Community
Indian community benevolent forum inaugurates legal clinic to support Indian expatriates.

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Community
A three-minute short film Big Zero wins best films award at Qatar 48 Hour Film Challenge.

Disaster
Skin-lightening cream puts a woman into a coma. And it could happen again! P4-5

Lifestyle
Morning sickness can lead to autism risk in kids.

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Pop Spot
Monkey dances to tunes of Tones!

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**PRAYER TIME**

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<th>Prayer</th>
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<tr>
<td>Fajr</td>
<td>4.10am</td>
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<tr>
<td>Shorooq (sunrise)</td>
<td>5.28am</td>
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<td>Zuhr (noon)</td>
<td>11.22am</td>
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<td>Asr (afternoon)</td>
<td>2.44pm</td>
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<tr>
<td>Maghreb (sunset)</td>
<td>5.15pm</td>
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<tr>
<td>Isha (night)</td>
<td>6.45pm</td>
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**USEFUL NUMBERS**

- Emergency: 999
- Worldwide Emergency Number: 112
- Kahramaa – Electricity and Water: 991
- Local Directory: 180
- International Calls Enquiries: 150
- Hamad International Airport: 40106666
- Labor Department: 44508111, 44406537
- Mowasalat Taxi: 44588888
- Qatar Airways: 44490000
- Hamad Medical Corporation: 44392222, 44393333
- Qatar General Electricity and Water Corporation: 44845555, 44845464
- Primary Health Care Corporation: 44593333, 44993363
- Qatar Assistive Technology Centre: 44590450
- Qatar News Agency: 44490205
- Q-Post – General Postal Corporation: 44464444

- **Humanitarian Services Office**
  - (Single window facility for the repatriation of bodies)
  - Ministry of Interior: 40253371, 40253372, 40253369
  - Ministry of Health: 40253370, 40253364
  - Hamad Medical Corporation: 40253368, 40253365
  - Qatar Airways: 40253374

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**Quote Unquote**

"Scientific thought and its creation is the common and shared heritage of mankind.” — Dr Abdus Salam

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**Fax:** 44350474

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**War**
- **Direction:** Siddharth Anand
- **Cast:** Hrithik Roshan, Tiger Shroff
- **Synopsis:** The film follows an Indian soldier assigned to eliminate his former mentor, who has gone rogue.
- **Theatres:** Landmark, The Mall, Royal Plaza

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**Joker**
- **Direction:** Todd Phillips
- **Cast:** Joaquin Phoenix, Robert De Niro, Zazie Beetz
- **Synopsis:** Forever alone in a crowd, failed comedian Arthur Fleck seeks connection as he walks the streets of Gotham City. Arthur wears two masks — the one he paints for his day job as a clown, and the guise he projects in a futile attempt to feel like he’s part of the world around him. Isolated, bullied and disregarded by society, Fleck begins a slow descent into madness as he transforms into the criminal mastermind known as the Joker.
- **Theatres:** The Mall, Landmark

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Scan the barcode above for the list of timings in all cinemas.
Photo Exhibition: ‘Experience Tanzania’
WHERE: Multaqa (Student Center) Art Gallery at Education City
WHEN: Ongoing until December 1
TIME: 4pm

‘Experience Tanzania’ is a yearly project supported by Student Affairs Division of Weill Cornell Medicine-Qatar that allows students and faculty to explore and immerse themselves in Tanzanian urban and rural cultures. During their trip, WCM-Q’s aspiring physicians offer basic healthcare services to the locals as a way of giving back to the community and learn about the lifestyles, traditions, socioeconomic hierarchies and health systems of the local Tanzanian communities.

A collection of photographs of the wildlife, landscapes and people of Tanzania taken by WCM-Q professor Dr Dietrich Büsselberg will be exhibited.

Qatar International Art Festival 2019
WHERE: Katara Cultural Village

Women in Cultural Leadership
WHERE: Museum of Islamic Art
WHEN: Tomorrow
TIME: 6pm to 7pm

UCL Qatar cordially invites all to attend an interactive panel discussion at the Museum of Islamic Art Auditorium. The panel will be attended by Sheikha Reem al-Thani, Head of Exhibitions at Qatar Museums, Machaille al-Naimi, Director of Community Development at Qatar Foundation, and other prominent local dignitaries.

Career Guidance
WHERE: Right Track Consultants, Al Sadd
WHEN: Sunday – Thursday
TIME: 6pm - 8pm

Career guidance for course, country, college and entrance for students of Grade IX-XII, of all curriculum. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 55448835.

After School Activities
WHERE: Atelier
WHEN: Ongoing

Music and arts activities for students taking place after they finish their day in school includes Group Music lessons, Hip-hop, Ballet, Drawing and Painting, Drama Theatre & Taekwondo. Ages between 5 and 10 years old after school hours.

Hobby Classes
WHERE: Mamangam Performing Art Centre
WHEN: Saturday – Friday

Mamangam is an art and performance centre started with a vision of spreading our knowledge, interests and experience in various disciplines in arts across different countries for children and adults.

Mamangam has become the favourite centre for learning. We offer regular classes in the following disciplines like traditional classical and folk dance forms, art and craft, drawing and painting, personality development and public speaking. Bollywood dance, contemporary, hip hop styles, music both vocals and instrumentals. To develop health consciousness, we train them karate, yoga with special sessions for kids and adults. Mamangam has also come up with chess and robotics in regular batches in an attempt to give a better learning experience, as they sharpen their minds and brains too.

For those who wish to register for more details, visit www.mamangamqatar.in

Basics of TV Presentation
WHERE: Qatar National Library
WHEN: Oct 18
TIME: 5pm to 8pm

Through this workshop, young adults will familiarise themselves with the basics of television presentation. The workshop is led by Library specialist Ahmed al-Maliki.

Short Executive Programme – ‘Re-Inventing Your Business Model’
WHERE: HEC Paris, Doha Campus
WHEN: October 14 and 15
TIME: HEC Paris In Qatar offers an Executive Short Program in ‘Re-Inventing your Business Model’ with HEC Paris Associate Professor Hélène Musikas.

This two-day programme is designed to give executives an original and novel view of how to envisage strategy and suppress crafting in a world that requires constant adaptation. Building on the concept of business models, participants will learn how to systematically explore new opportunities for business models and discover what the conditions are to make this kind of innovation happen in their company.
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Compiled by Nausheen Shakhi. E-mail: gtlisting@gmail.com, Events and timings subject to change
She had been buying face cream through a friend of a friend for 12 years. This time, it was Pond’s “Rejuveness,” a version of the company’s anti-wrinkle cream that is made and sold in Mexico.

But someone in the Mexican state of Jalisco laced the cream with a toxic skin-lightening compound, and it had a devastating effect on the 47-year-old Sacramento resident. She showed up at the emergency room this summer slurring her speech, unable to walk or feel her hands and face, public health officials said. She now lies semi-comatose in a hospital.

Authorities aren’t releasing her name, but they say she is the first known victim of methylmercury poisoning from a cosmetic in the US.

Methylmercury is a heavy metal used in things like thermometers, batteries and mirrors, and long-term exposure can cause kidney damage, loss of peripheral vision and lack of co-ordination.

The chemical — along with a less potent, but still toxic, form of mercury known as calomel — is also a key ingredient in skin-lightening products. A bustling market for these products is driven by immigrants who buy them from their home countries.

The face cream that sickened the Sacramento woman was tampered with after manufacture, but some other skin-lightening products made overseas intentionally contain mercury as an active ingredient, said Bhavna Shamasunder, an associate professor at Occidental College in Los Angeles who studies skin-lightening cosmetics. While mercury removes skin pigmentation,
Shamasunder said the side effects are toxic.

Pond’s, owned by the international consumer products giant Unilever, said it doesn’t use mercury in its products. It encourages consumers to buy their products only from authorized retailers to avoid tampering. The company said it is working with authorities to investigate the Sacramento woman’s case.

In the past nine years, there have been more than 60 poisonings in California linked to “foreign brand, unlabeled, and/or homemade skin creams” that contained calomel, Sacramento County officials said.

While it is illegal to sell cosmetics in the US with more than 1 part per million (ppm) of mercury — except eye products, which can have up to 55 — the Food and Drug Administration can’t keep up with the imports, whether they’re shipped, tucked into suitcases or purchased online.

Nor does it have the regulatory power to enforce recalls or require preapproval of cosmetic products and ingredients before they’re sold, Shamasunder said.

“FDA has extremely poor oversight over our beauty products,” she said. “The burden of proof is on the consumer to get sick first.”

The FDA declined to comment for this story.

Skin-lightening products are popular throughout the world, and the market is projected to grow to $31.2 billion by 2024, according to Global Industry Analysts, a publisher of market research.

Products made outside the US aren’t subject to the same standards as American-made ones and may contain poisonous chemicals, like mercury, or have higher proportions of potentially dangerous ingredients, such as steroids.

Skin-lightening products are advertised for their ability to even out blemishes and skin tone, but some consumers feel pressure to use them on their whole face or body in cultures that tend to confer more money and social status on people with lighter skin.

Nearly 40% of women surveyed in Taiwan, Hong Kong, Malaysia, the Philippines and Korea said they used skin lighteners, while 77% of women in Nigeria and 25% in Mali said they did so, according to the World Health Organisation.

In the US, potentially hazardous skin-lightening products can be purchased in some ethnic beauty stores, in ethnic supermarkets and at swap meets. They can even be found online at sites like Amazon and eBay.

It’s difficult to estimate how many people have been affected by mercury poisoning from cosmetics because screening for the heavy metal is not routine, said Tracey Woodruff, a professor of reproductive sciences at the University of California-San Francisco.

But the problem appears to be concentrated among certain ethnic groups. A recent Minnesota study measuring mercury in the urine of 396 pregnant women from 2015 to 2017 revealed that nine had elevated levels, mostly linked to skin-lightening product use among Hmong and Latina women. Ongoing testing is revealing even more cases, said Jessica Nelson, program director for the state’s biomonitoring project.

Often, poisoning victims get their spiked products from people they trust, Woodruff said.

Woodruff co-authored a report about a pregnant woman in San Francisco who had unusually high levels of mercury in her blood. The source was a jar of Pond’s face cream that had been adulterated in the Mexican state of Michoacán. “A family member gave it to her so it was a trusted source of information,” Woodruff said.

A 2013 study that sampled 367 skin-lightening products purchased in Chicago, Los Angeles, New York and Phoenix turned up at least a dozen products with exceptionally high levels of mercury, ranging from 1,729 ppm to 38,535 ppm. In the Sacramento woman’s case, the contaminated face cream contained a methylmercury concentration of over 12,000 ppm.

The level of methylmercury in her blood was 2,630 micrograms per litre, according to Sacramento County Public Health. Normal values are less than 5.

It’s unclear whether the FDA could have done anything to prevent her poisoning, said Melanie Benesh, legislative attorney for the Environmental Working Group, a nonprofit advocacy organisation.

While the FDA has been able to intercept some high-mercury imports and turn them away, the agency lacks the authority to require companies to register their products and ingredients with the agency. That would make it easier to screen shipments that have a higher risk of being poisonous, Benesh said.

In a 2017 letter to Congress, the agency said it had six full-time inspectors to monitor 3 million cosmetic shipments annually. “Right now, the FDA is really flying blind,” she said.

So it’s up to public health officials to catch poisoning cases as they happen and then trace their way back to the source.

In California, state public health officials are developing a campaign to educate shopkeepers and consumers. They also train volunteer community health workers like Sandra Garcia, 63, to meet with families to discuss the symptoms of mercury poisoning.

Garcia, who lives in Tulare County and picks and packs grapes for a living, estimates that she has purchased creams from 40 stores to send to public health officials for testing since March. And she has visited 60 homes to hand out brochures and help residents identify poisonous products.

“There are people that get angry and say that the cream is good and that nothing bad has happened to them,” she said. “But the majority of people are frightened and give me their creams.”

Leads on retailers that sell mercury-laced products may be handed over to law enforcement for potential follow-up, said California Department of Health spokesman Corey Egel.

Public health officials recommend consumers avoid buying cosmetics at swap meets and flea markets, and check that products are properly sealed and labeled.

At a discount store near MacArthur Park in Los Angeles, shop worker Lili García dismissed the notion that consumers should avoid skin creams manufactured abroad.

She sells unopened jars of Pond’s Rejuveness cream from Mexico for $5 and $10, depending on the size, while Target lists American versions for $8 and $15, respectively.

Garcia, who uses the same cream herself, said she had heard about the Sacramento woman on the news and felt sorry for her. But she said it’s up to consumers to check that products are sealed; beyond that, there isn’t much else they can do.

“Well, the buyer buys the product, and they don’t know what’s inside,” she said.

Kaiser Health News
Year 11 students from Doha British School (DBS) are celebrating after achieving a record set of IGCSE results. A total of 48% of grades were secured at the equivalent of an A*/A grade (Grades 7, 8 and 9 in the new grading system) which is the school’s best ever set of results despite the more challenging syllabus and grading system introduced this year. A total of 89% of students have met and exceeded the benchmark standards of five Grade 9-4 including English and Maths. The examination board was so impressed by the results that they awarded certificates of ‘exceptional performance’ to 28 DBS students. These awards are in recognition of students who met the requirements for the ‘High Achievers Awards’ category where students achieved grades 8 or 9 in 5 or more subjects. This puts them in the top 1% of IGCSE students worldwide.

DBS Vice Principal, Paul Sherlock said: “This is an outstanding achievement by our students and we are immensely proud of their success. Well done to all 28 for their hard work and dedication to their studies. To achieve these exceptional levels exceeds both the hard work of the students but also the relentless effort and dedication of all the teachers at DBS. A permanent focus on securing excellent academic outcomes for students is the core purpose of DBS. In addition students are encouraged to embrace the wider aspects of school life and to participate in the many extra-curricular activities on offer. A wider and broader commitment to develop the whole child is very important to the school.”

MES Indian School recently conducted a parent outreach programme for the students of Class-XII at the conference hall. Dr Madhavi Lalitha, Indicators Specialist at the Ministry of Transport and Communication and a versatile personality, was the resource person of the day.

The one-hour session stressed the importance of children developing the right attitude in life during the formative years. Quoting personal references, Dr Madhavi Lalitha urged the students to take up the challenges of life as stepping stones to reach the summit. She also affirmed that struggles in life breed confidence and influence one’s outlook toward life in a positive manner. The active participation of the students was noteworthy. The session was co-ordinated by Annamma Shamy, Head of Section Girls’, and Mohamed Ilias, Head of Section Boys’. Hameeda Kadar, MES Principal, expressed her appreciation for the effective address of the resource person and honoured her with a memento.

The students of Pakistan International School (PIS) recently participated in Maker Majlis, a youth development programme by UNDP that provide a great platform for the young minds. It was hosted by Hamad Bin Khalifa University at the Education City Mosque. As many as nine students from PIS namely, Munyu Jamal, Muhammad Moosa, Mauzlah Naseem, Maheen Malik, Alyna Arshad, Aruba Afroz, Eiman Rehars, Urmene Haani Ali and Sarah Alkar attended the programme. The students learned a lot about the Sustainable Development Goals (SDGs) in a fun way.

On the first day, the students were tested about their knowledge of the SDGs and later they watched a video about Qatar’s development for the FIFA world cup 2022 and the work in progress for Qatar’s 2030 vision. Then they were divided into six groups with six members in each group. The groups were given a task in which they were assigned one SDG and had to write issues that the particular SDG aims to resolve. The students were asked to write 50 issues within two minutes. To make the task a little more challenging, the students were then asked to choose the issue that needed serious attention and which had to be solved at first hand.

On the second day, the students were asked to relate the problems to Qatar and find solutions to solve the problem they had chosen the previous day. All the students worked hard to come up with ideas to solve them. On the third day, the students were given a new challenge to make a prototype of a business idea that they market as well as solve the problem and earn a reasonable profit. The winning team had two students, Munyu Jamal and Urmene Haani Ali, from PIS. Their team were given SDG 8 which aimed at decent work and economic growth and the issue, the team chose was ‘To overcome the problems faced by the workers due to extreme heat in Qatar’ and they came up with a brilliant idea of ‘Ultra Cool’ which would be a uniform comprising of a cooling device, powered by the belt, in the shirt and a jump suit made of reflective material, made of aluminium, to save the workers from the heat in Qatar and provide them a sustainable environment to work on very hot days. The team then pitched their business idea and was given a trophy for the best business idea and great solution to overcome the problem.
ICBF opens legal clinic

Indian Community Benevolent Forum (ICBF), under the patronage of Embassy of India, recently inaugurated a legal clinic. The inauguration was done by P Kumaran, Ambassador of India to Qatar, at Integrated Indian Community Centre (IICC), Al Thumama.

The legal clinic is aimed at supporting the Indian expatriates, who are in need of legal assistance, especially for the workers who do not have means to receive proper legal help or hire a lawyer. The legal clinic is being operated by Kocheri & Partners Legal Consultants, who are providing legal consultancy in Qatar for many years.

Nizar Kocheri, Chairman Kocheri & Partners, and P N Baburajan, President of ICBF, signed the memorandum of understanding in the presence of the ambassador. The free consultation service will be provided every third Thursday of the month from 5pm onwards at ICBF office.

S R H Fahmi, First Secretary at the Embassy of India and Co-ordinating Officer ICBF, and Sona Soman, 3rd Secretary at the Embassy of India, also attended the inauguration ceremony.

Dr Nizar Kochery said that this is part of humanitarian service he has been doing for many years as he provides such assistance to other communities too. P Kumaran applauded the efforts of ICBF to start the legal clinic and expressed that this is the need of the hour as many people are in need of legal assistance, which is a costly affair. Community leaders and members who were present on the occasion applauded the efforts of ICBF in starting such a new initiative to support the needy.

Santosh Kumar Pillai delivered the welcome address and conducted the proceedings.

Telangana Jagruthi
Qatar organises
Bathukamma festival

Telangana Jagruthi Qatar, an affiliated organisation of Indian Cultural Centre, recently organised Telangana state festival called ‘Bathukamma’ amid fanfare.

Nandini Abbagouni, President Telangana Jagruthi Qatar, said: “Bathukamma is a unique festival only celebrated in the southern state of India – Telangana.” The event organised a folk theme dance and two guests namely, Telu Vijaya and Asta Gangadhar were specially flown into Qatar from India. They mesmerised the audiences with their performances.

AP Manikantan, President ICC, and Baburajan, President ICBF, graced the event as chief guests and gave away awards to KS Prasad and others as a mark of appreciation and for their contribution to the society. Vinayak Chenna, General Secretary, said: “Bathukamma goes back to centuries and is a symbol of culture of Telangana.”

New HIQ Cricket Club jersey launched

The HIQ community group recently released the new jersey for Cric Qatar Champions League, which is going on at present in Doha and it is being participated by 48 teams.

Syed Rafi, Channel 5 CEO, released the jersey in the presence of eminent personalities of Doha namely, Syed Gulraiz and Amjad Khan of Indian Hyderabadi Spices Restaurant.

Mukarram Hussain, Captain of HIQ Cricket Club, was present at the launch ceremony alongside Mohd Atif, Zeeshan, Mohd Mustafa, Vijith, Afzal and Junaid.

Speaking on the occasion, Syed Rafi said that the reason behind selecting blue colour for the jersey is to go with the Indian national cricket team for men in blue concept. Sponsored by Channel 5, the jersey has been made from recycled material.

HIQ Cricket Club is one of the best teams and Channel 5’s faith in them shows their commitment to cricket, said Syed Gulraiz and Amjad Khan.
Maserati’s spirits were high, as they recently showcased the past and present of V8 engine Maserati cars at the glamorous Goodwood Revival. Held at the famous racing circuit in West Sussex, the event captures the automotive world as it was from 1948 to 1966 with both competitors and spectators in period dress.

As an automotive partner of Goodwood Revival, Maserati once again took part in the Earl’s Court Motor Show with a display highlighting the history of the V8 Maserati cars and inspired by the marque’s classic 1960s motor show stands.

Taking pride of place on the stand was the brand new V8 Maserati Levante GTS, finished in Bianco Alpi with a nero interior. The Levante GTS perfectly embodies the Italian marque’s legendary DNA, with a 3.8 litre V8 Twin Turbo petrol engine and developing 530 HP, the GTS features an exterior restyling focused on the lower front fascia and the rear bumper, also giving the Levante GTS a strong stance and head turning presence. The GTS was joined on stand by a stunning Quattroporte Series 1, the first series production Maserati with a V8 engine.

Over fifteen classic Maserati models, including a 6CM, 8CM, Tipo 63 along with four examples of the iconic 250F, were competing at Revival, featuring in races across the three-day event. Maserati cars took to the circuit competing in the Goodwood Trophy, Freddie March Memorial Trophy, Richmond & Gordon Trophies and Sussex Trophy.

Highlights from the weekend included a third place finish and fastest lap for Richard Wilson in a Maserati 250S during the Freddie March Memorial Trophy recently.

Guests of Maserati were able to experience old world glamour at the Revival, enjoying exclusive hospitality at Goodwood House, and being chauffeur driven to and from the Revival in a fleet of Maserati Levante, Quattroporte and Ghibli models.

Qatar Malayali YouTubers (QMY), a platform for Qatar based YouTubers from the South Indian state of Kerala, recently organised ‘The Big Meetup’ in association with Fuji Film Qatar, Youth Hobbies Center and Teatime at Katara Cultural Village. The event saw the participation of over 70 Qatar based content creators and was made interactive and entertaining with the presence of the popular YouTubers Rasool Kareem (Kareemtime) and Ebadu Rahman (Ebadutime Tech). Ebadu Rahman conducted an interactive knowledge sharing session that was followed by a technical session by Fuji Film Qatar representative. Noted YouTuber Rasool Kareem and popular South Indian Tiktokers joined the networking and social session that followed. During the knowledge sharing session, Ebadu Rahman said: “A person needs to decide whether he wants to become a YouTuber or an Influencer. Anyone with a camera can become a YouTuber, but to stand out of the crowd one really needs to focus on creating a niche of his own. Creating content is not the key, success lies in delivering your content in the right way to the right audience.” Various videography and lighting techniques were introduced and discussed in the technical session by Fuji Film Qatar. Participants were given an opportunity to try the latest vlogging accessories by the brand.

As a tip to the YouTubers, Rasool Kareem suggested the importance of consistent uploading. “Don’t wait for results, your hard work will be paid one day, keep uploading consistently,” he added. Certificates and mementos were distributed to QMY members at the event. Liji Abdulla, one of the founding members, received the title ‘Best QMY Member 2019’ and the channel The Kakkasserys won the title ‘Favorite QMY YouTuber 2019’. The winners were chosen based on online voting. Radio Suno was the official radio partner of the event. The platform is ideal for new and established YouTubers to share their knowledge and to learn about the latest YouTube updates. Members interact with each other via Whatsapp and Facebook groups.
GAZOO Racing kicks off season with victory at 4 Hours of Silverstone

AZOO Racing (GR) started the 2019–2020 FIA World Endurance Championship (WEC) season in prime style recently, with a one-two victory during an eventful 4 Hours of Silverstone in the United Kingdom. Mike Conway, Kamui Kobayashi, and José María López took victory in the No. 7 TS050 Hybrid Electric Vehicle (HEV) to register the sixth consecutive win for reigning world champions, GR.

The impressive opening result was achieved despite recent changes to the FIA’s Equivalence of Technology (EoT) rules, which are designed to ensure a level playing field in the LMP1 class. This season, GR’s TS050 HEVs will carry 90kg more weight than their nearest rivals. In addition, refuelling time for the HEVs has been increased to one second longer than non-HEVs in order to compensate for the speed advantage of restarting in electric mode. The vehicles’ fuel tank capacities have also been reduced to ensure an equal number of laps per race for both HEVs and non-HEVs.

A weekend crowd of 49,600 enjoyed an action-packed race in changeable weather conditions. Home favourite Mike Conway started from pole position in the No. 7 TS050 HEV, and maintained this advantage throughout the early stages. As the race approached the 90-minute mark, an intense rain shower hit Silverstone. The GR cars initially attempted to avoid a costly unplanned pit stop, but track conditions deteriorated rapidly and both eventually changed to wet weather tyres. Pit stops proved to be an influential factor throughout the race, with the GR team’s vehicles earning precious seconds during tyre changes.

With the third hour approaching, Brendon Hartley took the lead in the No. 8 TS050 HEV. However, Kobayashi was directly behind in the No. 7 TS050 HEV and overtook soon after as half-distance approached. The race entered its final two hours under a safety car, which brought the top three vehicles close together. When racing resumed after a 23-minute safety car period, the two TS050 HEVs led the way and soon their margin over the third-placed vehicle was increased to almost a minute.

This left the two GR drivers to fight it out for victory. The pair swapped places several times before handing over to López and Kazuki Nakajima for the final hour. The two vehicles competed for first place through the challenging Silverstone circuit, with López holding the advantage to eventually take the chequered flag in the No. 7 TS050 HEV, just 1.901 seconds ahead of Nakajima in the No. 8 TS050 HEV.

Mike Conway, Chief Representative, Middle East and Central Asia Representative Office, Toyota Motor Corporation, commented: “We are thrilled to have achieved this performance in the new season. The entire team can be proud of their performance in this exciting race, which further extends GR’s winning streak from last season. Participating and excelling in competitive racing lays the foundations in our journey towards building ‘ever-better’ cars that bring greater satisfaction and put a smile on our customers’ faces. I’d like to thank all of Toyota’s loyal fans for their constant support – we look forward to giving them even more reasons to cheer as the season continues.”

Mike Conway, Driver of the No. 7 TS050 HEV, said: “It’s great to win my home race here at Silverstone. I’ve been trying to win this race for a while now; it took me long enough! Big thanks to my teammates, who did a really solid job in tricky conditions. It was a very tight race, so it feels great to come away with the win. Thanks as well to the team for giving us the vehicle to achieve this. This win is for those guys.”

Kazuki Nakajima, Driver of the No. 8 TS050 HEV, added: “Congratulations to all the team, and especially to vehicle No. 7 for the win; also compliments to Hartley and Kobayashi, who raced in extremely difficult conditions and did a really good job to keep the vehicle on the track. That was very impressive. Now we look forward to our home race in Japan and aim to get back on the middle step of the podium there.”

The challenge of winning again on home ground will be even tougher for GR this year, due to new rules that impose performance penalties on cars depending on championship position. The TS050 HEVs will be further slowed compared to their non-hybrid rivals, with the No. 7’s top speed reduced more than its sister vehicle on account of its victory at Silverstone.

Over the years, Toyota has been participating in many different forms of motorsports, including Formula One, the World Endurance Championship (WEC), and the Nürburgring 24 Hours endurance race. Toyota’s participation in these events was overseen by separate entities within the company until April 2015, when Toyota established GAZOO Racing (GR), to consolidate all of its motorsports activities under one in-house brand. Representing Toyota’s belief that “the roads build the people, and the people build the cars,” GR highlights the role of motorsports as a fundamental pillar of Toyota’s commitment to making ‘ever-better’ cars. Harnessing years of experience gained under the extreme conditions of various motorsports events, GR aims to forge new technologies and solutions that bring the freedom, adventure, and joy of driving to everyone.

The result means that the GR team carries an early World Championship lead going into the second round of the season. This will take place at their home circuit of Fuji Speedway on 6 October, where the race length reverts to the more traditional six-hour format.
Komodo dragons wear coat of armor

Just beneath their scaly skin, Komodo dragons wear a suit of armor made of tiny bones. But what do the giant predators – the dominant predators of their world – need to be protected from?

The answer, according to researchers who scanned the bones with high-powered X-rays, is that the armor wards off other Komodo dragons.

Adults need armor for self-defense

The bony plates do not develop until adulthood, study found

Young komodo dragons hide in the trees, but then mature, come down, get into violent arguments with other dragons – and need armored skin for protection.

Source: Jessica Maisano of University of Texas at Austin; The Anatomical Record journal; Gilbert Price of University of Queensland
Graphic: Helen Lee McComas, Tribune News Service
Morning sickness can lead to autism risk in kids: Study

Children whose mothers had hyperemesis gravidarum, a severe form of morning sickness, during pregnancy were 53 per cent more likely to be diagnosed with an autism spectrum disorder, a study said.

Hyperemesis gravidarum occurs in less than five per cent of pregnancies. Affected women experience intense nausea and are unable to keep down food and fluids.

This could lead to dangerous dehydration and inadequate nutrition during pregnancy.

“This study is important because it suggests that children born to women with hyperemesis may be at an increased risk of autism,” said the study’s lead author Darios Getahun, Kaiser Permanente Southern California Department of Research and Evaluation.

“Awareness of this association may create the opportunity for earlier diagnosis and intervention in children at risk of autism,” Getahun said.

For the study published in the American Journal of Perinatology, researchers reviewed the electronic health records of nearly 500,000 pregnant women and their children born between 1991-2014 in Southern California.

They compared children whose mothers had a diagnosis of hyperemesis gravidarum during pregnancy to those whose mothers did not.

The researchers found that exposure to hyperemesis gravidarum was associated with increased risk of autism when the disease was diagnosed during the first and second trimesters of pregnancy, but not when it was diagnosed only in the third trimester.

Exposure to the disease was associated with the risk of autism regardless of the severity of the mother’s hyperemesis gravidarum, the study said.

The results are consistent with the hypothesis that women experiencing hyperemesis gravidarum have a poor nutritional intake, which might, in turn lead to potential long-term neurodevelopment impairment in their children. – IANS

COMMUNITY

LIFESTYLE/HOROSCOPE

ARIES
March 21 – April 19

If you have a tendency to do a little too much dreaming, reality could catch up with you now. The time has come to react immediately.

Aries. Certain financial or professional goals may see some delays. You need to figure out how to get things going again in a more concrete and secure direction. Don’t let anything get past you today.

TAURUS
April 20 – May 20

Everyone has impulsively bought something without really thinking about it first. As far as you’re concerned, Taurus, it happens a little more often than it should. Have you looked at your closest full of the clothes you never wear? Why do you keep them? Is it reassuring? Don’t get caught up in fashion crazes. Try to be more careful with your money.

SCORPIO
October 23 – November 21

It’s time to get down to work, Scorpio. At the moment, you can’t depend solely on your natural creativity, spontaneity, imagination, and originality to get by. You need to demonstrate a certain amount of pragmatism and self-discipline to reach your goals. This will certainly seem more difficult than it really is. It’s time to have faith in attributes other than your intuition.

GEMINI
May 21 – June 20

You’re in tune with the atmosphere around you today because of your tolerance, humanity, and the respect you have for everyone, no matter what their position in society or intellectual capacity. Generosity is coming alive inside you, Gemini. The one thing you want to do is understand the people close to you. Support them and show them that they can count on you.

SAGITTARIUS
November 22 – December 21

What do you want? It isn’t always easy to live with others, Sagittarius. You may ask too much of the people close to you and not be able to stand it when they don’t live up to your high expectations. Your idealism makes it hard for you to compromise. This attitude can cause conflict and make you hard to live with. Change it.

CANCER
June 21 – July 22

If you tend to be a little anxious about solitude, Cancer, it doesn’t necessarily mean you’re dependent on the people close to you. That isn’t the only contradictory thing about your behaviour. You tend to want to bring people together while keeping your distance. From now on, you should try to be a little clearer in your relationships.

VIRGO
August 23 – September 22

Love is in the air, Virgo! You may encounter some wonderfully passionate situations today. You’re ready to live these marvelously rich and emotional experiences to the fullest. Put your doubts and insecurities away for the time being. Lose yourself in pleasure and the unknown. Have a great time!

LIBRA
September 23 – October 22

Today’s powerful astral phenomena will encourage you to develop your skill as a visionary, Libra, no matter what you do with your day. You’re one of those rare people who can sense before anyone else the changes that will happen in the world. Let these feelings encourage you. Use them to believe in tomorrow.

LEO
July 23 – August 22

Sometimes it’s hard for you to believe something unless you see it firsthand, Leo. However, the period you’re in now may be pushing you to try and understand some of the mysteries on faith. Though you probably aren’t one to do this very often, you may be feeling some kind of mystical impulse that makes you think about the nature of your beliefs.

PIRATE
February 19 – March 20

Have you recently lost some faith in the future, Pisces? Isn’t it time to do something about it, especially where your personal life is concerned? You could find the answers to these questions if you’d take a second look at the quality of your close relationships. Who knows? Love might give you back your enthusiasm for life.

AQUARIUS
January 20 – February 18

Have been letting yourself go lately, Aquarius? Now it’s time to take better care of your body. This new initiative will make you feel happier and more ready to tackle life again. You may hesitate over whether or not you should try some of the alternative medicines that you hear about. This is only a small dilemma. Be glad you’ve finally decided to live a healthier lifestyle.

PISCES
February 19 – March 20

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**Wordsearch**

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

**Codeword**

ABU SIMBEL  KARNAK  SPHINX
D E L T A  P H A R A O H  CHEOPS
N U B I A  CAIRO  MUMMY
A L E X A N D R I A  LU X O R  THEBES
D E S E R T  P Y R A M I D S  CLEOPATRA
P A P Y R U S  CAMEL  NILE
A S W A N  MEMPHIS  TOMBS

**Sudoku**

Sudoku is a puzzle based on a 9x9 grid. The grid is also divided into nine 3x3 blocks. You are given a selection of numbers and to complete the puzzle, you must fill the grid so that every column, every row and every 3x3 block contains the numbers 1 to 9, with no repetition.

**Adam**

**Pooch Cafe**

**Garfield**

**Bound And Gagged**
**Super Cryptic Clues**

**Across**
1. A single male part backed by composer (8)
2. Experts playing cards (4)
3. Why endlessly consume grain? (5)
4. Artist is non-starter in game (7)
5. Keep aunt and sis in order (7)
6. I wander back to see a New Zealander (5)
7. Show off extremely frail relative (6)
8. German city and French headgear (6)
9. Bird with new or old coin (5)
10. A bad driver turned up (7)
11. Study former currency in this country (7)
12. Money, we hear, in hidden store (5)
13. Where tools may be kept or discarded (4)
14. Read Pips novel to be informed (8)

**Down**
1. Containers for game (5)
2. She is involved with Alec (7)
3. More take part in the next race (5)
4. Where palm is available (2,4)
5. Prisoner on leave in African river (5)
6. Hairdresser placing pen on catalogue (7)
7. Jazz group formed by band leader in Italian resort (5)
8. Sad face, false appearances (7)
9. Some assassin in Japan (5)
10. Beginners turned on by bad habits (7)
11. Second not out for the count? (4,2)
12. Weight formerly revealed outside university (5)
13. Some mediocre curry (5)
14. Right inside without feeling fear (5)

**Answers**

**Wordsearch**

**Codeword**

**Yesterday’s Solutions**

[Image of a crossword puzzle and a word search puzzle]
**Monkey dances to tune of Tones!**

By Geoffrey Rowlands

There was a time when Ed Sheeran earned his living as a busker. Australian singer-songwriter and musician Toni Watson, better known as Tones and I, has also been her professional career as a busker after receiving a permit to perform on Bourke Street in the Melbourne Central Business District. She would certainly be a very happy lady if she could achieve anything like the scale of world-wide success enjoyed by Ed.

Tones has begun impressively. Her debut single, "Johnny Run Away," reached number 12 on the Australian chart earlier this year. The song did not make too much noise on the international market but it's been a very different story for the follow-up, "Dance Monkey." This track has so far topped the charts in 14 countries and become a massive hit in many more.

*Dance Monkey* has broken several chart records in Australia. After spending eight weeks at number one, "Tones set a new record for most weeks atop the chart by a female Australian artist. She surpassed the record previously set by Kylie Minogue in 1987 with "Locomotion," her cover of Little Eva's 1962 Billboard Hot 100 chart-topper, "The Loco-Motion."

But "Dance Monkey" has continued to dominate the Australian chart. It now has established a record for most weeks at number one by any Australian artist.

The mark was originally set in 2014 by Justice Crew, the Sydney-based dance and music septet who rose to fame after winning Australia's Got Talent in 2010. Their second Australian chart-topper, "Que Sera," did not sell as many copies as their first number one, "2012's Best Boom Boom," but spent nine weeks in pole position.

"2019 has been nothing short of unbelievable for me," says Tones. "I was doing busking on Bourke Street, saw all the buskers and just decided that was what I wanted to do. I knew I could sing. I remember being in the park with all my family and we were just singing a song. My aunt heard me and said I could hold a note. I'd have been about seven. I've never had any singing lessons so my voice is totally natural."

Tones was born and raised on the Mornington Peninsula area just south-east of Melbourne. Her speaking voice is perfectly normal but her vocal enunciation is such that she sounds like someone for whom English is not her first language. "I had sang in pubs with a guitarist friend but didn't play an instrument. I'd had keyboard lessons at high school so when the idea came to be a busker, I started playing around with a drum pad, sound effects and loop pedals. That's how I found my sound." She hardly used her Bourke Street busking permit. A friend suggested Tones would be better advised to try her luck busking in Byron Bay. "Byron is a popular holiday destination in New South Wales. It's a beachside town famous for surfing, scuba diving and whale watching. I bought a van that I could basically live in, took two weeks leave from my job and drove to Byron. I didn't know how things would work out but, on my first night, this guy was listening to me. He said I was good, gave me his card and told me to call him." That guy is now one of her management team. But Tones did not have an instant route to stardom. It took more than a year of writing her own songs, refining her skills and building a following through continual busking before the release of "Johnny Run Away." "I sent out a walk and to busk, I started playing around with a drum pad, sound effects and loop pedals. That's how I found my sound." She hardly used her Bourke Street busking permit. A friend suggested Tones would be better advised to try her luck busking in Byron Bay. "Byron is a popular holiday destination in New South Wales. It's a beachside town famous for surfing, scuba diving and whale watching. I bought a van that I could basically live in, took two weeks leave from my job and drove to Byron. I didn't know how things would work out but, on my first night, this guy was listening to me. He said I was good, gave me his card and told me to call him." That guy is now one of her management team. But Tones did not have an instant route to stardom. It took more than a year of writing her own songs, refining her skills and building a following through continual busking before the release of "Johnny Run Away." "I sent out a walk and to busk, I started playing around with a drum pad, sound effects and loop pedals. That's how I found my sound." She hardly used her Bourke Street busking permit. A friend suggested Tones would be better advised to try her luck busking in Byron Bay. "Byron is a popular holiday destination in New South Wales. It's a beachside town famous for surfing, scuba diving and whale watching. I bought a van that I could basically live in, took two weeks leave from my job and drove to Byron. I didn't know how things would work out but, on my first night, this guy was listening to me. He said I was good, gave me his card and told me to call him.” That guy is now one of her management team. But Tones did not have an instant route to stardom. It took more than a year of writing her own songs, refining her skills and building a following through continual busking before the release of "Johnny Run Away." "I sent out a walk and to busk, I started playing around with a drum pad, sound effects and loop pedals. That's how I found my sound.”

She then went to a walk with my friend, came home, checked my phone and couldn't believe what was happening on Unearthed. I'd seen other people's songs and reviews but never thought such an amazing response could happen to me. That night, "Johnny Run Away" was played on Triple J. "It was great this past July to break the record for the biggest crowd of an opening set at the Splendour in the Grass music festival at Byron. Last year, I was busking outside the festival grounds."

"Johnny Run Away" was initially uploaded to the Triple J Unearthed website. This is an Australian music discovery initiative founded more than 20 years ago by Triple J Radio. Any Australian artist is able to upload their work to Unearthed where it is available to hear on the website. The best songs will also be aired on Triple J Radio itself.

"It was February 18 when I uploaded "Johnny Run Away." It was an amazing, incredible day. Better than Christmas and my birthday rolled into one.

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So far Tones' single has more than 20 million views on her YouTube channel, www.youtube.com/channel/UCQiElBCS4-XGwFjrvDn96w

"I still have many more songs which are ready for my debut album. But I'm at such an early stage of my career that I need to become better known outside Australia. I have some overseas concerts lined up. I know the shows in England are sold out so that's good. It would be fun to also do some busking while I'm on tour. Maybe I might find a few more fans."

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**in brief**

**Sir Rod Stewart**

So many holidaymakers and company employees were left reeling by the collapse of the Thomas Cook travel group. For one English couple, Sharon Cook and Andrew Alitchon, it meant the end of their dream wedding in Las Vegas. They contacted the Caesars Palace Hotel and Casino to explain why everything had to be cancelled.

But staff at Caesars Palace wanted to help. They told America’s Delta Airlines what had happened and generous souls at Delta took it upon themselves to fly Sharon and Andrew, plus 14 members of their family and friends, from London to the US. Not only did everything go as originally planned but the new Mr and Mrs Alitchon had an unexpected addition to their dream day. They were serenaded by a rather special wedding singer, the legendary vocalist Sir Rod Stewart. Rod had heard about the couple’s plight and how others had helped to fulfil their dream. He wanted to contribute his own special gift at their wedding ceremony plus tickets for his Rod Stewart: The Hits Show in The Colosseum at Caesars Palace.

A delighted Andrew posted on Twitter, "Rod Stewart just turned up at our wedding and sang to my wife! I can’t believe what has happened in the last week and this has topped it off. Thank you Rod, you’ve absolutely made our dream wedding.”

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**Loreen**

- Loreen has not exactly been prominent on the international music scene since the Stockholm-born singer won the 2012 Eurovision Song Contest for Sweden with Euphoria.

But she is back now with a cover of the Julia Jones track, "WALK on,” which has been specially recorded as the campaign song for the latest Ellos fashion collection. Aware the original version can be heard at www.youtube.com/watch?v=Q1IgELIT3CA "The video for Loreen’s distinctively different cover can be seen at www.youtube.com/watch?v=2uZ1k2WJU"
“My designs are a way of expressing myself”

Amrit Kaur is a promising fashion designer who won *Gulf Times*’ and Istituto di Moda Burgo Qatar’s ‘Design Your Dream Career’ competition.

By Mudassis Raja

My designs are a way of expressing myself and my culture. I use fabrics as canvas. I really enjoy expressing my art or thoughts on fabrics. These are the words of Amrit Kaur, a young promising Doha-based Indian fashion designer, who won ‘Design Your Dream Career’ competition organised by *Gulf Times*, Community in collaboration with Istituto di Moda Burgo Qatar. The results for the fashion design competition were announced yesterday.

The first runner up of the competition is Chandrika Conjeepuray Palaniraj. The second runner up is Judith Camacho.

Talking to Community, Kaur, who holds a fashion design degree from Istituto Marangoni in Paris, said: “I love fashion so much that I will work for months on it. I would work for 24 hours even without eating, just standing and stitching on mannequin. Sometimes, I would think why am I doing this but when the designs go on models’ runway, I get the feeling that I work for this. That makes me realise that this whole thing is worth it, just to see my art pieces in movement. I enjoy fashion more as an artwork.”

About the designs that won her the competition, the designer, who graduated from the 7th top university in the world with reputable alumni such as Dolce, Gabbana, Moschino, Rahul Mishra & Manish Arora, said: “I have designed two unisex sports T-shirts. The designs are made keeping both men and women in mind while considering their comfort in sportswear. Both designs take the two main colours from the mood board with elements of Qatar’s contemporary architecture.

“My first design includes a fusion of the future along with the traditional touch of the Islamic print. The futuristic element is seen through sleeves which are inspired by the petals of the desert rose represented by the National Museum of Qatar. My second design holds a surface manipulation of a patchwork of rippled fabric in different segments. I have made this manipulation by hand which I would be happy to show in person. The fabric portrays a ripple effect due to high tensity knotting which when released, leaves a permanent fluid illusion on the fabric. This fluidity is also found in the abaya and dress in the mood board.”

Kaur, who has been working to get established in Qatar, further said: “I started my own brand, Amrit Kaur Paris, in my second year of college and went on to present it during Paris Fashion Week three times. My first collection was called Patakhas in Paris [smiles]. The idea was my being a multi-cultural person. I am originally from Punjab in India, born in Singapore, moved to Qatar and then went to Paris and now back in Qatar. The collection was the fusion of all these.

“I started designing when I was studying at high school in Doha. I returned to Qatar in 2016 and since then I have been working with different companies as a designer. Now I have the idea what people in Qatar want in fashion and who my target people are. Recently I released few more collection on the occasion of my birthday in August.

When asked what prospects she sees for herself as a fashion designer in Qatar, Kaur said: “I have seen fashion of different cultures. Qatar has a luxury factor to it. People seem to buy whatever clicks with them. I think that is what resonates with my potential customers. Further, there are people who come from different cultures and live in Qatar.”

Kaur sees Qatar as a country that offers immense opportunities to nourish creative individuals. “One thing that I learnt from Qatar as a fashion designer is how to communicate with clients. Here you learn to communicate with the class and understand the perspective of the customers. When I see how Qatar supports creative things that happen here, I think it is on the right track.”
“My designs are a way of expressing myself”

Amrit Kaur is a promising fashion designer who won Gulf Times’ and Istituto di Moda Burgo Qatar’s ‘Design Your Dream Career’ competition

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Big Zero wins best film award at ‘Qatar 48 Hour Film Challenge’

By Mudassir Raja

It was a first of its kind challenge in Doha. A personal initiative of a film enthusiast, ‘Qatar 48 Hour Film Challenge’ tested the creative abilities of different Doha-based short filmmakers. The recently concluded short film challenge was first conceptualised and then materialised by Abdulrahman Alfiyad, a computer science graduate from Carnegie Mellon University in Qatar and currently working with Qatar Computing Research Center.

The film event that took place at Qatar Foundation Student Center Cinema was attended by 201 participants from all backgrounds and nationalities in Qatar. The participants made up 34 teams in total on the opening ceremony. However, on the day of the closing ceremony, the organisers received 20 films from 20 teams. Around 250 audience members, which included the teams, judges, friends and families.

The first ever public film challenge was won by the short movie Big Zero – a project of an Indian team. The best film was produced by Hisham Madayi under IB Creative Banner in association with Zee Creations. The other producer of the movie is Sunil Kumar Saini.

According to the organisers, the best editing award was shared between two teams. The best cinematography award was won by Yakamoz – a Turkish team from Qatar University. The team members were namely; Abdullah Harun Ilhan, Sima Nur Karakullukçu, and Esma Nur Demir. The best narrative award was taken by 4ART – a team comprising of Jan Carlo Tagudin, Anna Petkevich, Rashid Ismail, and Shiv Kumar Saini.

As far as the best actor award is concerned, it was won by In Action, a Qatari women team. Its members are namely; Noor al-Kuwari, Maha al-Jaber, Maryam al-Kazem, and Sara al-Jaber. According to Community, Rameez Asees, writer of Big Zero, said: “We are very happy to win the best short film award challenge, the first of its kind in Qatar. We knew that we are going to get significant success at the challenge as the audience cheered and enjoyed the short film when it was played on the big screen.”

Sharing the story-line of the short film, the writer said: “The genre of the film is fantasy. It begins with a young man working after office hours. He receives a call from one of his friends to bring pizza for a party. He goes to another room to find a pen. When he writes down pizza on his table physically, he gets amazed. Then he writes the name of a soft drink, the drink appears. He then writes QR100 and the money appears. He becomes very happy. He writes QR1, 000 but the money does not appear. “When he writes 0001, the two QR500 notes appear. He becomes excited and decides to write a big amount. He writes many zeros and when he tries to write one, the pen stops writing. He gets perplexed and throws the pen out of window after trying hard to make it write. The pen hit the head of a man who picks it up and checks if it is working by writing on his palm. The pen writes and the man walks away. The underlying message of the movie is that greed is a curse.”

The short movies were duly judged by a panel of real experts. The judging panel included Ben Robinson, a known UK short filmmaker who is currently working with Doha Film Institute’s Qatar Film Fund. The other judge was Yasser Mustafa, a Qatari cinematographer currently working with DFI.

Rana Kazkaz, from Northwestern University, was another judge. She is an award-winning filmmaker, whose films have been recognised at the world’s leading film festivals including Cannes, Sundance, Tribeca, Abu Dhabi and others. Anka Malatynska, also from Northwestern University Qatar, is an American cinematographer. She has been named as one of the 10 rising stars of cinematography in 2019.