others can play (7)
10 What unrepentant one will do with sticky stuff (5)
11 Leaders in football league have gone up? (5)
12 In the past, not quite everyone ready to respond (2,4)
14 Dog wandering in street (6)
16 Clothes in luggage (6)
19 Get gold for carriage (6)
21 Deal with free entertainment (5)
24 Previous head of a religious community (5)
25 Performer taking part when taking part is tedious (7)
26 Shy male with a trained dog (8)
27 Plant used first of all in astringent lotions or embrocations (4)

Down
1 Anti-war protester appears if pact is scrapped (8)
2 Item of jewellery that’s arrived with ring? (5)
4 Source of minerals almost absent in this state (6)
5 Greek style of Cupid or Icarus (5)
6 Record store never opening letter from Greece (7)
7 Go down for some drinks in kitchen (4)
8 Bishop put on weight in spring (6)
13 Doctor wears tie, so to speak (2,2,4)
15 It may be a strain for a Russian empress (7)
17 Rubbish tucked into roll (6)
18 Man approaching an area that’s in South America (6)
20 Race for a hat (5)
22 Support for an artist (5)
23 Fools turning up in health resorts (4)

Answers

Wordsearch

Codeword
Cyber-bullying is hurtful to youngsters: Ananya

Actress Ananya Pandey, who has started an online campaign called ‘So Positive’ to confront cyber-bullying, says trolling and such acts leave an impact on the mind of youngsters who are in a transformative age.

Last month, the Student of the Year 2 actress was questioned on her academic qualification on social media when she said in an interview that she took admission in USC Annenberg School for Communication and Journalism.

Talking about the incident, Ananya said: “While it is true that those trolls do not deserve our attention when that incident happened to me, it was not only affecting me but my family, my team. “They know that their daughter worked hard to get admission in a college. So when I put out the pictures I did it for our satisfaction. Cyber-bullying is a common practice and it really affects all of us.”

“The reason why I am taking a stand is (because) people should have an understanding of how it affects others and why it is important to be responsible to comment on anything.”

Though she believes that the growing negativity and bullying on social media affects any individual, reasoning why the youngsters get more affected, Ananya said: “When we are teenagers, we are developing a perception of ourselves based on what people say about us. We are yet to develop a fully grown adult brain. Therefore, when we are bullied all the time, it makes us vulnerable. “Our body and mind go through a transformation and if someone is body shaming, it hurts, it does…”

After the release of her first film this year, she said that she received various comments and opinions on her work in the movie. “I think constructive criticism is positive for us to improve ourselves and it is easy to understand. In my review, many people said that I have to work on my dance skills and comic timing. I understand that, of course, there is room for improvement. I appreciate such comments,” she mentioned.

However, she shared: “When someone said that my body looks like a 14-year-old boy’s… how could that be criticism? That is bullying… You see, that is easy to differentiate from a critic’s words. People said much more hurtful things and they are bullies, they are not critics.”

Validation from social media users seems to have become an integral part of stardom. Asked if seeking approval online changes their mind to take any decision, the daughter of actor Chunky Pandey said: “My father said this and I agree with him, we shouldn’t be taking people’s comments so seriously because they change every now and then.”

“I am developing a thick skin where I send back love and positivity to all the haters because that is what they need. Probably they are seeking a reaction from us, and there is a void of love they have in their lives,” added the 20-year-old.

Making her debut with actress Tara Sutaria, Ananya said that she loves the healthy competition and such things keep her motivated to do more good work. – IANs

Armaan excited to meet Jon Favreau

Singer Armaan Malik is looking forward to meet director Jon Favreau at the premiere of his film The Lion King in Los Angeles. Malik will be flying to Los Angeles (LA) today for the world premiere.

“I am so stoked to be joining Disney India for the premiere of The Lion King in LA. This is going to be my first time at a premiere in Hollywood, and I couldn’t be more excited to be part of such an iconic project,” Malik said in a statement.

“What makes it even more special is that I will get to meet and interact closely with the man himself, Jon Favreau! He’s helming the project and has made some of my favourite movies in recent times and I’m really glad that I’m getting an opportunity to get a peek into his creative world and share some fun moments with him,” he added.

Malik and singer Sumbhi Chahana have been roped in for Hindi tracks for Disney’s upcoming live-action project The Lion King. He will be lending his musical touch to Hakuna matata and also a duet with Sumbhi.

The Jungle Book fame director Favreau has re-imagined the world of Disney’s classic to bring alive a live-action film. He has stayed true to the classic story of Simba and used pioneering and game changing photo-real technology, using cutting-edge tools to make the musical drama come alive on the big screen.

The film will release in India on July 19 in English, Hindi, Tamil and Telugu. – IANS

Take every opportunity as a challenge: Mithila Palkar

Actress Mithila Palkar says she loves to experiment and takes every opportunity as a challenge.

“I am very greedy as an actor because I like to be everywhere – Internet, films, theatre. Wherever there is an opportunity, is where you will find me,” Mithila said in a statement.

“I love to experiment and take every opportunity as a challenge. Playing Nimra (in Chopsticks) was extremely exciting for me since it’s a character I have never played before and more so because it’s a character very unlike me. “It is immensely motivating to be given so much love and appreciation on IMDb, which is the biggest database for movies and celebrities in the world! she added.

The actress has become the IMDb’s break-out star of the month according to data from the IMDbPro STARmeter chart, which is based on the actual page views of more than 200 million monthly unique visitors to IMDb.

She entered the list of top actors for the month according to the June data on the website.

Talking about her inspiration of becoming an actor, Mithila said: “While watching Mughal-E-Azam, I wanted to be a part of that era and also I am very old school. My dad introduced me to that film. The Hindi film that I recommend is Duniya. It is my most favourite film, it is a poetry in itself and Gulzar Sahab is somebody I am a huge fan of.” – IANS

Actor Ayushmann Khurrana, who is currently being lauded for his performance in Article 15, has categorized the movie as one of the most important projects in Indian cinema.

Thanking his fans for their love, Ayushmann said in a statement: “The amount of love and support I have received from everyone, from the audience to my friends from the industry has been very motivating and overwhelming...

“Article 15 is a real film, a reality to be told which makes it one of the most important films in Indian Cinema and I am happy that people have received it so well. I want to thank everyone for their constant support to me and the film.”

Directed by Anubhav Sinha, Article 15 aims to remind people about Article 15 of the constitution which prohibits any discrimination on grounds of religion, race, caste, sex or place of birth, and how its value has been forgotten. – IANS

Keen: Mithila Palkar says she is greedy as an actor.

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Article 15 an important film in Indian cinema: Ayushmann

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Nipsey Hussle’s mom and brother ask to be co-guardians of his 10-year-old daughter

Nipsey Hussle’s mom and brother are joining forces with the slain rapper’s sister to gain guardianship over his 10-year-old daughter.

The trio filed an amended petition this week asking co-guardianship of Hussle’s daughter Emani Asghedom be given to them instead of the child’s biological mom, Tanisha Foster.

Sister Samantha Smith filed her initial petition in April and has been caring for the child since the Grammy-nominated rapper was shot dead outside his Los Angeles clothing store March 31.

Hussle’s brother Samiel Asghedom, known as Blacc Sam, and his mom Angelique Smith attended a recent hearing in the guardianship case and spoke at Hussle’s massive public memorial service at the Staples Center.

The paternal uncle and grandmother say in the new petition they’ve been a “constant and strong presence in Emani’s life.”

“They have participated in her care and upbringing since her birth. Since the unfortunate murder of Emani’s father in March 2010, Samiel and Angelique have assisted in providing care for Emani,” the paperwork reads.

“The request to appoint Samiel and Angelique as co-guardians is, per the recommendation of Minor’s Counsel, a form of ‘insurance policy’ so that should one of Emani’s guardians, other guardians are already in place to continue in providing for Emani’s care without having to return to court,” it states.

A hearing on the matter is set for July 15. Foster, meanwhile, has attended multiple hearings and is fighting to be a presence in her daughter’s life.

Her lawyer Larry Lewellyn previously told The News his client is not giving up her custody claim.

“It’s pretty amicable, but obviously this is a matter of high emotion given the totality of the circumstances. Both sides are being careful to maintain and pursue peace,” he said after Foster left a May 10 hearing in tear.

Foster and Hussle – whose real name was Ermias Asghedom – shared legal custody of Emani before the rapper’s shooting death outside his Marathon Clothing store, but Emani lived with her dad.

“She was primarily with her dad, but the father never kept her away from her mother,” Lewellyn said.

“Her intent is that she wants her child,” he said of his client. “Obviously, as a mother, she’s willing to do what’s in the best interest of her child, but our position is that she’s the natural guardian.” – New York Daily News/TNS

Disney cuts objectionable Toy Story 2 blooper with no explanation

By Mary McNamara

Disney is not a company known for explaining itself, but why on earth would it do a good thing in a way that makes it look shady really is beyond me.

In a new 4K Blu-ray edition of Pixar’s Toy Story 2 released on June 4, Disney removed from the film’s closing credits “bloopers” – a scene of Stinky Pete (voiced by Kelsey Grammer) harassing two Barbie dolls. (“So you’re identical in every way,” he purrs creepily. “I’m sure I could get you a role in Toy Story 3.”)

That decision is good. But Disney did it with no explanation or announcement – though members of online communities noticed almost at once, most media only caught on recently. And that is almost as creepy, and stinky, as of Pete himself.

Toy Story 2, of course, made by John Lasseter, who left Disney after multiple accusations of inappropriate conduct and the creation of a “frat house” environment at Pixar, which makes the scene not only objectionable but quasly symbolic. Clearly, the guys at Pixar thought an old man leering at two young women was funny. Ha ha ha.

The film came out years before Pixar was under Disney ownership (although the studio distributed all of Pixar’s feature films even before the acquisition), but it was Disney that had to deal with years of Lasseter rumours becoming public accusations, and it was Disney that showed him the door.

Over the years, objectionable scenes from other older Disney properties have been cut or modified, sometimes in response to protest (changing the lyric “where they cut off your ear if they don’t like your face” in the opening song of Aladdin) and sometimes sparking it: The editing of the character Jim Crow from 1941’s Dumbo and the company’s refusal to release Song of the South on any platform is seen by some as an attempt to simply pretend that racism and racist imagery never existed.

But the quiet excision of a fake “blooper” that perfectly encapsulates part of the Hollywood mythology that has allowed women to be harmed by so many for so long without comment seems an enormous missed opportunity.

For the record, I remember seeing that blooper on the first DVD release, though I was ashamed to admit it, I remember laughing at it.

In part because the sight of animated characters being treated like actual performers was so fresh, but also because the idea of an older actor using his perceived access to seduce younger women was so deeply ingrained in the collective notion of Hollywood mythology that, especially in this incongruent context, it seemed funny.

The “bloopers” were clearly aimed at the parents – the Hollywood insider jokes were far too adult for the younger members of the audience – but it didn’t occur to me to object to what it portrayed, even as kids we were watching.

Stinky Pete was only behaving in a way that I had seen portrayed fictionally (and nonfictionally) for my entire life, sometimes as an indication of sleaziness or manipulation – like Addison DeWitt exploiting Marilyn Monroe’s character in All About Eve – sometimes in a more benign or even helpful way, like every story in which a male character’s plucking a woman from obscurity because he likes her “guts” seems to lead to him sleeping with her.

So, to every woman, including myself, who has had to endure such leering, pawing, insinuating promises of career assistance, I formally apologise.

If only someone at Disney had thought to do the same, or at least use the scene to further an important conversation, rather than simply avoid it.

As some have pointed out online, when Looney Tunes released its Golden Collection DVD, Whoopi Goldberg introduced Part 3 with an acknowledgement of the racism at work in some of the cartoons, and how it is valuable not to ignore it because it is part of cinematic, and American, history.

Likewise, the myth of “the casting couch” has been used to harm, exploit and diminish women since they were finally allowed to participate in the dramatic arts.

Gloria Steinem tried to defuse it with her famous observation that “if women could sleep their way to the top, there would be more women at the top,” but even that bolstered the belief that sex was somehow a power tool.

If #MeToo has done nothing else, it has dispelled the notion that incursions on one’s sexuality is just a natural part of the power game in Hollywood and other industries, something women should arm themselves against, with humour, avoidance tactics or Mace but essentially accept.

It isn’t a game, and it isn’t funny. No one should have to see or use it to get a job of any sort. Not even Barbie. Not even in a blooper. – Los Angeles Times/TNS
By Mudassir Raja

She has not been in Qatar for a long time but she has already started making her presence felt. Her compassion for people and passion for dance keeps her connected with what she loves the most.

Bhavna Sagar Naik is a trained and talented classical dancer from India. After moving to Doha two years ago, she started teaching classical and contemporary dance to young children and keen adults. Bhavna, an expert in Odissi dance, has been associated with Indian Cultural Center (ICC) as an activity (dance) teacher. She has arranged numerous dance classes and workshops for the people interested at ICC.

The dance teacher, who is also choreographer of Bollywood dances, is going to organise another workshop at ICC with the title of ‘Yoga for Dance & Contemporary Dance’ on July 9 (tomorrow) for two hours – from 5:30 to 7:30pm.

Community spoke to Bhavna, who aims at promoting contemporary dance in Qatar, about her love for classical dance and experiences with the art so far.

“Dance has been in my genes. I started dancing when I was as young as two. I started taking regular classes to learn classical dance. As I grow, I got interested in Odissi dance. I started teaching the classical dance when I was 16. I have taught dance to many celebrities and well-known personalities in India. I tried to build my own dance academy in Mumbai with the name of ‘Bhavna – The Feeling of Dance’.

“During this time as she had to move to Doha. I moved to Qatar two years ago after my marriage as my husband works here. My first performance was at a Besakhi Festival organised by North Indian Association in 2017. Later on, I applied with ICC and got the opportunity to teach classical dance to children. I have already organised two workshops on classical Indian dances. First workshop was about Odissi dance and the other was about Bollywood dances. People from different expatriate communities attended the workshops. The response so far has been very good. About 30 to 40 people attended the workshops including children and women above 60.”

About her upcoming workshop at ICC, she said: “I will teach some yoga postures and exercises that can be connected with classical dances. Though I am not a certified yoga trainer, I know about yoga exercises and postures. I am getting further yoga training and will get certified in one year. I will also teach basic things about contemporary dance. For this genre of dance, the participants will dance on slow music, expressing their feelings and emotions through different dance steps. Though it is the time for summer vacations, I hope about 40 people will turn up. The registration is currently underway and I hope have more participants. I have noticed that the contemporary dance is not yet much popular in Qatar. In future, I will focus more and more on the contemporary dance classes and workshops.”

Despite having close proximity and intimacy with Bollywood, Bhavna choose not to be a part of the film industry. “I have taught many Bollywood celebrities and well-known people in Mumbai. Many people asked me to become a part of Bollywood but I was never inclined towards the industry. I want to remain connected with the people through dance and teaching dance. I know that I have a passion for the dance. People tell me that I am a compassionate teacher. I love to be among people. I make sure that the participants leave only after they learn something new about the classical dance. I want to spread the classical dance in Qatar among the people of different communities.”