Kithsiri Athulathmudali, the new Sri Lankan ambassador to Qatar, advocates diplomacy that helps all parties. P4-5
**USEFUL NUMBERS**

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency</td>
<td>999</td>
</tr>
<tr>
<td>Worldwide Emergency Number</td>
<td>112</td>
</tr>
<tr>
<td>Kahramaa – Electricity and Water</td>
<td>991</td>
</tr>
<tr>
<td>Local Directory</td>
<td>180</td>
</tr>
<tr>
<td>International Calls Enquires</td>
<td>150</td>
</tr>
<tr>
<td>Hamad International Airport</td>
<td>40816666</td>
</tr>
<tr>
<td>Labor Department</td>
<td>44060557</td>
</tr>
<tr>
<td>Mowasalat Taxi</td>
<td>44588888</td>
</tr>
<tr>
<td>Qatar Airways</td>
<td>44490000</td>
</tr>
<tr>
<td>Hamad Medical Corporation</td>
<td>44922222, 4493333</td>
</tr>
<tr>
<td>Qatar General Electricity and Water Corporation</td>
<td>4495555, 44845464</td>
</tr>
<tr>
<td>Primary Health Care Corporation</td>
<td>4493333, 4493363</td>
</tr>
<tr>
<td>Qatar Assistive Technology Centre</td>
<td>44594050</td>
</tr>
<tr>
<td>Qatar News Agency</td>
<td>44490205</td>
</tr>
<tr>
<td>Q-Post – General Postal Corporation</td>
<td>44464444</td>
</tr>
<tr>
<td><strong>Humanitarian Services Office</strong></td>
<td></td>
</tr>
<tr>
<td>(Single window facility for the repatriation of bodies)</td>
<td></td>
</tr>
<tr>
<td>Ministry of Interior</td>
<td>40253373, 40253372, 40253369</td>
</tr>
<tr>
<td>Ministry of Health</td>
<td>40253370, 40253364</td>
</tr>
<tr>
<td>Hamad Medical Corporation</td>
<td>40253364, 40253365</td>
</tr>
<tr>
<td>Qatar Airways</td>
<td>40253374</td>
</tr>
</tbody>
</table>

---

**PRAYER TIME**

- Fajr: 4.11am
- Shoroq (sunrise): 5.29am
- Zuhr (noon): 11.24am
- Asr (afternoon): 2.47pm
- Maghreb (sunset): 5.18pm
- Isha (night): 6.48pm

---

**THE ROOKIES**

**DIRECTION:** Alan Yuen  
**CAST:** Talu Wang, Sandrine Pinna, Timmy Xu  
**SYNOPSIS:** Extreme sport lover Zhou Feng got involved in an international illegal trade by accident. So he had to follow an international special agent Bruce to Budapest. Together with a crappy police officer Miao Yan, a non-professional scientist Ding Shan and an unemployed doctor LV, they became an amateur unit. In company with the senior agent Bruce, these four rookies started a fight with the terrorists that was both thrilling and hilarious.  
**THEATRES:** Landmark, The Mall

---

**JOKER**

**Direction:** Todd Phillips  
**CAST:** Joaquin Phoenix, Robert De Niro, Zazie Beetz  
**SYNOPSIS:** Forever alone in a crowd, failed comedian Arthur Fleck seeks connection as he walks the streets of Gotham City. Arthur wears two masks — the one he paints for his day job as a clown, and the guise he projects in a futile attempt to feel like he’s part of the world around him. Isolated, bullied and disregarded by society, Fleck begins a slow descent into madness as he transforms into the criminal mastermind known as the Joker.  
**THEATRE:** The Mall, Landmark

---

**Quote Unquote**

“The wound is the place where the light enters you”  
– Rumi
Photo Exhibition: ‘Experience Tanzania’
WHERE: Multaqa (Student Center) Art Gallery at Education City
WHEN: October 8 until December 1
TIME: 4pm
‘Experience Tanzania’ is a yearly project supported by Student Affairs Division of Weill Cornell Medicine-Qatar that allows students and faculty to explore and immerse themselves in Tanzanian urban and rural cultures. During their trip, WCM-Q’s aspiring physicians offer basic healthcare services to the locals as a way of giving back to the community and learn about the lifestyles, traditions, socioeconomic hierarchies and health systems of the local Tanzanian communities.
A collection of photographs of the wildlife, landscapes and people of Tanzania taken by WCM-Q professor Dr Dietrich Büsselberg will be exhibited.

College and entrance for students of Grade IX-XII, of all curriculum. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 5544835.

After School Activities
WHERE: Atelier
WHEN: Ongoing
Music and arts activities for students taking place after they finish their day in school includes Group Music lessons, Hip-hop, Ballet, Drawing and Painting, Drama Theatre & Taekwondo. Ages between 5 and 10 years old after school hours.

Arabic Calligraphy Workshop
WHEN: Saturday – Wednesday
TIME: 6pm
Arabic Calligraphy workshop is back.

Various disciplines in arts across different countries for children and adults. Mamangam has become the favourite centre for learning. We offer regular classes in the following disciplines like traditional classical and folk dance forms, art and craft, drawing and painting, personality development and public speaking, Bollywood dance, contemporary, hip hop styles, music both vocals and instrumentals. To develop health consciousness, we train them kathak, yoga with special sessions for kids and adults. Mamangam has also come up with chess and robotics in regular batches in an attempt to give a better learning experience, as they sharpen their minds and brains too.

Yoga Class
WHERE: Lululemon, Mall of Qatar
WHEN: Every Saturday
TIME: 6:30am – 9:30am
Join the complimentary in-store yoga classes. No registration or mat is required. The class runs on first come first served basis.

Career Guidance
WHERE: Right Track Consultants, Al Sadd
WHEN: Sunday – Thursday
TIME: 6pm – 8pm
Career guidance for course, country, college and entrance for students of Grade IX-XII, of all curriculum. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 5544835.

Come and learn the artistic practice of Arabic handwriting and calligraphy at Music and Arts Atelier.
The lessons will take place every Saturday, Monday and Wednesday at 6pm. For more information, contact registration@atelierqatar.com

Dance and Instrument Classes
WHERE: TCA Campus, Behind Gulf Times Building
WHEN: Wednesday – Monday
Learn the movements of dance styles in Bollywood, Hip Hop and also the musical instruments such as Piano, Guitar, Keyboard for adults as well kids and move in the world of music. For details, contact 66523871/31326749.

Compiled by Nausheen Shaikh. E-mail: gtlisting@gmail.com. Events and timings subject to change.
“Winning or losing is not a diplomatic way of doing things”

– Kithsiri Athulathmudali, Sri Lankan ambassador to Qatar

In order for you to do business across the world, you have to be a diplomat. You have to have diplomatic skills. It is all about diplomacy

By Mudassir Raja

Diplomacy is a combination of respect, knowledge, and application of ideas in a win-win scenario. Winning or losing is not a diplomatic way of doing things. Diplomatic way of doing things is beneficial for both or multiple parties.

This is how an ambassador with non-diplomatic background defines diplomacy. Having extensive experience in international business, he wants to apply his expertise in improving ties with Qatar.

Kithsiri Athulathmudali is the new Sri Lankan ambassador to Qatar. A seasoned businessman and philanthropist, he is enthusiastic about his first-ever appointment as an ambassador and that, too, in Qatar. In a recent interview with Community, the ambassador spoke at length about his experiences, expertise and eagerness to further enhance bilateral trade with Qatar.

Ambassador Kithsiri, who carries a university degree in electrical and mechanical engineering from the US, said: “I have never worked as an engineer. Lucky for me, I got involved in international business. I was hired by a multinational healthcare organisation in the US as a senior manager. I was headhunted by the international company Honeywell to start a global business unit – a healthcare business. I started and managed the business before I became managing director of Asia Pacific for Honeywell. I managed 35 countries out of Singapore.”
In 2002, Kithsiri left the company and started his own business in Singapore. “I still do the business that is managing complicated high rise buildings from mechanical, electrical and maintenance perspective. I learnt these business traits when I was with Honeywell. I won a big accolade in Singapore: I was awarded an ‘Entrepreneur of the Year’ in 2001 by the government. I went back to the US where I was hired by Johnson Controls. I had the global responsibility of managing a number of business units around the world.”

The acclaimed business manager had to give up his coveted career due to a personal tragedy. “I pursued the career for about 12 years. My father was diagnosed with Alzheimer’s disease. I took couple of years off from my career and took care of my father. In the process, I learnt so much about the disease. I am the youngest of five siblings. I learnt about the disease not only from a psychological perspective, but also from medication perspective. After the death of my father when I went back to the US, I realised to do something for the disease. I started a hospital for Alzheimer’s disease patients in Dallas Texas. I coined a phrase — ‘compassionate care’. It went on to have five facilities that I started. Later I sold the business that is managing a number of business units around the world.”

The international business manager is confident that his expertise will help him in carrying out the job of being a diplomat. “A career diplomat definitely has his or her own expertise. People like me who come from industry have their own expertise. In order for you to do business across the world, you have to be a diplomat. You have to have diplomatic skills. It is all about diplomacy.”

“I think diplomacy is a combination of respect, knowledge and application of ideas in a win-win scenario. Winning or losing is not a diplomatic way of doing things. Diplomatic way of doing things is beneficial for both and multiple parties.”

“Qatar is a very fast developing country. It is a very progressive nation. You have all ingredients in one place here. You have progressive thinking and the funding to go with it. It is a futuristic country. In this environment, if you have expertise in international business and diplomacy, it is easy for you to see the opportunity. You apply your skills to benefit the country you represent and the host country.”

For the ambassador, it is interesting to know that the Sri Lankan expatriates have been working in diff erent diff erent fields. “We have senior executives in banking sector. There are senior executives in construction industry. We have significant amount of people in the IT sector. A big number of people are with Qatar Airways. There are 300 to 400 Sri Lankans working in agriculture and farming sector. I visited a farm and got amazed to see that in the middle of the desert we are growing flowers.”

The ambassador’s idea of improving bilateral ties with any country is to create a win-win situation. “I think you have to look at the resources; you have to look at manpower; you have to look at the political structure; you have to look at the economic structure and then you have to come up with what opportunities you have that create a win-win situation for both countries. In case of Qatar, they do not have a forest and we in Sri Lanka have greenery everywhere. There is an opportunity for us to offer our expertise to Qatar in this field.”
COMMUNITY

MES organises inter-section quiz

As a part of the school literary activity programme, MES Indian School recently organised an inter-section quiz for the students of Classes X to XII. Students of all the four houses of the school namely, Red, Yellow, Green and Blue participated enthusiastically to achieve the winning positions. The quiz was conducted in five rounds which include selecting number, throwing dice, pictorial representations, rapid-fire round and buzzer round. The Red House of the Boys’ Section won the first prize with 100 points. The second prize was won by the Yellow House of the Girls’ Section with 90 points. The third and fourth positions were bagged by the Green House of the Girls’ and Boys’ Sections, with 55 and 45 points respectively.

Praheesh Jose, teacher of Department of English, conducted the quiz in co-ordination with Subair, the quiz in-charge of the school, and Mohammed Anees, from IT Department, who contributed the technical support. Hameeda Kadar, Principal of the school, and Mohammed Ilias, Vice-Principal (officiating) Boys’ Section, gave away the trophy to the winners. Antony K K, Literary Activities In-charge Boys’ Section, co-ordinated the event.

ICBF members ID cards distributed

P Kumaran, Ambassador of India to Qatar, recently inaugurated the distribution of membership ID cards to Indian Community Benevolent Forum (ICBF) members at Integrated Indian Community Centre (IICC), located at Thumama. First sets of cards were distributed among community leaders namely; Hassan Chougule, Nilangshu Dey, Azim Atbaas, A P Manikantan, P N Baburajan and Harish Kanjani. P Kumaran also distributed the cards to ICBF managing committee members and advisory council members too. The membership cards were introduced as an evidence for members to show their commitment to the benevolent cause they are taking part.

The ICBF is a unique charitable organisation under the patronage of the Embassy of India.

NAM alumni elect new office-bearers

The alumni of NAM College Qatar recently elected the new office-bearers for the year 2020-22. Jasar Achoth is new president while Ishaque Ali T and Ashraf Panoor are the vice-presidents. Saleem Parakkadavu is the new general secretary. The secretaries are namely; Anas Cherumoth and Abdulla Korumbath. Abdul Raoof is the treasurer. Riyas PVK is programme co-coordinator. Sharafudheen MPK and Muhammed Edakudi were elected as advisory board members.
Nepali community welcomes new ambassador to Qatar

Different Nepali community organisations including Non-Resident Nepali Association-National Co-ordination Council Qatar (NRNA NCC), Nepali Business Association Qatar (NBAQ), Nepali Muslim Society (NMS) and others recently welcomed Narad N Bhardwaj Wagle, new Nepali ambassador to Qatar.

Wagle has worked as a columnist for The Rising Nepal, associate professor at Tribhuvan University, interpreter at United Nations Development Program (UNDP) and manager of Gorkhapatra Publications. Wagle has replaced Ambassador Ramesh Prasad Koirala.

Doctor Dev Kaji Dangol, one of the oldest Nepali community leaders, said: “It was my pleasure to welcome our new ambassador to Qatar after a few months. His arrival will open many opportunities for the Nepali community. I know he is very energetic and has very good knowledge about Qatar. He is a well-educated person and I have read many of his articles in The Rising Nepal. There are some bureaucratic hassles for the Nepali professionals to come and work here and the new ambassador will work on this matter too. I wish him a successful tenure.”

Raj Regmi, Vice President of NBAQ, said: “I like to warmly welcome Ambassador Narad N Bhardwaj Wagle in Qatar and wish for a very successful tenure. He has good qualities such as promising academic qualification and long diplomatic experience. His arrival will help to take the bilateral ties between the two countries to the next level. It is not possible to strengthen bilateral ties without an experienced ambassador. There are many pending issues which the ambassador will be able to resolve. I hope that we will see a constructive economic approach to attract Qatari investments in Nepal. Likewise, we are hoping to see greater promotion of tourism in Nepal from Qatar and to make the 2020 initiative of the Nepal government a success.”

TB Karki, Adviser of NRNA NCC, said: “I know that the new ambassador is well-educated and has sound diplomatic skills. We hope his tenure will be very successful. I am very hopeful that he will enhance the bilateral ties. Nepali people will and are working to make 2022 FIFA World Cup very successful.”

—I By Usha Wagle Gautam

IWA celebrates Dandiya Night

Indian Women’s Association (IWA) Qatar recently celebrated a colourful and glittering Dandiya Night with DJ Shameem to mark the festive season at hotel Crowne Plaza. Around 150 women attended the event and danced to popular Garba songs and played Dandiya with Bollywood hit songs. Highlight of the evening was the on the spot dance competition and winners were given prizes. The participants namely; Shruti, Priyanka and Suparna were the respective winners. Mugdha, IWA member and Zumba dance instructor, taught dance steps to the members. The luckiest among the crowd received prizes in the lucky draw. The event was also attended by Ritu Kumaran, IWA patron.
NU-Q celebrates new faculty publications

A collection of newly published books and monographs by faculty at Northwestern University in Qatar (NU-Q) was celebrated at a special event with students, faculty, and staff in attendance.

Some seven authored and four edited books, as well as two monographs, were produced by the NU-Q faculty and staff in the last academic year ranging from scholarly non-fiction studies to works of fiction.

The event, hosted by the NU-Q Library and Academic Affairs, was moderated by Haricela Zengos, senior associate dean, and featured a panel discussion with the faculty and a reception following. In introductory remarks, Everette E. Dennis, dean and CEO, noted the “permanence and portability of the book, the oldest continuing communication medium or platform” and noted that the publications reflected “remarkable productivity and output by a faculty of 38 persons.”

In addition to the panel, there were book displays and a video presentation on each of the publications.

The books covered a range of subjects, including: media issues and biases; the relationship between culture, time and politics in the Arab world; the digital evolution in advertising across the MENA region; mobile digital disruption in the Gulf; the role of intellectuals within contemporary Arab discourse; and a novel on the secret life of Van Gogh’s physician. Two monographs were also published by NU-Q on Arab identities and images in film, and the latest variation on the school’s annual media use project, a longitudinal study.

Jairo Lugo-Ocando, director of executive and graduate education and professor, discussed his two most recent books: Crime Statistics in the News: Journalism, Numbers and Social Deviation and Poor News: Poverty, Politics and Ideology in the British Press. The first, he said, “deals with the way journalists engage with numbers to construct arguments on crime in their stories, and how they use these numbers to legitimise or question arguments in that context,” while the second “analyses how journalists report on poverty and social exclusion, by questioning the idea that journalists are watchdogs to power.”

Meanwhile, Zachary Wright, associate professor, who with Amir Sayed and Rudolph Ware co-authored, The Jihad of the Pen: Sufi Literature in West Africa.

He explained that the book “tries to shine a spotlight on the scholarly production of West African Muslim scholars in the last two centuries to show how their ideas were shared and that they were part of a larger intellectual discourse.”

Wright also authored a second book, Sur La Voie De Prophete, which is a French translation of a book published earlier on the history of Sufism in the 18th century in North Africa, with particular reference to the Tijaniyah – the largest Sufi order in Africa today.

Ihem Allagui, associate professor, authored Advertising in MENA Goes Digital, which explores the evolution of advertising practices as agencies adopt a more digitalised approach distinct from more traditional outreach efforts of social media and the web. She said she was inspired to “close the gap by bringing nuance to the cultural components of advertising campaigns that are unique to the Gulf, so students, scholars and advertising professionals gain a better understanding of the status of the advertising market in the region.”

As an expert in contemporary Middle Eastern Studies, Professor Khaled al-Hroub authored The Anxious Intellectual that examines “the role of Arab intellectuals in today’s world.” Hroub explored the various conceptions and roles of intellectuals from two main schools of thought: the Gramscian organic and the Saidian critic. “I wrote this book in Arabic because it contributes significantly to the ongoing debate about the status of the Middle East as it continues to endure many issues including, poverty, war, and instability,” he said.

Sam Meekings, assistant professor, wrote The Afterlives of Doctor Gachet, a novel that uncovers the story behind a painting by Vincent van Gogh of his personal doctor, Paul Gachet. The book explores the history of Gachet’s life as well as the painting itself, and brings nuance to the doctor’s melancholy character.

Several edited books also recognised at the event included Associate Professor Joe Khalil’s Culture, Time and Publics in the Arab World: Media, Public Space and Temporality, which provides readers with a new way of exploring and understanding Arab culture and society through the analysis of real-life occurrences that shape Arab societal structures and experiences. Animation by Scott Curtis, associate professor, looks at the history of animation in the US from its beginnings to the present day.

Also recognised was Curtis’ edited pedagogical title, The Image in Early Cinema: Form and Material.

Contributing to the discussion Justin Martin, associate professor, reviewed findings from NU-Q’s longitudinal study Media Use in the Middle East 2018, which found “that people in Qatar and the region have become more open to the idea of criticizing governments and policies online,” and that “social media use has continued to decline while binge-watching and content streaming have continued to rise.”

As a notable research university on its Evanston and Chicago, Illinois campuses, NU-Q is also building a reputation for research that includes institutional studies, faculty research, and undergraduate student research as well. Beyond books, NU-Q scholars produce scores of refereed articles, book chapters, reports, professional studies, and conference papers. These are reported annually in the school’s Year in Review.

**Authorised books**

- The Anxious Intellectual (2018) by Khaled Hroub
- Crime Statistics in the News: Journalism, Numbers and Social Deviation (2018) by Jairo Lugo-Ocando
- The Afterlives of Doctor Gachet (2018) by Sam Meekings
- Jihad of the Pen: the Sufi Literature of West Africa (2018) by Zachary Wright, Amir Sayed, and Rudolph Ware
- Mobile Disruptions in the Middle East (2018) by Everette E. Dennis, John Pavlik, Rachel Davis Mersey, and Justin Gengler

**Edited volumes**

- Animation (2019) by Scott Curtis
- Culture, Time and Publics in the Arab World: Media, Public Space, and Temporality (2018) by Joe Khalil and Tarig Sabry

**Monographs**

- Media Use in the Middle East 2018 by Everette E. Dennis, Justin D. Martin, Elizabeth A. Lance, and Fouad Hassan
- Arab Identities, images in film (2018) by Pamela Eksline-Loftus
To celebrate World Teachers’ Day 2019 in unison with this year’s Unesco theme (“Young Teachers: Future of the Profession”), The Next Generation (TNG) School decided to introduce ‘Teachers as Innovators’ Award, says a press note.

The objective of the award is to recognise and appreciate the efforts of those teachers, especially the ones new to this profession, who strive every day to introduce innovative practices into their pedagogical approaches, according to the note.

While speaking on the importance of innovative teaching practices, Riyaz Bakali, Director TNG, said: “TNG firmly believes that young teachers have the skills and the tools to create an enabling and technology-enhanced environment, which encourages independent thinking and inspires students to become responsible global citizens. We invite young people to join hands with us to make every child’s educational experience a meaningful one.”

Commenting on the introduction of the award, Ailia Rizvi, Principal TNG, said: “The Teachers as Innovators Award is very close to my heart. At TNG, our teachers are mindful of their responsibility to prepare students for the challenges of the future, and it has been an exciting journey watching them critically evaluate practice, understand expectations, collaborate and plan educational interventions to empower our students. We are very proud of them!”

This year, the ‘Teachers as Innovators’ Award has been received by seven teachers at TNG. These include: Dulanjali Jayasinghe (for harnessing data to introduce educational interventions to improve student performance); Sahla Nazlin (for effectively, creating technology-centred classrooms to enhance student engagement and to develop self-learners); Maryam Habib (for introducing learning centres at Kindergarten to meet the Early Years Foundation Stage – EYFS curriculum standards with outstanding outcomes); Rabiyathul Alvia (for her Empathetic-leaders initiative that paired secondary and kindergarten students to work together on learning concepts); Jenilee Eltanal (for introducing Learning Menus – a form of differentiated learning that empowers learners to take control of their learning in the classroom); Ayesha Sultan (for designing an Urdu Qaida, that supports in the development of a synthetic and logical process of teaching and learning the Urdu language); and Aneeqa Zaheer (for introducing a framework for student leadership projects, that engaged the students in redefining or improving upon different elements of the global school culture). Besides this award, TNG has also introduced several other awards to appreciate and motivate the efforts of its teaching staff, the note concluded.

**SUCCESS STORY:** The graduating class of 2019 at The Next Generation School.

NAKIS students attend Qatar Travel and Holiday Expo

The senior students of Year IX to Year XII of Noor Al Khaleej International School (NAKIS), Doha, attended the ‘Qatar Travel and Holiday Expo’ hosted in Radisson Blu.
Try This

Lens with a strange shape

A “lens” is not always round and flat like a magnifying glass, and here’s a lens with an unusual shape.

1. Wash out the olive jar or test tube, fill with water and screw on top or put in cork.

2. Look through the jar at some large type on the newspaper.

3. Hold the jar in front of your eyes, look at your surroundings.

How do they look?

Look at your helper through the jar and ask him or her what your eyes look like.

How does it look?

Now look through the jar at some small letters.

What happened?

The cylinder of glass and water acts like a lens and bends or refracts light.

It magnifies the type on the page – and your eyes – when held close to them.

Source: Lois Nicholson, American Association for the Advancement of Science

Graphic: Paul Trap/TNS
Want to cut food intake? Dine alone

If you are planning to cut down on your daily food intake to get into shape, better dine alone as a new research has found that people tend to eat more with friends and family.

Eating “socially” has a powerful effect on increasing food intake relative to dining alone, said the study published in the American Journal of Clinical Nutrition.

“We found strong evidence that people eat more food when dining with friends and family than when alone,” said research leader Helen Ruddock from the University of Birmingham in Britain.

Previous studies found that those eating with others ate up to 48 per cent more food than solo diners and women with obesity eating socially consumed up to 29 per cent more when eating alone.

For the study, the researchers evaluated 42 existing studies of research into social dining.

The researchers found that people eat more with friends and family because having food with others is more enjoyable and social eating could increase consumption.

Social norms might “permit” overeating in company but sanction it when eating alone and providing food becomes associated with praise and recognition from friends and family, strengthening social bonds.

The researchers called the phenomenon of eating more with friends and family “social facilitation”.

They found that this social facilitation effect on eating was not observed across studies which had looked at food intake amongst people who were not well acquainted.

“People want to convey positive impressions to strangers. Selecting small portions may provide a means of doing so and this may be why the social facilitation of eating is less pronounced amongst groups of strangers,” Ruddock said.

The researchers explained that ancient hunter gatherers shared food because it ensured equitable food distribution.

In the case of social facilitation, we have inherited a mechanism that now exerts a powerful influence on unhealthy dietary intakes, the researchers said. – IANS
Wordsearch

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.


Codeword

Sudoku

Sudoku is a puzzle based on a 9x9 grid. The grid is divided into nine (3x3) boxes. You are given a selection of numbers and to complete the puzzle, you must fill the grid so that every column, every row, and every 3x3 box contains the digits 1 to 9 once only. The givens are called clue digits. You can enter the digits in your chosen order or in any order, as long as you enter the digits once only in each row, column, and 3x3 box.
Super Cryptic Clues

Across
1. Be in time for difficulty (5)
4. County for males (5)
7. Boy embracing girl from Munich, perhaps (8)
8. Standard extract from Goodman or Miller (4)
9. Fliers with time to construct a floating platform (4)
10. Yes, he’ll make a poet! (7)
12. Old Tory plan upset singer (5,6)
14. Uncommon and unusual places one entered (7)
15. Spots for the grid of war (4)
16. Top marks received by expert (4)
20. Not completely skint, here debtor is overdrawn (2,3,3)
21. Twenty known by those in the know? (5)
22. Settle for salary increase? (3,2)

Down
1. Moderate start for combination locks (5)
2. Unhappy miscreant finally getting reprimand (7)
3. One who will succeed with melody, we hear (4)
4. Fool in poor abode keeping pecker up (4)
5. Where boats may be made of tin and aluminium (5)
6. Taking issue about press operator (7)
11. I may tend to explode (8)
12. Shows given low grades by old people (7)
13. Essay about old play such as King Lear (7)
15. Belief expressed by socialist in company (5)
17. Excessive energy in course of action (5)
18. Prevent containers being brought up (4)

Wordsearch

Codeword
The dark side of Batwoman

By Rick Bentley

The CW’s Arrow has long featured one of television’s most brooding characters in Oliver Queen/Green Arrow as played by Stephen Amell. The hooded vigilante will have competition for the title when the latest addition to the CW’s legion of superhero comic book characters launches today with Batwoman. Ruby Rose’s portrayal of the character introduced in DC Comics in 2006 makes Green Arrow look chipper.

What causes her Dark Knight to be so dark is Kate Kane (Rose) was forced into becoming Gotham City’s new vigilante three years ago when Batman mysteriously disappeared. The city spiralled down because local police were outmanouevred by the criminals. To make matters worse, Kane only returned to Gotham after a dishonourable discharge from military school and years of brutal survival training.

‘She lives in a world where there is little reason to smile. In response to the brooding nature of her character, Rose is quick to say: “I have other facial expressions, believe it or not.’ The other day we did an episode where she had to smile. And the crew true story they were like, ‘You look beautiful today. You know, you look great every day, but you look really’ I was like, ‘It’s because I get to smile today, guys.’”

TRANSFORMATION “It’s an incredible feeling. You feel the transformation unlike any costume I’ve ever put on in any role in my life,” says Ruby Rose.

And although Rose grew up more of a fan of The Teenage Mutant Ninja Turtles, she read Batman comics when she was younger. She became a fan of Batwoman in her early 20s when the new version of the character launched in comics. Rose does all her action scenes in the series wearing the flowing Batwoman costume. As Rose explains, it is not like dressing up for Halloween because the costume has been molded to her body. She easily can move around in it because it feels like a second skin. “It’s an incredible feeling. You feel the transformation unlike any costume I’ve ever put on in any role in my life,” Rose says. “It’s just very difficult to see in. That’s all.”

Batwoman marks the first lesbian superhero that’s the star of a television series. Rose is comfortable bringing that aspect of the character to the production as she has been awarded the Stephen F. Kolzak Award at the 2016 GLAAD Media Awards, presented to an LGBT media professional who has made a significant difference in promoting equality and acceptance.

Being identified as action hero enough for me, says Tiger

Actor Tiger Shroff, who has emerged as one of the most bankable young stars in Bollywood, has said that being identified as an action hero is more than enough for him. “I enjoy doing action films. Today, whatever I have achieved is because of the films I have done, primarily the action films. All my inspirations like Jackie Chan and Hrithik Roshan have been big action heroes. So, I am inspired to be like them and I am inspired to do things like them,” said Tiger, while interacting with the media at the success meet of his new release War in Mumbai.

He was accompanied by his co-stars in the film, Hrithik Roshan and Vaani Kapoor, and te film’s director Siddharth Anand. On his action hero tag, he added: “Currently, my peers are doing such amazing work, so how does one create an identity for oneself? I just want to create my own identity. When people identify me as an action hero, for me that’s more than enough.” — IANS
Has the suit and tie had its day?

Suits you sir? Maybe it doesn’t any more. Sales of formal tailoring have taken a fresh dive as chinos and trainers replace suits and ties in the office.

In a presentation to City analysts earlier this week, Marks & Spencer’s menswear boss Wes Taylor told analysts that retailer, which sells one in seven suits in the UK, would be cutting back the number of suits and formalwear options on sale by 14% while increasing leisurewear by 12%.

“Consumers want to get more usage out of a suit for, but those events are becoming fewer and farther between,” says Tooke.

“Tighter budgets are also putting a squeeze on tighter budgets are also putting a squeeze on the uniform of people who run the world. “The suit is still a signal you are respectable and powerful. It is the uniform for business wear and respectability.”

The suit has been in decline since then, according to Eric Musgrave, author of Sharp Suits, a history of mens’ tailoring. He says that change has been exacerbated by the rise in popularity of the athleisure look.

But Musgrave says the suit still has a place – as signified by the all-prevailing presence of suits in politics and when world leaders meet. “The suit is still a signal you are respectable and powerful. It is the uniform of people who run the world.”

Thanks to wannabe world leaders, and many others who want to look smart, the UK suit market is still worth nearly £400mn a year while sales of smart shirts and trousers are still on the rise.

When they do buy for a big day, Brick says they are being more adventurous – looking for tweed or rollnecks and trainers, and we need to be the go-to tailor.

The replacement suit, which somebody is wearing for work, that part of the market is tougher, he says. “People are buying for the big moment.”

When they do buy for a big day, Brick says they are being more adventurous – looking for tweed or other interesting fabrics or a light coloured suit for a wedding.

“The younger generation want something more fashionable and on-trend. We are talking about a new formal – a suit but worn differently.”

Taylor agrees, saying that M&S isn’t ditching the suit but giving it a good tweak. “Men now wear elements of a suit with more casual items such as rollnecks and trainers, and we need to be the go-to for these casual items that work alongside great blazers and trousers,” he says.

“Tighter budgets are also putting a squeeze on the suit. Consumers want to get more usage out of their clothes,” says Glen Tooke, consumer insight director at Kantar. He says men might buy a blazer, some smart shirts and a pair of tailored trousers and then combine them with jeans or knittedwear to give a variety of looks suitable for both home and office.

“You no longer need two wardrobes,” Tooke adds. “People say who they are by the way they dress and the suit potentially doesn’t allow you to do that.”

“There are things it’s still deemed you need to wear a suit for, but those events are becoming fewer and farther between,” says Tooke.

“Tighter budgets are also putting a squeeze on the uniform of people who run the world,”

The suit has been in decline since then, according to Eric Musgrave, author of Sharp Suits, a history of mens’ tailoring. He says that change has been exacerbated by the rise in popularity of the athleisure look.

But Musgrave says the suit still has a place – as signified by the all-prevailing presence of suits in politics and when world leaders meet. “The suit is still a signal you are respectable and powerful. It is the uniform for business wear and respectability.”

Thanks to wannabe world leaders, and many others who want to look smart, the UK suit market is still worth nearly £400mn a year while sales of smart shirts and trousers are still on the rise.

When they do buy for a big day, Brick says they are being more adventurous – looking for tweed or other interesting fabrics or a light coloured suit for a wedding.

“The younger generation want something more fashionable and on-trend. We are talking about a new formal – a suit but worn differently.”

Taylor agrees, saying that M&S isn’t ditching the suit but giving it a good tweak. “Men now wear elements of a suit with more casual items such as rollnecks and trainers, and we need to be the go-to for these casual items that work alongside great blazers and trousers,” he says.

“Tighter budgets are also putting a squeeze on the suit. Consumers want to get more usage out of their clothes,” says Glen Tooke, consumer insight director at Kantar. He says men might buy a blazer, some smart shirts and a pair of tailored trousers and then combine them with jeans or knittedwear to give a variety of looks suitable for both home and office. “You no longer need two wardrobes,” Tooke adds. “People say who they are by the way they dress and the suit potentially doesn’t allow you to do that.”
Second edition of annual QIAF to start in Katara from October 30

By Mudassir Raja

Doha has steadily gained the reputation of a city that hosts and honours artists from all cultures and countries. The state of the art facilities and increasing number of art enthusiasts are ever ready to welcome and appreciate creative artists.

One illustration of Qatar’s love for art and artists is the annually held Qatar International Art Festival (QIAF) that gathers artists from across the world and provides them exciting opportunities to exhibit their talent in Qatar.

Following the successful first version last year, the second edition of the six-day-long QIAF, one of the largest art festivals in Qatar, is all set to kick off at Katara Cultural Village from October 30.

Over 200 artists/participants from more than 70 different nationalities are going to take part in the art festival that will start from October 30 – the day the guest artists will reach Doha – to November 4 when award and certificate distribution ceremony will be organised. The Festival is organised by MAPS International WLL, a Qatari company. The QIAF will host a number of events such as cultural tour, live painting, master classes, painting exhibition, panel discussion and Artistic Fashion Show.

Talking to Community, Rashmi Agarwal, founder and president of MAPS International, said: “The festival will start from October 30 when we will receive our artist guests coming from outside Qatar.

About 100 artists are coming from outside Qatar. Same day in the evening, we will have a press meet to explain different activities that will take place during the festival.

“On October 31, we will take our visiting artists to a cultural tour of Qatar. The tour will start from National Museum of Qatar. Then we will take the artists to corniche and from there we will go to The Pearl – Qatar. Our next destination during the tour will be Qatar Foundation and Mathaf: Arab Museum of Modern Art. The tour will end at Souq Waqif Art Center.”

The organiser further said: “On the morning of November 1, the artists will take part in live painting event that will be held at Al Hikma courtyard – Fountain Area in Katara. In the evening, there will be a VIP opening of the exhibition at Building number 18 and 19 of Katara. On November 2, live painting will continue in the morning, followed by six different art master classes in the afternoon. In the evening from 6:30 to 8pm, there will be an art panel discussion. The discussion will be held between eight eminent personalities as panellists from Qatar and different parts of the world.”

Rashmi added: “November 3rd is going to be a special day. After the live painting episode in the morning, there will be an artistic fashion show in the evening. The show will have three parts; the wearable fashion, home interior designs, and real art designs – paintings and sculptors. On the last day of the festival, there will again be live painting show in the morning and the award and certificate distribution ceremony will be held in the evening.”

The organiser is upbeat about the second edition and said: “This is going to be a bigger and more diverse festival. Last year we had 147 participants and the number has gone over 200 this year. The new attraction in the second edition is inclusion of artistic fashion show.”

— Rashmi Agarwal, founder and president of MAPS International

“This is going to be a bigger and more diverse festival.
Last year we had 147 participants and the number has gone over 200 this year. The new attraction in the second edition is inclusion of artistic fashion show.”

Speaking about appreciation for art in Qatar, Rashmi said: “Art lies at the heart of Doha. The city has fast become a place where plethora of art related activities take place every year. It has become a privilege for an artist to be in Qatar. Here one can get amazing opportunities to exhibit their skills and add a few feathers of recognition in their plumes.

“It provides a good platform to the artists in Qatar and also all over the world. The festival helps many international artists in gaining recognition and selling their artworks in Qatar. In 10 years, Qatar was declared a cultural country of the region.”