Community
Team of IIS bags second position along with five bronze medals in the CBSE National Taekwondo Championship.

Community
Nusantara bike riders organise road trip from Al Khor to Al Wakrah to support 2022 FIFA World Cup in Qatar.

Key to calm
Classical dance practitioner Rahul Gupta claims if the art form is practised consistently, one never strays in life. P4-5

Quiz
The celebrity wax attraction. Page 10

Showbiz
Sara gets nostalgic as debut film Kedarnath turns one. Page 15
PRAYER TIME

Fajr 4.45am
Shorooq (sunrise) 6.08am
Zuhr (noon) 11.27am
A’z (afternoon) 2.26pm
Maghreb (sunset) 4.45pm
Isha (night) 6.15pm

USEFUL NUMBERS

Emergency 999
Worldwide Emergency Number 112
Kahramaa – Electricity and Water 991
Local Directory 180
International Calls Enquiries 150
Hamad International Airport 4016666
Labor Department 44508111, 44406537
Mowalad Taxii 44598888
Qatar Airways 44490000
Hamad Medical Corporation 44392222, 44393333
Qatar General Electricity and Water Corporation 44845555, 44845464
Primary Health Care Corporation 4493333
4493363
Qatar Assistive Technology Centre 44504050
Qatar News Agency 44490205
44490333
Q–Post – General Postal Corporation 44464444

Humanitarian Services Office
(Single window facility for the repatriation of bodies)
Ministry of Interior 40253373, 40253372, 40253369
Ministry of Health 40253370, 40253364
Hamad Medical Corporation 40253364, 40253365
Qatar Airways 40253374

Quote Unquote

“Well done is better than well said.”
– Benjamín Franklin

Community Editor
Kamran Rehmat
E-mail: community@gulf-times.com
Telephone: 4466405
Fax: 44350474

Le Mans ’66
DIRECTION: James Mangold
CAST: Matt Damon, Christian Bale, Jon Bernthal
SYNOPSIS: American car designer Carroll Shelby and driver Ken Miles battle corporate interference, the laws of physics and their own personal demons to build a revolutionary race car for Ford and challenge Ferrari at the 24 Hours of Le Mans in 1966.
THEATRES: Royal Plaza, Landmark, The Mall

Helen
DIRECTION: Mathukutty Xavier
CAST: Anna Ben, Lal, Aju Varghese
SYNOPSIS: Helen (Anna Ben) is a happy go lucky yet responsible girl raised by her single dad Paul (Lal). Helen aspires to migrate to Canada. The dad-daughter duo share a beautiful bond but things go wrong when an annoying cop with his moral policing instincts calls up Paul to inform that his daughter is seeing a guy. Finding it difficult to face her dad, she stays back at her workplace and accidentally gets trapped in the freezer. Will she manage to survive?
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For movie timings and further details please scan the QR code above with your mobile phone camera or visit qatarcinemas.com

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Gems and Jewels Exhibition
WHERE: Museum of Islamic Art
WHEN: Ongoing till January 18
TIME: 9am onwards
The exhibition comes in celebration of the Qatar-India 2019 Year of Culture and presents a look at magnificent gems and jewellery from India. Set in Stone: Gems and Jewels from Royal Indian Courts showcases more than 100 pieces from across Qatar Museums’ (QM) collections, including many masterpieces that have never been displayed before.

Al Wakalat Car Market 2019
WHERE: Parking opposite to Khalifa International Stadium
WHEN: December 19 – 28
TIME: 4pm – 11:59pm
Al Wakalat Car Market aims to congregate car enthusiasts, prospective buyers, and automotive retailers with the best deals of the year in a single location. Al Wakalat Car Market will enable visitors to have access to cars at their best offers of the year, which ensure to clear out stocks of approved cars.

Career Guidance
WHERE: Right Track Consultants, Al Sadd
WHEN: Sunday – Thursday
TIME: 6pm – 8pm
Career guidance for course, country, college and entrance for students of Grade IX-XII, of all curriculum. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 55448835.

After School Activities
WHERE: Atelier
WHEN: Ongoing
Music and arts activities for students taking place after they finish their day in school includes Group Music lessons, Hip-hop, Ballet, Drawing and Painting, Drama Theatre & Taekwondo. Ages between 5 and 10 years old after school hours.

Winter School for Grade IX-XII Students
WHERE: Inspire Training Academy, Najma St.
WHEN: December 25 – 29
TIME: 8:30am – 1:30pm
Developing the leader within every teen today — for a better world tomorrow. Each student deserves to discover their potential and acquire the skills, confidence and motivation to make things happen and bring about change. The five-day leadership and innovation programme is an exciting series of interactive workshops, energetic activities and fun-filled challenges specifically designed to inspire and enable each and every student to uncover their unique abilities, develop greater confidence and master strategies for success in the classroom and beyond. Programme leader, Dr Ram B Ramchandran is Vice Dean and Professor of Strategy and Planning at the O.P. Jindal Global School, India. The event is organised by Right Track Consultants. For registration details, contact 55448835.

Ballet Lessons
WHERE: Music and Arts Atelier
WHEN: Ongoing
TIME: 4pm – 8pm
For more info e-mail at registration@ateliqatar.com or call on 33003839.

Hobby Classes
WHERE: Mamangam Performing Art Centre
WHEN: Saturday – Friday
Mamangam is an art and performance centre started with a vision of spreading our knowledge, interests and experience in various disciplines in arts across different countries for children and adults. Mamangam has become the favourite centre for learning. We offer regular classes in the following disciplines like traditional classical and folk dance forms, art and craft, drawing and painting, personality development and public speaking, Bollywood dance, contemporary, hip hop styles, music both vocals and instrumental. To develop health consciousness, we train them karate, yoga with special sessions for kids and adults. Mamangam has also come up with chess and robotics in regular batches in an attempt to give a better learning experience, as they sharpen their minds and brains too.

For those who wish to register for more details, visit www.mamangamqatar.in

Short Executive Programme
WHERE: HEC Paris in Qatar
WHEN: December 10 – 11
HEC Paris in Qatar offers ‘General Management – The Navigator Programme’ Executive Short Programme with HEC Paris Affiliate Professor Wolfgang Amann. This two-day programme will give aspiring and current and future managers a solid, hands-on introduction to the challenges and key tasks of general management. By the end of this session, participants will have gained a profound understanding of the roles and tasks, the opportunities and challenges, and the necessity to bridge as well as combine insights from leadership, governance, and strategy.

Compiled by Nausheen Shaikh. E-mail: gtlisting@gmail.com. Events and timings subject to change
“Dance gives me peace”

— Rahul Gupta, classical dance teacher

By Mudassir Raja

If one learns and pursues practising any oriental classical dance form, he or she will never get astray in life. His or her mind will never get attracted to negative emotions. The individual will always be a well-mannered person.

The positive and didactic side of a traditional classical dance is vehemently underscored by Rahul Gupta, who teaches and imparts training in Bharatanatyam, Kathak and other forms of classical dances in Doha. He was recently talking to Community.

The 31-year-old Rahul is an eminent classical dancer with expertise in Bharatnatyam, Kuchipudi, Kathak, and folk dances like Bihu. Later in his career, he took up teaching and choreography, and has spent time spreading the culture of classical dance in different countries of the world.

Hailing from Chandigarh, India, Rahul got initiated in classical dance early in the day. “I started taking interest in classical dance when I was in nursery school. My mother has always encouraged me to keep dancing and she would always take me to dance classes. She never cared for the negative comments like Rahul is a boy and why is he learning classical dance. She has always appreciated the talent I have.

“I have two elder sisters. They do not follow dance but I have made classical dance my career. In my whole family nobody is into classic dance; they are all business people. I however, feel very happy and contented to be a professional dancer. I have always been appreciated and applauded in my school for being a good classical dancer since a very young age. I also used to teach how to dance to other students in my school even much older to myself. I got my first real recognition when my school took home a dance trophy and the dancers were trained by me. Later, I got admission in Pracheen Kala Kendra, a big dance school in my city. I have
specialised in Bharatanatyam. I was constantly discouraged from pursuing a career in classical dance for being a boy. At some point, I also thought to discontinue the learning. However, I am happy today that I am a professional classical dancer.”

Rahul, who has recently moved back to Doha, earlier lived and worked here for two years from 2014-2016. He has been taking training sessions and performing in different parts of the world. “My wife Seema Gupta also has an interest in classical dance and she learnt it after marriage. She is a good dancer now as I give her my full support. My 10-year-old son Bharat is also very good at different forms of classical dance.

“Earlier, I did a lot of work in Doha and have very good friends here. I went to another Gulf country where I continued to teach different dance forms. My friends here have always been inviting me to come back. I have returned with my family to Qatar at last (smiles).”

He has performed along with his troupe in different countries, including Bahrain, Australia, Armenia and other parts of Eastern Europe. “My troupe is based in Chandigarh. They miss me and I miss them. However, my senior teachers are there and they continue their practice. They have regularly been performing in different cities of India.”

Bharatanatyam, for Rahul, is the best dance and form of exercise in the world. He finds it distinct and different from other forms of classical dance in other countries. “In Bharatanatyam, the movements are very clear. There are different facial expressions in this form. It is more tuned to acting. The dancer has to act to show different emotions and feelings. We are taught that there are nine emotions that human beings carry. In this dance, I have to play a hero and villain in one performance. A dancer has to perform different roles. It is a single dance with different characters.”

Rahul believes classical dance keeps an individual on track through thick and thin in life. “I have observed and experienced this in my life. If one learns and practices classical dance, he or she will never stray in life. He or she will remain a polite and gentle person completely following the good practices and principles of life. One classical dancer will be distinct among 10 western dancers because of his or her different aura. I have seen that in my teachers and friends.”

For Rahul, classical dance works as a stress-buster. “When I am tense or unhappy, I start practising dance. It makes me stress-free and fresh. It seems tension has become a part of everyone’s life. Art, in general, and classical dance, in particular, make you relaxed and fresh. It gives me real mental peace. I feel very relaxed. Till today, I have no idea what a headache is. It keeps my physically fit. Dance for me is a Tapasya (devotion).”

“Further, dancing is very dear to me. It has given me both recognition and respect. When I teach young children, they slowly start abiding by me. Sometimes, parents come to me asking for my support to teach their kids everyday life lessons. They believe that their children listen to me. In fact, whatever I preach, I practice it first. I am very friendly and professional with the children.”

Teaching and training others gives a sense of both satisfaction and accomplishment to Rahul. “Everyone needs to earn money. I am no exception. However, I also earn satisfaction from teaching classical dance. When parents appreciate my role in learning of their children, I feel proud. The feedback has been very positive. For example, recently I was invited at Don Bosco School in Shimla where over 3,000 girls study. I spoke to the students for an hour about classical dance and its significance. Some of the most senior teachers of the school applauded my style of teaching and conveying the message.”

The enthusiastic classical dancer plans to continue teaching and training young students. “I have programmes in the pipeline to perform dance dramas in different countries. In Doha, I like teaching kids from different nationalities and cultures. I want to continue teaching dance. In Qatar, I feel more respected because people give due recognition to art and dance.”

“In Doha, I like teaching kids from different nationalities and cultures. I want to continue teaching dance. In Qatar, I feel more respected because people give due recognition to art and dance.”

FAMILY Rahul with his wife Seema and son Bharat.
Chaliyar Doha elects new office bearers

Chaliyar Doha recently elected its new office bearers in a general council meet, held at Qatar Grand Palace hotel. The new office bearers include Abdul Latheef Feroke, President; Zameel Abdul Wahid Chaliyam, General Secretary; Keshav Das Nilambur, Treasurer; Haider Chungathara, Siddique Vazhakkad, Firoz Areekode, C P Shanavaz Cheruvannur, Mohamed Lies Kuniyil, and Jaber P N M Beyyore, Vice Presidents; CT Siddique Kodiyathur, Basheer Manakkadavu, Rathheesh Kakkov, Sabik Edavanna, Ahmed Niaz Moorkunil, Dr Shafiq and Mambad, Secretaries, Ajmal Areekode, Haseeb Akkod, Raghurath Feroke, Basheer Kuniyil and Noufal Kattayat, Secretariat Sub-Committee; Masood V C Thruthryadv, Chief Adviser, Shoukat Ali T A J, Chief Patron, and Siddiq Purayil, T T Abdul Rahman, Manaf Edavanna, Babu Kappapiyil, E A Nasser, Mohamed Koya - Keezhuparambu, Patrons. T T Abdurahman, M T Nilambur and T P Alwar Vazhakkad controlled the elections.


ISS team excels in CBSE National Taekwondo Championship

Team of Ideal Indian School (IIS) recently bagged second position along with five bronze medals in the CBSE National Taekwondo Championship held at St. Xavier’s College Balrampur, India. The team, included Ahmed Osman Ahmed Bara, a student of Grade-XI; Nishank Grade-X; Sawad, Grade-XII; Yousef Ragab, Grade-XI; and Mutaba, Grade VIII. Yousef Ragab was the team captain and the team was coached by Amazadan Khan. The team managers, included Durairaja, for Boys, and Nafisa, for Girls. Syed Shoukath Ali, Principal of IIS, lauded the efforts put in by the team and congratulated them on their victory.

BLOOD DONATION DRIVE: SNC Lavalin and MSC Mediterranean Shipping Company Qatar, in collaboration with Hamad Medical Corporation (HMC) Blood Bank, recently organised a blood donation drive on its premises. Over 55 employees took part in the drive. Both the companies plan on organising more such campaigns to promote a culture of voluntary blood donation by educating people on its importance of making a positive impact on other people’s lives. Supporting within the local community is the key to MSC Shipping’s sustainability and corporate social responsibility (CSR).
NBA – Qatar organises event to honour the Ambassador of Nepal

Nepali Business Association – Qatar (NBA) recently organised an event to welcome and honour Dr Nairad Nath Bhardwaj, newly appointed Ambassador of Nepal, Mahindra Chamlagai, President of NBA, chaired the event. The event was coordinated by Mahindra Chamlagai. President of NBA, Ramesh Bhatta, Secretary at NBS Qatar, and Chudamani Karki, member of NBA. Speaking on the occasion, the ambassador praised Nepali entrepreneurs in Doha and hoped their continuous success in the future. He said, “NBA should build people-to-people relations between Nepal and Qatar in the economic field.” He also said that NBA members should spread the message among the Qatari investors that Nepal’s investment ambience is more than good to invest on sectors, including hydropower and agriculture. He also urged all to share the message that Nepal is launching Visit Year 2020 “There is political stability in Nepal, and all economic indicators are going up, so, it is time to ask our Qatari friends to invest in our country without risks,” he added. Dr Dev Kaji Dangol, patron of NBA, said that Qatar being one of the fastest growing economies in the world is looking forward to diversify its economy, and it is a good time for the country to invest in Nepal. R K Sharam, Vice President of NBA – Qatar, said “I would like to call ambassador as a guardian of our community. It is not possible to strengthen bilateral ties without an ambassador.” Mahindra Chamlagai, Chairman of NBA, said that NBA is more than ready to co-operate with the embassy to make Visit Nepal 2020 initiative a success. The event was hosted by Sagar Nepal, General Secretary of NBA Qatar.

SIFQ organises grand finale of Students Science Congress 2019

Science India Forum Qatar (SIFQ) recently organised the grand finale of Students Science Congress 2019 as part of birth anniversary of Jagadish Chandra Bose, Indian scientist, at Indian Cultural Centre. Dr P K Joshi, President of International Junior Science Olympiad and faculty of Homi Bhabha Centre for Science Education, TIFR Mumbai, India, presided over the event. Avnish Deshpande, Executive Leadership and Strategy Coach and NLP TRAINER, spoke about the contribution of J. C. Bose on the occasion. Mahesh Naik, past president of Khagol Mandal Mumba, also spoke on the occasion along with conducting an online quiz. The event was attended by over 150 people. Students Science Congress is a flagship programme of SIFQ. It is a unique hands-on science activity for Indian Students in Qatar, where the students get an opportunity to apply their scientific knowledge to address the real-life impediments to community development. This is based on the guidelines of National Children’s Science Congress (NCSC) held in India annually by the National Council of Science and Technology Communication, Dept. of Science and Technology, New Delhi. Total 169 teams from various Indian schools in Qatar participated in Junior and Senior categories of the competition. They worked on innovative science projects under the theme of ‘Science, Technology and Innovation for a Clean, Green and Healthy Nation’ under the guidance of a guide teacher. All these teams were evaluated by a team of judges, professionals via three review rounds. The 25 qualified projects were evaluated by Dr Hemant Pande. All finalist teams exhibited their science projects during Grand Finale which were evaluated by Dr P K Joshi. The winners of the competition, included Pooja-Divya-Chakravorty, Sr. Medhavi-Sakshi-Naik, in Junior Category; Sunita-Arthi-Rajeev, in Senior Category; and Pooja-Divya-Chakravorty, Sr. Medhavi-Sakshi-Naik, in overall third position.

Oryx Rotana unveils its National Day offers

Oryx Rotana, the five-star luxury business hotel in Doha, has recently unveiled its offers to mark the Qatar National Day celebrations, stated a press release. To make the National Day truly memorable, the hotel is providing an array of offers specially curated to participate with members of all communities on this special occasion.

Aligned with the 141st anniversary of the founding of the State of Qatar, Oryx Rotana is presenting its offers revolving around the numbers 41 and 141 in celebration of this important event. Guests can avail a discount on the best available rates of 141 QR for stays of 41 hours for bookings made from December 18 till January 18. Booking window will be opened during the National Day until December 19.

For the restaurants, guests can enjoy the Michoui night on Wednesdays for QR141 only at Al Nafourah Garden. The Cellar, the Spanish/Mediterranean restaurant will offer a three-course set menu for just QR141. Oryx Rotana all-day dining Choices will be introducing the 1-4-1 offer (one -Four(For)- one) for their lunch and dinner buffets, where two can dine and pay for one. Moreover, Sky Lounge will be offering a variety of special National Day desserts served with coffee or tea for QR41. Bodylines Fitness and Wellness Centre however will extend 50% discount on annual membership.

In addition, the pastry chefs at Oryx Rotana along with his entire team, has created a model of Souq Waqif, one of Qatar’s most historic landmarks. The model is made of Fondant, where eight buildings were built representing the houses of Souq Waqif along with Al Fanar Islamic Cultural Centre. The iconic structures were decorated with a spray of Arabic coffee to give a distinctive colour to the design which will continue to be displayed at the hotel’s lobby from 8 December until the end of the year. Commenting on unveiling the exceptional offers, Ghassan Dalal, General Manager of Oryx Rotana, said, “We are delighted to launch these exclusive offers for Qatar National Day to make the celebrations extra special for our guests. The National Day is one of the most special days in Qatar and we are working hard to make it memorable for all our guests. On behalf of all our team, we would like to wish all our guests and residents a very happy National Day.”
It's a beautiful day in Mr. Rogers' neighborhood

Inside the historical society, Townsend proudly points out other exhibits: quilts, school desks, fireplaces from old buildings, memorabilia from the town's other native son, golf legend Arnold Palmer, writes Amy Bertrand

Welcome to Mr. Rogers' real neighbourhood," says Mary Lou Townsend as she opens the door to the Latrobe Area Historical Society on a warm fall Friday afternoon. The building, formerly a synagogue, sits on a tree-lined street in the small town with a population of about 8,000, about an hour outside Pittsburgh. Just a few blocks over are the school and the Presbyterian cathedral where Fred Rogers spent his formative years. Within walking distance is the stately brick home in which he grew up. Inside the historical society, Townsend proudly points out other exhibits: quilts, school desks, fireplaces from old buildings, memorabilia from the town's other native son, golf legend Arnold Palmer.

Then we arrive at the Fred Rogers corner. Hung on a lattice wall are puppets – playthings Rogers created long before King Friday XIII, Daniel Striped Tiger and X the Owl, the characters that would help legions of children learn empathy and kindness long before King Friday XIII, Daniel Striped Tiger and X the Owl, the characters that would help legions of children learn empathy and kindness.

As Fred Rogers, recently opened in theatres across the country. In 2018, a documentary about Rogers' life, Won't You Be My Neighbor, rekindled interest in Rogers’ legacy and that of his classic PBS children's television show, Mister Rogers' Neighborhood. "I think he taught a lot of things that have been lost on the world today," Townsend says. "People want to hear those messages again. Kindness, Understanding. I think we crave that sort of thing." Those who grew up watching the show, along with his newfound fans, may want to plan a trip to Latrobe, the highlight of Pennsylvania's Fred Rogers Trail.

St. Vincent College

Just outside downtown Latrobe sits the lovely St. Vincent College, a private Benedictine liberal arts college where there's a course in Fred Rogers ethics. Monks in robes walk the hilly campus, there's a football field where the Pittsburgh Steelers hold their summer training camp, and amid a field of wildflowers, there's a gleaming Fred M. Rogers Centre, built in 2003. Rogers' family had ties to the university, though he never attended there.

Upon entering, visitors can get a glimpse, through windows, of the holdings of some 30,000 pieces of memorabilia. It's mostly papers, scripts from the TV show and the like, but there's also a replica of King Friday's castle and a giant Lady Elaine Fairchilde head, used in one dream-sequence episode.

Upstairs is the main Fred Rogers exhibit, a public, interactive display featuring information on the life, work and influence of Rogers. A sign at the entrance to the centre reads: "This exhibit offers a window into his work, both on screen and off. It examines the origins of Fred's core values, to which he adhered with fearless and unwavering authenticity, and follows his path from small town boy to nationally known media personality. With his gentle, unassuming manner, he made a profound impression on everyone he encountered."

On view are many iconic artefacts from Mister Rogers' Neighborhood, including some of the original puppets, Daniel Striped Tiger's Clock, the Neighbourhood Trolley and several of Rogers' sweaters and sneakers, all encased in glass. Video screens play iconic episodes or recorded interviews with Rogers that are worth a listen. On my visit, it was crowded, and the videos were difficult to see.

Emily Uhrin, the archivist at the centre, talked about Rogers' influences on the town and on society as a whole. "He never expected to be on television, but he always expected to communicate with children and to help them." She says Rogers' widow, Joanne, and some former cast members such as David Newell (Mr. McFeely) often stop by to drop off more memorabilia.

"The archives keep growing," she says. "More people are donating because I think they are realizing what an impact he has made, and they want to share with others. ... His teachings seem to be reaching more and more people, and more people want to learn more about him."

Downtown Latrobe

A few miles away is downtown Latrobe, once a bustling coal town. It's easy to imagine it as the setting for It's a Wonderful Life. Latrobe is the birthplace of the banana split, but Tossed Pharmacy, a soda fountain Rogers used to frequent as a boy, is no longer there. In its place, a vacant lot and a giant banana split sculpture.

Just next door is the Latrobe Art Centre, founded in 2002 by Fred's only sibling, Nancy (Laney) Rogers Crozier. Some of her watercolour paintings hang on the wall.

Executive director Lauren Buesch says the centre has grown over the years, taking over multiple storefronts as it expanded. It mostly displays work by local and regional artists, but visitors can also buy Fred Rogers merchandise – mugs, T-shirts, sticky notes and more items bearing his likeness. (I have to wonder what he would have thought about all this.) Each June, the street in front closes for Mister Rogers Family Day.

Ricolotta's Cafe offers Italian and Mediterranean favourites such as a Neighbourhood Salad (veggies, pecans and cranberries), and around the corner, be sure to stop at James H. Rogers Park, named for Fred's father, a community activist.

A statue of Fred sitting on a park bench is a popular spot for sightseers who stop and pose with him. Sculptor Jon Haur used Rogers' real jacket, shoe and pants sizes to create the lifelike piece. (In downtown Pittsburgh, there's a 7,000-pound sculpture of Rogers called Tribute to Children.)

Rogers, an ordained minister, grew up in the nearby Latrobe Presbyterian Church; if it's a nice day, walk there and see if the workers will let you look around. It's a beautiful chapel and worth a look on its own. It's also open for services.

There's a Fred Rogers display at the local high school, though it's not the physical building where he attended; that one, at 1501 Ligonier Street, is now privately owned. To honour its famous graduate, the school showcases not only

school memorabilia but a few production items from Mister Rogers' Neighbourhood. The display is only open to the public during scheduled school activities. Visitpa.com also lists the address of the Main Street home where Rogers was born and the Weldon Street home where he grew up. They're privately owned, so slow down on a drive-by, but don't gawk. Linda McKenna Boxx, who has lived in the Weldon Street house for 35 years, gave me a private tour of Rogers' childhood home. "Come around here," she called as she walked to the side door. "This is how he would have entered, and his friends would have come in this way." It's a beautiful home with hardwood floors, a sun room, fireplaces and a backyard with large trees. It wasn't hard to imagine a young Fred playing the piano in the front room, reading in the sun porch or playing with his puppets on the wood staircase.

One Last Stop
A fitting last stop in Latrobe is at beautiful Unity Cemetery. It takes some windy country roads to get there, through this beautiful area called the Laurel Highlands, but GPS can help. Rogers died of cancer in 2003 and is buried in the family mausoleum there. Visitors can park at the church and walk a half-mile or so toward the back. On a hill, a small building is visible with tall, wood doors and four sturdy columns and the name Givin on the top (it's a family name). Climb the path and peek in the windows. "Fred McFeely Rogers" is etched in marble along the side wall next to his mother's and father's names.

The skies were blue, not a person around – just the silence of a breeze and maybe a squirrel running through the trees on my visit. A beautiful day in this neighborhood.

More Fred Rogers stops
Idlewild & SoakZone – A classic amusement park in Ligonier, Pa., has a Daniel Tiger's Neighbourhood Trolley Ride.

Sen. John Heinz History Centre in Pittsburgh – An exhibit here hosts the largest collection of original items from the set of Mister Rogers' Neighbourhood: the castle, the Great Oak Tree, the living room set and more.

Children's Museum of Pittsburgh – More exhibits from the show are on view, including original puppets and a set that predates the ones at St. Vincent College.

Pennsylvania Trolley museum in Washington, Pa. – See real trolleys. It's also where the iconic episode Grandparents was filmed.

STATUE: The Fred Rogers statue at James H. Rogers Park in Latrobe, Pennsylvania 
HISTORICAL MARK: The Pennsylvania State Historical Marker of Mister Rogers on the Main Street side of the park was installed in June 2016.
HUMBLE ABOARD: The home Fred Rogers grew up in Latrobe, Pennsylvania. It's privately owned and not open for tours, but plenty of people in the town know it as the former home of James and Nancy Rogers.
The celebrity wax attraction

Madame Tussaud was born on 1 December 1761 in Strasbourg, France, and died on 7 December 1850 in London. She was the daughter of an upholsterer and later became a famous wax sculptor. Tussaud was noticed for her talent at the young age of 13 when she created a wax sculpture of Benjamin Franklin that was displayed in London. Her talent increased, and she took to creating busts of notable figures such as Marie Antoinette, Napoleon Bonaparte, and members of the English Royal Family.

In 1835, after 33 years touring Britain as a waxwork museum, Madame Tussaud moved to “Baker Street Bazaar”. In 1884, the museum was shifted to Marylebone Road. It was first opened on 1835, Madame Tussauds has been leaving visitors star struck, with a portrait of its figures, such as the Romantic philosopher Voltaire. She followed study by medical students.

There are many tedious processes that the wax figures go through before they are displayed in all their perfection. It takes six months, more than 250 precise measurements and photographs, 2,400 lbs of wax and $45,000 to make each of Madame Tussaud’s wax portraits. Each subject is invited for a seating to be able to get the right body measurements. However, if the subject is unavailable for these measurements, the studio artists study hundreds of photographs and watch hours of video to create the figure.

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1. What does a Grabatologist collect?
   - Ties.
2. Roger Federer has become the first living person to have a commemorative coin dedicated to him by the Federal Mint Swissmint. What is the legal face value of the coin?
   - 20 Swiss Francs.

Do you have some interesting bytes to share? And, does your vibe attract you to the “Tribe NI.yays”? Every week two of your best questions will be featured here. Please do write to us at ni.yays@zoho.com.

Tussauds London in April 2007 just to present his double with a diamond engagement ring. The female fan is probably still single. Shah Rukh Khan.

In the 1989 season, this team from Qatar became the first Arab club side to triumph in the Asian Club Championship by defeating Al Raheed of Iraq on an aggregate of away goals. Twenty - two years later, they won the 2011 Asian Champions League and earned a spot in the 2011 FIFA Club World Cup, in which it finished third. Name this team.

Al Sadd.

The global eradication of which infectious disease was certified by a commission of eminent scientists four decades ago on 0 December, 1979 and subsequently endorsed by the World Health Assembly on May 8, 1980.

Smallpox. Only two infectious diseases have been completely eradicated in history; the other is Rinderpest, which is an infectious disease of cattle that was eradicated in 1921.

Born as Tanya Maraj-Petty in Trinidad and Tobago, name this rapper, singer, songwriter, actress, model and more today’s (Dec 8) birthday girl. A Barb doll, inspired by her, was released in 2011.

Nicky Minaj

Shovelhead, a panhead and a knucklehead are different types of what?

Harley Davidson bikes.

Below is an image of Earth taken on December 7, 1972, from a distance of about 29,000 kilometers from the planet’s surface. It was taken by the crew of the Apollo 17 spacecraft on its way to the Moon, and is one of the most reproduced images in history. What is the name given to this image? NASA has also applied the name to a 2012 series of images which cover the entire globe at relatively high resolution.

“Blue Marble”

(Answer next week. Answer to last week’s photo-quiz: Rosa Parks.)
Nature’s light show

The Northern Lights, or Aurora Borealis, is a phenomenon that can be seen mainly in the Earth’s polar regions.

What causes the Northern Lights?

1. Gas particles collide in sun’s corona, split into electrons and protons, called plasma.

2. Plasma escapes through hole in sun’s magnetic field.


4. Solar winds meet Earth’s magnetic sphere; particles accelerate along open magnetic field lines in the polar regions.

5. Solar wind particles collide with air molecules, energy is transferred into light; billions of such processes cause the Northern Lights.

Aurora Borealis as seen from Canada

Source: Northern Lights Planetarium
Graphic: Staff, TNS
**Wordsearch**

```
L R I G B D A I C W V U S A A
I E B O G P S T O R M Y U C D
T D L F E W G E R U S S E R P
N N I S U N N Y U M I L G R W
C U Z D V C L O U D C E V A R
W H Z E R L R D H N O E D I B
O T A H C Y P F D S L T L N A
N L R F O R N T F M D S I C Y
S A D T D H R T L O L T M O W
H B A L S A M M O L I A H E L
V R D I E Q T L O Y D A C P A
T E Y L O S U V D M L W M Y O
H E C I O N P A S D M I V H D
N Z Y R W C M G L E R N A D G
H E F H A F C V L L R D R S H
```

BLIZZARD  SQUALL  MILD
FOG  CLEAR  THUNDER
SLEET  HAIL  DRY
BREEZE  STORM  PRESSURE
FRONT  CLOUD  WIND
SNOW  ICY  FLOOD
CALM  SUNNY  RAIN
FROST  COLD

**Codeword**

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

```
TO LET TOLL TOLL TOLL TOLL TOLL TOLL
TO LET TOLL TOLL TOLL TOLL TOLL TOLL
TO LET TOLL TOLL TOLL TOLL TOLL TOLL
```

Puzzle courtesy: Puzzlechoice.com

**Sudoku**

```
7  4  8  3  5
5  9  3  4
3  7  2  9
1  4  6
4  5  9
8  2
```

Sudoku is a puzzle based on a 9x9 grid. The grid is also divided into nine 3x3 boxes. You are given a selection of values and to complete the puzzle, you must fill the grid so that every column, every row and every 3x3 box contains each of the digits 1 to 9. No digit may be repeated.

Sudoku courtesy: Puzzlechoice.com

**Adam**

```
LAURA, THIS FLAGGER'S HOME COFFEE IS COULD BE THE ANSWER TO OUR MONEY WOES!
IT JUST FEELS WRONG! YOU CAN'T STAND THEIR COFFEE!
LAURA, FOR THIS MONEY, I'D EAT ANYTHING!
THAT'S ANOTHER THING!
I DON'T HAVE A STRONG MORAL CODE, LAURA! YOU KNOW THIS!
```

**Pooch Cafe**

```
NOW PONCHO, DON'T YOU EAT THAT BURGER.
I WON'T PROMISE, SHUSH.
```

**Garfield**

```
GET THIS... JON WAS OUTSIDE...
```

```
DECORATING THE HOUSE FOR CHRISTMAS...
```

```
I FELL THROUGH THE ROOF...
```

```
YOU GAVE THE ENDING AWAY!
```

**Bound And Gagged**

```
AND NO COOKIES AND MILK, EAT WHATEVER THEY LEAVE FOR THE REINDEER.
```
Super Cryptic Clues

Across
1 Southern Iceland? (10)
7 Do find West Country river charming (7)
8 Girl involved in Indian nationalism (4)
10 I turned to a letter from Greece (4)
11 Austrian vine seen to need cultivation (8)
13 People from Zagreb, perhaps, overthrowing Castro (6)
15 Amusing type could be derisive when crossing street (6)
17 Use paint to represent flowers (8)
18 Dreadful rage after the first of December (4)
21 A goddess from another age (4)
22 Like one of three needing holiday permit? (7)
23 First prizes making models glad (4,6)

Down
1 Get involved with an intermediary (5)
2 So the bus is empty? (4)
3 Check it again and plant it (2-4)
4 Apprentices scatter as I enter (8)
5 Study before exam or competition (7)
6 Undersea overseer? (9)
7 Girl transplanting a thin tree (9)
8 Normal flag? (8)
9 He got on badly, being very active (2,3,2)
10 What a snake may do that amuses a baby (6)
11 Is little Leslie seen in the Hebrides, for example? (5)
12 I’m in Los Angeles, an American city (4)

Solution

Colouring

Wordsearch

Codeword
Research shows that people who are at high risk of developing diabetes improved their health when they consumed all of their meals over a span of just 10 hours, or less over a period of 12 weeks.

The study, published in the journal Cell Metabolism, revealed that participants who adhered to time-restricted eating (TRE) improved their health outcomes. The study involved 19 participants diagnosed with metabolic syndrome, with 16 taking at least one medication, like a statin.

Participants used an app created by Panda called MyCircadianClock to log when and what they ate during an initial two-week baseline period followed by three months of 10-hour time-restricted eating per day.

They were told they could decide what time to eat and how much to eat as long as all food consumption occurred within a 10-hour window. At the end of the 12 weeks, participants averaged a three percent reduction in weight and body mass index (BMI) and a four percent reduction in abdominal/visceral fat.

Many also experienced reductions in cholesterol and blood pressure and improvements in fasting glucose. Seventy percent of participants reported an increase in sleep satisfaction or in the amount they slept.

"Patients also reported that they generally had more energy, and some were able to have their medications lowered or stopped after completing the study," said study researcher Pam Taub from the University of California. – IANS

**ARIES**
March 21 – April 19

You might be more energetic than you've felt in a long time. It's the perfect day to get busy with tasks, projects, and housework. You'll breeze through most things in no time and enjoy them. Resist any temptation to procrastinate! If you put things off, you'll miss the current cosmic support. Make a list of things to do and start. You'll be done before you know it!

**TAURUS**
April 20 – May 20

If only more days could be this easy. The energy from the aspects is revitalising, allowing you to get a lot accomplished. If there's something you've hesitated to do, seize some of the day's added confidence and go for it. You'll succeed at anything you take on. Don't get caught up in doing another's work because you have energy in abundance.

**GEMINI**
May 21 – June 20

Today will start off with an energy boost for you. Seize the opportunity to make the most of this by getting those major projects and chores handled. It isn't every day that you feel this good. If you get to work right off the bat, you'll have plenty of time to do something recreational afterwards. If you're into sports, the extra energy will give you quite an edge.

**CANCER**
June 21 – July 22

Today the cosmic conditions are great for peak physical and mental energy. You'll be able to take on almost anything. With an added increase to your confidence level, now is the time to take steps towards your biggest goals. Rather than worry about rejection, think, "Nothing ventured, nothing gained." Even though you aren't big on taking risks, the ones you take today will be worth it.

**LEO**
July 23 – August 22

Expect to enjoy today. You're in great shape and operating at peak performance. These are excellent conditions for working or creating. Given the chance, your mind will teem with innovative ideas. Put effort into everything you do today. If the opportunity comes up to participate in a new venture, give it serious thought. It could be a smart move.

**VIRGO**
August 23 – September 22

If only more days could be this easy. The energy from the aspects is revitalising, allowing you to get a lot accomplished. If there's something you've hesitated to do, seize some of the day's added confidence and go for it. You'll succeed at anything you take on. Don't get caught up in doing another's work because you have energy in abundance.

**LIBRA**
September 23 – October 22

You're off to an excellent start. If you've felt a little weary lately, this will change. Added mental and physical strength is available to you. Yes, you can accomplish a great deal. Take a little of this energised time to socialise with a friend or engaging in your favourite hobbies. There's no need to direct it all into serious matters.

**SCORPIO**
October 23 – November 21

You might feel like you have more energy today than you usually do. Whether the tasks ahead require physical strength or mental acuity, approach them with confidence. Things come easily and readily, and you can accomplish a great deal. Expect to start your day with renewed strength and energy. Almost everything on your to-do list will fall into place. You can approach your projects with confidence and vigour because you can do what needs to be done. If there's something you've wanted to take on or start, you'll be hard-pressed to find a better day. Make the most of the confidence surge. There's nothing you can't handle.

**CAPRICORN**
December 22 – January 19

This will be one of those days when you're glad to get up. The energy is exceptionally positive. You'll probably feel energetic, confident, and ready to get down to work on your projects. This in combination with your tendency to work hard can have you going strong. Don't overdo it. Take some time to smell the roses and take a little rest.

**AQUARIUS**
January 20 – February 18

It's going to be a great day to get things done. Cosmic conditions will have you feeling energetic and raring to go. If there's a list of things to do waiting for you, grab it and get going. You might need to resist the temptation to spend time socialising. If you focus on your priorities, you'll be finished before you know it and there will still be plenty of time left for play.

**PISCES**
February 19 – March 20

This will be an excellent day to start some of the projects you've held back for some time. You'll likely feel more physical and mental energy than you've experienced lately. Whether your day is filled with work or play, things are going to go great. You can tackle tasks with confidence. Be productive by giving your energy a place to go.
Star Trek actor Walker Jr. no more

Actor Robert Walker Jr., son of actors Robert Walker and Jennifer Jones, is no more. He was 70.

Walker Jr. died on Thursday, his family confirmed to the official website for the television show Star Trek, reports variety.com.

Walker Jr. is best remembered for playing the titular Charlie Evans in the Star Trek episode Charlie X from the show’s first season in 1966. His character was a teenage social misfit with psychic powers. The episode was written by D.C. Fontana who also passed away earlier this week.

Walker Jr. also starred in a handful of 1960s pictures including Ensign Pulver with Burt Ives and Walter Matthau, and Young Bobby Young with Burl Ives. The actor also starred in 1960s pictures including Ensign Pulver with Burt Ives and Walter Matthau.

Walker was born in Queens, New York in 1940, by which time his father was just launching his career as an actor.

In 1967, Walker Jr. starred in The War Drums with John Wayne and Kirk Douglas. His career throughout the 1980s and 1990s mostly consisted of guest appearances in TV shows, including two cameos in Murder, She Wrote. He wrote opposite Angela Lansbury.

Later on in his TV career, Walker Jr. appeared in L.A. Law and In the Heat of the Night both in 1991. He was also seen in Imtiaz Ali’s untitled film opposite Kartik Aaryan which is scheduled to release on Valentine’s Day next year.

LONG CAREER: Robert Walker Jr. was son of actors Robert Walker and Jennifer Jones.

DIVERSE: Bhumi Pednekar says: “I want to be diverse and enjoy the process of becoming someone on screen.”

I’m a restless actor: Bhumi

Actress Bhumi Pednekar calls herself a restless actor and says her film choices are a testimony to the kind of actor she wants to be.

“It is the time for good cinema and I want to do the best cinema that is being made by the industry today. I have set this target for myself and I want to push myself and challenge myself as an artiste to realise my vision for myself. I’m a restless actor and I like to do everything,” Bhumi said.

She added: “My film choices are a testimony to the kind of actor I want to be. I want to be diverse and enjoy the process of becoming someone on screen. It is hugely satisfying when people forget the name of who is acting on screen and invest themselves thoroughly into the character they are seeing.”

The actress’ latest release Pati, Patni Aur Woh has collected Rs 91.1 crore on day one. Her previous releases Baahubali and Saand Ki Aankh too were very well received at the box-office.

“I am thankful to audiences and critics and the universe for this incredible year. It has been an immensely satisfying year creatively and it has made me realise that I have to trust my instincts at choosing scripts because all my choices have worked for me from a commercial and a critical point of view,” she said.

Bhumi is honoured to work with some of the most creative filmmakers and cap off the year with Pati, Patni Aur Woh. – IANS

Sara gets nostalgic as debut film turns one

Sara Ali Khan’s debut film Kedarnath had released on December 7 last year, and the actress took to Instagram and posted a nostalgic comment.

The 24-year-old Sara said she “can’t believe it’s been a year” and mentioned that the film “has been and will always remain an integral part” of her life.

The actress, who made her Bollywood debut with the Abhishek Kapoor directorial on December 7 last year, also thanked the entire team of the film including her co-star Sushant Singh Rajput.

Sharing a few stills from the sets of Kedarnath on Instagram, the actress wrote: “I can’t believe it’s been a year since everyone met Mukku for the first time. Kedarnath has been and will always remain an integral part of me. Thank you @gattukapoor and @kanika.d for making me meet, imbibe and portray Mukku.”

@sushantsinghrajput I truly appreciate all that you did to support me and help me consistently throughout this journey. I couldn’t have asked for a better Pithoo to carry me through all of this! Thank you Tushar Sir for shooting this film with so much love.”

His final screen credit was a small role in the 2018 thriller Beyond the Darkness. – IANS

Prosecutors accuse Weinstein of repeatedly disabling ankle monitor

A Manhattan prosecutor called for a huge bump in alleged sexual assault defendant Harvey Weinstein’s bail after alleging the Oscar winner couldn’t keep his hands off an electronic ankle monitor.

The disgraced producer sometimes dropped off the law enforcement radar for hours at a time by disabling a piece of his court-ordered tracking device, with 74 violations reported in recent months, charged Assistant District Attorney Joan Illuzzi-Orbon, who requested a bail increase to $5 million or $50 million bond secured by a 10% payment.

“She is a man who has (run) multimillion-dollar businesses, and has juggled many, many issues at the same time,” Illuzzi-Orbon said at Friday’s hearing. “It defies logic to believe that he cannot navigate taking his device with him when he travels outside his home.”

The defence lawyer, while acknowledging that Weinstein sometimes dropped off the radar for hours, said he was not trying to hide from law enforcement.

The defence lawyer, while acknowledging that Weinstein had deliberately done anything to the monitor, blaming “technical glitches” like dead batteries and a lack of cell towers for the issues.

Defence attorney Donna Rotunno denied that the Hollywood honcho had deliberately done anything to the monitor, blaming “technical glitches” like dead batteries and a lack of cell towers for the issues.

“The minute he realised he forgot it, he made a phone call, Rotunno insisted.

Weinstein is pleading not guilty to charges of raping a woman inside a Manhattan hotel in 2013 and performing a forcible act on a second woman seven years earlier.

Weinstein’s dozen accusers include a roster of Hollywood stars including Rosanna Arquette, Daryl Hannah, Salma Hayek and Rose McGowan, has insisted that all his interactions were consensual.

The allegations against Weinstein run the gamut from inappropriate comments and touching to abuse and assault. – New York Daily News/TNS

Disgraced: Harvey Weinstein is seen in Manhattan Criminal Court in New York. Weinstein appeared for a bail hearing, which was adjourned till Wednesday.
Nusantara bikers ride to show support for 2022 FIFA World Cup

By Mudassir Raja

ports bring people of different origins together and create a healthy competition in a friendly atmosphere. However, there are certain sports events that are carried out in a friendly spirit with no sense of competition. Qatar has not only been supporting sport activities but also different sport hobbies and passions pursued by different segments of the society. Riding heavy bikes is considered a costly activity and many expatriates only find it possible to pursue their dream while living in Qatar.

The recent manifestation of how much people take interest in heavy and sports bikes was observed when 70 expatriate bike riders from four different countries came together to show solidarity with their host country and highlight the 2022 FIFA World Cup.

In a first of its kind event, Qatar-based bike riders from Malaysia, Indonesia, Singapore and Brunei enjoyed a road trip from Al Bayt Stadium in Al Khor to Al Janoub Stadium in Al Wakra. The bikers then rode to Holiday Villa Hotel where a cultural and musical event was organised to celebrate the bike ride.

The event named as ‘Riders Nusantara 2019’ was organised by the Malaysian Association of Qatar (MAQ) in collaboration with the Embassy of Malaysia in Qatar. The 70 riders were seen off by a large gathering of their families, friends and compatriots. The riding event was also sponsored by Harley Davidson in Doha.

After a long ride, the bikers gathered at the hotel where cultural performances by Qatar-based Indonesian and Malaysian artist groups amused the large gathering of expatriates from the four countries. The people were served with delectable and traditional Malaysian cuisine in the dinner. Through a luck draw, different awards were also distributed among the winners. The event continued late in the night as the people from the four East Asian countries continued enjoying every moment of it.

Mohamed Shahir Saburudin, Charge d’affaires Embassy of Malaysia in Qatar, who was chief guest on the occasion, said that he was happy that MAQ had organised many activities for the Malaysian community for the last three to four years. The embassy has extended its full support to the event so that all these four Asean countries showcase the activities to support Qatar to promote Supreme Committee Delivery & Legacy for the 2022 FIFA World Cup journey, he added.

Talking to Community after the event, Ayman A Mohamadali, General Manager Harley Davidson, expressed his enthusiasm and support for the biking event. “It is very necessary to support such events as most of the riders use Harley Davidson bikes. I am happy to be with one of the biggest groups of bikers in Doha. We want to show that it is very important to support such groups wherever they go in Qatar. Harley Davidson is like their home. We have always been aiming for their safety and unity.”

Mohamed Redzaan Nordin, President of MAQ, always look for ways to bring the Malaysian people together. “MAQ’s motto is to bring our people together. Previously, we have three such community events. These events were done with the bike riders from Malaysia only. This time we thought to bring the bikers from four South East Asian countries as we speak the same language. We call it Nusantara that means the same archipelago.

“We have very good sponsors and the programme has concluded successfully. In the cultural show, we had traditional dances from Malaysia and Indonesia. There were some music performances that the gathering enjoyed with enthusiasm.”

Dody Pramono, who works with the Embassy of Brunei in Qatar, rode his bike with the group. “I have been in Qatar since 2005. I developed interest in motorbikes when I was quite young. Here, with the riders’ group we have relations like a family.

“I really enjoyed the ride in a big group and hope that we will have more such evening in coming days.”

Zahirin bin Idros is from Singapore and have been working and living in Qatar since 2012. He started riding bike only after moving to Qatar. “I got the opportunity here to buy my own BMW bike. Riding the bike really releases my tension. Whenever I feel stress, I ride my bike and it de-stresses me. Here it was great experience to ride together. We have learnt a lot from each other.”

Roso Widodo, an Indonesian expatriate who has been in Qatar since 2008, has been enjoying riding motorbikes since his college days. “I have also travelled in different European countries on a Harley Davidson bike. Being on bike, I feel I am very young. I really enjoyed riding in the group.”

Zulkifli Mohd Zin, a Malaysian bike rider and chairman of the event, said: “We are supporting the FIFA World Cup 2022. We got together the four countries as we all are neighbours. We also organised a beautiful cultural programme to end the long ride. This is just to show our support for the FIFA World Cup.”

RIDING: Bikers kickstarting their trip from Al Khor

GROUP: Organisers, participants and community members in a group photo.

GROUP: 70 riders were seen off by a large gathering of their families, friends and compatriots. The riding event was also sponsored by Harley Davidson in Doha.

GROUP: Qatar has not only been supporting sport activities but also different sport hobbies and passions pursued by different segments of the society. Riding heavy bikes is considered a costly activity and many expatriates only find it possible to pursue their dream while living in Qatar.