In love with math

Raka Singhal will retire from Qatar Academy Doha next week, but insists she has at least 10 years more left in the tank. P4-5
PRAYER TIME

<table>
<thead>
<tr>
<th>Time</th>
<th>Manual</th>
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<tbody>
<tr>
<td>Fajr</td>
<td>3:16am</td>
</tr>
<tr>
<td>Shorooq (sunrise)</td>
<td>4:46am</td>
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<tr>
<td>Zuhr (noon)</td>
<td>11:32am</td>
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<tr>
<td>Asr (afternoon)</td>
<td>2:57pm</td>
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<tr>
<td>Maghreb (sunset)</td>
<td>6:10pm</td>
</tr>
<tr>
<td>Isha (night)</td>
<td>7:49pm</td>
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</tbody>
</table>

USEFUL NUMBERS

- Emergency: 999
- Worldwide Emergency Number: 112
- Kahramaa – Electricity and Water: 901
- Local Directory: 180
- International Calls Enquiries: 150
- Hamad International Airport: 40106666
- Labor Department: 44508111, 44406537
- Mowassalat Taxi: 44588888
- Qatar Airways: 44496000
- Hamad Medical Corporation: 44392222, 44393333
- Qatar General Electricity and Water Corporation: 44845555, 44845464
- Primary Health Care Corporation: 44933333, 4493363
- Qatar Assistive Technology Centre: 44594050
- Qatar News Agency: 44490205
- Q-Post – General Postal Corporation: 44464444
- Humanitarian Services Office: 40253370, 40253364
- Ministry of Interior: 40253372, 40253369
- Ministry of Health: 40253370, 40253364
- Hamad Medical Corporation: 40253364, 40253365
- Qatar Airways: 40253374

Quote Unquote

“Quality means doing it right when no one is looking.”
— Henry Ford

Community Editor
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Fax: 44350474

Ishq
DIRECTOR: Anorag Manohar
CAST: Shane Nigam, Ann Sheetal, Shine Tom Chacko
SYNOPSIS: The film involves a situation that a love-struck couple gets dragged into, while on a late-night drive.

Two youngsters try hard to find joy after they lose out on love and their need for a mutual trust to sustain love and happiness.

THEATRES: The Mall, Landmark, Royal Plaza

Aladdin
DIRECTOR: Guy Ritchie
CAST: Naomi Scott, Mena Massoud, Will Smith
SYNOPSIS: Young Aladdin embarks on a magical adventure after finding a lamp that releases a wisecracking genie.

THEATRES: Royal Plaza, Landmark, The Mall
Composed of five main topics, including and appreciation between Qatar and India. FBQ Museum brings together the treasures historic links between Qatar and India, and the rich and diverse Indian cultures, the long exhibition takes one on a journey to explore cultural similarities between Qatar and India.

**Events**

**MF Hussain: The Horses Of The Sun**
WHERE: Katara Cultural Village
WHEN: Ongoing till June 10
TIME: 6pm – 4am
The exhibition presents Hussain’s pluralist approach to the divine and cosmic aspects of being, articulated through the myths, symbols and narratives of the world’s religions and philosophies. M. F. Husain: Horses of the Sun bears witness to a recurrent motif in his art, a personal symbol of self-renewal and vitality.

**Katara Drive Thru Festival**
WHERE: Katara Cultural Village
WHEN: Ongoing till June 10
TIME: 6pm – 4am
Join us at Katara Village and enjoy the diverse cuisines at your car step! From first day of Ramadan until Eid holidays starting from 5pm till 2am.

**India to Qatar – Symbiosis of Cultures**
WHERE: FBQ Museum
WHEN: Ongoing till July 31
Under the context of cultural exchange, FBQ Museum brings together the treasures of the museum owned collection in order to promote mutual understanding, recognition and appreciation between Qatar and India. Composed of five main topics, including community, trade, arts, food and incense, the exhibition takes one on a journey to explore the rich and diverse Indian cultures, the long historic links between Qatar and India, and cultural similarities between Qatar and India.

**Ballet Lessons**
WHERE: Music and Arts Atelier
WHEN: Ongoing
TIME: 4pm – 8pm
For more info e-mail at registration@atelierqatar.com or call on 33003839.

**Career Guidance**
WHERE: Right Track Consultants, Al Sadd
WHEN: Sunday – Thursday
TIME: 6pm – 8pm
Career guidance for course, country, college and entrance for students of Grade IX-XII, of all curriculum. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 55448835.

**Arabic Calligraphy Workshop**
WHERE: Saturday – Wednesday
TIME: 8pm
Arabic Calligraphy workshop is back. Come and learn the artistic practice of Arabic handwriting and calligraphy at Music and Arts Atelier. The lessons will take place every Saturday, Monday and Wednesday at 8pm. For more information, contact registration@atelierqatar.com

**Summer Camp for Special Needs**
WHERE: Step by Step Centre for Special Needs
WHEN: June 30 – August 1
TIME: 8:00am – 12:30pm
During this time, all therapists and teachers will be working together, running individual, peer and group sessions within classes. The children will continue learning age-appropriate concepts, work on social skills, life skills training, arts and crafts, music, and fun activities such as water play.

**Artistic Gymnastic Classes**
WHERE: Qatar Academy Msheireb
WHEN: Ongoing
TIME: 3:15pm – 4:15pm
The olympic sport using horizontal bar, rings and floor exercises on mats for the children from age 4 till 16.

**Music and Arts Atelier**
WHERE: TCA Campus, Behind Gulf Times Building
WHEN: Wednesday – Monday
Learn the movements of dance styles in Bollywood, Hip Hop and also the musical instruments such as Piano, Guitar, Keyboard for adults as well kids and move in the world of music. For details, contact 66523871/31326749.

**Dance and Instrument Classes**
WHERE: Atelier
WHEN: Ongoing
Music and arts activities for students taking place after they finish their day in school includes Group Music lessons, Hip-hop, Ballet, Drawing and Painting, Drama Theatre & Taekwondo. Ages between 5 and 10 years old after school hours.

**Hobby Classes**
WHERE: Mamangam Performing Art Centre
WHEN: Wednesday – Monday
Mamangam Performing Art Centre, is a holistic performing arts institution and a one stop solution for adults as well as children looking to explore their talents in various art forms. We offer classes in contemporary, Bollywood, hip hop, Indian classical dance, music (Hindustani and Carnatic), arts and craft, karate, yoga, percussional (Chenda, Thimila, Elathalam and Madhalam), violin, harmonium, public speaking. Additional services include dance education, choreograph music videos and dance cover albums, choreograph dance musical projects, corporate workshops and events, choreograph events for schools, colleges, alumni meets and corporate and choreography events. For details, call 33897609.

**After School Activities**
WHERE: Atelier
WHEN: Ongoing
Music and arts activities for students taking place after they finish their day in school includes Group Music lessons, Hip-hop, Ballet, Drawing and Painting, Drama

**Compiled by Nausheen Shaikh. E-mail: gtlisting@gmail.com, Events and timings subject to change**
“Mathematics is everywhere in life”
– Raka Singhal, teacher

If given a chance, I would love to teach mathematics again. I see the beauty in it. It gives me pleasure. It makes so much sense.
Raka Singhal, MSc and MPhil in Mathematics, will retire from Qatar Academy Doha where she has been teaching for last 10 years on June 3. She has earlier taught at Doha College for 14 years from 1993 to 2007. She was with Park House English School for a year from 2007 to 2008. During her stint with Doha College, she taught His Highness the Amir Sheikh Tamim bin Hamad Al-Thani, HE Sheikha Al Mayassa bint Hamad bin Khalifa Al-Thani and HE Sheikha Hind bint Hamad bin Thani.

Raka never thought that the time to retire would come. The teacher who has loved going to school and teaching mathematics recently sat with Community to share her long journey and experience.

Introducing herself, Raka said: “I am originally from New Delhi, India, but I am a Canadian citizen. My husband Brij Singhal is a chartered accountant. I have two sons, both working in the US. I got my MPhll in 1981 from the University of Delhi and MSc in 1979 from Miranda House College. I taught for a year at the college before I married and moved to Canada with my husband. I worked in Canada for two years till I had my first child. I took 10 years off to raise my kids.

“We then moved to Doha. I joined Doha College in 1993. I left the school in 2007 when my husband got a job in Oman. We spent only three months there and returned. I joined Park House School for a year. Then I joined Qatar Academy. In 2017, I was awarded the distinction of Outstanding Teacher of the School and then, Outstanding Teacher of the District.”

“Qatar Foundation has 60 years as the age of retirement. I was lucky and got two extensions. I do not feel like retiring. I have 10 more good years in me for teaching. You know age dictates and so be it.”

Mathematics is a subject that always came very easy to Raka as a student. “I think I am a very logical person. Mathematics is very logical. There is no grey area. It is either right or wrong. It always made a lot of sense to me. My elder sister is a mathematics teacher in the US. My younger sister is a statistics professor in Delhi University. Both my brothers were very good at mathematics. Both of my sons and all my nephews and nieces are good at mathematics. The genes come from my father. He was very good at mathematics.”

Raka sees her career as a wonderful journey. “It has been absolutely wonderful experience being able to teach a subject that typically students find very difficult. I always get this compliment that I make it (look) so easy. I always tell the students that it is easy when you understand it. I tell them that once you get it, you won’t forget it.”

“When I was taught mathematics in school, we had to learn the proofs of everything. When you do the proofs, you understand mathematics behind it.”

The veteran sees some changes in how mathematics is taught nowadays. “Now, there are electronic devices. There is a lot of dependence on scientific calculators and graphical calculators. I never used a calculator. We had log tables. Even now, I challenge my students all the time. I will tell my students that I will give them 20 numbers to add and use your calculator. I will do it myself. I will do it faster. “Actually, it has been a constant learning experience for me. I also have learnt from my students. They have taught me the use of mobile phone, iPad, snap chat, Facebook and WhatsApp. They know more about technology than we do.”

Raka contends that teachers are still a source of knowledge because they have to explain the method. “No doubt, technology has made things more accessible. (But) I think the interaction is still needed. The teacher is there explaining how and why it is done. I do not think that the method of reverse classroom will work. I think you will always need good mathematics teachers. (It’s just that) new teachers are using new technologies in a better way.”

Sharing her experience of teaching students of over 60 nationalities, Raka said: “You know mathematics does not change. It is a language of its own. The subject does not change. History can change, but not mathematics. It was not different or difficult to teach the students from diverse backgrounds.

“Learning and understanding mathematics depends on individual students. I cannot say that the students from certain countries are good at mathematics. The students can learn it, if they try and put their mind to it. Unfortunately, lots of students give up very easily. They say it is too difficult and they do not want to try. I am a firm believer that everybody can learn it.”

Raka advises the students that they should never give up. “Keep trying till you get it. Once you get it, you won’t forget it. Students should be more inquisitive. They need to take the responsibility of learning too. If someone does not understand it, he or she should ask questions. The sad thing is that some students do not want to try. They should get extra help. Parents need to push children just to do their homework.”

Raka has absolutely loved living and teaching in Qatar. “I got the opportunity to teach the students of so many different nationalities. It is nice to see how they blend together.

“I have been here for 26 years and still counting. Qatar has grown dramatically. It has been an amazing advancement. I have also travelled a lot while being involved with the student councils and the Model United Nations. Doha is home for us. It has the best of both worlds. We have eastern comforts and western facilities here.”

With her life long experience, Raka advises the students to have integrity, persistence, perseverance to be successful.

Cover Story

By Mudassir Raja

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Bunts Qatar organises mega cultural fiesta

Bunts Qatar, an associate organisation of Indian Cultural Centre, under the aegis of the embassy of India, recently organised a mega cultural fiesta ‘Gaana Naatya Vaibhava’, a musical event dedicated to maestros of Indian Cinema, R D Burman and Ilayaraja at DPS MIS Auditorium.

The event was anchored by R J Mayur. Malvika Sundar, Indian Idol Season 9 finalist, along with Nakul Abhyankar, Sare Jahan Se Acha fame, performed at the event along with Drum Manju and his band from Bengaluru India. Energie Dance Crew (EDC) lead by Manish and his team also performed on the occasion.

The event was attended by notable personalities, including Jeppu Chidanand Naik, M Pallonji, Deepak Shetty, President Bunts Qatar, Sooraj Hegde, V S Mannangi, Satish, Ravi Shetty, Navaneeth Shetty, Chandrashekar Shetty, Ramanna Hegde, Ashwin Shetty, Manohar Shetty, Dr Padmashri Shetty, Swaroop Shetty, Nithyanand Shetty, Suprnya Shetty, and Akshini Shetty.

QU Foundation Programme invites presenters to submit proposals

The Qatar University (QU) Foundation Programme has recently invited presenters to submit proposals for its 4th Annual International Conference on English Language Teaching to be held in Doha on December 14-15, 2019. Proposals for papers, panel discussions, workshops, teaching ideas or tips are expected to address the conference theme ‘Critical Thinking in Language Curriculum for the 21st Century’. Deadline for the proposal submission is August 15, 2019. Proposals should fall into one of the following categories: critical thinking, learner autonomy, learner motivation, practical ideas in the classroom, error correction techniques, task-based learning, action research, classroom management, testing and assessment, mobile learning, technology in the classroom or professional development.

STAY SAFE: Shantiniketan Indian School (SIS) recently organised Stay Safe programme for the students of Kindergarten Section to highlighting the issue of being safe in diverse situations. The little ones were given to sense the difference between good and bad touch. Children were guided about safe touch and safe people around them through well enacted role-play by their teachers. The presentation on ABC of Safety helped students to practise safety at both home and school.
Prominent Indian businessman hosts Iftar party

M S Bukhari, a prominent Indian businessman and community leader, recently hosted an Iftar party at Grand Qatar Palace Hotel. The event was attended by notable personalities, including Mani Kanthan, President Indian Cultural Centre; Nilangshu Dey, President Indian Sports Centre; Biju Rajan, President ICBF; Milan Arun, K K Umaran, Sami Bashir, Ali al-Farabi, Naveed and Syed Fahmi, First Secretary at the embassy of India.

President, vice presidents and general secretaries of many community organisations, including Anugman Mahbuban Urdu Qatar, Majlis Faroge Urdu Adab, Aligarh Muslim University Alumni Association, Bazm-e-Aik, World Bihar Organization, Kainat Foundation, BAZM-E-SADAF, KMCA, Kokan (LAMA Int.) Qatar Indian Association, QIFF, VAQ, Punjabi Group and representatives of Qatar Football Association and Bhopal Association also attended the celebrations.

Mohd Habibun Nabi welcomed Bukhari on the stage. Speaking on the occasion, Bukhari expressed his happiness for Indian community sitting under one roof and advised everyone to help each other in good and bad times and work together for the betterment of humanity.

Nadeem Mahir delivered a sermon on Ramdan enlightening the benefits of Ramadan and concluded his sermon with prayers for entire world and Qatar. Mohd Habibun Nabi proposed a vote of thanks.

LIS organises investiture ceremony

Loyola International School (LIS) Oasis Campus recently inducted the student council. The council was selected via a voting procedure. The candidates campaigned in the school and prepared many creative campaign posters promoting peaceful values and showing their willingness to contribute to improve the life of their fellows during the school year.

The Investiture Ceremony kicked off with the recitation of the Holy Qur'an, which was followed by lighting the lamp. The students of Grade V performed a welcome dance, which was followed by the national anthem of Qatar and India.

Speaking on the occasion, principal of LIS, congratulated the newly elected student council and stressed on the significance of setting priorities and the need to be great communicators.

Tanishque, a student of Grade-VI, and Shiza Sammer, also a student of Grade-VI, were elected as Head Boy, and Head Girl, respectively. The sports captains, the vice captains, the house captains and the discipline captains were the other members of the student council.

Manikantan, President of Indian Cultural Centre, was the chief guest and P KV Prasad, Principal of LIS Al Nasr; Sarath, Director of LIS Al Nasr; and Shifa Shaikh, Principal of LIS Al Nasr, the guest of honours.

Speaking on the occasion, the chief guest encouraged the elected leaders to be dutiful and responsible. He congratulated the elected student council and gave a motivating speech on the importance of pursuing what one is capable of rather than doing a bit of everything.

DPS-MIS marks Garangao celebrations

DPS-Modern Indian School (DPS-MIS) recently marked Garangao celebrations. Garangao is celebrated on the 14th or 15th of the holy month of Ramadan. This festival is marked with children dressing in traditional attire and going door-to-door to receive sweets and nuts from neighbours. As part of celebrations, the little ones of DPS-MIS Nursery Section coloured and prepared Arabic lanterns. The students were dressed in traditional Arabic wardrobes, including thobe for boys and embroidered jalabiyas with jewellery for girls.

Asna Nafees, Principal of DPS-MIS, also took part in the celebrations and presented goodie bags to the students. The teachers of Nursery Section also enacted a play to highlight the message of sharing and caring.
DPS-Modern Indian School (DPS-MIS) recently organised its Scholar Badge and All Rounders’ Award Ceremony to felicitate the students of Grade V-VII for their outstanding performance in academics and extra-curricular activities for the academic year 2018-19. Rocky Fernandes, Director, DPS-MIS, was the chief guest on the occasion. He commended the young achievers for their dedication, perseverance and persistence, and encouraged them to use their success to benefit, inspire and influence other students. Highlighting the true meaning of academic excellence, he advocated the need of upholding values, coping up with the changing world and be well-equipped for the future. Speaking on the occasion, Asna Nafees, Principal of DPS-MIS, extolled the students for consistency in their pursuit of excellence. She instilled pride in the hearts of the attendees by sharing the results of Grade X and XII. Speaking about the pros and cons of social media, she advised the parents to monitor their ward and guide them to make the judicious use of technology. A total of 280 students were awarded with trophies, certificates, blue blazers and special awards for their outstanding academic and all round performance.

Ideal Indian School (IIS) recently honoured the students of IIS who excelled in the Qur’an Memorisation competition organised by Awqaf. Three hundred and eighty-eight students from various classes took part in the competition and IIS stood first among all the Indian Schools and secured overall second position in whole Qatar. Syed Shoukath Ali, Principal of IIS, distributed the certificates to the winners. He congratulated all the students and the teachers who were behind this great success and also appreciated the effort of the department of Arabic and Islamic studies.

City Centre Rotana Doha unveils Bodylines Fitness and Wellness Club offers

Keeping up with its commitment to motivate and ignite the importance of sports and encourage people to indulge in any form of exercise, City Centre Rotana Doha, one of the leading hospitality properties in the Qatari capital, has recently unveiled its special offers at Bodylines Fitness & Wellness Club during the holy month of Ramadan, stated a press release. These special offers will also help people of Qatar to spend good time with their friends and family while working out simultaneously.

Bodylines Fitness & Wellness Club is offering its hotel guests opportunity to enjoy 25% discount on the swimming pool access in addition to special rates on one month and 3 months membership. Moreover, special swimming classes are being held for kids, from Sunday to Thursday between 10am till 5pm, for ages from 4 and above, by trainers with distinct skills to educate them basics and advance levels and techniques of swimming.

To instil the habit of being fit and healthy, Bodylines is offering daily fitness classes to allow them to enhance their stamina and encourage them to follow a healthy lifestyle. Besides, personal trainers are also available for individuals seeking quick results through a customised programme designed based on individual capabilities. Moreover, the privileged guests availing the ‘Bodylines’ membership will also get limitless access to the steam room, sauna, jacuzzi, swimming pool and thermal facilities, in addition to providing one free training session with a personal trainer for every four paid sessions. Members will also enjoy a 20% discount on massage treatments and 15% discount in the hotels F&B outlets. For those looking to rejuvenate their mind, body and soul, Bodylines Fitness & Wellness Club has in offer Pure Harmony Rose Oil Massage, which is one of the most delightful and most treasured of all oils as it softens and restores the skin, balances the hormones and supports the heart, lungs, liver, stomach and blood. Bodylines also offers a set of solutions aimed to restore the freshness and vitality of the skin of any type under the supervision of experts specialised in fulfilling the clients’ requirements, varying from Gentle Purifying Facial to Smoothing Anti-Aging Facial and white illuminating Facial to boost the immediate appearance and overall health and longevity of the skin. On top of that, Bodyline recently introduced its new nails treatment service through two exquisite and competitive offers ‘Express Manicure’ and ‘Express Pedicure’ and the more advanced treatment the ‘Tropical Spa Manicure & Pedicure’, which comes with exfoliation scrub, deep moisturising, hands and feet massage, which will make the visit an unforgettable experience.

On this occasion, Sena Catak, Director of Marketing and Communications at City Centre Rotana Doha, said, “Through such compelling proposition, we seek to encourage members of the society to work out, stay fit and take advantage of their spare time to take care of their health and have good time during the holy month and beyond in addition to providing added value to all our offers in order to allow our guests to enjoy the upscale services in a distinguished hospitality atmosphere.”

“At City Centre Rotana Doha, we are keen to enhance our communication with those interested in innovative fitness programmes where we believe that through proper planning, people can truly get indulge in sports activities and make it an everlasting habit to remain fit and healthy. Besides, I would also like to draw your attention to our newly launched services and offers, which have recently been added in our kitty at Bodyline, targeting those who are keen on maintaining the purity of their skin and the beauty and elegance of their appearance,” she added.
Breast cancer survivor all praise for Qatar healthcare facilities

Joy Grover, a mother of two, talks about her ordeal of going through successful breast cancer treatment.

Our bodies are maps of our lives — You might have a scar on your thigh from the time a thug pushed you off your bike, a chip on your front tooth from when you slipped on the wet tile of pool, a long scar across your abdomen from the C-section that yielded the greatest joys of your life but now you have these scars on your chest that bear witness to that brush with death. You’re a warrior!

On 27th June 2018, Joy Grover received the devastating news that she had been diagnosed with breast cancer. Joy’s world fell apart.

The day after she received the terrible diagnosis she was due to fly out to India to visit her family, needless to say, the doctor told her she had to cancel the trip. Joy, who has two young daughters felt she had no choice but to follow the doctor’s advice and she cancelled the trip. Joy and her husband decided not to share the awful news with many members of their family especially her father-in-law who is now in his 80’s.

Joy visited a well-respected doctor based in Qatar, who she already knew through friends and she told the doctor she was thinking of flying back to India for treatment. This decision was based on Joy being in Qatar with her husband and children but no other family available to help her through this terrible time, however, the doctor advised Joy not to do this and told her that it would be in her best interest to have the necessary treatment in Qatar as it was the best available.

Eventually, after much thought and many prayers, Joy made the decision to stay in Qatar and accept the much needed help and treatment for her disease. One of the reasons for Joy to stay in Qatar was the huge cost of cancer treatment in India whilst Qatar offers the treatment with almost minimal charges.

Joy and her family were able to take the much-needed trip back to India to see their family just for 10 days before the gruelling treatment began. She spent a lot of time praying and keeping her faith and strongly believes that this has helped her to get through the emotional and physical ordeal of this life changing event.

Joy says, “I want to reiterate that the treatment in Qatar is second to none. Hamad Medical Corporation have invested in the best and latest technology and medicines and everyone should feel very proud to have access to this world class service,” says Joy Grover, Breast Cancer survivor.
The mega sculpture at MIA Park

Standing tall at the end of Doha’s Museum of Islamic Art (MIA) Park is the breathtaking art piece called the ‘7’ sculpture.

This almost 80-foot high steel artwork was designed by American artist Richard Serra. It was unveiled in 2011 and it is the tallest artwork ever created by Serra. It is made from 7 steel plates - each 78 feet high and 8 feet wide - arranged in a heptagonal or seven-sided shape.

The geometric layout of the sculpture and stability of the plates were tested under wind and seismic loads.

The supports accommodate the expansion and contraction of the plates due to the large temperature gradients in the Middle East.

The sculpture reflects the reaction of metals to the corrosive saltwater spray from the sea, creating an intense colour and surface texture.

The magnificent sculpture celebrates the spiritual and scientific significance of the number 7 in Islamic culture and heritage. Speaking about his artwork, Serra says, “I’ve been making towers for 30 years, and I’ve made several towers. But I’ve never made a tower like this tower”.

— Text and photos by Muhammad Saad
The second-smallest country in the world, Monaco is home to the most famous of all F1 races, Monaco Grand Prix. Run on the tight streets of Monaco, it is the slowest race on the calendar. Set in a beautiful seaside location in the Côte d’Azur, the circuit hugs the edge of the French Riviera whilst being intimately integrated into the fabric of the city. The race weekend oddly sees Thursday practice sessions instead of Friday to accommodate for the Monaco nightlife. So, if you’re in the mood for a party instead of Friday to accommodate the Monaco Grand Prix in 2003 and Indianapolis 500 twice (2000 and 2007) and 24H of Le Mans (2018), but having failed to qualify for today’s Indy 500, will have to wait at least another year? Fernando Alonso. Why are manhole covers on the street course welded down before the Monaco Grand Prix? The high suction created by the aerodynamics of the cars raises the sewage lids. These have to be welded down to prevent this from happening.

Which automobile racing circuit of the Triple Crown of Motorsport is nicknamed ‘Brickyard’? Indianapolis Motor Speedway.

In 1967, Dan Gurney celebrated in style after winning that year’s 24 Hours of Le Mans. This started a practice which would be turned into the iconic photo-op in all of sports. What is it? Podium finishers dousing each other in champagne.


What is a group of buffaloes called? Gang or obstinacy.

Who was the leader of the wolves in The Jungle Book? Akela.

On 25th of May 1935, a 21-Year-old equals or breaks 4 world records in 45 minutes at a Big Ten meet at Ferry Field in Ann Arbor, Michigan. This event is remembered as “the greatest 45 minutes ever in sport!”. Identify this athlete. Jesse Owens.

This ‘International Orange’ coloured oft-photographed structure was opened on May 27, 1937. It is 5,091 feet long and contains about 86,000 tons of steel and weighs 887,000 tons. It is named after a strait which was named Chrysopylae by US Army Captain John Fremont in 1846. What is it? Golden Gate Bridge linking San Francisco to Marin County in US.

Identify the boy below, with his mother Swaroop Rani (right). He grew up to graduate from Trinity College, Cambridge and the Inner Temple, where he trained to be a barrister, and finally became an ennobled leader of the independence movement in his country, May 27 is rather a sad day in his life.

(Answer next week. Answer to last week’s photo-quiz: Jacqueline Kennedy Onassis)

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When it comes to discussing legendary F1 drivers, there are many you can mention. And if the conversation turns to legendary human beings, it must start with Niki Lauda.

A three-time F1 World Drivers’ Champion, Lauda did not just display speed, but a bravery far beyond anything F1 had seen after that crash at the Nurburgring.

Despite suffering third degree burns and falling into a coma as a result of his injuries, Lauda returned to racing 6 weeks later. Niki was as remarkable a man on-track as he was off. We’ll probably never see his like again. Ruhe in Frieden, Niki.

Welcome to ‘Natty’s Infotainment. YAYS!’ On your marks, get set, screech!!

Juan Pablo Montoya is one of the only two active drivers who have won two legs of the Triple Crown. He won the Monaco Grand Prix in 2003 and Indianapolis 500 twice (2000 and 2015). He is the closest as he participates in the 24H of Le Mans next month. Who is the other driver who won Monaco Grand Prix (2006 and 2007) and 24H of Le Mans (2018), but having failed to qualify for today’s Indy 500, will have to wait at least another year? Fernando Alonso.

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Wordsearch

AMKEIBIEUQIZEBN
SRWGVRTAITIQXOAT
NOJAFUARUMMYPSB
ABZBYCVHONYOJEB
PBSWDECEBLTQLR
ESUIZUBWLELENH
ETEIDVMAOBPUXCD
RRUCYACNCFTQSOG
IABPRKTIICCCICNE
THEAINFURKLRBBP
ITCHQCKXKZJORAFO
LKWPOONOFFKTK
OERHCUEWLYBROOE
SGPFROJTFPUESR

BACCARAT  BLACKJACK  CRIBBAGE
FARO       NEWMARKET  PIQUET
PONTOON    SNAP       WHIST
BEZIQUE    BRIDGE     EUCHE
HEARTS     PINOCHLE   POKER
RUMMY      SOLITAIRE  NAPOLEON

Codeword

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

Sudoku

```
 6 4 9 7
 4 5 1 2
 9 8 2 7
 5 3 4 6
```

Sudoku is a puzzle based on a 9x9 grid. The grid is divided into nine (3x3) boxes. You are given a selection of values and to complete the puzzle, you must fill the grid so that every column, every row, and every 3x3 box contains each of the digits 1 to 9. Every column, every row, and every 3x3 box contains each of the digits 1 to 9.

Adam

I CAN’T BELIEVE THIS CLIENT
WANTS TO MEET AT SIX O’CLOCK
TOMORROW MORNING!

WHAT KIND OF ANIMAL IS
AWAKE AND FUNCTIONING
AT SIX A.M.??

WELL, PEOPLE WHO
ARENT SELF-EMPLOYED,
GUESS BUT YOU...

IS THERE SUN
AT THAT TIME?

DEEP BREATHS.

Pooch Cafe

RRR, I’VE
GOT AN ITCH
ON MY BACK.

I CAN’T
REACH IT
WITH MY
HAND...

YOUR HAND,
JUST USE
YOUR HAND.

URK... THIS
HUMAN BODY IS...

OUCH... REALLY
INFLEXIBLE...

OOF!

I HEARD A SNAP.
BE CAREFUL
WITH MY BODY!
I NEED IT
BACK IN ONE PIECE!

Garfield

YOU KNOW, GARFIELD, I’M A
PRETTY LUCKY GUY. LUCKY,
LUCKY, LUCKY. I HAVE MY HEALTH,
A LOVING FAMILY, A GOOD HOME...

A DECENT CAR, IMPRESSIVE
SOCK COLLECTION, A
WONDERFUL... FRIEND,
NIFTY CELL PHONE, YEP...

I PRETTY MUCH
HAVE EVERYTHING

Except a
mute button.

Bound And Gagged

SO THIS IS
YOUR SOLUTION
FOR LONGER
DRIVES...

Smirnoff

Puzzles courtesy: Puzzlechoice.com
Super Cryptic Clues

Across
1 Part of a lock, part with a spring (4)
3 Waving hats, sign for battle (8)
9 Weather forecast no longer an issue? (7)
10 Weapon sometimes placed in front of corporal (5)
11 Language used by French in Dieppe (5)
12 They stay abroad, parking in Texas, possibly (6)
14 Fabric spotted outside empty apartment (6)
16 Composer caught at home holding dance (6)
19 It may be used for boring cocktail (6)
21 Neat trail, oddly enough, in part of South Africa (5)
24 Red flower for family (5)
25 A priest organising social occasions (7)
26 Amateur team having ace in reserve (3,5)
27 Small book by Kipling to read superficially (4)

Down
1 Quiet pair revealing secret (4-4)
2 Laurel traps a devil (5)
4 Dad turned light off (6)
5 Bulb could be lit up (5)
6 Poles holding on - on something that spins continuously (7)
7 Appear to be entertained by Chinese emperor (4)
8 Mountain plant - one in Nepal, growing wild (6)
9 Man's clue involved American figure (5,3)
15 Essay about one mathematical function in three volumes? (7)
17 European country ignoring area wanting food (6)
18 Foolish, stirring up endless dispute (6)
20 Cover over very large leisure facilities (5)
22 Consider slender king (5)
23 Abraham Lincoln's first murder victim in good book (4)

Answers

Wordsearch

Codeword

Yesterday's Solution

Colouring

[Image of a cartoon image of a man with a baseball bat]
**Take care of your hair with aloe vera, coconut oil**

The combination of heat, humidity and pollution can take a toll on your hair. But you can care well for it with the combined goodness of aloe vera and coconut oil, suggest experts.

Here are some benefits of aloe vera and coconut oil that will make your summer hair softer and healthier, as pointed out by hair expert Aparna Santhanam:

- **Makes hair silky, soft:** Besides the proteolytic enzymes, aloe vera’s high content of protein, vitamins and minerals also nourish your hair follicles efficiently, improving the overall texture. And we all know how easy it is to style soft hair and create graceful curls or messy buns for the many party looks for the season.

- **Natural protection from hard water:** The summer season sees a rise of the salt content in water, which makes it hard and slightly harmful for hair and can make your hair brittle. A gentle massage with coconut oil mixed with aloe vera will protect hair from deep within and also make it soft and silky. It also keeps hair moisturised and naturally hydrated and helps maintain the pH balance of your hair. Aloe vera’s anti-fungal properties also ensure a healthy scalp, therefore helping you solve a number of problems that arise because of dry, itchy scalp.

- **Repairs the hair, locks from within:** They are enriched with conditioning properties. Aloe vera contains healing enzymes, which repair dead skin cells on the scalp. Together with coconut oil, it eliminates dullness from one’s hair.

- **Boosts hair growth:** They are known to be natural accelerators of hair growth and give volume, and an easy solution may lie in Parachute Advansed Alovera Enriched Coconut Hair Oil. Saania Singh, Co-Founder, Zero Gravity Aesthetics, said:

> “The natural goodness of aloe vera combined with a host of beneficial properties gives your hair the strength and sheen you have always wanted.

- **If hair loss is something you suffer from, then using aloe for hair growth is a great idea.**

- **It forms a protective layer over the scalp.**

- **It can also relieve scalp itchiness and irritation, thanks to its potent anti-puritic properties.**

- **It keeps it consistently hydrated.**

A gentle massage with coconut oil mixed with aloe vera will protect hair from deep within and also make it soft and silky. It also keeps hair moisturised and naturally hydrated and helps maintain the pH balance of your hair. Aloe vera’s anti-fungal properties also ensure a healthy scalp, therefore helping you solve a number of problems that arise because of dry, itchy scalp.

A gathering could bring you lots of good news and useful information. Pisces. The problem is that there might be too much.

You will want to remember it all, but your memory may not be as sharp as usual. Before you attend a gathering, grab a notebook and pen. That way you can write down whatever you want to look into later.
Human beings naturally love those who are kind to them and show their concern about them, and this type of love increases in moments of human weakness, like when a person is bedridden and diseases afflict and exhaust him. In this situation, visiting has a far-reaching effect and a deep impact that has its source in the compassion and condolences that the visitor gives to the sick. It also strengthens the relationship between the two.

The Prophet, sallallaahu ‘alayhi wa sallam (may Allah exalt his mention), cared about visiting the sick and checking on their condition. He even made it a duty upon Muslims that the Sharee’ah necessitates and guarantees. In a Hadeeth which was narrated on the authority of Abu Hurayrah, may Allah be pleased with him, the Prophet said: “A Muslim has five rights over his brother, of which is: ‘Visiting the sick.’” [Al-Bukhari]

The Prophet, sallallaahu ‘alayhi wa sallam (may Allah exalt his mention), endeavored to encourage this principle in the hearts of his Companions by describing the great merits that a Muslim gains when he visits his sick brother. For example, the Prophet said: “If a person goes to visit his sick brother, he will be walking through the paths of Paradise until he sits down. When he sits down, mercy encompasses him. If he visits him in the morning, 70 thousand angels continue praying for him until the evening. If he visits him in the evening, 70 thousand angels continue praying for him until the morning.” [Ibn Maajah] The Prophet also said: “When a person visits a sick person, or visits his brother [in Islam] for the sake of Allah, an announcer [angel] calls out: ‘May you be blessed, may your walking be blessed, and may you be awarded a dignified position in Paradise!’” [Al-Tirmithi] He also said: “If a Muslim visits a sick person who is not about to die and says seven times, ‘As ala ‘aala al-‘ameen rabba al-‘amir, ‘ala ‘aamir ‘an yashiytik, (I ask Allah The Great, Lord of the Great Throne to cure you)’ the sick person will certainly be cured!” [At-Tirmithi]

There are many narrations that confirm that the Prophet, sallallaahu ‘alayhi wa sallam (may Allah exalt his mention), would visit the sick. He would check on the condition of his Companions, ask about them, assure them of recovery by the will of Allah, and look after them. Among these Companions were Sa’d ibn Abi Waqqas, Zayd ibn Al-Aqmaam, and Jaabir ibn ‘Abdullaah, may Allah be pleased with them. Not only did the Prophet visit his Companions, who believed in him, but he also visited non-Muslims in the hope that they would be guided. One day the Prophet, sallallaahu ‘alayhi wa sallam (may Allah exalt his mention), did so with a Jewish boy who was a servant of his. The boy had become very sick and the Prophet, sallallaahu ‘alayhi wa sallam (may Allah exalt his mention), continued visiting and looking after him. When the boy was about to die, the Prophet visited him, sat beside his head and called him to Islam. The boy looked at his father as if consulting him. His father said to him: “Obey Abu’l-Qasim,” so the boy embraced Islam and then died. The Prophet, sallallaahu ‘alayhi wa sallam (may Allah exalt his mention), said: “If you visit your sick brother, he will be walking through the paths of Paradise until he sits down. When he sits down, mercy encompasses him. If he visits him in the morning, 70 thousand angels continue praying for him until the evening. If he visits him in the evening, 70 thousand angels continue praying for him until the morning.” [Ibn Maajah] The Prophet also said: “When a person visits a sick person, or visits his brother [in Islam] for the sake of Allah, an announcer [angel] calls out: ‘May you be blessed, may your walking be blessed, and may you be awarded a dignified position in Paradise!’” [Al-Tirmithi] He also said: “If a Muslim visits a sick person who is not about to die and says seven times, ‘As ala ‘aala al-‘ameen rabba al-‘amir, ‘ala ‘aamir ‘an yashiytik, (I ask Allah The Great, Lord of the Great Throne to cure you)’ the sick person will certainly be cured!” [At-Tirmithi]

The following are some of the sayings of the Prophet, sallallaahu ‘alayhi wa sallam (may Allah exalt his mention), that confirm the benefit of visiting the sick:

- “The Prophet heard that a person had fallen sick, he would hasten to visit him, support him, fulfill his needs and wishes, and supplicate to Allah The Almighty to grant him recovery and forgive his sins if he was a Muslim, or to call him to Islam if he was not. One of his supplications is mentioned in the Hadeeth narrated on the authority of ‘Aa’ishah, may Allah be pleased with her, who said, “Whenever the Prophet, sallallaahu ‘alayhi wa sallam (may Allah exalt his mention), visited a sick person, he would say: Ath-thil bild b riches an naas, sitil wa unta ash shaft laashit a ila shifaa ak shifaa an layaguhaadi saqamman (Remove this disease, O Lord of the people, and cure, for you are the Curer. There is no cure but Yours. [Cure him in a way that leaves no illness.]” [Al-Bukhari and Muslim]

- “If the sick person needed Ruqyah (invocations), the Prophet, sallallaahu ‘alayhi wa sallam (may Allah exalt his mention), would immediately give it to him. ‘Aa’ishah, may Allah be pleased with her, and heard her curing her fever, she said to her: ‘Do not curse fever; it wipes out the sins of the sons of Aadam as a furnace removes the dirt of iron.” [Muslim]

The Prophet, sallallaahu ‘alayhi wa sallam (may Allah exalt his mention), also instructed us to seek treatment using different kinds of medication that he knew. He encouraged cupping, putting cold water on the fevered, eating honey, using black seed (nigella sativa) and other lawful medicines, which are all included in his saying: “O slaves of Allah! Seek treatment, for Allah created a remedy for every malady.” [At-Tirmithi]

The Prophet did not overlook reminders and giving advice that suits the situation. On one occasion he reminded people of the right that relatives have to inheritance, and forbade making a will for more than one-third of one’s property. He did this with Su’ud ibn Abi Waqqas, may Allah be pleased with him. On another occasion he stressed the importance of combining fear of death and hope on the deathbed, he did so with a Companion who was dying. A third time he forbade wishing for death and emphasized the necessity of the preparation to meet Allah The Almighty. This was narrated on the authority of Anas ibn Maalik, may Allah be pleased with him. Thus, the Prophet, sallallaahu ‘alayhi wa sallam (may Allah exalt his mention), set the best example of the importance of attracting people’s hearts and taking advantage of different situations to call and guide people. Perhaps hearts that are locked will thereby become open to guidance and the truth. – Islamweb.net
SPIRIT OF RAMADAN

The sense of self-purification in Ramadan inspires a Nepali Hindu

By Mudasir Raja

Ramadan is a month full of blessings. The spirit of Ramadan is felt and followed by many non-Muslims in the Muslim majority countries. Qatar is no exception to it. The non-Muslim expatriate community is present in large numbers in Qatar, and they tend to respect and show solidarity with their Muslim friends and colleagues during the holy month of Ramadan.

The Nepali expatriates are the second largest community in Qatar after the Indians. Nepali expatriates show great respect for Ramadan and experience the month with their Muslim friends and colleagues.

Sagher Nepal is a businessman. He has been living in Qatar for 24 years. He started working with a private company but after 25 years ago he started his own business. He is also an active social worker working for the welfare of his community. He is the founder of Nepal Welfare Society and Non-Resident Nepali around the world. He has religiously been observing fasting for many years to express respect for Ramadan and solidarity with the Muslims. Community recently spoke to him about his experience so far.

Introducing himself, Sagher said: “I have been involved in founding different social and welfare organisations in Qatar. In fact, I am getting involved in social activities more and more. I am happy that I have been living in Qatar. It is my second home. I respect the religion and traditions of the Qatari people.”

When asked that why he has been fasting during Ramadan, Sagher said: “I have been observing fasting in Ramadan purposefully. When I came to Qatar from Nepal, I was quite oblivious of Islam. There were not many Muslims in my area in Nepal and so I did not know much about Islam or Ramadan. Once I moved to Qatar, I studied about Islam. I got a real sense of the holy month and I have been observing fasting for a few days during Ramadan for the last 22 years.” — Sagher Nepal

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Sagher said: “I think that all communities living in Qatar have to respect Ramadan. We need to respect each other’s religions. We need to dress properly. We should not eat in public places during Ramadan to show respect to our fellow beings. We all need to make lots of prayers during this holy month. I feel myself lucky to be living in Qatar.”

Food Tips: What to eat?

By Nimmi Afzal

Chinese Flavored Chicken - Veggies Spring Rolls
Servings: 6 people (12 spring rolls)

Ingredients:
• Boneless Chicken-250 grams (finely chopped)
• Broccoli-florets of 1 small sized one
• Carrot-1 (sliced thin)
• Beans-a handful (sliced thin)
• Ginger-1 inch piece (finely chopped)
• Garlic- 4 cloves (finely chopped)
• Soya sauce- 5 teaspoons
• Hot sauce-2 tablespoon
• Olive oil-2 tablespoon
• Garam masala powder-1/4 teaspoon
• Pepper powder-1/2 teaspoon
• Spring roll sheets -12 medium sized

Method:
1. Let’s start with the filling. Heat a pan and add olive oil. To this add the chopped carrot, beans, ginger and garlic. Sauté it well for few minutes. Later add salt and cook it closed in medium flame with a lid.
2. To this added broccoli and soya sauce. Sauté well and cook for another 2-3 minutes in medium flame with the lid closed.
3. Now add all the spices and hot sauce to the pan. If needed add more soya sauce and olive oil.
4. Lastly add chopped chicken and mix it well with the rest of the ingredients and cook this for another 5-6 minutes till it becomes soft and tender. Also add more salt or spices if needed and then switch off the flame.
5. Now let’s start filling the spring rolls. Separate the sheets from one another and place it on a plate. Add one tablespoon (or more) of chicken filling (near one corner, diagonally) on this sheet and fold it from both the sides and top. Then start rolling it towards the other corner. Stick the edge using water or egg wash. Repeat the same for all the sheets.
6. Heat a pan and add few drops of olive oil. Then shallow fry the rolls till it becomes golden brown and serve it hot with your favorite sauce.

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