The kilogram is redefined for the first time in 130 years.

Wilde’s directorial debut is a brilliant love letter to friendship.

A British Da’ee loves the way Qatar embraces Ramadan.
USEFUL NUMBERS

Emergency 999
Worldwide Emergency Number 112
Kahramaa – Electricity and Water 991
Local Directory 180
International Calls Enquires 150
Hamad International Airport 40106666
Labor Department 44508111, 44406537
Mowasalat Taxi 44588888
Qatar Airways 44490000
Hamad Medical Corporation 44392222, 44393333
Qatar General Electricity and Water Corporation 44845555, 44845464
Primary Health Care Corporation 44593333, 44593363
Qatar Assistive Technology Centre 44593450
Qatar News Agency 44450205, 44450333
Q-Post – General Postal Corporation 44464444

Humanitarian Services Office
(Single window facility for the repatriation of bodies)
Ministry of Interior 40253371, 40253372, 40253369
Ministry of Health 40253370, 40253364, 40253365
Hamad Medical Corporation 40253364, 40253365
Qatar Airways 40253374

PRAYER TIME

Fajr 3.18am
Shorooq (sunrise) 4.47am
Zuhur (noon) 11.32am
Asr (afternoon) 2.58pm
Maghreb (sunset) 6.17pm
Isha (night) 7.47pm

THEATRES: The Mall, Landmark, Royal Plaza

Ishq
DIRECTION: Anurag Manohar
CAST: Shane Nigam, Ann Sheetal, Shine Tom Chacko
SYNOPSIS: The film involves a situation that a love-struck couple gets dragged into, while on a late-night drive.

Ishq
DIRECTION: Karan R Guliani
CAST: Sargun Mehta, Gippy Grewal
SYNOPSIS: A young woman meets a curious young man when she travels to Amritsar to reject a suitor.

NEW MOVIES

The Mall Cinema (1):
Chandigarh Amritsar Chandigarh (Punjabi) 3pm; Aladdin (2D) 8:30pm; Avengers: Endgame (2D) 11pm.
The Mall Cinema (2):
Aladdin (2D) 2:30pm; Aladdin (2D) 9pm; Mr. Local (Tamil) 11:15pm.
The Mall Cinema (3):
Ishq (Malayalam) 2:30pm; Between Maybes (Tagalog) 8:30pm; Aladdin (2D) 10:30pm.

Landmark Cinema (1):
Muklawa (Punjabi) 3pm; De De Pyaar De (Hindi) 9pm; Ishq (Malayalam) 11:30pm.
Landmark Cinema (2):
Aladdin (2D) 2:45pm; Aladdin (2D) 8:30pm; Aladdin (2D) 11pm.
Landmark Cinema (3):
Ishq (Malayalam) 2:30pm; Chandigarh Amritsar Chandigarh (Punjabi) 9pm; Avengers: Endgame (2D) 11pm.

Royal Plaza Cinema Palace (1): Aladdin (2D) 2:30pm; Aladdin (3D) 9pm; Aladdin (2D) 11:15pm.
Royal Plaza Cinema Palace (2): Lisaa (Tamil) 3pm; Aladdin (2D) 8:30pm; Muklawa (Punjabi) 11pm.
Royal Plaza Cinema Palace (3): Ishq (Malayalam) 2:30pm; Goodland (2D) 9pm; Discarnate (2D) 11pm.
community, trade, arts, food and incense, the Composed of five main topics, including and appreciation between Qatar and India. promote mutual understanding, recognition of the museum owned collection in order to FBQ Museum brings together the treasures cultural similarities between Qatar and India. historic links between Qatar and India, and the rich and diverse Indian cultures, the long exhibition takes one on a journey to explore personal symbol of self-renewal and vitality. The exhibition presents Hussain’s pluralist approach to the divine and cosmic aspects of being, articulated through the myths, symbols and narratives of the world’s religions and philosophies. M. F. Husain: Horses of the Sun bears witness to a recurrent motif in his art, a The exhibit takes you all the way to the breath-taking dunes of Mesaieed along with a thrilling dune bashing experience. This 8-hour getaway takes you all the way to the breath-taking inland sea beach aka Khor Al Adaid to watch the Sunset. Break your fast with lavish Iftar at the resort. Only for QR280 per person. Under the context of cultural exchange, FBQ Museum brings together the treasures of the museum owned collection in order to promote mutual understanding, recognition and appreciation between Qatar and India. Composed of five main topics, including community, trade, arts, food and incense, the exhibition takes one on a journey to explore the rich and diverse Indian cultures, the long historic links between Qatar and India, and cultural similarities between Qatar and India.

**Events**

**MF Hussain: The Horses Of The Sun**
WHERE: Katara Cultural Village
WHEN: Ongoing till July 31
TIME: 9am – 7pm
The exhibition presents Hussain’s pluralist approach to the divine and cosmic aspects of being, articulated through the myths, symbols and narratives of the world’s religions and philosophies.

**Katara Drive Thru Festival**
WHERE: Katara Cultural Village
WHEN: Ongoing till June 10
TIME: 6pm – 4am
Join us at Katara Village and enjoy the diverse cuisines at your car step! From first day of Ramadan until Eid holidays starting from 9pm till 2am.

**India to Qatar – Symbiosis of Cultures**
WHERE: FBQ Museum
WHEN: Ongoing till July 31
Under the context of cultural exchange, FBQ Museum brings together the treasures of the museum owned collection in order to promote mutual understanding, recognition and appreciation between Qatar and India. Composed of five main topics, including community, trade, arts, food and incense, the exhibition takes one on a journey to explore the rich and diverse Indian cultures, the long historic links between Qatar and India, and cultural similarities between Qatar and India.

**Sunset Desert Safari with Iftar**
WHERE: Sealine Beach
WHEN: Ongoing
TIME: 2pm – 10pm
Enjoy a day out in the relaxing singing sand dunes of Mesasedd along with a thrilling dune bashing experience. This 8-hour getaway takes you all the way to the breath-taking inland sea beach aka Khor Al Adaid to watch the Sunset. Break your fast with lavish Iftar at the resort. Only for QR280 per person.

**Ballet Lessons**
WHERE: Music and Arts Atelier
WHEN: Ongoing
TIME: 4pm – 8pm
For more info e-mail at registration@atelierqatar.com or call on 33003839.

**Career Guidance**
WHERE: Right Track Consultants, Al Sadd
WHEN: Sunday – Thursday
TIME: 6pm – 8pm
Career guidance for course, country, college and entrance for students of Grade IX-XII, of all curriculum. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 55448835.

**Arabic Calligraphy Workshop**
WHERE: Mamangam Performing Art Centre
WHEN: Saturday – Wednesday
TIME: 6pm
Arabic Calligraphy workshop is back. Come and learn the artistic practice of Arabic handwriting and calligraphy at Music and Arts Atelier.

**Artistic Gymnastic Classes**
WHERE: Qatar Academy Msheireb
WHEN: Ongoing
TIME: 3:15pm – 4:15pm
The olympic sport using horizontal bar, rings and floor exercises on mats for the children from age 4 till 16.

**Hobby Classes**
WHERE: Mamangam Performing Art Centre
WHEN: Wednesday – Monday
Mamangam Performing Art Centre, is a holistic performing arts institution and a one stop solution for adults as well as children looking to explore their talents in various art forms. We offer classes in contemporary, Bollywood, hip hop, Indian classical dance, music (Hindustani and Carnatic), arts and craft, karate, yoga, percussion (Chenda, Thimila, Elathalam and Madhalam), violin, harmonium, public speaking.

**After School Activities**
WHERE: Atelier
WHEN: Ongoing
Music and arts activities for students taking place after they finish their day in school includes Group Music lessons, Hip-hop, Ballet, Drawing and Painting, Drama

**Music and Arts Atelier**
WHERE: Katara Cultural Village
WHEN: Ongoing
TIME: 5:00pm – 10:00pm
Handwriting and calligraphy at Music and Arts Atelier.

**Dance and Instrument Classes**
WHERE: TCA Campus, Behind Gulf Times Building
WHEN: Wednesday – Monday
Learn the movements of dance styles in Bollywood, Hip Hop and also the musical instruments such as Piano, Guitar, Keyboard for adults as well kids and move in the world of music. For details, contact 66523871/ 31326749.

**Hobby Classes**
WHERE: Mamangam Performing Art Centre
WHEN: Wednesday – Monday
Mamangam Performing Art Centre, is a holistic performing arts institution and a one stop solution for adults as well as children looking to explore their talents in various art forms. We offer classes in contemporary, Bollywood, hip hop, Indian classical dance, music (Hindustani and Carnatic), arts and craft, karate, yoga, percussion (Chenda, Thimila, Elathalam and Madhalam), violin, harmonium, public speaking.

Additional services include dance education, choreograph music videos and dance cover albums, choreograph dance musical projects, corporate workshops and events, choreograph events for schools, colleges, alumni meets and corporate and choreography events. For details, call 33807609.

Arabic Calligraphy Workshop
WHEN: Saturday – Wednesday
TIME: 6pm
Arabic Calligraphy workshop is back. Come and learn the artistic practice of Arabic handwriting and calligraphy at Music and Arts Atelier.

The lessons will take place every Saturday, Monday and Wednesday at 6pm. For more information, contact registration@atelierqatar.com

 Compiled by Nausheen Shaikh. E-mail: gtlisting@gmail.com, Events and timings subject to change
Kilogram redefined

The kilogram has been redefined not by another object, but by a fundamental property of nature known as Planck’s constant. Like the speed of light, the value of Planck’s constant cannot fluctuate — it is built with exquisite precision into the very fabric of the universe, writes Deborah Netburn

In a subterranean vault in a suburb of Paris lies a small, rarely seen metal cylinder known as Le Grand K. For 130 years, this golf-ball-sized hunk of 90% platinum and 10% iridium has served as the international prototype kilogram. That means it was the single physical object by which all other kilograms across the planet were measured.

If microscopic contaminants in the air caused Le Grand K to grow a bit heavier, the kilogram itself grew a bit heavier. If a rigorous cleaning or small scratch caused it to become ever so slightly lighter, the kilogram itself became lighter as well.

Indeed, it is estimated that over the course of its lifetime, Le Grand K has lost 50 micrograms of mass.

But the long reign of Le Grand K has come to an end.

Starting Monday, the kilogram has been redefined not by another object, but by a fundamental property of nature known as Planck’s constant. Like the speed of light, the value of Planck’s constant cannot fluctuate — it is built with exquisite precision into the very fabric of the universe.

“Unlike a physical object, a fundamental constant doesn’t change,” said Stephan Schlamminger, a physicist at the National Institute of Standards and Technology (NIST) in Gaithersburg, Md. “Now a kilogram will have the same mass whether you are on Earth, on Mars or in the Andromeda galaxy.”

Researchers who have devoted their lives to the science of measurement say the new definition of the kilogram — and similar changes to the mole (which measures quantities of very small particles), the ampere (which measures electrical charge) and the kelvin (which measures temperature) — represents a profound turning point for humanity.

“The ability to measure with increasing accuracy is part of the advancement of our species,” said Walter Copan, director of NIST.

Most of us regular folks will hardly notice the switch. A 4-pound chicken (1.81437 kilograms) at the grocery store or a pound of coffee beans (0.453592 kg) at Starbucks will remain exactly the same.

"Now a kilogram will have the same mass whether you are on Earth, on Mars or in the Andromeda galaxy"

– Stephan Schlamminger, physicist
After Monday, the mole is defined by the value of Avogadro’s constant, the kelvin by the value of the Boltzmann constant, and the ampere by the value of the elementary charge, the smallest observable charge in the universe.

"We don't want to shock the system," Schlamminger said. "The decision to redefine four base units of the International System of Units was made in November at the 26th General Conference on Weights and Measures in Versailles, France. Delegates from 60 member states assembled in a large auditorium for the historic vote. It was unanimous. A standing ovation followed. "The meeting itself was an electric experience," said Copan, who represented the US. "It was a long journey to get to this point."

The origins of the metric system date back to the French Revolution in the late 1700s. At the time, an estimated 250,000 different units of measurement were being used in France, making commerce and trade a challenge. The new system was designed to be rational and universal, with units based on properties of nature rather than royal decree or the whims of local dukes and magistrates. "The idea was that these measurements would be eternal and the same for everybody, everywhere," said Ken Alder, a science historian at Northwestern University in Evanston, Illinois.

The foundational unit of the system was the metre, which was supposed to be one ten-millionth of the distance from the North Pole to the equator along the Paris meridian. (Scientists at the time made a slight error in their measurements, and the metre is about 2 millimetres longer than it should be.)

At the same time, the kilogram was defined as the mass of 10 cubic centimetres of water at 4 degrees Celsius. These units were adopted by the French Republic in 1795, although in practice, people continued to use their own local measurements for decades. "It's not like everyone jumped on the bandwagon as soon as the metric system was formalised," said Barry Taylor, a scientist emeritus at NIST. "That was definitely not the case."

Countries in Europe and South America adopted the metric system throughout the 19th century. In 1875, delegates from the US and 16 other countries signed the Treaty of the Meter in Paris. It established a universal system of units based on the metre, the kilogram and the second that would streamline trade among nations. (The second was defined as 1/86,400 of the average time it takes for Earth to complete a single rotation on its axis.)

Although the metre and the kilogram were based on the size of Earth, they were officially defined by metal artifacts, including Le Grand K, that were cast in London in 1889 and kept in a vault in the basement of the newly created International Bureau of Weights and Measures in Sevres, France. Member nations received one of 40 precise replicas.

The Treaty of the Meter also established the General Conference on Weights and Measures (CGPM), an international group tasked with studying and voting on proposed changes to units of measurement for all member states. "Metrology is a living science," Schlamminger said. The CGPM approved three more base units in 1954 — the ampere for electrical current, the kelvin for thermodynamic temperature and the candela for luminous intensity. In 1967, it redefined the second based on the oscillations of a cesium-133 atom — a much more precise and dependable pendulum than Earth's slightly wobbly rotation.

In 1983, the metre became the first metric unit tied to a fundamental property of the universe when it was redefined as the distance traveled by light in a vacuum in 1/299,792,458 of a second. "Today we can measure the distance from the Earth to a satellite 6 kilometres away to the exquisite precision of 6 millimetres," Schlamminger said. "Try that with a metre stick."

And yet the kilogram remained tethered to the mass of Le Grand K, an object so precious it was removed from its triple-locked vault only once every 40 years for cleaning and calibration.

Metrologists have longed to update the definition of the kilogram since the early 1900s, but the ability to measure Planck’s constant with the necessary precision materialised only recently. Planck’s constant is a number that relates the energy and frequency of light, sort of like how pi relates the circumference and diameter of a circle. The technological advances that fixed the value of the constant came in fits and starts. In the 1970s, scientists at Britain’s National Physical Laboratory developed a type of scale that relates mass to electromagnetic force. It was named the Kibble balance in honour of its inventor, Bryan Kibble, and although it was not yet accurate enough to redefine the kilogram, it suggested a path forward.

By 2005, measurements made with the Kibble balance had improved enough that a group of researchers known among metrologists as the Gang of Five wrote a paper titled, "Redefinition of the kilogram: a decision whose time has come.”

"That paper really started this whole odyssey," Schlamminger said. In 2013, experts agreed that to change the definition, national metrology institutes would need to measure Planck’s constant to a precision of 20 parts per billion, and show that two different methods of taking the measurement would produce the same answer.

"One experiment could have a hidden defect, but if you have two absolutely different approaches and they agree, then the chances that you are completely wrong is very low indeed," said Ian Robinson, a researcher at the National Physics Laboratory.

Kibble balances provided one value. The other measurement involved a softball-sized sphere of pure enriched silicon. The structure of the 1-kilogram sphere, and the atoms inside it, allowed scientists to precisely measure Avogadro’s constant, which relates the number of atoms or molecules in a substance to its mass. That was used to determine Planck’s constant with the help of well-understood equations.

"The silicon sphere served as a check on the Kibble balance approach," Taylor said. A similar philosophy of using fixed constants underlies the new definitions of the mole, the kelvin and the ampere. After Monday, the mole is defined by the value of Avogadro’s constant, the kelvin by the value of the Boltzmann constant and the ampere by the value of the elementary charge, the smallest observable charge in the universe.

"Everyone has access to these fundamental constants," Schlamminger said. "They don't discriminate between rich and poor. All you need is a bit of physics.” — Los Angeles Times/TNS

"The ability to measure with increasing accuracy is part of the advancement of our species," says Walter Copan, director of NIST.
Doha College community represents Qatar in West Asia Rugby Championship

Twenty-three members of the Doha College community recently represented Qatar in the recent West Asia Rugby Championship. Current students, members of staff and alumni participated as players or coaches, each contributing to the fabulous success that Qatar enjoyed at the tournament.

Samuel Spencer, teacher at Doha College, and Diego Mayz, Student of Grade-XIII at Doha College, were selected for the Men’s A Team, who clinched the winning trophy. Andrea Delascasas Arbelaez, a student of Grade XII at Doha College, played in Qatar women’s B team, which was coached by Grainne Burness, Teacher of Mathematics at Doha College. Yasmine Tobun, Alumna of Doha College, played for the women’s A team, who also emerged victorious in the women’s tournament.

Twelve students of Doha College were selected for the U18 team (full 15-a-side), three for the U16 team and three for the U14 team (7-a-side and 10-a-side for each). Ross Nelson, student of Doha College aged 15, is the youngest player ever to have been selected to play in the U18 team.

Speaking on the occasion, Ross said, “This selection was a huge honour for me; there are no words to describe this great privilege. Being an U15 playing in the U18 category brought not only fear but a great sense of responsibility, as I had to uphold my role on the field to the same standard of players three years older than me. I usually play for the Doha Rugby Football Club U15s, training five times a week. No matter whom I play for, be it DRFC, Qatar, Doha College or Ireland, I play with the same pride and to the best of my ability.”

MES students win big in Interschool Hajikka Essay Writing Competition

Students of MES Indian School recently bagged first two positions in the senior category of Interschool Hajikka Essay Writing Competition conducted by the Indian Community Benevolent Forum (ICBF) at Doha Modern Indian School. Valencia John and Hridya Raju, students of Grade-X bagged first and second positions in Senior Category, respectively. The topic of essay writing for Senior Category was ‘Role of Community in Benevolence and Charity’. The winners were honoured at a felicitation ceremony held recently at Indian Cultural Centre (ICC). Hameeda Kadar, Principal of MES, congratulated the winners as well as the participants who represented the school and for their achievements.

DPS-MIS organises investiture ceremony

DPS-Modern Indian School (DPS-MIS) recently organised investiture ceremony to induct the prefectorial body of Junior Wing. Kausar Hassan, Council Member of DPS-MIS and Managing Director Success Group, was the chief guest and Asma Yasir Nainar, Council Member of Kangaroo Kids, Principal of BHIS Chennai India and Joint Managing Trustee of Rayyan Educational Trust, the guest of honour.

Speaking on the occasion, Asna Nafees, Principal of DPS-MIS, congratulated the office bearers and stated that it is a moment of pride as the students have embarked on a new journey which will teach them a lot of life lessons. She advised the students to uphold the strong value system of the school and keep the school flag fluttering high with dignity, respect and integrity.

Seventy elected students along with Aaryan Sujith, Head Boy, and Ziya Fatima Rasik, Head Girl, were presented with sashed and badges.
DPS-MIS faculty members attend Advanced Judges Training Workshop

Steffi Francis and Deepa Chakraborty, faculty members at DPS-Modern Indian School (DPS-MIS), recently attended a two-day Advanced Judges Training Workshop at the Qatar Debate Classroom HBKU Student Centre, Qatar Foundation. The teachers have earlier completed both Beginners and Intermediate Judges Training to qualify for this training. The resource person was Arena from Malaysia who focused on holistic adjudication during the tournament. All the trainees enjoyed an interactive and interesting session where they not only learned about adjudicating but also debating. The objectives of this training included identifying common adjudication errors, understanding how to mark speeches by looking at argumentation, refutation, style, strategy, and POIs. It also emphasized on the methodology of adjudication by alternatives, chairing, note-taking, scoring, panel discussion, and oral adjudication.

Students of NIS enrol in charity programme

Students of Noble International School (NIS) recently enrolled in NIS Charity Programme. The students gathered 4.5 tonnes of food items, contributed by students and teachers. Speaking on the occasion, Shibu Abdul Rasheed, Principal of NIS, said, “Alongside fasting and praying, it is important to satisfy the needy and put a smile on their faces, and that should be our priority for this initiative.” Important supplies, including rice, pulses, sugar, wheat, juice, dates and milk powder were collected. The collected materials were donated to the needy at various labour camps in and around Doha. Jayamon Joy and Robin K Jose, Vice Principals at NIS, along with Nizar K, Shihabeddine, and Indira Ajeesh, Head of Sections, and Mohammad Hassan, CAA Co-ordinator, supported the cause.

Former staff member of Hamad Hospital passes away

Rosamma Varghese, 81, wife of Varghese Konikalath and a long term resident and former staff member of Hamad Hospital, passed away in Kochi, Kerala, on 22 May, 2019. Rosamma was suffering from age related ailments. She served Hamad Hospital for 31 years and retired in 1999. Funeral is scheduled to be held at Kavumbagam St. Mulk’s Church Cemetery at 12 noon today. Rosamma’s children include, daughter Sheeba Varghese, wife of Varghese Varghese, a Business entrepreneur in Kochi, and son Sunil Varghese Konikalath, proprietor of Bolero Enterprise in Doha. Bobby is the daughter in law. Grand children include Archie Varghese, Rachel Varghese, Ryan Sunil, and Elizabeth Rose Sunil. A condolence prayer meeting was held at Sunil’s residence in Doha at 4.30pm on 22 May and was attended by a number of friends and relatives.

WINNERS Senior Level students of Noor Al Khaleej International School (NAKIS) were recently felicitated for winning the Gold Medal in Qatar International Biology Olympiad and 2 Bronze Medals in the Qatar Physics Olympiad and the internationally recognised Qatar INJAZ Best Marketing Award for young aspiring business innovators and entrepreneurs.
DPS-MIS wins big at Qatar Schools Debating National Championship (Boys)

Qatar Schools Debating National Championship (Boys) recently took place at Newton International School. The top twelve teams faced each other in successive rounds of debate. The Grand Finale was held at the College of Islamic Studies, Hamad Bin Khalifa University. The finals were between DPS-MIS and DeBakey High School. They debated on the motion "This House Would only imprison individuals who are a direct and continuous threat to Society". Farhan Sakkir, Fahad Ahmad Khan and Pradipta Paul, students at DPS-MIS won the Leaguer Championship and Running Trophy. DPS-MIS students snapped all major awards including Farhan as the Best Speaker at the Grand Finals and Best Speaker in League, which was followed by Fahad as second speaker and Shivom Dhamija as tenth speaker. Asna Nafees, Principal of DPS-MIS, congratulated the boys for their performance.

Unimoni Qatar organises Iftar at labour camps

Unimoni, a renowned global provider of money transfer, foreign currency exchange and payment solutions, is hosting Iftars for the migrant workforce across select labour camps in Qatar. The programme is part of the brand’s corporate social responsibility and is organised in association with Xpress Money, one of the most dependable money transfer organisations in the world. The first Iftar was held at the Al Ali Engineering Camp in New Industrial Area 52 with over 600 Iftar meal boxes being distributed. "Ramadan exemplifies the values of compassion and sharing as well as promotes the spirit of tolerance and appreciation. This Iftar, we, at Unimoni, wanted to express our gratitude to the migrant workforce who have contributed in building our nation’s strong infrastructure and economy," said Floyd Johny, Country Head of Unimoni Qatar.

IIS team excels in karate tournament

Ideal Indian School Karate Team recently excelled in the ICCISC Indian Karate Tournament, in association with Qatar Taekwondo, Judo and Karate Federation, held at Simaisma Youth Centre. IIS bagged 1 Gold Medal, 1 Silver Medal and 5 Bronze Medals in the tournament. The winners, include Yedhu Krishna, gold medal; Paul Simson, silver medal; and Maza Ahmed Shag, Abhijith Prasad, Arul Kumar, Mohammad Haseebuddin and Ihsan Ismaeel, Bronze Medal. Karate team was trained by Amazad Khan. Syed Shoukath Ali, Principal of IIS, congratulated the Karate team for their achievement.
Toyota claims two titles at the Middle East Car of the Year awards 2019

Underlining the quality of its vehicles and their enduring appeal among the region’s drivers, Toyota has once again achieved success at the 2019 Middle East Car of the Year (MECOTY) awards, stated a press release. The Toyota Yaris claimed the title of ‘Best Sub-compact Sedan,’ while the Toyota Camry was crowned ‘Best Midsize Sedan’ at the regional automotive sector’s biggest and most prestigious awards ceremony, which took place in Abu Dhabi, UAE. Now in its sixth edition, the annual MECOTY awards are renowned as the Middle East’s most authoritative industry honours programme. The judging panel, which included 19 highly respected independent senior editors from leading automotive publications in the region, selected the two vehicles based on a rigorous set of ten criteria including design and quality (exterior and interior), emotional appeal and driver satisfaction, handling and drivability, value for money (new purchase and resale), safety and durability, comfort and practicality, performance and capability, environmental friendliness, technological innovation, and regional appeal.

Yugo Miyamoto, Chief Representative of Middle East & Central Asia Representative Office, Toyota Motor Corporation, said, “We are proud to be recognised again at one of the region’s biggest and most prestigious awards program for the automotive sector. These coveted titles are a true testimonial for the outstanding design and craftsmanship of our Toyota Yaris and Toyota Camry models. The new Yaris delivers great fuel economy, optimal performance, and fun driving experience and also sets fresh benchmarks for compact sedans, while the all-new Camry’s emotional design, refined interior and cutting-edge technology place it at the forefront of the midsize sedan market.”

Miyamoto added, “These awards represent a ringing endorsement of our approach to building class-leading vehicles that exceed the expectations of our customers, whose loyal support remains at the heart of Toyota’s ongoing success story. We would like to thank them for continually inspiring us on every step of our journey to develop ever-better cars.”

The Toyota Yaris was launched in the region in February last year with a choice of 1.3-litre and 1.5-litre engines and is available with a Multidrive 7S transmission to offer a smooth driving experience and outstanding fuel efficiency. Toyota Camry sets new standards for the midsize sedan segment in design, performance, and comfort. The all-new Camry was launched in January 2018 and has created a whole new value proposition while ensuring seamless fun and excitement for drivers and passengers alike. The vehicle delivers superior handling and comes with three powertrain options; a 2.5-litre four-cylinder engine mated to a six-speed automatic transmission, a 3.5-litre V6 mated to an eight-speed automatic transmission, and a new electrified hybrid system that combines a petrol engine with two electric motors and exemplifies Toyota’s continuous commitment to providing environmentally friendly vehicles.

The Camry’s refined interior features a distinctive design that provides comfort and convenience with an additional layer of luxury. In addition, the vehicle incorporates several cutting-edge technologies that offer an interesting and interactive driving experience and provide customers with the opportunity to explore new levels of power and entertainment through the latest technologies in its cars.

As with all Toyota models, safety remains a top priority for the Yaris and the Camry. Both vehicles come with a comprehensive array of advanced safety features to provide unparalleled protection for drivers and their passengers, including SRS airbags, Vehicle Stability Control (VSC), Anti-lock Braking Systems (ABS), Electronic Brake Force Distribution (EBD), Brake Assist (BA), Hill-start Assist Control (HAC), and enhanced body and platform structures, among many others.

The Westin Doha hosts an Iftar for Shafallah and Aamal Centre

On the occasion of the Holy month of Ramadan, The Westin Doha Hotel and Spa recently hosted an Iftar for children and students with special needs from Al Shafallah and Aamal Centre for Special Needs as part of its contribution to Save the Dream Global Pact for Sports, stated a press release. The Iftar was held at The Westin’s Ramadan tent, and gathered around 25 children, ambassadors, members of the press and social media influencers along with delegates from sports entities and representatives from the Hotel and Save The Dream.

Ammar Samad, Hotel Manager at The Westin Doha Hotel & Spa said, “For the second year in a row, we are pleased to be part of this significant initiative and we are extremely proud to support Save the Dream and share with them the Spirit of Ramadan.” He added, “We are part of the community and are committed to supporting children with special needs not just during Ramadan but throughout the year. Our collaboration with Save the Dream organisation is an opportunity to remind people of the importance of sports and its positive influence to bring peace and joy among all children.”

Massimiliano Montanari, Executive Director of Save the Dream said, “On behalf of Save the Dream, I wish to thank The Westin Doha for hosting us today and for being a committed member of our Global Pact for Sport. It is a great opportunity for us to be here with so many amazing children and to share Iftar with them, they give us inspiration and strengthen our motivation to continue our work at the service of sport and its values.”
Aspire Park: Come one, come all

Within the rapid growth of Qatar’s infrastructure through a booming construction industry in the past decade, the development and addition of recreational facilities for the people of Doha has been remarkable — the renovated Al Bidda Park and the newly opened parks in Katara, Qatar Foundation and Legtaifiya to name a few.

However, Aspire Park — one of the oldest, still remains one of the top hotspots for Doha’s crowd on most of the weekends.

Aspire Park, the largest in Qatar, has something for all its visitors: a massive grass layout for family picnics and get-togethers, long tracks for runners and cyclists keeping up with their active lifestyle and beautiful ducks swimming around in Doha’s famous and only lake.

With the contrast provided by the lush greenery and fountains against the backdrop of the tallest structures in Doha — The Torch Tower and Khalifa Stadium — a World Cup 2022 location, it also makes for a hotspot for shutterbugs and professional photographers alike.

Aspire Park is also home to all kinds of events throughout the year such as the Lake Festival, Kites Festival, Ramadan Sports Festival, Aspire Wonderland and the annual Winter Festival wherein mesmerising light shows, fireworks and stunning art displays make for a wonderful viewing for all visitors.

It is expected to be one of the most popular tourist attractions during the 2022 FIFA World Cup, because it will always remain a true reflection of the lifestyle and the spirit of the people of Qatar.

As is rightly said, old is gold.

— Text and photos by Noman Quadri

GOLDEN HOUR: This shot was taken during the Aspire Kite Festival 2019 using a smartphone - handheld and without a tripod. The output image is with minimal editing and mostly the natural view at that hour. In the foreground is the Aspire Lake with ducks posing in all their glory.
Fashion mistakes men and women should avoid

Fashion faux pas are common and can be avoided easily. Don't wear clothes of the wrong size and pay attention to details, say experts.

Tanvi Malik, Co-founder Indya and FabAlley and designer Kunal Rawal have listed common fashion faux pas made by men and women that can surely be avoided:

- Wearing the wrong size: It's important to wear what accentuates your body. Even if the clothes feel comfortable, if they don't fit, don't wear them. Also, women often buy the wrong size hoping they will slim down to a smaller size. If you keep spending money on clothes that don't fit, you might end up with a heap of clothes sitting in your wardrobe that you can't wear.

- Not paying attention to details: There's a thin line between classy and trashy and it would be a huge mistake not to pay attention to that.

- Being occasion inappropriate: Wearing clothes with small rips, holes, frays, and tears can go from a minor flaw to a deal breaker and can totally ruin an outfit's vibe.

- Inappropriate accessorising: Sometimes, less really is more. There is something about over-accessorising that screams. So, look away now. Necklaces are beautiful, statement earrings are to die for and hair accessories are great, but when you wear them all at once, it can get tacky and overwhelming. It is also important to wear the right accessory to the right occasion. Pay attention to colours as well, and how they match with your outfit overall.

- Following garment care and storage instruction is extremely important to achieve the strongest impact with your outfit. Details like ironing the outfit well, packing detailed outfits separately, prepping it, storing it, cleaning it is important. Make sure you follow the garment care and wash care instructions. - IANS

LIFESTYLE/HOROSCOPE

CAPRICORN
December 22 – January 19

You may feel physical and emotional tension today, Capricorn. Are you taking the time to care for your body? Has someone been putting a lot of pressure on you lately? Are you an emotionally satisfied person? The way you feel physically is a good indicator of your mental state. Try to go a little easier on yourself and you will see immediate benefits.

TAURUS
April 20 – May 20

You're a helpful person, Taurus. Yet in your relationships, you often seem to confuse helping with parenting. You tend to do a lot of self-sacrificing. Today you may learn how to say no when you feel your partner has gone beyond the limits of what you can give. If you do this, you may rediscover something essential you may have lost along the way - your ego.

LEO
July 23 – August 22

You're often moved by emotion, Aries. You like situations that make you feel alive. Today your love life may give you just that kind of adventurous feeling. If that's the case, don't get so far into your emotions that it becomes too much for you. There is such a concept as too much of a good thing!

CANCER
June 21 – July 22

There are days when a little humility can be good for you, Cancer, and this might be one of those days. It's as if the planets are tugging to you about sincerity and taking you far away from the trappings of superficiality and popularity. The things that are important to you today are much deeper concepts of humanity and compassion.

LIBRA
September 23 – October 22

Libra, you should try to be tolerant of other people's social and political positions. You may have to deal with certain people whose personal plans are jeopardised by events beyond their control. Don't judge them. Don't immediately defend one viewpoint without thinking how the situation affects the other person's life.

SCORPIO
October 23 – November 21

This is a day for doubts, for asking those hard questions that you need to answer. If you like to meditate, Scorpio, think about spending a little more time at it today. You could learn a lot about yourself. You will see the whole palette of human emotion in other people, from joy to disappointment. Where do you fit in?

AQUARIUS
January 20 – February 18

People love to be with you because you have such natural charm, Aquarius. But today you may not feel especially charming or like talking to anyone. You may have a secret inside that's screaming to get out. If someone confides in you today, do you think you could confide in him or her, too? You should get an answer to that question today.

VIRGO
August 23 – September 22

Today could discourage even the most ardent of passions, Virgo. Even if some people say you're a bit cold, know that there's a veritable volcano burning underneath all that ice. Today you may once again find yourself at a distance from your feelings, as if you were regaining control over your emotions. Be careful about being too cynical about things.

GEMINI
May 21 – June 20

Everyone needs to be loved, Gemini, but it shouldn't be your only objective in life. It isn't the end of the world if your charms fall flat every once in a while. Today you may be tempted to be a little less charming and seductive with the people around you. Some may even say you aren't acting like your usual self. Ignore them. A little self-indulgence now and then never hurt anyone.

CARACTE
February 19 – March 20

Your partner may be all over you today, Pisces! Are you in the mood to listen? Are you interested in some love? Probably not. You may have had a hard day and just feel like some quiet time together. You aren't up to the demands your partner may make on you. You don't need to worry about it. It happens to everyone from time to time.

ARIES
March 21 – April 19

You're a helpful person. Taurus, yet in your relationships, you often seem to confuse helping with parenting. You tend to do a lot of self-sacrificing. Today you may learn how to say no when you feel your partner has gone beyond the limits of what you can give. If you do this, you may rediscover something essential you may have lost along the way - your ego.

TAURUS
April 20 – May 20

You've had a hard day and just feel like some quiet time together. You may have a secret inside that's screaming to get out. If someone confides in you today, do you think you could confide in him or her, too? You should get an answer to that question today.

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July 23 – August 22

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Wordsearch

ATOM  HERTZ  VOLT
FLUX   SOLID  FARAD
POWER  DECAY  NUCLEUS
CHARGE JOULE  WATT
FORCE  SPIN   FIELD
PRESSURE ENERGY  PHASE
CURIE  LIGHT  WAVE
HEAT   VACUUM  FLUID
PROTON ENTRY   PLASMA
CURRENT MASS   WORK

Codeword

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

Sudoku

Sudoku is a puzzle based on a 9x9 grid. The grid is also divided into nine (3x3) boxes. You are given a selection of values and to complete the puzzle, you must fill in the grid so that every column, every row, and every box contains each number once.

Adam

ADAM NEWMAN! YES... M-M-M...
OH SURE. SHOULD WE MEET TO DISCUSS THE PROJECT?
GW! SIX O’CLOCK IS FAMILY DINNER TIME. MAYBE... COME AGAIN?
SIX A.M.?? THIS SHOULD GO WELL

Pooch Cafe

FREAKY FRIDAY
GEEZ. HOW DO YOU STAND BEING IN THIS DESOLATE WITH THE ACID SENSE OF SMELL?
WHY DO YOU THINK I’M ALWAYS TELLING YOU TO WASH YOUR FEET?
I CAN SMELL EVERYTHING. FROM THIS PUY DAY CLASS TO THE KITTY LITTER IN THE BASEMENT.
UGH! THE SOUR YOGURT IN THE TRASH! THE DEAD SQUIRREL ACROSS THE STREET.
HOW DO YOU TURN IT OFF??

Garfield

THE WORLD IS MY OYSTER
NO, THAT’S NOT IT...
THE WORLD IS MY PIZZA!

Bound And Gagged

OF COURSE I DON’T MIND DOING THE DISHES, DEAR.
Across
1 The old country, so I heard, in a bad way (8)
6 Racism oddly ignored in mission (3)
9 Bill has little time for paperwork (5)
10 Characters from the heart of Norway accompanied by an African (7)
11 See punk whirling in dance (5,2)
13 He’d taken in work and had aspirations (5)
14 In France you read Italian (6)
15 Food taken aboard in large quantities (6)
19 Beginning of first article (5)
21 Vague relative has a right (7)
22 Female in meadow allowed a bit of advertising material? (7)
23 Surplus actor in small role (5)
24 River not shallow but endless (3)
25 Dressed crab near Australian city (8)

Down
2 Small settlements belonging to the Prince of Denmark (7)
3 A terrible noise coming from the landing (3)
4 Discard English pickle (6)
5 A way to refer to rising, showing no enthusiasm (9)
6 Make sums make sense? (3,2)
7 The reverse of material extracted from the earth (5)
8 An awful lot of money for a boat (6)
12 Clever Dick’s alias? (5,4)
16 There’s many a girl in an English city (7)
17 Second best? That’s a laugh (6)
18 Meat a dog has taken aboard (6)
19 Sulphur taken by a boy as healthy food? (5)
20 Lower area next to HQ (5)
23 A seer I heard (3)

Answers

Super Cryptic Clues

Codeword
A script that fails fascinating characters

By Katie Walsh

A prepster and a hoarder walk into a grocery store... and therein lies the meat of Noblet Jones' debut feature, The Tomorrow Man, an odd little romantic dramedy starring John Lithgow and Blythe Danner.

The film starts with a promising premise, and Jones lays out the details of his main character in a carefully studied, mannered fashion. Lithgow plays Ed, a meticulous doomsday prepper who buys canned goods, batteries and gas every day and stashes it in a secret bunker. He thinks the local news anchor is speaking directly to him and posts on conspiracy theory message boards daily. But when he meets – or rather, stalks – Ronnie (Danner) in his local grocery store, all his obsessive tendencies have a new object of attention and affection, whom he is convinced is of like mind. She also shops a lot and has a penchant for war documentaries.

The Tomorrow Man is a story about two very lonely people connecting – if they can only get over their own baggage, which is represented quite literally in the useless stuff they've accumulated in their homes. Jones, who wrote, directed and shot the film, is making the switch to writing and directing after a career as a cinematographer and music video director. His voice and point of view is unique, different, and totally his own. But after a promising setup, the film meanders, trying and failing to find some sense of purpose with the two oddball characters and their rich back stories. But Ronnie and Ed just sort of listlessly bounce off each other, trying to make their relationship work despite their issues.

Despite the strange but winning chemistry between Danner and Lithgow, the script ultimately fails to fascinate. Characters are conversations, especially among Ed's family – his son (Derek Cecil), daughter-in-law (Kate Aselton), and granddaughter (Sophie Thatcher) – where it seems like everyone is speaking in code, but to what end? There are whole swaths of inscrutable dialogue where one has to wonder if the characters are even speaking to each other, or if they're aliens trying to mimic humanistic indie movie dialogue (think Lithgow's Third Rock From The Sun character in a Sundance movie).

This all lends itself to the sense of unease that permeates The Tomorrow Man, which can't decide if it's an apocalypse movie or a romance. That it lands somewhere in the middle is entirely fair, but never satisfies either movie that it's trying to be.

In other films, Danner and Lithgow would each be the quirky half of a couple playing off a man, so casting the two together leads to some wonderful moments between the veteran actors, stepping outside their comfort zone into something a little more offbeat. One thing's for certain – Blythe Danner is pure magic. The actress can manage to make any material sing with her singular choices and sheer charisma.

There's a vaguely sci-fi bent to The Tomorrow Man, but it's less about the apocalypse itself and more about the fear of death, which is coming for us all, in sickness or in mushroom cloud. It takes a roundabout route to get to this overall message, and while Jones' film gets a bit lost along the way, the film is nevertheless a distinctive début for the filmmaker as a writer and director. – TNS
11 good reasons to do good deeds

Allah The Almighty enjoins us to remember Him frequently and perform good deeds because forgetfulness is a disease that leads to neglecting virtuous deeds. Allah The Almighty Says (what means): {And indeed We made a covenant with Aadam before, but he forgot, and We found on his part no firm willpower.} [Qur'an 20:115] One’s good deeds should be based on one’s belief in Allah The Almighty, and we must frequently remind ourselves of the reward for righteous deeds which encourages us to perform them.

A person should always remember that he has been instructed to compete in virtuous deeds. Allah The Almighty Says (what means): {Face with one another in hastening towards forgiveness from your Lord.} [Qur’an 57:21] Shaykh Ibn As-Sa’di may Allah have mercy upon him said, commenting on this, “One who hastens towards virtuous deeds during his life will therefore also hasten to enter Paradise in the Hereafter.”

The following are a few factors that serve as incentives to perform righteous deeds in order to gain blessings in this world and eternal reward in the Hereafter.

- Attending gatherings with virtuous Muslims, because such gatherings remind the Muslim of his Lord, and encourage a sense of competition to do good deeds and keeps the heart occupied with virtuous thoughts. Visiting charitable and humanitarian organisations encourages a Muslim to perform virtuous deeds.

- Learning about how much our pious predecessors would cry whenever they missed out on a chance to perform virtuous deeds. The Prophet sallallaahu `alayhi wa sallam (may Allah exalt his mention) said: “The people of Paradise do not regret anything more than regretting an hour they spent in (this life) without mentioning Allah.” [At-Tabaraani] Sa’eed At-Tanookhi may Allah have mercy upon him said: If for any reason he had missed a congregational prayer. Ibn Mas’ood may Allah be pleased with him said, “I never regretted anything more than regretting a day which passed in which I did not increase (upon) my virtuous deeds.”

- Remembering that life is short makes a Muslim exert extra efforts in performing virtuous deeds; the Prophet sallallaahu `alayhi wa sallam (may Allah exalt his mention) said: “Kush towards the performance of virtuous deeds before you are afflicted with trials as dark as the night.” [Muslim]

- Reading books that soften the heart, mention virtuous deeds and encourage people to perform them.

- Knowing that encouraging others entitles you to the same reward as theirs, as the Prophet sallallaahu `alayhi wa sallam (may Allah exalt his mention) said: “He who revives a deed from Islam (which people forgot or abandoned) gets the same reward as the one who (subsequently) performs it.” [Muslim]

- Loving those who perform virtuous deeds, because the Prophet sallallaahu `alayhi wa sallam (may Allah exalt his mention) said: “A person will be on the Day of Resurrection) with those whom he loves (in life).” [Al-Bukhari and Muslim]

One should always supplicate to Allah The Almighty to facilitate for him the performance of virtuous deeds, because performing virtuous deeds is a gift from Allah The Almighty which He grants to whomever He wishes from amongst His slaves. Humaam ibn Al-Haarith may Allah have mercy upon him used to supplicate saying, “O Allah! Make me satisfied with little sleep and grant me the ability of) staying up during the night performing acts of obedience to you” and he would sleep very little, while sitting down.

The Prophet sallallaahu `alayhi wa sallam (may Allah exalt his mention) said: “O Allah! I ask You to enable me to perform virtuous deeds and (for) the abandonment of sins.” [At-Tirmithi] Remembering Paradise and its pleasures, and what has been prepared for the people of virtue there. Allah The Almighty Says (what means): {And march forth in the way (leading to forgiveness from your Lord, and for Paradise as wide as the heavens and the earth.} [Qur’an 2:195]

One should always supplicate to Allah The Almighty to enable him to perform virtuous deeds and encourages a Muslim to perform virtuous deeds.

- Knowing that persistence in virtuous deeds is beloved to Allah The Almighty even if the deeds were few in number, as the Prophet sallallaahu `alayhi wa sallam (may Allah exalt his mention) used to ask Allah The Almighty to enable him to perform virtuous deeds saying: “O Allah! I ask You to enable me to perform virtuous deeds and (for) the abandonment of sins.” [At-Tirmithi]

- Knowing that persistence in virtuous deeds is beloved to Allah The Almighty even if the deeds were few in number, as the Prophet sallallaahu `alayhi wa sallam (may Allah exalt his mention) said: “The most beloved deeds to Allah are those which are persistent, even if they were little (in number).” – Islamweb.net
A British Da’ee loves the way Qatar embraces Ramadan

By Mudassir Raja

Ramadan is best enjoyed when it is experienced with its full essence and where the whole society becomes generous and humble. This is what Dominic Foley, a British Muslim and the Da’ee at Imam Muhammad Ibn Abd al-Wahhab Mosque, likes about being in Qatar during Ramadan. He loves the peace and calmness he feels here during the holy month.

Community recently spoke to Dominic, who reverted to Islam in 2004, and sought his views on Ramadan in Qatar.

The Islamic Da’ee knew not much about Ramadan before he became a Muslim. “I think I only had the idea that Ramadan is a month when the Muslims fast. I knew nothing at all about fasting.”

He changed his religion on the eve of Ramadan in 2004 in the UK. “In my journey to Islam, I learnt about Ramadan from holy Qur’an. When I fasted in the initial days, I had the idea of only basics of fast and that is no food and no drinks. I knew the details of fasting Ramadan is different from Christian understanding. In my early days, I observed a lot. Nobody was teaching me and I was not having any lessons in fasting and Islam. “In the second year, I knew how we should fast with the intention of having no food, no drinks, and no marital relations. The idea of the timing became clearer like Suhoor and Iftar. I learnt about merits of fasting and the rewards Allah has for it. I came to know about the aspects of Ramadan such as feeding other people at Iftar. On the top of all that, it was the behavioural changes that went with it. When I fast, I need to control my gare, speech, listening and my negative emotions. It requires one to become really mindful. It brings a practical sort of changes in one’s life like how we interface with that is around us.”

Regarding the different experiences of Ramadan in UK and Qatar, Dominic says that a fast is a fast everywhere. The idea is to get connected with the Qur’an and offering Tarawih.

“In UK, there is Muslim community but you are at your own. Not much changes during Ramadan in UK. The Muslims may support but the society as a whole does not change. In Qatar, the society changes completely. The work hours both for the Muslims and non-Muslims change here during Ramadan. There is a benefit for everybody during Ramadan.

“The place generally seems to calm down. There is less frantic behaviour. I mean the people are still working but there does not seem to be anxiety or rush that you get the rest of the time. The shops are far busier. There is much more hospitality!”

He smilingly added: “Ramadan is not about all you can eat. There are many Iftar parties. There are Iftar tents everywhere. There is a huge community consciousness of feeding people. They start Suhoor when Iftar finishes. Food is available all night. There are Ramadan TV shows.

“I have an issue with overconsumption of food. I am also aware that Islam encourages hospitality and to be generous for the guests. Where there is Iftar, there is also a sense of having guests so you are going to be generous.

Dominic further said: “This year I am trying to balance the generosity with the abstinence. The idea is to observe fasting and at the same time to be generous towards the guests.”

Dominic likes Ramadan in Qatar. “This year I consciously made the choice to be here. I would rather be here in the Muslim land surrounded by the Muslims. The whole environment here is Islamic. The mosques are full. Things are accommodating here as we embrace Ramadan. In the UK, you embrace Ramadan but nothing else does. Given the choice, you would rather be with the Muslims in Ramadan. You get the whole thing.”

Food Tips: What to eat?

Cheesy Hash Browns Balls

Servings: 1 hash brown balls

Ingredients:• Potato-1 medium sized (grated)• Paprika powder/ red chilly powder-1/4 teaspoon• All purpose flour-1/2 tablespoon• Salt-as per needed• Cheddar cheese-1/2 grams (cut to small cubes)• Oil-enough for deep frying

Method:1. First of all wash the grated potatoes and strain water from it thoroughly. Later pat dry it with tissue paper to remove water content completely.
2. Now sprinkle salt, paprika/chilly powder, flour to the grated potatoes. Then mix it with hands. Take small lemon sized balls from it and press it gently in your hands. Then place 1 or 1 cheese cubes in it and close it, making the shape of a ball.
3. Now heat a pan and add oil. Once the oil is hot enough, deep fry the potato balls till brown on medium flame!! Once it is cooked from all sides, switch off the flame.
4. Place the fried hash brown balls in a bed of tissue to remove excess oil and serve it hot to enjoy the cheesiness.

By Nimmi Afzal

Cheesy Hash Browns Balls

*Dedicated: Dominic Foley says he would rather be in a Muslim land surrounded by Muslims in Ramadan.