The Mirza Factor

Multi-hyphenate Dia Mirza on what drives her, inner peace, #MeToo movement, and her environment calling. P4-5

Gulf Times
COMMUNITY

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Doha today: 32°- 44°

COVER STORY

QUIZ BACK PAGE

The mega tennis tournament.
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Your Page, Your Stage!

There’s probably a photographer hidden in each of us, looking out for a platform. Community invites you to grab your chance and send your contributions with contact details and complete description of the images to qatarcommunity@gmail.com

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**PRAYER TIME**

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**USEFUL NUMBERS**

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**THEATRES:**

**The Mall Cinema (1):**
- The Secret Life of Pets 2 (2D) 2:15pm; Bharat (Hindi) 4pm; Aladdin (2D) 7pm; Godzilla II: King of the Monsters (2D) 9:15pm; Virus (Malayalam) 11:30pm.
- The Mall Cinema (2): Aladdin (2D) 2pm; Virus (Malayalam) 4:15pm; X-Men: Dark Phoenix (2D) 7pm; Bharat (Hindi) 9pm; Kolaigaran (Tamil) 11:45pm.
- The Mall Cinema (3): Bharat (Hindi) 2pm; Aladdin (2D) 5pm; John Wick 3: Parabellum (2D) 7:15pm; Casablanca (Arabic) 9:30pm; Bharat (Hindi) 11:30pm.
- Landmark Cinema (1): Virus (Malayalam) 2:15pm; The Secret Life of Pets 2 (2D) 5:15pm; Aladdin (2D) 7pm; Godzilla II: King of the Monsters (2D) 9:15pm; Virus (Malayalam) 11:30pm.
- Landmark Cinema (2): Bharat (Hindi) 3pm; X-Men: Dark Phoenix (2D) 6:15pm; Bharat (Hindi) 8:15pm; Bharat (Hindi) 11:15pm.
- Landmark Cinema (3): Aladdin (2D) 2:30pm; Aladdin (2D) 5pm; Casablanca (Arabic) 7:15pm; John Wick 3: Parabellum (2D) 9:15pm; Kolaigaran (Tamil) 11:30pm.

**Royal Plaza Cinema Palace (1):**
- Bharat (Hindi) 2:30pm; Godzilla II: King of the Monsters (2D) 5:30pm; Bharat (Hindi) 8pm; Bharat (Hindi) 11pm.
- Royal Plaza Cinema Palace (2): Virus (Malayalam) 2:15pm; The Secret Life of Pets 2 (2D) 5:15pm; X-Men: Dark Phoenix (2D) 7pm; Godzilla II: King of the Monsters (2D) 9pm; Virus (Malayalam) 11:30pm.
- Royal Plaza Cinema Palace (3): Aladdin (2D) 2:30pm; Aladdin (2D) 5pm; Casablanca (Arabic) 7:15pm; John Wick 3: Parabellum (2D) 9:15pm; Kolaigaran (Tamil) 11:30pm.

**John Wick: Chapter 3 Parabellum**
- **DIRECTION:** Chad Stahelski
- **CAST:** Keanu Reeves, Halle Berry, Ian McShane
- **SYNOPSIS:** Super-assassin John Wick is on the run after killing a member of the international assassin’s guild, and with a $14 million price tag on his head – he is the target of hit men and women everywhere.
- **THEATRES:** The Mall, Landmark, Royal Plaza

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*Quote Unquote*

“Wherever you go, no matter what the weather, always bring your own sunshine.”

— Anthony J. D’Angelo
**EVENTS**

**A Choral Kaleidoscope Concert**  
**WHERE:** Swiss International School  
**WHEN:** June 13  
**TIME:** 7pm onwards  
Featuring Qatar Youth Choir and Qatar Junior Choir – their last concert of the season. Qatar Youth Choir has recently returned from workshops and concerts with the Vienna Boys Choir in Austria. Qatar Junior Choir will perform their concert programme in September. Tickets are available from choir members or on the door for QR60.

**MF Hussain: The Horses Of The Sun Exhibition**  
**WHERE:** Mafraf: Arab Museum of Modern Art  
**WHEN:** Ongoing till July 31  
**TIME:** 9am – 7pm  
The exhibition presents Hussain’s pluralist approach to the divine and cosmic aspects of being, articulated through the myths, symbols and narratives of the world’s religions and philosophies. M. F. Hussain: Horses of the Sun bears witness to a recurrent motif in his art, a personal symbol of self-renewal and vitality.

**Katara Drive Thru Festival**  
**WHERE:** Katara – the Cultural Village  
**WHEN:** Ongoing till June 10  
**TIME:** 6pm – 4am  
Join us at Katara – the Cultural Village and enjoy the diverse cuisines at your car step! From first day of Ramadan until Eid holidays starting from 5pm till 2am.

**India to Qatar – Symbiosis of Cultures**  
**WHERE:** FBQ Museum  
**WHEN:** Ongoing till July 31  
Under the context of cultural exchange, FBQ Museum brings together the treasures of the museum owned collection in order to promote mutual understanding, recognition and appreciation between Qatar and India. Composed of five main topics, including community, trade, arts, food and incense, the exhibition takes one on a journey to explore the rich and diverse Indian cultures, the long historic links between Qatar and India, and cultural similarities between Qatar and India.

**ISC Skipping Rope Open Championship**  
**WHERE:** Ashoka Hall, ICC  
**WHEN:** June 15  
**TIME:** 11.00am – 1:30pm  
Indian Sports Centre under the patronage of Embassy of India is organising Third edition of ISC Skipping Rope Open Championship - 2019 for Speed Hop and Speed Endurance competitions. Categories, include Under –12 (Boys and Girls), Under –18 (Boys and Girls) and Adults (Men and Women) - Above 18 years. Entry is free. Championship is open to all Indians and students of any nationality studying in Indian Schools. Last date of entry is June 11. For further details, yoga.iscdoha@gmail.com or 55824194/55956008.

**Ballet Lessons**  
**WHERE:** Music and Arts Atelier  
**WHEN:** Ongoing  
**TIME:** 4pm – 6pm  
For more info e-mail at registration@atelierqatar.com or call on 33003839.

**Career Guidance**  
**WHERE:** Right Track Consultants, Al Sadd  
**WHEN:** Sunday – Thursday  
**TIME:** 6pm – 8pm  
Career guidance for course, country, college and entrance for students of Grade IX-XII, of all curriculum. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 5544835.

**Arabic Calligraphy Workshop**  
**WHERE:** Saturday – Wednesday  
**TIME:** 6pm  
Arabic Calligraphy workshop is back. Come and learn the artistic practice of Arabic handwriting and calligraphy at Music and Arts Atelier. The lessons will take place every Saturday, Monday and Wednesday at 6pm. For more information, contact registration@atelierqatar.com

**Dance and Instrument Classes**  
**WHERE:** TCA Campus, Behind Gulf Times Building  
**WHEN:** Wednesday – Monday  
Learn the movements of dance styles in Bollywood, Hip Hop and also the musical instruments such as Piano, Guitar, Keyboard for adults as well kids and move in the world of music. For details, contact 66523871/31326749.

**After School Activities**  
**WHERE:** Atelier  
**WHEN:** Ongoing  
Music and arts activities for students taking place after they finish their day in school includes Group Music lessons, Hip-hop, Ballet, Drawing and Painting, Drama Theatre & Taekwondo. Ages between 5 and 10 years old after school hours.

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Compiled by Nausheen Shaikh. E-mail: gtlisting@gmail.com, Events and timings subject to change.
"I really think beauty is what beauty does"

— Dia Mirza, actress and environmentalist

It is my mission to be able to advocate on the necessity for India to become absolute and total champion of climate action.

LIFE PARTNER: Dia Mirza tied the knot with her long-term beau Sahil Sangha, Bollywood director and producer, in 2014.
“More than anything else (the #MeToo movement) has given a very powerful message to women, which is that you DO NOT need to accept being mistreated at the work place, you DO NOT need to be sidelined. I think that in itself is very empowering”

By Muhammad Asad Ullah

Dia Mirza is all set to make her web-series debut with Kaafir that is scheduled to release on June 15 on Zee5 Global.

Dia essayed the role of Manyata Dutt in Sanju, a biopic on Sanjay Dutt. Two decades in Bollywood. What's changed?

OMG! So much. I was very young when I started out and I think I had very little understanding of how I wanted to use my voice and what I wanted to do with it. Now, I think it has become abundantly clear to me than ever before. I think that is the stand out juncture between the person who started out at age 19 and to the person whom you're speaking to right now.

Do you think web-series are somehow taking over the place of conventional cinema?

I don't think that is possible but I do believe that these platforms are giving much more moved imperative to the story tellers — without the conformities and with absolute freedom and devoid of the pressure of box office and relationship. These platforms are breaking all the loose end stereotypes and giving more people an opportunity who want to tell true stories and the stories they believe in. As an actor because I do know when you’re doing a film together there are so many permutations and combinations one has to worry and think about, that web series doesn’t demand of us. In web-series you just need to make sure you’re telling the story you want to tell. In a happy world, we would like to believe that the box office is the same for story tellers and actors but unfortunately, the economics of the box office hinders the freedom.

You've been very selective about the kind of scripts you choose. Is there any mantra to it?

I find myself in a place where I believe that one has to give their voice to do something substantial. What drove me to work every day and have motivated, inspired and driven me all these years was being aligned with the voice that echoes everything I want to hear and express to the world. Many of my earlier choices were driven out by fear — the fear of losing out, fear of being out of mind and sight, fear of rejection... so many fears. When you evolve and mature, you realise and recognise that fears only handicap you when you really can go out there and do something with yourself.

Why Kaafir?

Kaafir is one of the most powerful, relatable story I’ve been exposed to as an artiste. It is everything that I hope for in the world. It is beautifully written, so nuanced, has so much gravitas and is so relatable and recognisable. The spirit of humanity that it has is just so compelling that...
I had to be a part of this story. When I met the producer and he narrated me just one line of the story, I was like I have to tell this story to the world. And then of course when I read the script, I was blown away by it. I consider myself privileged to have had the opportunity to play this part and embody the spirit of Kainaz, not because it was the right thing to do but I believe because it was the only way one could’ve done it. Perhaps, the first part in my career, that has compelled me at such deep human level, influenced my pursuits to become the part of the story as opposed to the actor part.

Are there beauty secrets lying somewhere in the corner that other aspirants could make use of?
I really think beauty is what beauty does. So much of how we choose or think, is how we look. So, I have always maintained that the primary focus is to align my mind space in the best way I can and then of course some regular exercise helps. A good natural vegetarian and fruit diet also helps. Look, I’m giving you all the secret answers! Diet, exercise and managing your mind space really really determines how you look.

What issues are the closest to your heart? Is there something that you have found more fulfilling doing than what has made you famous?
Planet and people. When I say planet, I mean all encompassing it, including children, health and environment. The planet is my primary concern.

You’re UN Environment Goodwill Ambassador for India, so how do you plan on bringing about change?
There’s such a strong disconnect between the signs (of environmental degradation) and the people. And that people don’t have access to the signs. I myself have been struggling to make these signs accessible to people, and when they are, it’s going to affect policies, law and just how our government works.

I don’t believe it (#MeToo in India) was in vain at all. I think it triggered consciousness, understanding and education which I think was the most important thing it achieved. It is ongoing, it not going anywhere until there is justice and an equal opportunity. I think this movement would continue. I think because of it many workplaces have become safer. There are many, many companies who have implemented the guidelines, have understood them, but more than anything else what’s done is that it has given a very powerful message to women, which is that you DO NOT need to accept being mistreated at the work place, you DO NOT need to be sidelined. I think that in itself is very empowering. This whole tradition of silence has been broken and that is a remarkable transformation.

I simply love Kainaz and Kaafir as much as I loved playing a part in it. Any message for your fans in Qatar?
I want everybody to watch Kaafir. It has been an amazing journey and means so much to me. People would get to see a side of me they never have. I simply love Kainaz and Kaafir as much as I loved playing a part in it.
KBF organises its Annual General Body Meeting

Kerala Business Forum (KBF) of Qatar recently organised its Annual General Body Meeting at Skill Development Centre, New Salata. Abdulla Theruvath, past president of KBF, presided over the event. Varghese, past general secretary, presented an annual report. P N Baburajan and A P Manikantan also spoke on the occasion. KBF also elected its new management committee. The new office bearers include K R Jayaraj, President of KBF; Jenny Antony, Vice President; Shaheen Muhammad Shafi, General Secretary; Fazil Hameed, Joint Secretary; and Sabith Saheer, Treasurer.

Hyundai NEXO named a ‘game changer’

The Hyundai NEXO Fuel Cell vehicle has recently been named as a ‘game changer’ at the annual Autocar awards, in recognition of its trail-blazing zero emissions hydrogen fuel cell technology, stated a press release. Skyline Automotive WLL, is the official distribution partner of the Hyundai Motor Company in the State of Qatar.

Mark Tisshaw, Editor of Autocar, said, “Hyundai has become a world leader in advancing alternative fuel technologies, and developing them to production maturity before its rivals. Hot on the heels of its Kona Electric — arguably a game changer itself — Hyundai has quickly launched NEXO, a new, hydrogen-powered SUV you can buy right now. Actually, it’s the latest of several generations of hydrogen fuel cell Hyundais, launched while most car makers are still years behind.”

NEXO’s fuel cell electric powertrain offers the latest in fuel cell electric vehicle technology, with increased performance over its ix35 Fuel Cell predecessor. An on board electric motor produces 163PS, drawing power from an under-bonnet fuel cell stack, which combines oxygen from the surrounding air with hydrogen from NEXO’s high-pressure storage tanks. The result is electricity to power the motor and charge the battery, and water vapour, which harmlessly exits through the exhaust. With full tanks of hydrogen on board, NEXO is capable of travelling 414 miles (WLTP), before being able to refuel in just a few minutes.

Outside of its environmentally friendly powertrain, NEXO also has an advanced air purification system which filters 99.9% of very fine dust (PM2.5). The vehicle shows the exact amount of air purified on the display panel in the car. NEXO has also been independently awarded the UL Bio Environmental Seal for the use of bio fibres from sugar cane waste and vegetable plasticisers in the headliner and carpet areas, bio plastics from sugar cane and corn waste in door, seat, pillar and console trims and bio paint extracted from rapeseed and soybean oils for the dashboard and centre console.

The Autocar ‘Game Changer’ awards are handed to cars that bring new, higher standards to a hard-fought class, or for defying conventions to bring unexpected benefit for buyers.

ILPG marks 15th anniversary

The International Ladies Pot Luck Group (ILPG) recently celebrated its 15th anniversary at the JBK Compound Clubhouse. Over 80 ladies, representing over 15 different countries, dressed in their national costumes, attended the event. Haruhi Otsuka, wife of the ambassador of Japan, was the guest of honour and welcomed the gathering. All the ladies, attending the event, brought a culinary dish typical of their home country for the sharing table. The event featured various traditional dances and performances. Rusandie Lawrence from the Dinu School of Dance represented Sri Lanka on the occasion.

The Indonesian Puspa Qinarya Dance Community performed Legong Kupu, a Balinese dance, at the event. Padma Singh performed Ghoomer, a traditional folk dance of Rajasthan, India, and the members of Japanese Kimono Club put on a ‘Cherry Blossom’ Kimono fashion show at the event. The event was concluded with Indian bhangra dance, led by Bhavna. Along with the traditional dance performances, the event also included raffle prizes given out by the sponsors, including Qatar Airways, Salami Store, Sawasdee Thai Spa, Bellezza Salon, Sawasdee Thai Restaurant, Radisson Blu Hotel, Rotana City Centre, Oryx Rotana Hotel and Oriental Carpets.
Question: My father, who is 68, just started treatment for bladder cancer. He’s been a smoker since his 20s, and his oncologist is strongly encouraging him to quit. It seems like trying to stop smoking now, while he’s going through chemotherapy, will just add more stress to a tough situation. Is this really the best time to work on his smoking?

Answer: Thank you for your question. I appreciate you sharing this information about your father. Now is an ideal time for your father to stop smoking. Quitting smoking in the face of a cancer diagnosis can have many advantages, including the potential for better treatment outcomes, reduced risk of cancer recurrence and improved overall health. In addition, your father will have a reliable source of support in his care team that he can turn to as he works through the process of quitting smoking.

The link between smoking and lung cancer, as well as head and neck cancers, has been clearly established. Smoking has been implicated in other types of cancer, too, including bladder and other gastrointestinal cancers, such as cancer of the stomach, kidney, pancreas, colon and rectum. Quitting smoking after being diagnosed with one of these cancers can lower the risk of the cancer coming back after treatment. It also reduces the risk of developing another type of cancer in the future. Quitting smoking can dramatically improve heart and lung health.

Why you should quit smoking even after a cancer diagnosis

Quitting smoking after being diagnosed with cancer can lower the risk of the cancer coming back after treatment. It also reduces the risk of developing another type of cancer in the future.
An old hibiscus has The Garden Guy under a magical spell this year for a couple of reasons. Now when I say old, I’m not talking about a specific plant but a variety, Fiesta, that made its debut 53 years ago. It is incredible that major suppliers are still producing Fiesta after all of the countless new varieties that have made their debut in the last half-century. When I look at it, I am flooded with happiness. It is like my trip to Bora Bora or Tahiti. This is a vacation packaged as a plant. Fiesta seems to always be showing multiple colours.

Consider the descriptor on the Monrovia web site, “A sensational tropical shrub with large, exotic colour-changing blooms. The showy flowers have bright orange petals with crinkled edges and quickly change after opening, developing softer golden margins and a white centre, with a blush red eye.”

We have Ross Gast to thank for this hibiscus; registering it back in 1966. I wish I could have known him. He was one of the founders of the American Hibiscus Society. He was an explorer and a scientist, a reporter and a writer, and so much more. If you knew him, write to me and tell me what he was like.

The Hibiscus rosa-sinensis that we affectionately call the Chinese hibiscus or the Hawaiian hibiscus, and is the national flower of Malaysia, has never been found in the wild. Ross Gast made 3 great journeys trying to piece the genetics together like a hibiscus puzzle.

Thankfully, he wrote letters that were assembled into a book called Hibiscus Around the World by Ross Gast. Immediately upon reading some of these, I felt like he was my friend. If you love hibiscus, you were his friend, even if you never met.

His writings remind me of Dr. David Fairchild, the great USDA Plant explorer, of whom Fairchild Tropical Gardens was named. He was also the founder of the property or site now called the Coastal Georgia Botanical Gardens in Savannah where I retired as director.

In reading Fairchild’s letters and Ross Gast letters one quickly realises it was these letters, these journals, the recording of what they saw, found or whom they met that was so vital. If you are keeping a journal of your garden, flowers, butterflies or birds seen, you too are creating a rare and priceless document.

Many times, I have written about a hibiscus that, to be honest, has been rather hard to find. If your local garden centre doesn’t have Fiesta, type it in on your favourite search engine and you’ll soon be growing your own.

If you love hibiscus, Ross Gast was your friend and you can relish in the fact that he left us a prized jewel for the landscape, porch, patio or deck. Let the Fiesta begin.

– TNS
Lessons from a date palm tree

Literature is the mirror of our society – it reflects dynamics of the people and the environment in which they live in. For a keen scholar, literature sometimes is most conspicuous in the ordinary things, and can simply be manifested in our surrounding. However, one must be ready and willing to see how life unfolds within our society, and the lessons deduced from the relationship and interaction of various aspects of the society.

A date palm tree is an embodiment of human life experiences; it’s a classic representation of perseverance in the midst of struggle towards being positively impactful to the society. This tree, viewed from the lens of a keen literature scholar, is a proof that tough times don’t last, but tough people do. Growing in the harshest climatic conditions, date palm trees always deliver a bumper harvest of dates that are a darling to many people. The trunk and stem of this plant are subjected to routine pruning, leaving it scarred, unstable and vulnerable – all this aimed at ensuring it doesn’t lose water, a paramount component for its survival. Eventually, the tree is successful, and the fruits it all strived for are visible to everyone.

Metaphorically, life is a date palm tree. The fact that dates are born through a bruising and laborious process explains why success in life doesn’t come on a silver platter, but rather through a painstaking journey that is characterised by scars, failure and moments of turbulent storms.

Therefore, success and good things in life are epitomised by scars and struggle. Nothing good comes with ease; good things are expensive. Young people have been said to want to get rich quickly because the world today seems to praise wealth, as opposed to means of acquiring wealth. With that regard, next time you come across a date palm tree, pause, observe and learn a lesson or two.

— Photos and text by Polycarp Maina

Fresh and Dried Dates Nutrition Facts

1. Good pre-workout energy source
2. Low on the glycemic index
3. Source of good nutrients: fiber, magnesium, vitamin B6, iron
4. Helps reduce chronic pain
5. High in fiber & protein
6. A natural sweetener
The mega tennis tournament

By Sami Al-Ibrahim

First he will touch his shorts, then stretch his left shoulder, touch his left ear, brush his right ear, then finally brush his nose and touch his left ear again. And then, of course the most obvious, his insistence on picking hiswedgie before every serve.

Bonjour! All eyes in the tennis world will be on the crushed red bricks of Roland Garros today.

Rafael Nadal is kind of odd. I say that not as a criticism, but more of bricks of Roland Garros today.

And then, of course the most prevalent than in non-clay court rallies and drop shots being more prevalent than in non-clay court tournaments.

It is also 20 years since the golden couple of tennis – Andre Agassi and Steffi Graf – won French Open titles between 1992 and 1993. How are they connected to the winner of the Men’s Singles competition at Roland Garros?

La Coupe des Mousquetaires or The Musketeers’ Trophy is the trophy awarded to the winner of the Men’s Singles competition. It is supposed to symbolise the victories of these four famous French tennis players, who together make up the ‘Four Musketeers’.

When two sets are lost to love, it is sometimes called a “double bagel”. Who won the only 6-0 6-0 Grand Slam singles final of the Open era?

Steffi Graf beat Natasha Zvereva 6-0 6-0 in the 1988 French Open final. The match lasted just 32 minutes, which remains the quickest Grand Slam final.

Monte-Carlo forms a triad of clay Masters tournaments, with the others being held in Rome and Madrid. In which year did Rafael Nadal sweep them all before going to the clay of Roland Garros and winning the title?

2010.

In 1990, both the men’s and women’s champions at Roland Garros were still under 18 – the only time this has ever happened in a Grand Slam. Who were the winners?

Michael Chang and Arantxa Sanchez Vicario were both still 17 at the time.

Anderson Cummins is only the second player to represent two different teams in the World Cup (West Indies 1991-92 and Canada 2007). Who was the first?

Kepler Wessels who played for Australia in 1983 and for South Africa in 1991-92. A close call was Graeme Hick, who played for England in 1991-92, 1995-96 and 1999, and was in the Zimbabwe squad for the 1983 World Cup but did not get a game.

Forbes magazine called him the ‘Picasso of India’. He never attended any school in early days as a painter and instead used to paint cinema posters to earn money. He made feature films, like ‘Through the Eyes of a Painter’ and ‘Goajamini’, the former winning the Golden Bear Award at the Berlin Film Festival.

Some of his works are currently on display at ‘The Horses of the Sun’ exhibition at Mataf, Arab Museum of Modern Art in Doha. He died as a Qatari national at the age of 95 on this day (June 9) in 2011. Identify him.

M F Hussain.

Name the hot-headed anthropomorphized animated character, with ‘Fauntleroy’ as his middle name, and often a victim of exceptionally bad luck. He first appeared on the silver screen on June 9, 1934, in the animated short film, The Wise Little Hen, dancing to the Sailor’s Hornpipe. He is actually believed to be at least partially colour-blind.

Donald Duck.

What mountain on the earth is closest to the Moon? After all, tomorrow is another day!” is the last line from which movie that won the Academy Award for Best Picture in 1939?

While Mt. Everest has the highest altitude in terms of sea level on the planet, because of the equatorial bulge Mount Chimborazo is the closest to the moon.

Identify the ongoing event from the logo below.

(Answer next week. Answer to last week’s photo-quiz: Steve and Mark Waugh.)
Wordsearch

Y C F E Y R H E J E A Q B G T
N A C R G B Y N K C N WAZ G
V L N D W N L A Y U N O P X T
A I J N H G A U R P E L U R B
K L A B F S Z R E G I L R L U
N L Q T U R Q U O I S E P B T
I Y H O G D M P N P C Y L V R
P A R I N C L C R T Z E C G
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G E D K C R I M S O N Q O E F

AQUA BLUE EMERALD
GREEN MAGENTA ORANGE
PURPLE TEAL YELLOW
BEIGE CRIMSON FUCHSIA
JADE MARIGOLD PINK
RED TURQUOISE GRAY
BLACK ECRU PUCE
LILAC MAUVE
SIENNA WHITE

Codeword

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

![Codeword puzzle image](image)

Garfield

I SERIOUSLY DOUBT THAT GARFIELD IS CONSPIRING AGAINST YOU

OH, GOOD

THAT PUTS MY MIND AT EASE

UNLESS I TOLD HER TO SAY THAT

![Garfield comic strip image](image)

Sudoku

Sudoku is a puzzle based on a 9x9 grid. The grid is divided into nine 3x3 boxes. You are given a selection of numbers and to complete the puzzle, you must fill the grid so that every column, every row and every 3x3 box contains each number exactly once.

![Sudoku puzzle image](image)

Bound And Gagged

WE MIGHT HAVE TO SPRING FOR THE REAL THING.

![Bound And Gagged comic strip image](image)
Super Cryptic Clues

Across
1 Deep sort of truss developed in Lincoln (8)
5 Song of the proletariat? (4)
8 Name change for Dolly (5)
9 Tumbler and bottle-opener held by a European (7)
11 Boxer, perhaps, went up for flower (3,4)
12 Nimble soldier gets in drink (5)
13 Robber didn't allow it, we hear (6)
15 Good landlords providing spirits (6)
18 Bones broken in Capri (5)
20 One candle put out in this country (7)
23 Snag at home somewhere in Hertfordshire (7)
24 Undergarments - little bloomers? (5)
25 Some of the president's team (4)
26 Row about empty school in Yorkshire town (8)

Down
1 Was sick girl set up? (5)
2 Legions ordered to find liqueur (4,3)
3 It shows what cowboys can do with a few bucks (5)
4 Humiliated PM's predecessor kept in outhouse (6)
6 Religious leader not finishing talk (5)
7 The man's composing songs (7)
10 Fish in Polperro, a chub? (5)
13 God help us if we listen (7)
14 Nationality of flag on top of hotel (5)
16 Salesman's talk about a new dog (7)
17 Girl getting up after six in capital city (6)
19 Highly regarded after a tedious part (5)
21 Uncommon sense in a German city (5)
22 Princess, bashful but very attractive (5)

Codeword

Wordsearch

Yesterday's Solutions

Answers
Ingredients you need to look for in your beauty products

It is always important to see what ingredients beauty products have before you apply them on yourself. Always look for antioxidants and paraben free products to keep your skin healthy and glowing always, say experts.

Chiranjiv Chhabra, Director and Consultant Dermatologist at Skin Alive and Pankaj Chaturvedi, MD Director, Consultant Dermatologist and Specialist Hair Transplant Surgeon, MedLinks have suggested ingredients to look for in beauty products.

- Antioxidants: It is highly recommended to use products with antioxidants as they protect skin by limiting the production of free radicals, which can damage skin cells. They repair skin damage and also slow down signs of ageing.
- Paraben free: Parabens are common cosmetic ingredients that cause a reduction in collagen, a protein that makes up a good portion of our connective tissue and bring out a youthful and healthier skin.
- Sulphate free: Sulphates are detergents that have the ability to take away the skin’s natural oil balance. Hair and skin products that contain sulphates can be harsh, resulting in dryness and irritation, hence must be avoided.
- Retinol: Retinol is derived from Vitamin A and has anti-ageing benefits for the skin as it can reduce the appearance of fine lines and wrinkles. It can also refine the surface of the skin and bring out a smooth texture.
- Hyaluronic Acid: Hyaluronic acid (HA) is naturally produced in our skin and its concentration constantly decreases as we age. HA holds the water in the skin, keeps it soft, hydrated and plump. As we age, due to reduced HA, skin becomes dry, lustreless and wrinkled. Skin care products containing HA are often used with vitamin C for better results.

Vitamin C: Vitamin C contributes to photo protection, decreases sun damage, and is needed for adequate wound healing. Topical application of vitamin C (ascorbic acid) appears to be an effective route for delivering ascorbic acid to the skin because ascorbic acid appears to be taken up readily as an acidic ph. - IANS

ARIES
March 21 – April 19

The fantasy world that you’ve built for yourself is a pleasure, Aries. People frolic in it and have a grand time. Your presence delights people. Today, however, this world may be threatened by harsh realities that are coming in the form of electronic information. This force is powerful and apt to be erratic and spontaneous. Be prepared to stand your ground.

CANCER
June 21 – July 22

You’re apt to feel a bit wilder today, Cancer. There’s a wave of powerful energy working to strengthen your ego and self-confidence. Use this boost to the best of your ability. You will need it. There is a strong, fact-oriented force working to combat your aims, confidence. Use this boost to the best of your ability. You will need it.

LIBRA
September 23 – October 22

You may be seduced by fantastic promises that offer wonderful rewards. Beware of lots of bells and whistles, Libra. There may be a great deal of talk but not much to substantiate such wonderful claims. Don’t be surprised if people with intense emotions are stepping up to add their opinions about how you should run your life. Don’t forget who’s boss.

TAURUS
April 20 – May 20

It may be difficult to stay grounded today with all the information flying around and all the emotion roiling in your heart. Try not to take things too seriously, Taurus. This is the key to maintaining a level head today. Approach the day with passion and take care of any investigative work that needs doing. There are important facts coming from unexpected sources.

LEO
July 23 – August 22

A good tactic today would be to convert your fears to motivation for positive action. You have a great deal of energy at your disposal. Leo. Don’t waste it. Be aware that it’s one of those situations when the smallest comment or insult may set off a chain reaction of misinformation. People are emotionally charged, so be careful where you step.

SAGITTARIUS
November 22 – December 21

Sagittarius, don’t be surprised if some of your fantasies and dreams are put on trial by a harsh force that cuts right to the truth of the matter. People may be extra passionate, and most aren’t going to be impressed with unrealistic plans. You can try your normal approach of simply ramming straight ahead with your plans, but a better approach might be to think first and be more strategic.

SCORPIO
October 23 – November 21

People are apt to be quite emotional when it comes to the image they wish to project today, Scorpio. Be careful where you step. It’s your job to see through the trendy makeup and fashion that hide the true personalities of the people who insist on wearing these masks. The key is to not be fooled by those who hide behind a facade built by society.

VIRGO
August 23 – September 22

You may be pushed around by two very powerful camps today, Virgo. Since you’re the kind, diplomatic, and sensitive type, you make the perfect target for the more abrasive and opinionated. You may want to side with the cold, hard facts presented to you, although there is a great deal of emotional power working to stir up the pot. Things may not be as clear as they seem at first glance.

AQUARIUS
January 20 – February 18

Be careful to not be too cavalier today, Aquarius. It would be wise to adopt a more serious tone than usual. You might be inclined to say words carelessly, but people are going to take you literally. Make sure you mean what you say. Your attention to fashion and pop culture may conflict with a force that’s asking you to focus on things of deeper spiritual value.

PISCES
February 19 – March 20

You have the sensitivity to pick up on what’s going on in every situation today, Pisces. Powerful emotions may conflict with extremely strong opinions. Welcome to the battle between the head and the heart! On this day you may be more apt to side with the heart. Realize that this arena is heated and that the forces around you are extremely stubborn.

All horoscope content is generated by IANS
The fall of stand-up comedy shows on Hindi TV channels

By Simran Sethi

Stand-up comedy, a major attraction on entertainment channels just a few years back, has virtually disappeared from TV and is sprouting on the platform of Internet. After The Great Indian Laughter Challenge in 2017, it’s hard to recall any stand-up comedy show of significance telecast on any Hindi TV channel. While it is being missed on TV channels, the urban youth is getting its dose of humour with comedy shows and channels on the Internet.

There are comedians Kunal Kamra, Zakir Khan, Atul Khatri, Varun Grover and of course, Vir Das, Hasan Minhaj and the like, who have become the millennials’ favourites with their content which has got a platform via social media, live concerts and shows on OTT platforms or on YouTube.

Comedian Abhishek Walla, winner of the fifth season of stand-up comedy reality show The Great Indian Laughter Challenge, finds “lack of innovation” and “censorship” the main reasons behind the downfall of stand-up comedy on the Hindi small screen.

“StarPlus’ tagline says ‘Rishta wahi, soch bhi wahi’. I understand there is a pressure on production houses and they have certain policies, but I was asked to prepare fresh scripts after his act on Modi got rejected. Shyam Rangeela was stopped by ‘production houses are not ready to bring change’ in the format of the shows, especially stand-up comedy shows. You can’t even say ‘kutta (dog)’ while performing acts on TV. And if you are planning to make a joke against the government, makers will cancel your stint,” Walla said.

Abhishek finds lack of innovation and censorship the main reasons behind the downfall of stand-up comedy. His experience two years ago.

Shyam Rangeela was stopped by StarPlus from mimicking Prime Minister Narendra Modi and Congress President Rahul Gandhi on the show. On a short notice, he was asked to prepare fresh scripts after his act on Modi got rejected.

Walla said: “I understand there is a pressure on production houses and they have certain policies, but with time, comedy has evolved and one can’t serve the audience the same thing. Comedians should be given freedom to express in acts.”

Shows like Acting Ki Funshala, Comedy Circus, Punjab Di Chak De and Mazaaq Raat were once popular. It was almost a daily dose of comedy. But as far as the current scenario is concerned, it is only The Kapil Sharma Show that pops up in the mind. And that too cannot qualify as a proper stand-up comedy show as a major part of it involves a chat-with-celebrities format.

Actress Archana Puran Singh, who is currently a part of comedian Kapil Sharma’s show and has judged several comedy shows in the past, said: “A higher level of stand-up comedians is required, and the number of people who can do that level are not many.

“That is why stand-up comedy shows are less on TV. Television holds on to masses. What comedians are doing on the Internet is quite westernized. They appeal more to English-speaking people. If you have to survive on TV, it is a must to appeal to masses. Therefore, comedians who appeal to masses can go a long way on television and Kapil Sharma is one of them.”

Comedy is considered a difficult genre. Is that also a reason why TV channels are no longer interested in the risk-taking business and want to play safe?

IANS tried to contact officials of multiple channels, but they refused to comment.

Comedian Chandan Prabhakar said the “difficulty level” is one reason why there are less number of stand-up TV comedy shows.

“Comedy is a tough subject to do. Everyone can’t do comedy. You can find a dance school or music school, but you cannot find a comedy school. No one can teach you comedy,” added Chandan, who made his TV debut with The Great Indian Laughter Challenge season 3. He is now working with Kapil on his ongoing show.

There’s still hope for the return of stand-up comedy on TV. Sunil Pal, one of the small screen’s favourite comedians, says the Internet cannot make everyone laugh.

“There are many people who do not even know what Internet is. They still binge watch shows on their TV set. There are people who still wait for 9 p.m. to watch their favourite shows on TV. ‘TV has its own magic...I wish channels start creating more comedy shows for TV audience as it will also help comedians in getting more opportunities to spread their humour and in gaining face value,” he said. – IANS

Rihanna named world’s richest female musician by Forbes

Singer Rihanna has been named as the “World’s Richest Female Musician” by the Forbes magazine with an estimated fortune of $600 million with the bulk of that coming from her Fenty beauty range.

She’s overtaken Madonna and Beyonce, who previously topped the list, the BBC reported.

You could be forgiven for forgetting Rihanna even makes music – her last studio album Anti came out in 2016. However, the 31-year-old has been putting her efforts into her beauty, lingerie and clothing ranges.

Rihanna – real name Robyn Rihanna Fenty – launched Fenty Beauty in September 2017 and it’s estimated it racked up sales of $100 million in its first few weeks. The Forbes estimates that the company generated $570 million last year.

Experts say Rihanna’s invested her money wisely.

“Globally the entire beauty industry is worth $480 billion – in 2018 the UK market was valued at $17 billion,” said Hannah Symons, Global Beauty Manager at Euromonitor International.

Rihanna’s job is to track the growth of the beauty industry – looking for trends.

“Rihanna’s success clearly doesn’t come off the back of the music although that’s how she initially gained fame.

“It’s all about her relevance and how she resonates with customers online. She’s very connected to her fans through social media and she’s always updating them on the newest products and things like launch dates,” Hannah added.

As well as her beauty range, Rihanna also has a lingerie line and recently made history by becoming the first woman to have a clothing range with French company Moët Hennessy Louis Vuitton (LVMH).

Hannah thinks part of Rihanna’s success is she’s appealing to a very wide audience.

“A lot of the people buying her products are not people who were buying her music. Rihanna has been around for 15 years but the people buying her products are aged 16-19, so wouldn’t have been around when she started making music.

“And it’s not just because she caters for darker skin tones either, she also caters for people at the paler end of the spectrum. And it’s this inclusive element that makes her stand out.

Hannah said she’s also been wise partnering with a high street retailer, making her products more accessible. – IANS
Armaan Malik enchants music lovers with melodious voice

By Mudassir Raja

The young and rising Bollywood singer enthralled music lovers of Doha with enthusiasm and melodious voice at the Ali Bin Hamad Al Attiyah Arena on Thursday night.

Armaan Malik, a 23-year-old playback singer, entertained thousands of people at the Arena where people from all and sundry were present. Families, children and young people were present in large numbers.

The youth danced and clapped with the music tunes and voice pitch of the singer. Armaan sang for over two hours and the majority of the audience kept still till the end of the show. The people seemed to really love the “The Prince of Romance” as the singer is famously called by his fans on social media.

The musical event became very special for the singer. It was his first ever live concert in Qatar. The concert was the 100th event organised by Doha Waves, the group known for bringing Bollywood music to Doha. The most special thing about the performance was that it was organised on the auspicious occasion of Eid al-Fitr.

“I am super excited to be here for my first show. I wish you all a very happy Eid. It is also special for the organisers as they scored a century of their successful events in Qatar. I wish them every success in future,” Armaan said when he stepped on the stage that sparkled under the colourful and beaming lights.

Some of the famous songs that Armaan sung during the concert were; Bol Do Na Zara, Sab Tera, Main Hoon Hero Tera, Jab Tak.

The concert was started with a dance performance by a dance group of expatriate Indians. The dances on the tunes of famous Bollywood songs set the stage for the following singing performances. Two local Indian singers also sang before Armaan took over the stage.

For some people in attendance, the musical show was like a puff of refreshing air in the hot summer evening in Doha. Others, however, believed that the performance got a moderate success as people expected more songs from Armaan in South Indian languages. Subramanya Hebbagelu, an active Indian expatriate associated with benevolent works done under the umbrella of the Indian embassy. He attended the concert with his family. He said: “The performance was great in the sense that the majority of the people had not many expectations from the young singer who was coming for the first time to Doha. However, when we attended the concert it showed us that Armaan really is a good singer and is fast becoming a star.”

He added: “The number of the audience was not as high as expected by the organisers. The numbers could have been much better, if there had been aggressive marketing. Many people in the community shared with me that there was not enough marketing for the concert. Further, we have learnt that the young singer had already sung songs in many South Indian languages. He, however, sang only songs in Malayalam. He should have sung more South Indian songs as the majority of Indian living in Qatar come from the southern states.”

“I am super excited to be here for my first show. I wish you all a very happy Eid. It is also special for the organisers as they scored a century of their successful events in Qatar. I wish them every success in future”

– Armaan Malik