A sporting chance

John Ngurugwe, the Kenyan in Qatar who unites a community through his love of football. **P4-5**
PRAYER TIME

Fajr 4:21am
Shorooq (sunrise) 5:41am
Zuhr (noon) 11:10am
Asr (afternoon) 2:32pm
Maghreb (sunset) 4:57pm
Isha (night) 6:27pm

USEFUL NUMBERS

Emergency 999
Worldwide Emergency Number 112
Kahramaa – Electricity and Water 991
Local Directory 180
International Calls Enquiries 150
Hamad International Airport 40106666
Labor Department 44508111, 44406537
Mowasalat Taxi 44498888
Qatar Airways 44496000
Hamad Medical Corporation 44392222, 44393333
Qatar General Electricity and Water Corporation 44645555, 44645464
Primary Health Care Corporation 44939333, 44939363
Qatar Assistive Technology Centre 44594050
Qatar News Agency 44450205, 44450333
Q-Post – General Postal Corporation 44464444

Humanitarian Services Office
(Single window facility for the repatriation of bodies)
Ministry of Interior 40253372, 40253372,
40253369
Ministry of Health 40253370, 40253364
Hamad Medical Corporation 40253368, 40253365
Qatar Airways 40253374

Quote Unquote
“I never knew how to worship until I knew how to love.”
— Henry Ward Beeche

Community Editor
Kamran Rehmat
E-mail: community@gulf-times.com
Telephone: 44466405
Fax: 44350474

Dark Encounter
DIRECTION: Carl Strathie
CAST: Laura Fraser, Mel Raïdò, Sid Phoenix
SYNOPSIS: A year after the mysterious disappearance of an 8-year-old girl, we meet her grieving family as they return home from her memorial service in their small town. Later that evening, strange lights appear in the nearby forest and the family is exposed to an inexplicably strange phenomenon that rattles them to the core.
THEATRE: Royal Plaza

Princess Emmy
DIRECTION: Piet De Rycker
CAST: Ruby Barnhill, Kenny Blyth, Tyler Collins
SYNOPSIS: Princess Emmy of the Kingdom of Kandis has a secret talent, she can speak to horses. The young princess uses her gift to help maintain peace in the land when her scheming cousin attempts to cause trouble.
THEATRES: Royal Plaza, Landmark

For movie timings and further details please scan the QR code above with your mobile phone camera or visit qatarcinemas.com
Gems and Jewels Exhibition
WHERE: Museum of Islamic Art
WHEN: Ongoing till January 18
TIME: 9am onwards
The exhibition comes in celebration of the 2019 Year of Culture Qatar-India and presents a look at magnificent gems and jewellery from India. Set in Stone: Gems and Jewels from Royal Indian Courts showcases more than 100 pieces from across Qatar Museums’ (QM) collections, including many masterpieces that have never been displayed before.

Photo Exhibition: 'Experience Tanzania'
WHERE: Multaqa (Student Center) Art Gallery at Education City
WHEN: Ongoing until December 1
TIME: 4pm
'Experience Tanzania' is a yearly project supported by Student Affairs Division of Weill Cornell Medicine-Qatar that allows students and faculty to explore and immerse themselves in Tanzanian urban and rural cultures. During their trip, WCM-Q professor Dr Dietrich Büscheberg will be exhibited.

Career Guidance
WHERE: Right Track Consultants, Al Sadd
WHEN: Sunday – Thursday
TIME: 6pm – 8pm
Career guidance for course, country, college and entrance for students of Grade IX-XII, of all curriculum. Career assessments administered for stream preference, career test, branch preference, personality, multiple intelligence and learning styles and productivity. For more information, 55448835.

Qatar International Art Festival QIAF 2019
WHERE: Katara Cultural Village
WHEN: 30 October - 5 November
TIME: 10am - 10pm
The festival offers other benefits to participants, including the promotion of their work, interaction with print, electronic, digital, and social media, interaction with selected art collectors, art investors, and potential buyers. QIAF, one of the largest art festivals in Qatar, is organised every year. For further details, info@mapsqatar.com, qiaf.maps@gmail.com

After School Activities
WHERE: Atelier
WHEN: Ongoing
Music and arts activities for students taking place after they finish their day in school includes Group Music lessons, Hip-hop, Ballet, Drawing and Painting, Drama Theatre & Taekwondo. Ages between 5 and 10 years old after school hours.

Artistic Gymnastic Classes
WHERE: Qatar Academy Msheireb
WHEN: Ongoing
TIME: 3:15pm – 4:15pm
The olympic sport using horizontal bar, rings and floor exercises on mats for the children from age 4 till 16.

Hobby Classes
WHERE: Mamangam Performing Art Centre
WHEN: Saturday – Friday
Mamangam is an art and performance centre started with a vision of spreading our knowledge, interests and experience in various disciplines in arts across different countries for children and adults. Mamangam has become the favourite centre for learning. We offer regular classes in the following disciplines like traditional classical and folk dance forms, art and craft, drawing and painting, personality development and public speaking, Bollywood dance, contemporary, hip hop styles, music both vocals and instrumental. To develop health consciousness, we train them karate, yoga with special sessions for kids and adults. Mamangam has also come up with chess and robotics in regular batches in an attempt to give a better learning experience, as they sharpen their minds and brains too.
For those who wish to register for more details, visit www.mamangamqatar.in

ISC Yoga Championship 2019
WHERE: MES Indian School, Abu Hamour
WHEN: November 1
TIME: 1pm onwards
ISC Inter-School Team and Individual championship is open to all schools in Qatar in U-12 & U-14 Boys and Girls categories. Yoga Championship is also open for Men and Women category separately.
Entry is free. For further details, 55956008, 77353255, 55005964

Compiled by Nausheen Shakh. E-mail: gtlisting@gmail.com. Events and timings subject to change
When love of sport is harbinger of good

John Ngurugwe, founder of FC Kenya, tells the inspirational story of his team. His dream is to one day see FC Kenya compete in the professional ranks of Qatari football.

““What I want is for this football team to carry on and grow into something even bigger. You never know, one day it might be part of the Qatar Stars League.”

— John Ngurugwe, FC Kenya goalkeeper and HSSE Officer at UCL Qatar
Kenya, Ngurugwe has become a popular and well-known member of the Kenyan community in Qatar. And one of the main reasons for his status is the unifying power of football. “I am a person who likes reaching out to people,” said Ngurugwe, who works as an Health, Safety, Security and Environmental (HSSE) Officer at UCL Qatar. “When I first came to Qatar, I thought football was the best way to reach out to other Kenyans in the country.”

Those Friday kickabouts were given a new lease of life when Ngurugwe joined them in 2009, as team captain Eric Otwal recalls. “About six of us used to play every week,” said Otwal. “It was a way to enjoy our day off and we’d discuss family and work issues, sharing what’s going on in the world.”

Otwal continued: “We used to play friendlies until John came. When he joined the team, he came up with new ideas. At first, nobody knew much about Kenyans here, but now this club has a fan base and people come to cheer us on.”

The club’s chairman, Athman Hamis, remembers Ngurugwe’s liveliness during those early games. “He would get changed and put on his gloves, ready to play his heart out between the posts.”

Very soon, the weekly Kenyan kickabout began to be taken more seriously. “We started growing and getting more people involved,” said Ngurugwe. “We started to realise we had a very good environment for football and looked at moving things forward. We decided to create a club.”

FC Kenya now has 60 players on its database, with a core squad of 30 training every week at UCL Qatar facilities, which Ngurugwe organises through his employers.

“When you train here, it doesn’t matter where you work, it doesn’t matter where you go to church or where you worship. We come as a team, we come as one family,” said Ngurugwe.

“We have so many young kids in the team with great potential. We even have players who played in the leagues in Kenya but they couldn’t get better pay or join the national team — so they ended up coming to Qatar for work.”

Running the team is always a challenge, with work commitments and transportation costs affecting the squad size on match days. But as former professional player Davis Ayala explains, Ngurugwe’s outreach efforts and strong organisational skills bring everyone together.

“We have people from the hotel industry, the service industry, construction. Some people come from Umm Salal and the Industrial Area, others come from Al Khor.”

Ayala continued: “Sometimes we might gather them all at once, but sometimes they have to sacrifice playing. We don’t have ample time to train but we have great management and one of the best units in terms of discipline.”

FC Kenya’s breakthrough came in 2014 when they took part in the Qatar Foundation Semi-Pro Football Cup and made it all the way to the quarter-finals. “That made us think ‘yes, we can go far’. It was amazing when we realised we can win,” said Ngurugwe.

The team went on to compete in Ramadan tournaments, the African Nations Cup in Qatar, the Embassy Cup — and eventually, the Qatar Community Football League (QCFL), which was founded in 2017 and is sponsored by the Supreme Committee for Delivery & Legacy (SC) — the organisation responsible for delivering the infrastructure and legacy required for the FIFA World Cup Qatar 2022.

“We have been with the league since it started,” said Ngurugwe. “It’s a really tough league but we have been able to survive in the Premier League for the past three seasons.”

FC Kenya has raised Ngurugwe’s profile to such an extent that he was asked to be the focal point for the local Kenyan community in dealings with the SC. Four years ago, Ngurugwe signed a Memorandum of Understanding (MoU) with the SC which sees the Kenyan community support events related to Qatar 2022 in return for exclusive access to a range of engagement activities.

“The MoU is about us as community leaders being the voice of the Supreme Committee here in Doha and in our community back in Kenya,” said Ngurugwe.

Thanks to the MoU, Kenyans in Qatar have taken part in workshops, training sessions and other community engagement initiatives, such as stadium visits and meetings with key personnel.

Ngurugwe said: “We have had the opportunity to nominate people from our community to take part in workshops related to media, events and engineering. Being involved with the SC has also given me a voice — I have been able to sit around a table with decision makers and voice my opinions.”

Thanks to his exploits with FC Kenya and link-up with the SC, Ngurugwe has earned minor celebrity status in his home country — a profile which he uses to share positive messages about the next FIFA World Cup host nation.

“When people back in Kenya see the stories about the team and our involvement with the World Cup and the legacy it is creating, they see the impact (of the tournament). Thanks to us, people in Kenya feel they are part of this.”

Ngurugwe is determined to enjoy the World Cup when it comes to Qatar in three years’ time but even after he eventually leaves the Gulf, he wants FC Kenya to continue to grow.

For now, though, Ngurugwe should simply feel proud about uniting his compatriots through the power of football, as Hamis explains.

“Little did we know that he would lead us to where we are now as a team. He exposed us to heights we could only dream of. He inspired all of us. He made us respected and recognised.”
QF musicians perform on the international stage for United Nations Day

Qatar Philharmonic Orchestra recently performed at United Nations Assembly Hall in New York as part of United Nations Day celebrations under the theme of 'Building Prosperity for All through Culture, Education, Gender Equality, Sports, and Sustainability'. Qatar Philharmonic Orchestra performed the works of Hala al-Emadi and Dana al-Fardan, conducted by Eimear Noone.

Among the international talents who made up the orchestra, and who played at the UN, included Anne-Cathrin Ehrlich, German violinist, and Olivia Farkas, Hungarian cellist. Ehrlich, who played with the orchestra at the UN for the second time, explained the significance of this year’s United Nations Day concert theme. "I’m really proud that I played, especially as this event that highlights the important subjects such as gender equality," she said.

"Being part of an orchestra in Qatar is significant for me, because Qatar is a nation that empowers women in all aspects of life. I see women being strong, making choices, deciding about their future, and standing on their two feet. That’s what I stand for as well," she added.

"I believe it was a great opportunity to be able to perform there with the orchestra, and to enjoy the wonderful atmosphere." It’s a big honour," adds Farkas. "This is a really good orchestra that brings together excellent musicians who have great knowledge and skills. I used to be part of many orchestras in Hungary but I’ve never been in an orchestra of this calibre, so I’m really happy here."

Ehrlich has been with the orchestra for 12 years, and she says, "I simply wouldn’t have been here this long if it didn’t mean so much to me to be a member of Qatar Philharmonic Orchestra. Being part of an elite group of musicians is my dream job. So, every time I come to work, I feel like I’m dreaming again, and I’m just enjoying my time as a musician. I think I’m lucky, because it’s an absolute joy to have an artistic job where you can express yourself and reach an audience through music."

Ehrlich’s and Farkas’ performances were part of a larger event that was part of the Qatar Oryx Chapter of ASHRAE’s technical workshop.

Qatar Oryx Chapter of ASHRAE conducts technical workshop

Qatar Oryx Chapter of American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE) recently conducted a workshop on ‘Hygienic Air Handling Units, Ecology Units and Kitchen Exhaust Applications’ for the Air Conditioning Engineers in Qatar at Intercontinental Hotel – The city. The event is supported by Al Malki Group and System air HSK. Over 150 engineers from various sectors in Qatar attended the event.

Arkun Andic, Business Development Manager at Systemair Turkey, conducted the workshop. He elaborated on the design aspects of air handling units to combat the growth of microorganism colony on non-metallic parts over the period of operation, corrosion in metallic parts, dust and foreign materials accumulation during construction. He also spoke about the design, application and selection of Ecology units which are an important part of the ventilation system and aids in eliminating all odours and effluents emerging from kitchens, especially commercial kitchens.

Hassan Sultan, Chairman of the Advisory Board for the Qatar Oryx Chapter of ASHRAE, welcomed the gathering. Speaking on the occasion, he informed the participants about the forthcoming HVAC Contracting Conference under the theme of ‘Bridging the gap between design, construction and facility management’ which is set to be held on November 23 and 24 at Intercontinental Hotel Doha.

The workshop was co-ordinated by Kiran Faths, President of ASHRAE and Chairman of Electronic Communication Committee for ASHRAE Qatar. Seeniu Pillai, Chairman of Chapters Technology Transfer Committee at ASHRAE Qatar, was the master of ceremonies. Mohammed El-Khatib, General Manager of Al Malki Group, thanked ASHRAE Qatar for providing them a platform to address and share knowledge.
PISQ holds Annual Academic Achievement Awards Ceremony

Pakistan International School Qatar (PISQ) recently held its Annual Academic Achievement Awards Ceremony to honour 174 students who excelled in SSC and HSSC Annual Examinations 2019 of the Federal Board of Intermediate & Secondary Education (FBISE), Islamabad, Pakistan. Shields, rolls of honour and merit certificates were presented to the meritorious students. Hafiz Junaid Amir Sial, Community Welfare Attaché at the Embassy of Pakistan and Vice Chairman Board of Governors of PISQ, was the chief guest at the event. Nargis Raza Otho, Principal of PISQ, along with Vice Principals, faculty members and parents of the students, attended the event. The principal welcomed the gathering.

At A grade holders of SSC and HSSC were awarded with merit certificates by the principal and first, second and third position holders, the shields and rolls of honour by the chief guest. Best Teachers were also awarded certificates for producing excellent results. Munyu Jamal and Mauzza Naseem, students at PISQ, hosted the ceremony. Speaking on the occasion, the chief guest congratulated the students and their parents on brilliant performance of students. Moreover, the contribution of Hamad bin Jassim Charitable Organisation for provision of the infrastructure of the new IGCSE building was also applauded on the occasion.

Students of Qatargas’ AKIS bag engineering award

A team of five students of Grade XII at Qatargas’ Al Khor International School (AKIS) recently bagged the Young Budding Engineer Award at International Engineering Congress organised by the Institute of Engineers India (IEI) – Qatar Chapter. The inter-school award was instituted by IEI as part of the Congress’s centenary celebrations held at Qatar University. Seven Qatar-based CBSE curriculum schools participated in the tournament. The winning team of students designed and engineered an autonomous oil spill cleaning robot, an oil and gas surveillance drone, and a multiple utility gesture glove.

Under the theme of this competition ‘Models of Smart Engineering’ in the oil and gas sector, students attempted to provide a solution to limit the environmental impact of oil spillages, reduce health and safety risks during gas leakages, and in emergency situations to reduce the impact of accidents on people by using drones, and making maintenance more cost effective.

Long term Doha resident passes away

Julieta Crasto, a long-term resident of Doha and owner of Goan Tailors, has passed away. She was born in Qatar to late Sebastiao Crasto. She is survived by her husband Nicolas and children, Derrick and Nicola. There will be a prayer service at Hamad Mortuary today (October 29) at 6pm. The body will be flown to her native place Goa tomorrow at 6pm.
Switzerland’s picturesque mountain area offers a panoramic flower trail with more than 150 species of mountain flowers literally blooming at your feet, writes Joanne DiBona.

The area offers a panoramic flower trail with more than 150 species of mountain flowers literally blooming at your feet, writes Joanne DiBona.
day strolling through the town's picturesque cobblestone streets, which included a visit to the formidable Thun castle that dates back to the 12th century.

It was time to leave the Canton of Bern and head off to our final destination, the historic and cosmopolitan city of Basel. Upon arrival at Basel's train station, we again didn't have to worry about any transportation issues, as our travel pass gave us unlimited access to the efficient trolley and bus system that operates flawlessly throughout the city and its suburbs.

After checking in to our accommodations at the historic and classic Hotel Krafft, we were delighted to see we had yet another ‘room with a view.’ Our terrace boasted an expansive vista across the Rhine lined with historical buildings and the famous Basel Cathedral, built from the 12th to 19th centuries in Romanesque and Gothic style – one of the city’s many jewels.

As we did in Murren, we delighted in photographing this splendid panorama at all times of the day and night. During a short-lived thunderstorm one evening, my husband even managed to capture a lightning bolt that lit up the sky right behind the Cathedral spires!

Strolling through the medieval streets of Basel quickly became our favourite activity, as each turn on the cobblestone passageways brought us to another historic site and another photo opportunity. The 500-year-old town hall that dominates the city market place is dazzling with its deep red and golden facade. It’s no wonder it is one of Basel’s most visited attractions.

Basel is no doubt a city of the arts and boasts more than 40 museums representing a broad spectrum of subject matter. We would have loved to visit them all, but due to our short time in this fascinating city, we had to narrow it down to two. The Basel Historic Museum leads you back in history from the city’s prehistoric roots to today’s modern age, featuring fascinating exhibits from every century of the city’s existence. Another highlight was viewing the 20th century collection of classic modernism at the Fondation Beyeler, located a short tram ride from the city. Its exhibitions of renowned artists of the 19th, 20th and 21st centuries have brought the museum international recognition and established it as one of Switzerland’s most popular art museums.

Our final night in Basel was quite memorable and an appropriate end to a perfect three-day visit to this enchanting city. From our terrace perch, we watched a favourite summer pastime among Basel’s population – swimming in the Rhine. Locals grab their inflatable dry bags and glide down this pristine river (the source of which is in the Alps a little more than 100 miles from the city) or gather with friends and family for picnics and socialisation directly on the shore.

As an added bonus to the evening’s enchantment, we happened to be in town for the unique IMFLUSS (“in the river” – literally) music festival, which lasts three weeks each summer. A stage is set up right in the middle of the Rhine featuring musicians from around the world, bringing exciting acts to locals and visitors free of charge.

There was no more memorable way to say ‘Auf Wiedersehen’ to our unforgettable voyage through Switzerland than by looking down that night from our terrace and watching people dancing to the music in peace and harmony, with Basel’s medieval skyline providing the perfect backdrop to the evening’s magic.

Travel memories just don’t get much better than this.

– The San Diego Union-Tribune / TNS
Scales weigh heart failure

Fidel is having a ballistocardiogram (BCG), a diagnostic test that researchers often used 100 years ago; it lost favor as medical imaging improved. Today, researchers are taking another look at it.

Congestive heart failure, gradual loss of ‘cardio’

The heart loses pumping ability and enlarges; fluid collects in body as circulation weakens

- Coughing, fatigue
- Shortness of breath
- Fluid in and around lungs
- Swelling of abdomen
- Swelling of ankles, lower legs

Heart failure is NOT heart attack (suddenly blocked circulation to heart)

A failing heart slowly loses its muscular strength; its walls gradually thicken and stiffen

Heart failure is treated with drugs that boost the heart beat and remove fluid from the body

Source: Omer Inan of Georgia Institute of Technology; IEEE Transactions on Biomedical Engineering journal; Physiological Measurements journal
Graphic: Helen McComas, Tribune News Service
How to brush your hair to keep it healthy

Do believe the old wives’ tale that brushing your hair with 100 strokes before going to bed keeps it soft and healthy. Too much brushing can irritate your scalp and stress your hair, causing it to break and fall out. I recommend brushing long hair a few times a day, not more.

The same advice applies to using combs: be gentle and, if your hair is long, hold your hair in your hand and comb the ends out first. Whether you are using a brush or a comb, start from the bottom, then brush in sections, working up towards your scalp.

I am a big fan of paddle brushes. I particularly like the Aveda paddle brush, and there is a tiny handbag-sized brush from Boots that is not that expensive but is really good.

Paddle brushes give your scalp a little bit of gentle stimulation, though you don’t want to overdos it. If you get dandruff, brushing will help to massage away those dead skin cells. I would always recommend that people with dandruff brush and wash their hair every day. If you have curly hair, of course, combs are better – most people with curly hair will know this already. Although, even if you have curly hair, I would recommend you brush it before you wash it.

Whatever your hair type, I would suggest you brush it before you shampoo and then apply conditioner through your hair with your fingers. You want to minimise brushing when it is wet because that is when there is an increased risk of breaking and breaking.

Many people with hair loss stop brushing altogether. That is the wrong thing to do. If you are going to lose it, you are going to lose it; not brushing only means it sits there for a few days longer than it would anyway. A paddle brush will also contain the hair that has fallen out, rather than having it fall on to the floor or into your hand, which can be psychologically quite difficult.

Brushing your hair upside down or shaking your head upside down after you have finished brushing it will help give your hair volume.

— The Guardian
**Wordsearch**

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

<table>
<thead>
<tr>
<th>ACID</th>
<th>BLOWPIPE</th>
<th>CLAMP</th>
</tr>
</thead>
<tbody>
<tr>
<td>FLASK</td>
<td>LENS</td>
<td>MORTAR</td>
</tr>
<tr>
<td>PESTLE</td>
<td>RESULTS</td>
<td>SPECIMEN</td>
</tr>
<tr>
<td>BEAKER</td>
<td>BRACE</td>
<td>ENGINE</td>
</tr>
<tr>
<td>GAUGE</td>
<td>LVER</td>
<td>NOTEBOOK</td>
</tr>
<tr>
<td>PIPEETT</td>
<td>SLIDE</td>
<td>TONGS</td>
</tr>
<tr>
<td>BIEVEPO</td>
<td>CHEMICAL</td>
<td>EXPERIMENT</td>
</tr>
<tr>
<td>ISOTOPE</td>
<td>MICROSCOPE</td>
<td>OHMMEETER</td>
</tr>
<tr>
<td>RACK</td>
<td>SOLUTION</td>
<td>TUBE</td>
</tr>
</tbody>
</table>

**Sudoku**

Sudoku is a puzzle based on a grid. The grid is divided into nine 3x3 boxes. You are given a selection of numbers and to complete the puzzle, you must fill in the grid so that every row, every column and every 3x3 box contains all the numbers from 1 to 9 with no number repeated.

```
3 8 7       2
4 7 6       5
9 1 2

7 4 3       8
3 8 2       4
5 5 3       1

8 4 5       6
6 9 2
```

**Codeword**

```
AR IA IR A
AR IA IR A
```

**Adam**

```
NO NO NO NO NO NO!
MY THROAT IS SCRATCHY!
AND MY NOSE IS RUNNIGN!

HALLOWEEN IS
THURSDAY!!!

AHHH CHOOOOO!

UNFORTUNATELY,
BEING IN THE
MASK AND ALL.

I NEED A
KLEENEX
AND MAYBE
A WASHCLOTH.
```

**Pooch Cafe**

```
A WILD-MANNERED STUDENT WAS BITTEN BY A RADIOACTIVE POODLE.

GIVING HIM THE POWERS OF...

WAIT, IT WAS JUST
A REGULAR POODLE.
```

**Garfield**

```
GENERAL, HERE COME THE
GIANT MUTANT PUPPIES!

WE HAVE TO
PROTECT THE CITY!

BUT HOW,
SIR?

COVER EVERYTHING!

THAT IS A LOT OF
NEWSPAPER
```

**Bound And Gagged**

```
IT’S HIDEOUS!
SOME FIEND SCOOPED
OUT HIS BRAINS
AND MADE HIM
INTO A PIE!
```

**Sudoku**

```
<table>
<thead>
<tr>
<th>1</th>
<th>8</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>9</td>
<td>6</td>
<td>5</td>
</tr>
<tr>
<td>3</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>5</td>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>6</td>
<td>9</td>
<td>2</td>
</tr>
</tbody>
</table>
```

**Codeword**

```
AR IA IR A
AR IA IR A
```

**Wordsearch**

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

<table>
<thead>
<tr>
<th>ACID</th>
<th>BLOWPIPE</th>
<th>CLAMP</th>
</tr>
</thead>
<tbody>
<tr>
<td>FLASK</td>
<td>LENS</td>
<td>MORTAR</td>
</tr>
<tr>
<td>PESTLE</td>
<td>RESULTS</td>
<td>SPECIMEN</td>
</tr>
<tr>
<td>BEAKER</td>
<td>BRACE</td>
<td>ENGINE</td>
</tr>
<tr>
<td>GAUGE</td>
<td>LVER</td>
<td>NOTEBOOK</td>
</tr>
<tr>
<td>PIPEETT</td>
<td>SLIDE</td>
<td>TONGS</td>
</tr>
<tr>
<td>BIEVEPO</td>
<td>CHEMICAL</td>
<td>EXPERIMENT</td>
</tr>
<tr>
<td>ISOTOPE</td>
<td>MICROSCOPE</td>
<td>OHMMEETER</td>
</tr>
<tr>
<td>RACK</td>
<td>SOLUTION</td>
<td>TUBE</td>
</tr>
</tbody>
</table>

**Sudoku**

Sudoku is a puzzle based on a grid. The grid is divided into nine 3x3 boxes. You are given a selection of numbers and to complete the puzzle, you must fill in the grid so that every row, every column and every 3x3 box contains all the numbers from 1 to 9 with no number repeated.

```
3 8 7       2
4 7 6       5
9 1 2

7 4 3       8
3 8 2       4
5 5 3       1

8 4 5       6
6 9 2
```

**Codeword**

```
AR IA IR A
AR IA IR A
```

**Adam**

```
NO NO NO NO NO NO!
MY THROAT IS SCRATCHY!
AND MY NOSE IS RUNNIGN!

HALLOWEEN IS
THURSDAY!!!

AHHH CHOOOOO!

UNFORTUNATELY,
BEING IN THE
MASK AND ALL.

I NEED A
KLEENEX
AND MAYBE
A WASHCLOTH.
```

**Pooch Cafe**

```
A WILD-MANNERED STUDENT WAS BITTEN BY A RADIOACTIVE POODLE.

GIVING HIM THE POWERS OF...

WAIT, IT WAS JUST
A REGULAR POODLE.
```

**Garfield**

```
GENERAL, HERE COME THE
GIANT MUTANT PUPPIES!

WE HAVE TO
PROTECT THE CITY!

BUT HOW,
SIR?

COVER EVERYTHING!

THAT IS A LOT OF
NEWSPAPER
```

**Bound And Gagged**

```
IT’S HIDEOUS!
SOME FIEND SCOOPED
OUT HIS BRAINS
AND MADE HIM
INTO A PIE!
```
Super Cryptic Clues

Across
1 Don’t fail to find a way through the mountains (4)
2 A bad role turning out to be delightful (8)
3 Poles in trouble with letter from Greece (7)
4 Stick duck in boat (5)
5 Partially decorates a long room (5)
6 Middleman insolvent by end of year (6)
7 French resort saint found most pleasing (6)
8 Tool for carver or cheat (6)
9 River making a U-bend (6)
10 Acts playing for Cuban leader (6)
11 Row about head of ginger cat (5)
12 A little radio signal saying farewell (5)
13 Islanders can rest in resort (7)
14 Stones thrown by mere lads (6)
15 Some insane Roman emperor? (4)
16 Material for sails? (5)
17 Place of rapid growth - with an electric blanket? (6)
18 Might death start to appear unnatural (6)
19 Opera produced by a Scot (5)
20 Poison found in any iced confection (7)
21 Amazing girl? (5)
22 Herb for a wise man (4)

Down
1 Nice entreaties by social worker (8)
2 Aircraft seen in quiet country roads? (6)
3 You’re heard in vessel (4)
4 Right-hand page in a directory (5)
5 Material for sails? (5)
6 Aircraft seen in quiet country roads? (6)
7 Flags for prohibitionists? (7)
8 You’re heard in vessel (4)
9 Poles in trouble with letter from Greece (7)
10 Stick duck in boat (5)
11 Partially decorates a long room (5)
12 Middleman insolvent by end of year (6)
13 French resort saint found most pleasing (6)
14 Tool for carver or cheat (6)
15 River making a U-bend (6)
16 Acts playing for Cuban leader (6)
17 Row about head of ginger cat (5)
18 A little radio signal saying farewell (5)
19 Islanders can rest in resort (7)
20 Poison found in any iced confection (7)
21 Amazing girl? (5)
22 Herb for a wise man (4)

Solution

Colouring

Answers

Wordsearch

Codeword


I sound better live than on record: Jorja

By Geoffrey Rowland

Engl ish singer/songwriter Jorja Smith is beloved within the music industry. She was named winner of the Critics’ Choice prize at the 2018 BRIT Awards and UK Breakthrough Act of the Year at the AIM Independent Music Awards. She won Best Urban Video for her track, Blue Lights, at the 2018 UK Music Video Awards and took the 2019 BRIT Award for Best Female Solo Artist.

The list of award ceremonies for which 22-year-old Jorja has received nominations runs into double figures. These include the Ivor Novello Awards, MOBO Awards, Q Awards, the Mercury Music Prize and she was even nominated in the Best New Artist category at the 2019 Grammy Awards.

Canadian superstar Drake is a massive fan. He listed Jorja’s second single, Where Did I Go?, as his favourite track in the Best New Artist category at the 2018 AIM Independent Music Awards.

“By this time, I’d written about 70 songs which I thought were good but I really didn’t want to ever sing in public. I’m quite a private person. I think I still have far to go.”

Jorja’s extensive songwriting eventually led to the 2016 release of her debut single, Blue Lights. An EP, Project 21, confirmed the industry excitement about her talent prompting the critics and music insiders who have a vote to list Jorja in fourth position on the BBC’s Sound of 2017 poll.

“It was nice to know important and influential people were interested in me and really appreciated my songs. My stuff gets culated anything from pop to future R&B. I don’t care for these labels. I just say what I’m feeling or what I’ve observed in the lyrics and think my songs are classics.”

Don’t Call Me An Angel has already been a big hit single. Recorded by Ariana Grande, Miley Cyrus and Lana Del Rey, it was the first song from the soon to be released Charlie’s Angels movie soundtrack album.

Out now is Pantera, the latest single from the Charlie’s Angels album. Performed by 26-year-old Brazilian vocalist and actress Anitta, real name Larissa de Macedo Machado, it could perhaps provide her with a breakthrough hit outside her core Latin America and Portuguese or Spanish speaking markets in which she is a massive star.

The drawback is that Pantera is sung in Portuguese. Despite speaking English perfectly well, Anitta has not re-recorded the lyrics.

Not that lacking English lyrics did any harm to the international success of Luis Fonse and Daddy Yankee’s Despacito. This Spanish language track proved enormously popular almost everywhere in the summer of 2017.

But Despacito was arguably the ultimate dancefloor filler. Pantera is a slower, more sensual and considerably shorter song. The Portuguese words can be learned by viewing a lyric video at www.youtube.com/watch?v=okNpqMhY_2w. But with people hearing her song in Charlie’s Angels, Anita may have missed a golden opportunity to gain world-wide stardom by not re-recording Pantera in English.

Anitta

Don’t Call Me An Angel has already been a big hit single. Recorded by Ariana Grande, Miley Cyrus and Lana Del Rey, it was the first song from the soon to be released Charlie’s Angels movie soundtrack album.

Out now is Pantera, the latest single from the Charlie’s Angels album. Performed by 26-year-old Brazilian vocalist and actress Anitta, real name Larissa de Macedo Machado, it could perhaps provide her with a breakthrough hit outside her core Latin America and Portuguese or Spanish speaking markets in which she is a massive star.

The drawback is that Pantera is sung in Portuguese. Despite speaking English perfectly well, Anitta has not re-recorded the lyrics.

Not that lacking English lyrics did any harm to the international success of Luis Fonse and Daddy Yankee’s Despacito. This Spanish language track proved enormously popular almost everywhere in the summer of 2017.

But Despacito was arguably the ultimate dancefloor filler. Pantera is a slower, more sensual and considerably shorter song. The Portuguese words can be learned by viewing a lyric video at www.youtube.com/watch?v=okNpqMhY_2w. But with people hearing her song in Charlie’s Angels, Anita may have missed a golden opportunity to gain world-wide stardom by not re-recording Pantera in English.

CXL0E

Australian music currently holds sway in many singles charts around the world thanks to Toniq and its smash hit track, Dance Monkey. Perhaps this success may help to increase interest in other Australian artists such as singer/songwriter CXLOE. Real name Chloe Papadrea, she is barely two years into her recording career. But the young woman from Sydney’s Northern Beaches has already performed supporting roles on concert tours for artists such as King Princess, Carmouflage Rose and Maroon 5. Indeed, Maroon 5’s Sam Farr co-wrote and produced Show You, CXLOE’s breakthrough hit single. Her latest single is Devil You Don’t. The official audio can be heard at www.youtube.com/watch?v=4jplXeI-lic. CXLOE’s previous output can be found at www.youtube.com/channel/UCXJp_fC4HnRfhzE1HJslaw.

Drake

There is no doubting Drake’s love for the Toronto Raptors. He is an avid fan of his home town basketball team and, if not performing concerts, can usually be seen in a courtside seat supporting the club.

But while Drake is by far the Raptors’ most high-profile fan, they have thousands of supporters who never miss a game. What must these loyal fans have thought when they saw the multi-millionaire music mogul receive one of the official rings given to the club staff and players who won the 2018-19 NBA championship.

The ring ceremony took place before Toronto’s opening game of the new season, a thrilling overtime victory over the New Orleans Pelicans. Each ring features more than 640 diamonds and includes a personal individual message to each player and staff member. It would be interesting to know what the message is on Drake’s ring.

Maleek Berry

Somebody Falling is the newly released single from London-born singer, songwriter and producer Maleek Berry.

Real name Maleek Shoyebi, he is of Nigerian descent and has worked with a host of Nigerian recording artists such as Wizkid, Iyanya, Davido, Ycee and Runtown. Indeed, Maleek was nominated in the Music Producer of the Year category at the 2014 Nigerian Entertainment Awards.

He is currently concentrating on his own music. A single, Flashy, was released in June. Somebody Falling is the follow-up and it appears that an album is in the pipeline.

The official audio for Somebody Falling is the latest post on Maleek’s YouTube channel, www.youtube.com/channel/UCzuulY7Z4CHK9YUXjk3WowQ. Many more music videos and official audios for Maleek’s own tracks, plus his collaborations with other artists, can also be found there.
Director Roland Emmerich says he wants to honour the people who fought for freedom with his forthcoming war drama Midway.

“I’m thrilled that we had the opportunity to tell this story, because young people today don’t always know the stories about those who fought for their freedom,” Emmerich said.

“I think that without the generation who fought in WWII, our world would be very different. There was a lot of hardship and a lot of people died for it, but they died for a reason. There was a real fight against fascism going on in the world. Today we sometimes forget about these things, but movies can serve as a vivid monument to them. We wanted to honour that fight and those who gave so much,” added the director, popular for his films like Independence Day, 2012 and White House Down.

The film stars Luke Evans, Woody Harrelson, Mandy Moore, Patrick Wilson, Aaron Eckhart and Nick Jonas. PVR Pictures will release the film in India on November 8.

“Stardom on big screens in theatres is completely different. It is difficult to achieve stardom on that level. But a huge audience follows and loves actors on the web as well, which creates web stars. I hope stardom doesn’t hold back actors on web to experiment with stories and roles. Today, there are many stars on web but only few of them shine bright,” he said.

The lack of time restraint, more focus on character-building and detailing, and a vast canvas splashed with hues of different genres, are some of the factors that drive fame on the OTT platform in India and on the foreign shores.

“I am glad I didn’t have kids until now really. I think that without the generation who fought in WWII, our world would be very different. There was a lot of hardship and a lot of people died for it, but they died for a reason. There was a real fight against fascism going on in the world. Today we sometimes forget about these things, but movies can serve as a vivid monument to them. We wanted to honour that fight and those who gave so much,” added the director, popular for his films like Independence Day, 2012 and White House Down.

The film stars Luke Evans, Woody Harrelson, Mandy Moore, Patrick Wilson, Aaron Eckhart and Nick Jonas. PVR Pictures will release the film in India on November 8.

Kirti Kulhari hopes that the idea of stardom doesn’t take over the OTT platforms.

“Stardom on big screens in theatres is completely different. It is difficult to achieve stardom on that level. But a huge audience follows and loves actors on the web as well, which creates web stars. I hope stardom doesn’t hold back actors on web to experiment with stories and roles. Today, there are many stars on web but only few of them shine bright,” he said.

The lack of time restraint, more focus on character-building and detailing, and a vast canvas splashed with hues of different genres, are some of the factors that drive fame on the OTT platform in India and on the foreign shores.

“I am glad I didn’t have kids until now really. I think that without the generation who fought in WWII, our world would be very different. There was a lot of hardship and a lot of people died for it, but they died for a reason. There was a real fight against fascism going on in the world. Today we sometimes forget about these things, but movies can serve as a vivid monument to them. We wanted to honour that fight and those who gave so much,” added the director, popular for his films like Independence Day, 2012 and White House Down.

The film stars Luke Evans, Woody Harrelson, Mandy Moore, Patrick Wilson, Aaron Eckhart and Nick Jonas. PVR Pictures will release the film in India on November 8.

Kirti Kulhari hopes that the idea of stardom doesn’t take over the OTT platforms.

“Stardom on big screens in theatres is completely different. It is difficult to achieve stardom on that level. But a huge audience follows and loves actors on the web as well, which creates web stars. I hope stardom doesn’t hold back actors on web to experiment with stories and roles. Today, there are many stars on web but only few of them shine bright,” he said.

The lack of time restraint, more focus on character-building and detailing, and a vast canvas splashed with hues of different genres, are some of the factors that drive fame on the OTT platform in India and on the foreign shores.

“I am glad I didn’t have kids until now really. I think that without the generation who fought in WWII, our world would be very different. There was a lot of hardship and a lot of people died for it, but they died for a reason. There was a real fight against fascism going on in the world. Today we sometimes forget about these things, but movies can serve as a vivid monument to them. We wanted to honour that fight and those who gave so much,” added the director, popular for his films like Independence Day, 2012 and White House Down.

The film stars Luke Evans, Woody Harrelson, Mandy Moore, Patrick Wilson, Aaron Eckhart and Nick Jonas. PVR Pictures will release the film in India on November 8.
MFUA set to mark silver jubilee of annual poetry sessions

By Mudassir Raja

MFUA, one of the most vibrant literary groups of Pakistani and Indian expatriates, is all set to organise its 25th (silver jubilee) mushaira (poetry symposium) this Friday. The mushaira, the annual trade mark of MFUA, is going to take place at City Centre Rotana where number of Doha-based poets besides the known poets from Pakistan and India will present their fresh and much-celebrated works for the Urdu poetry lovers.

The mushaira that has always been received well in Doha will be preceded by 23rd Aalmi Frogh-e-Urdu Adab Awards, the awards ceremony has also been an annual feature of the literary group for the last 23 years.

The poets from Pakistan who will be taking part in the poetry symposium, includes Amjad Islam Amjad, Ambreen Haseeb Amber, Shashkat Fehmi, Dr Faraash Syed, Junaid Azar and Idrees Qureshi. The guest poets from India, include Charan Singh Bashar, Shakeel Amini, Nusrat Zubeer Ahmed and Zubair Tabish. The other poets are Dr Syed Taqi Abdi, from Canada; Dr Nausha Asrar, from USA; Sadaqat Tarmazi, from Oman. The poets from Doha, include Asif Shafi, Ahmed Ashfaq, Raza Hussain Raza and Sanwal Abbas.

The poetic symposium will be presided over by Amjad Islam Amjad, a celebrated Pakistani poet. Amjad Islam Amjad is a graduate from Lahore University of Education. He has been a writer and critic of Urdu literature. The book is quite bulky as it covers maximum poetic work of poet Amjad Islam Amjad. The second book is Zara Si Baat, an Urdu translation of an Arabic novel. The translation has been done by Obaid Tahir, Senior Producer and Announcer at Al Jazeera TV. The third book is Zara Si Baat. It is again a translation of an Arabic book by Al Jazeera TV on the unjust siege of Qatar. The book has been translated and published by Asif Shafi.

The Majlis was founded purely to promote Urdu language and celebrate its literature. Later on, we also started the awards to highlight and acknowledge the contributions of prominent literary personalities from Pakistan, India and other parts of the world,” said Mohamed Atiq, Chairman MFUA.

Atiq, who has been associated with the Majlis since its inception, further added, “As we started celebrating the Urdu poets and their works, we were suggested to recognise and award the prose writers of the language. The management of the Majlis decided to launch the awards on annual basis. We set up a committee, each in Pakistan and India, under the watch of prominent literary figures. They first select the jury that further shortlists the literary personalities who will receive the award. The Majlis has no hand in selecting the awardees,” Atiq said. He added, “Besides giving the medals to the awardees, the Majlis pays them cash as well. We started paying Rs1,00,000 to each awardee from Pakistan and India. Later on we increased the amount to Rs 1,25,000 that was further enhanced upto Rs1,50,000. Later on, the Majlis also started recognising Urdu scholars living outside Pakistan and India. In last 25 years, the Majlis has awarded 700 Urdu scholars, writers and poets hailing from different parts of the world. We have also been inviting much celebrated personalities, who have made contributions to the promotion of Urdu language, from different countries.”

The MFUA chairman further said, “This year’s event is going to be very special. We are going to launch four books on the occasion. The first book is Amjad Fehmi (Understanding Amjad). The book is written by Dr Syed Taqi Abdi, a well-known critic of Urdu literature. The book is quite bulky as it covers maximum poetic work of poet Amjad Islam Amjad. The second book is Zara Si Baat, an Urdu translation of an Arabic novel. The translation has been done by Obaid Tahir, Senior Producer and Announcer at Al Jazeera TV. This is the first of its kind that a novel by a Qatari writer has been translated into Urdu. The fourth book is Qatar Ki Nakabandi. It is again a translation of an Arabic book by Al Jazeera TV on the unjust siege of Qatar. The book has been translated and published by Ashraf Siddique, a noted member of the Pakistani expatriate community.”