P6 Community
The Embassy of Pakistan felicitates Muhammad Inam Butt, Pakistani athlete who has won a Gold Medal in ANOC World Beach Games.

P16 Community
Bazm-e-Alig Qatar to mark annual Sir Syed Day with distinguished guests from India on October 24.

Is math racist?
New course outlines prompt conversations about identity and race in Seattle classrooms. P4-5

Bollywood
Adil: Raaghir celebrates empathy and humanity. Page 14

Hollywood
Special casting pleases The Good Doctor’s Schiff. Page 15
PRAYER TIME

Fajr 4.15am
Shoroq (sunrise) 5.34am
Zuhr (noon) 11.21am
Asr (afternoon) 2.40pm
Maghreb (sunset) 5.08pm
Isha (night) 6.38pm

USEFUL NUMBERS

Emergency 999
Worldwide Emergency Number 112
Kahramaa – Electricity and Water 991
Local Directory 180
International Calls Enquiries 150
Hamad International Airport 40106666
Labor Department 44508113, 44406537
Mowasalat Taxi 44488888
Qatar Airways 44490600
Hamad Medical Corporation 44392222, 44393333
Qatar General Electricity and Water Corporation 44845555, 44845464
Primary Health Care Corporation 44593333, 44593363
Qatar Assistive Technology Centre 44590450
Qatar News Agency 44420205
44450333
Q-Post – General Postal Corporation 44464444

Humanitarian Services Office
(Single window facility for the repatriation of bodies)
Ministry of Interior 40253372, 40253372
Ministry of Health 40253370, 40253364
Hamad Medical Corporation 40253368, 40253365
Qatar Airways 40253374

Maleficent: Mistress of Evil
DIRECTION: Joachim Rønning
CAST: Angelina Jolie, Elle Fanning, Harris Dickinson
SYNOPSIS: Maleficent and her goddaughter Aurora begin to question the complex family ties that bind them as they are pulled in different directions by impending nuptials, unexpected allies, and dark new forces at play.
THEATRES: The Mall, Landmark, Royal Plaza

War
DIRECTION: Siddharth Anand
CAST: Hrithik Roshan, Tiger Shroff, Vaani Kapoor
SYNOPSIS: An Indian soldier is assigned a mission to eliminate his former mentor, who has gone rogue.
THEATRES: Landmark, Royal Plaza, The Mall

Quote Unquote
“What we have once enjoyed we can never lose. All that we love deeply becomes a part of us.”
– Helen Keller

Community Editor
Kamran Rehmat
e-mail: community@gulf-times.com
Telephone: 44466405
Fax: 44350474
Photo Exhibition: ‘Experience Tanzania’
WHERE: Multaqa (Student Center) Art Gallery at Education City
WHEN: Ongoing until December 1
TIME: 4pm
‘Experience Tanzania’ is a yearly project supported by Student Affairs Division of Weill Cornell Medicine-Qatar that allows students and faculty to explore and immerse themselves in Tanzanian urban and rural cultures. During their trip, WCM-Q’s aspiring physicians offer basic healthcare services to the locals as a way of giving back to the community and learn about the lifestyles, traditions, socioeconomic hierarchies and health systems of the local Tanzanian communities.
A collection of photographs of the wildlife, landscapes and people of Tanzania taken by WCM-Q professor Dr Dietrich Büsselberg will be exhibited.

The festival offers other benefits to participants, including the promotion of their work, interaction with print, electronic, digital, and social media, interaction with selected art collectors, art investors, and potential buyers. QIAF, one of the largest art festivals in Qatar, is organised every year.

After School Activities
WHERE: Atelier
WHEN: Ongoing
Music and arts activities for students taking place after they finish their day in school includes Group Music lessons, Hip-hop, Ballet, Drawing and Painting, Drama Theatre & Taekwondo. Ages between 5 and 10 years old after school hours.

Artistic Gymnastic Classes
WHERE: Qatar Academy Msheireb
WHEN: Ongoing
TIME: 3:15pm – 4:15pm
The olympic sport using horizontal bar, rings and floor exercises on mats for the children from age 4 till 16.

Ballet Lessons
WHERE: Music and Arts Atelier
WHEN: Ongoing
TIME: 4pm – 8pm
For more info e-mail at registration@atelierqatar.com or call on 33003839.

Hobby Classes
WHERE: Mamangam Performing Art Centre
WHEN: Saturday – Friday
Mamangam is an art and performance centre started with a vision of spreading our knowledge, interests and experience in various disciplines in arts across different countries for children and adults.
Mamangam has become the favourite centre for learning. We offer regular classes in the following disciplines like traditional classical and folk dance forms, art and craft, drawing and painting, personality development and public speaking, Bollywood dance, contemporary, hip hop styles, music both vocals and instrumentals. To develop health consciousness, we train them karate, yoga with special sessions for kids and adults. Mamangam has also come up with chess and robotics in regular batches in an attempt to give a better learning experience, as they sharpen their minds and brains too.
For those who wish to register for more details, visit www.mamangamqatar.in

Qatar-India 2019 Year of Culture – Yoga Class
WHERE: Oxygen Park, Qatar Foundation
WHEN: Sunday, 20th October
TIME: 3PM – 6pm (Ladies only session)
TIME: 6:30PM – 7:30pm (Mixed session)
As part of Qatar-India 2019 Year of Culture celebration, Indian Sports Centre under the patronage of Embassy of India is conducting a master class of authentic Indian Yoga in collaboration with Qatar Foundation. Entry is free.
Please bring your yoga mat. For further details, contact 55646693

Basics of TV Presentation
WHERE: Qatar National Library
WHEN: Oct 18
TIME: 5pm to 8pm
Through this workshop, young adults will familiarise themselves with the basics of television presentation. The workshop is led by Library specialist Ahmed al-Maliki.
Is Seattle really teaching that “math is racist”? Why did parents start to see ideas for math lessons that go far beyond numbers and into questions of identity? These and other questions erupted on Twitter, shortly after Seattle Public Schools released a draft of new learning objectives that integrate ethnic studies into math, and after conservative news outlets began berating the district.

Seattle schools are in the process of developing ethnic-studies frameworks for different subjects, including social studies and art. Other states, including Vermont, Oregon and California, are already creating K-12 materials that prioritise the experiences of communities of colour. But while some school districts are only building stand-alone ethnic-studies classes, Seattle is also rethinking existing courses to be taught through an anti-racist lens.

In a US history class, for example, histories of oppression, institutionalised racism, community organising and resistance can be worked into the lesson plan, said Wayne Au, a professor at the University of Washington, Bothell, who has helped lead Seattle’s ethnic-studies initiative.

In math, lessons are more theoretical. Seattle’s recently released proposal includes questions like, “Where does Power and Oppression show up in our math experiences?” and “How is math manipulated to allow inequality and oppression to persist?” Several online critics voiced their disapproval, insisting that Seattle schools were trying to politicise a subject that often serves as a universal language with

“When students can see themselves in curriculum and see diversity in curriculum, they respond better. And, it can help white students understand themselves better”

— Wayne Au, professor at the University of Washington, Bothell

By Elise Takahama
It’s not the first time the project has been attacked. Some detractors, Au said, don’t understand what ethnic studies is.

“We do talk about institutionalised racism and the histories and trajectories of racism in the country, but that doesn’t mean white kids need to be demonised in that process,” he said.

Tracy Castro-Gill, the SPS ethnic-studies programme manager, added that these themes are rooted in research that suggests there are immense academic and social benefits to learning ethnic studies.

A 2016 Stanford University report looked at ethnic-studies classes in San Francisco high schools and found that attendance increased by 21% and GPA increased by 1.4 grade points. There were significant effects on GPA specific to math and science, the study said, and boys and Hispanic students improved the most.

“When students can see themselves in curriculum and see diversity in curriculum, they respond better,” Au said. “And, it can help white students understand themselves better. Structural racism in the country has mistaught white people about themselves – that they don’t have culture, that they don’t have roots.”

This mind-set extends to mathematics and science, Castro-Gill said. “There are studies that talk about specifically black and brown students not being seen as scientists or mathematicians … It affects their efficacy, their ability to engage in that kind of learning,” she said. “That’s why identity is so core to math and science.”

It’s not that the formulas and equations taught in current math classes are racist, Castro-Gill said – it’s about how they’re used in daily life.

“Nowhere in this document says that math is inherently racist,” she said. “It’s how math is used as a tool for oppression.”

One example teachers might mention in an ethnic studies math class, she said, is how black voters in the South were given literacy tests before they could cast their ballot. Another might be a lesson on ratios that discusses gaps in incarceration rates and how the weight of a type of drug determines the length of a sentence.

“The numbers are objective,” she said, “but how we use it is not objective.”

Classes might also talk about how different cultures have practised math, such as how Aztecs used a base-20 number system, as opposed to the base-10 system Americans use.

It’s an idea that started gaining traction in Seattle’s school district in 2016.

“Increasingly, our demographics are (majority) students of colour … And the data are telling us that we’re not serving them and we’re not meeting their needs,” Castro-Gill said. Last year, 72.9% of Seattle students of colour graduated on time, compared with 87.9% of white students, according to annual statistics from the state Office of Superintendent of Public Instruction. Students of colour, particularly Native Hawaiian/Pacific Islander, black/African American and American Indian/Alaskan Native students, also performed significantly worse in math and English than their white peers.

Two years ago, the Seattle school board unanimously approved a resolution – after a push from the Seattle NAACP – that supported the introduction of ethnic-studies materials into K-12 schools and instructed the board to create a community task force to design the programme.

After the School Board approved the project, ethnic-studies leaders hammered out several outlines, eventually launching a semester-long pilot programme in five Seattle schools – including John Muir Elementary School, Orca K-8 School, Denny International Middle School, Grover Cleveland STEM High School and The Center School. A separate pilot was also initiated at Garfield High School.

State officials are catching on, too. Earlier this year, the Washington Legislature passed a bill that charged the Office of Superintendent of Public Instruction with developing an ethnic-studies framework that school districts could offer in grades 7-12. The bill also asks OSPI to make recommendations for resources K-12 schools can offer. The framework must be finalised by next September.

Several Seattle parents say that while they want to know more about the proposed changes first, they’re supportive of the plan.

Susan Huber, who has two kids in Seattle Public Schools, said she’s looking forward to her children’s learning being more inclusive.

“I think it’s time for us to be very truthful and very honest about our history (and) our role in it,” Huber said. “I think we probably often have a one-sided approach to history … It’s important for us to represent all sides and make sure our children moving forward understand where we came from and that they can do better than the world we’re giving them.” — The Seattle Times/ TNS
The Embassy of Pakistan felicitates gold winning Pakistani athlete

The Embassy of Pakistan recently organised an event to felicitate Muhammad Inam Butt, Pakistani athlete who has recently won a Gold Medal in ANOC World Beach Games held at Katara Beach, Masood Gul, Charge d’ Affaires at the Embassy of Pakistan, along with other embassy officials welcomed Inam. Speaking at the occasion, Masood congratulated Muhammad Inam Butt on winning the Gold Medal. He said that players are the goodwill ambassadors who represent the soft image of their country across the globe. He stated it was a moment of honour for Pakistan and said that the champion has made all Pakistanis proud through his outstanding performance in the Games. Speaking on the occasion, Inam said that he was extremely happy after winning the medal for Pakistan. Defeating Ex-Olympic Bronze medallist in the finals was a moment for him. He will keep on struggling to achieve further medals for his country in future World Games as well. He thanked the Embassy of Pakistan for his warm welcome.

Abdul Mubeen Chaudhary, President of Pakistan Wrestling Foundation, along with Arshad Sattar, Secretary General, and Asif Azeem, Media Advisor of Pakistan Olympic Association, also attended the event.

GTM celebrates 10th anniversary at 201st meeting

Galfar Toastmasters Club (GTM), the Corporate Toastmasters Club of one the leading construction companies in Qatar, Galfar Al Misnad, recently held a meeting to commemorate its 10 year anniversary and the successful completion of 200 meetings at Radisson Blu Hotel. Members of the Galfar Al Misnad senior management team and dignitaries from the Toastmasters fraternity in Qatar attended the event. The event was attended by key officials of District 116, including Thayalan K, District Programme Quality Director (PQD); K Venkatesan, District Public Relations Manager; Dinesh Kumar, Division A Director; Subair Pabdavath, Division PQD, and Sonia Jadhav, Area Director.

Ashwini K Toppo, President of GTM, presided over the meeting. Speaking on the occasion, Ashwini thanked Galfar Al Misnad’s Executive Director and the senior management team for their continued support. Speaking on the occasion, Satish G Pillai, Executive Director of Galfar Al Misnad, said, “There has been a discernible improvement in the calibre of staff members that participate in the Toastmasters programme, both in terms of their communication skills as well as their leadership capabilities. Their personal and professional development in turn benefits the company, and equips us to serve our clients better.” The charter members who actively mentor with club along with the toastmasters of the club who have taken leadership positions in Area level, Division level and District level, and who have earned laurels for the Club by taking part in Annual Contests in Area Level, Division Level and District Level were felicitated on the occasion. John Henry, member of GTM who went to the District level in the Annual Speech Contest, was felicitated on the occasion. Venkatesan was also felicitated for his contribution to the cause of Toastmasters and for taking up a District Level leadership position. The winners of the Speech Contest and Galfar Golden Rules (GGR) Online Quiz were felicitated on the occasion. The meeting was concluded with a cake cutting ceremony by Sheeju David, founding President of GTM, and Ashwini Toppo.
Professors of VCUarts Qatar win award for favela documentary

Faculty from VCUarts Qatar’s Liberal Arts and Sciences and Interior Design departments have won an award for a documentary that highlights the lives of the residents of one of Rio’s favelas.

Dr Byrad Yyelland, Liberal Arts and Sciences Assistant Professor at VCUarts Qatar, and Dr Johan Granberg, Interior Design Associate Professor at VCUarts, have recently received the Golden Film award from the International Institute for Advanced Studies in Systems Research and Cybernetics (IIAS) for their documentary film, Living in the Above: Tavares Bastos Favela. The film is a collaboration between an architect and a sociologist – an ethno-architectural portrait of life in a small neighbourhood in Brazil.

Yyelland and Granberg conducted research on social interactions, identity development and community-building for over five years on Tavares Bastos, a small informal settlement (favela) located above the Katete area of Rio de Janeiro, in respect with the juxtaposition and negotiation amongst nature and architectural design, while leading a team of international film makers. Greg Andonian from the IIAS said that the film portrays “Favela life worth living to its fullest, within the individual means, when one indeed loves living in a secure and trustful social micro environment, in harmony with nature, with thrilling panoramic views of the city projecting onto the ocean.” While favelas have long had a negative reputation, the film showcases a desirable life of the inhabitants of this particular neighbourhood.

Granberg said, “We see the film as a declaration of love for a forgotten place that has much to offer in the dialog of how we create our modern cities.” The film has been shown in film festivals, conferences and has been used as teaching material worldwide.

NIA marks Hindi Day celebrations

North Indians’ Association (NIA) one of the prominent socio-cultural organisation affiliated to Indian Cultural Centre (ICC) under the aegis of Embassy of India, recently organised an event to mark Hindi Day along with other Hindi Fortnight (Pakhwara) activities.

As part of the activities, NIA conducted Qatar Inter-Schools Hindi Essay Writing and Public Speaking Competitions. Theme of both the competitions was ‘Relevance of Mahatma Gandhi’s teachings/philosophy in present time as a tribute to Mohandas Karamchand Gandhi, Indian lawyer, anti-colonial nationalist, and political ethicist, on his 150th birth anniversary.

Hemant Dwivedi, First Secretary of Information, Culture and Education at the Embassy of India, was the chief guest at Hindi Divas event.

The event featured a performance by the students of Monarch International School highlighting the importance of Hindi language. Meenal Bakshi, Principal of Monarch, was the guest of honour.

Dr Malvika Hanjom, a poetess, folk singer, and a presenter on Indian Television and All India Radio, also attended the event. Speaking on the occasion, Dr Malvika Hanjom shared her views on how one can inculcate the use of Hindi into children along with her poetry pieces.

NIA also felicitated the high performing students of Grade X and XII on the occasion.

PMG to organise magic, comedy and singing show

The Punjab Music Group (PMG) is all set to organise a magic, comedy and singing show at Alwaha Club Alkhor on November 7 from 5pm onwards. Munawar Khan, notable Pakistani magician from Karachi Pakistan, will be performing at the event along with Gaffar Lehri, comedian from Lahore, Kainaat Ali, Pakistani television and radio artiste, and Chand Ali Khan, singer and artiste. For further details, contact Nazakat Ali Khan, Chief Organiser at PMG, on 77536060.

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How ‘art world insider’ became

As culture has become more visual, clothes that speak of galleries, exhibitions and artist studios have found widespread appeal. These are style ideals that speak of purpose, plans and the legacy of Pheobe Philo, writes Jess Cartner Morley.

**ART OBSERVER:** A visitor to the Frieze art fair in 2016 looks around the Hans op de Beeck installation.

**SUSTAINABLE:** Toast's cotton twill workwear jacket in cobalt blue echoes the jackets worn by Vincent Van Gogh and Claude Monet in their studios.

The 60s had miniskirts, the 70s had flares, the 80s had shoulderpads. Every decade has a look. True, in each case this is an appealing oversimplification. Flares did not rule the whole of the 70s, for instance: by the summer of 1978, Sandy was rocking wet-look drainpipes in Grease. So to put your head above the parapet and attempt to skewer the look of the decade before that decade is even over is, clearly, madness.

But I’m going to do it anyway, so here goes. For a certain type of woman in the decade that is now drawing to a close, the unspoken style ideal was to look like you worked in the art world. This involved interesting neutrals (mostly navy for the first half of the decade, grey and beige the second) with sophisticated, painterly accent colours such as mustard or fuchsia. It meant a silhouette that was de-centred, abstracted from the shape of the body below. It called for unfussy pieces with intriguing details: a simple dress with a statement sleeve, for instance. There was little skin on show: there were a lot of funnel necks, then polos, and skirts were below the knee for most of the decade. There were elements of menswear – blazers, tailored trousers, unisex white trainers or Gucci loafers – but these were mixed with feminine silk blouses rather than styled in a performatively androgynous Annie Hall kind of way. For evening, tight black dresses languished unworn in favour of elevated, accessorised versions of the daywear look, or bold dresses with a certain flamboyance of colour or print or silhouette.

An observer noticing this woman as she crossed the road on her way to work – she probably had earphones in to listen to a podcast, this decade, rather than being on the phone – would have clocked her interestingly textured funnel-neck sweater, French-tucked behind the fly button of wide-legged trousers which in turn were cropped to show, perhaps, a flash of white ankle boot. This observer might have imagined her headed to a job in a private gallery, perhaps. She wasn’t power-dressed in a Working Girl kind of way, but neither was she dressed to an artfully-aligned audience. At Jacquemus, a sculptural camisole half-transformed, from a prestigious but niche industry into a pop culture arena of big money, glamorous travel, blue chip status and boundless individuality. In 2000, there were 55 art fairs around the world; in 2018, there were 260. (In London, the weeks of the Frieze art fair surpass pre-Christmas as the busiest time of year at department store Dover Street Market.)

Fashion and art have been so close since the days of Elsa Schiaparelli and Salvador Dalí. Being in the art world has come to mean Instagrammable Venice water taxis, Roksanda’s catwalk shows at the Serpentine Pavilion, Erdem eveningwear and Marni earrings.

An 1890 painting by Claude Monet in his Haystacks series, which in 1986 was sold for £2mm, sold earlier this year for £90.5mn. Art has snowballed in cultural value as exponentially as its cash stock has risen. As our culture has become ever more visual Instagram is the pop radio of our times the status of art, which stands at the apex of our aesthetics, has soared. What’s more, the mood music of the art world is perfect for now. Authenticity, a buzzword of this decade, is rooted in art. Individuality and creativity are honoured in art. And don’t get me started on the word curate, which 10 years ago was an activity specific to museums and galleries but has become the verb du jour, applied to arranging your wardrobe, or laying the table for supper.

Art world chic stalked the runways this season. At Bottega Veneta, the elegant but just-slightly-off proportions – a scoop-neck cream crop sweater with a gold chain trim, worn with the softest leather trousers – had fans of Phoebe Philo’s era at Celine swooning. At Loewe, the chic understatement of a navy silk gown with a boxy, vest-like cut was catnip to an artfully-aligned audience. At Jacquemus, a sculptural camisole half-
tucked into crisp tailored trousers had that insider wink of refined chic. Nothing obviously splashy to see here; but to the trained eye, this is perfection nonetheless.

A close alignment with the art world has been a key element in how matchesfashion.com has evolved into a uniquely sophisticated multibrand retailer. Natalie Kingham, fashion and buying director, has long held a chic curator in mind as an imaginary muse. Throughout 2019, the site has partnered with Frienze, hosting salons and pop-ups in tandem as the art fair travels around the world’s most fashionable cities. This is not just about selling dresses to women who are collectors, or about using art as inspiration for your look, but about art imitating art – specifically, the most fashionable life imitating an art world kind of life. The matchesfashion.com townhouse at 5 Carlos Place in London is designed to feel “like the ultimate collector’s house, where we can host and entertain you, have original conversations and create memorable experiences,” says Jess Christie, chief brand officer.

The look crosses all income brackets. Cos is as central a pillar of this aesthetic as Phoebe Philo’s Celine ever was. “Art is ahead of surroundings, and so art tells us where the world is going,” says taxidermy artist Polly Morgan. “It’s for a woman who has plans, not holiday, or hippy”, Amfi theatrof says, is “not an easy look, in this wardrobe. This season, people are craving a more 360-degree view of how Cos interprets an artistic person. People are craving a more 360-degree view of culture,” she adds.

“Artists aren’t slaves to fashion,” says taxidermy artist Polly Morgan. “I’ve always really liked fashion, but I’ve never bought a fashion magazine.”

“It’s not literal,” says Gustafsson of how Cos interprets an artistic sensibility into clothes. “It’s not about clothes that look like paintings, or anything like that...” The first principles of Cos are colour a foundation colour card of white, black, navy, sky blue, grey and beige and a subtle silhouette which is about proportion and the way the volume sits around the body. Designer Francesca Amfitheatrof, alumnna of Tiffany and Wedgewood, and now artistic director of jewellery and watches at Louis Vuitton, points to how a twist in the detail an elongated cuff, an extra-long trouser, a raised neckline can be crucial in art-oriented fashion. “It’s not about the obvious,” she says. “That’s what makes what Nicholas [Ghesquière] does at Vuitton so compelling it takes you a while to get it. It’s not immediate, and that’s part of what makes it so great.”

The principles of art-oriented fashion are situated at the point where lifestyle and attitude meet aesthetics. “It’s a look that combines purpose – these are clothes for a woman with a purpose beyond being decorative – with a sense of freedom, or at least autonomy. There is an informality to the soft, sculptural shapes, but it’s not holiday, or hippy”, Amfitheatrof says. “It’s for a woman who has plans, and ambitions. You look at certain types of clothes and you think, that’s beautiful, but it doesn’t relate to my life,” she adds. “This look speaks to women and how they really live.”

Lucia Wood, head of design at Jigsaw, is passionate about designing for a modern, culturally informed woman and believes that “lifestyle isn’t so cutearny more. It’s not about a division between the career woman and the stay-at-home mum. Working doesn’t necessarily mean that you are at the same office all week, so our clothes are about flexibility, and curating a wardrobe.”

For Gruy, “my work and non-work wardrobes are pretty blended. Flat shoes are essential, because at art fairs you are on your feet all day. And if I go to an event after work that’s more often than not spontaneous, so I rely on red lipstick.” At the Venice Biennale, Amfitheatrof regularly walks 20km in a day. “You are on a boat, off a boat, so you need flat”

shoes and you need a jacket,” she says finally. In a decade in which female empowerment has been a narrative of both fashion and art, “women in the art world are finding their voice”, Amfitheatrof says. “There is a sense of not dressing for men. This is not a world where you have your cleavage on show.”

Again, principle and practicality overlap. “I like nice clothes, but I don’t prioritise getting dolled up,” Morgan shrugs. “I just don’t see that as an important enough way to be spending my time.”

Philo’s departure from Celine last year left something of a power vacuum here. “There has definitely been a period of mourning for Phoebe,” Amfitheatrof says. “She’s not easy to replace because she always thought laterally, and she had a singular point of view.” In the post-Philo era, the art-oriented look has continued its trajectory toward being cleaner and crisper than the floatiness with which bohemian dressing was once associated. The magnetic pull of Scandinavian style and design can be seen here, just as it can in the architecture and interior design choices of the same tastemakers, who over the past decade have ditched colourful and eclectic for pale wood and clean lines.

Utility is becoming a buzzword in fashion, with jumpsuits that look ever closer to overalls, and apron and pinafore styling on dresses. At Toast, a key piece for this autumn is “a French jacket in workwear blue, with Japanese styling. The timelessness of those designs feels subversive,” de Rohan Willner says.

In art and in fashion, beauty is prized. De Rohan Willner says, “I care about the fabric but I also want the collarbone to be enhanced by the neckline, for instance.” A high-profile art moment in the Venice Biennale, Amfitheatrof says, “is not an easy pack. You need dressed-up pieces for evening. There are some brands, like Louis Vuitton and Alexander McQueen, that work really well in the art world because they are not just adornment but are part of a richer conversation.”

Textile designer and art world style icon Tiphaine de Lussy loves Roksanda, for her bold elegance and as a designer who “has a real interest in and connection to art” Morgan, on the other hand, doesn’t like “fussy things. I wear my boilersuit in the studio, and in the evening I dress like an Italian businessman in a cashmere coat and tailored trousers.”

There is room for all these points of view, in this wardrobe. This season, the chic art world customer may be buying artisanal statement pieces by Simone Rocha, Loewe, Hillier Bartley or By Walld, or investing in minimalism by Jill Sander, Raey or Gabriela Hearst. The art world is a world that tolerates difference among women,” de Lussy says. “And perhaps there’s something empowering and aspirational in that.”

– The Guardian
Science Matters

It is a deep enigma where Mediterranean Bronze Age people got their tin. New research has helped solve that puzzle. Amounts of tin isotopes showed that ingots from Israel came from Cornwall and Devon (Britain), not Asia.

Source: Ernst Pernicka of Heidelberg University and Curt Engelhorn Centre for Archaeometry, Ehud Galili ingot photo; statue photo courtesy the British Museum Graphic: Helen Lee McComas, Tribune News Service
Coffee bean extracts can cut fat-induced inflammation

Coffee is beneficial for health as we all know, but unused coffee bean extracts can also help reduce fat-induced inflammation in the cells and improved glucose absorption and insulin sensitivity, find researchers. When coffee beans are processed and roasted the husk and silverskin of the beans are removed and unused, and often are left behind in fields by coffee producers. Food science and human nutrition researchers at the University of Illinois have discovered inflammation-fighting phenolic compounds – protocatechuc acid and gallic acid – in the silverskin and husk of coffee beans not only for their health we all know, but also in adding value to the coffee processing industry.

“This material from coffee beans is interesting mainly because of its composition. It’s been shown to be non-toxic. And these phenolics have a very high anti-oxidant capacity,” said Elvira Gonzalez de Mejia, Professor of food science and co-author of the study published in Food and Chemical Toxicology.

When fat cells of mice were treated with water-based extracts from coffee beans skins, the phenolic compounds reduced fat-induced inflammation in the cells and improved glucose absorption and insulin sensitivity. The findings show promise for these bioactive compounds, when consumed as part of the diet, as a strategy for preventing obesity-related chronic illnesses, such as Type 2 diabetes and cardiovascular disease. For the study, the fat cells and immune cells were cultured together to recreate the ‘real-life’ interaction between the two cells. When obesity-related inflammation is present, the fat cells and immune cells work together — stuck in a loop — to increase oxidative stress and interfere with glucose uptake, worsening the situation. In order to block this loop and prevent chronic disease, the researchers’ goals are to eliminate or reduce as much inflammation as possible in order to allow glucose uptake to be facilitated, as well as to have healthy cells that will produce adequate insulin.

The researchers also stressed the positive impact on the environment of using the coffee bean by-products.

During coffee processing, the bean is separated from the husk, the external outer layer of the bean. After the bean is roasted, the silverskin layer is separated. “It’s a huge environmental problem because when they separate this husk after processing, it usually stays in the field fermenting, growing mould, and causing problems,” explained de Mejia.

Worldwide, 1,160,000 tonnes of husk are left in fields per year, potentially causing contamination. Additionally, 43,000 tonnes of silverskins is produced each year, which, de Mejia adds, may be easier to utilise because it stays with the bean as it is exported to different countries to be roasted. – IANS
**Wordsearch**

```
N B O F I S S N G H S C A I D
T H B U V W Y N C E Y A O Y E
W E N S T P I F C R Y F B Y S
B N N I H W C S R A I U W L I
U Y H R O L F A T R R M P H R
R Y T L A H L M A E O M S U E
G B G R C G U A F O L U I O C
U I E H A I S N B A L R G N N
N T Y D R G H D U B E Y A E E
D E D T D E E A L V H S R C N
Y N D E I P D R E P P O C B S
Y C U C N N O I L I M R E V K
S O R F A G Y N F S I V I N D
G R M U L U O N A I T I T C
D A V C A M D E F F G P Y B E
```

**Codeword**

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

**Sudoku**

```
  3  |  4  |  7  
---+---+---
  8 5 |  6  |  8  
---+---+---
  4  |  5  |  2  
---+---+---
  9  |  5  |  1  
---+---+---
```

**Pooch Cafe**

**Garfield**

**Bound And Gagged**
Super Cryptic Clues

Across
1 Pens producing plain blots (10)
7 Fish worn on woman's finger? (7)
8 Binder for recording (4)
10 Not liable to run quickly (4)
11 Had sieve fixed with glue (8)
13 One nurse forced to pay protection money? (6)
15 Just adjust my reel (6)
17 Cleaner fuel as drawing material (8)
18 Just average (4)
21 Tragic queen revealing identification amidst celebration (4)
22 Take care - only insiders can do this (4,3)
23 This may please a card player a lot (1,5,4)

Down
1 The injuries of a Scottish poet? (5)
2 Girl playing with soil (4)
3 Temple for a deity in Pennsylvania (6)
4 Not completely skint, here debtor is overdrawn (2,3,3)
5 Cut of meat for league leaders? (7)
6 Bird finding husks in church (9)
9 Dry out! Heated? Dry out! (9)
12 'Sucre', oft translated as 'sugar' (8)
14 Lying as alternative to murder? (7)
16 Graduate has to report about dance (6)
19 A payment for a coral island (5)
20 Solitary advance, we hear (4)

Solution

![Sudoku puzzle image]

Wordsearch

![Word search puzzle image]

Codeword

![Codeword puzzle image]
Adil: Raahgir celebrates empathy and humanity

By Ahana Bhattacharya

Actor Adil Hussain returns in Raahgir, which premiered at the recent Busan International Film Festival, and is all set to be screened at Jio Mami 21st Mumbai Film Festival with Star. Raahgir is directed by multiple National Award-winning Bengali filmmaker Goutam Ghose and is based on noted Bengali author Prafulla Roy’s novel Borshay Ekdin (One Day In The Rain). The film talks about the victory of humanity over poverty and the struggle for survival.

“The movie deals with a story of India’s impoverished people who live in the forests and can hardly make ends meet. They have limited dreams and desires. Their biggest concern is to gather the day’s food. The film celebrates the fact that despite the daily struggle for survival, the elements of humanity are still alive in these people. The film showcases how Indian reality differs in the cities and in a poor tribal village.”

Actor Adil Hussain says: “The film showcases how Indian reality differs in the cities and in a poor tribal village.”

Keep love flowing: SRK on reaching 39mn fans on Twitter

As Shah Rukh Khan scored 39 million followers on Twitter, the superstar thanked his fans and asked them to keep the love flowing and the positivity multiplying.

Shah Rukh, on Monday, thanked his fans, while treating them with his selfie.

“Keep the love flowing. Keep the positivity multiplying. Keep yourself happy... Always. Everything is as beautiful as you want to see it. Love you all,” Shah Rukh captioned the image.

The 53-year-old star was last seen as a dwarf in Aanand L. Rai’s Zero alongside Katrina Kaif and Anushka Sharma.

DANCER: Sanya Malhotra danced on Madhuri’s Humko Aaj Kal Hai Intezaar song.

Actress Sanya Malhotra has channelled her inner Madhuri Dixit Nene in a new video, where she’s seen shaking-a-leg on a popular song picturised on the veteran actress.

Sanya on Monday took to Instagram and was seen dancing on Bollywood’s very own twinkle toes Madhuri’s Humko Aaj Kal Hai Intezaar from the 1990 film Sailaab. Sanya in a yellow choli-blouse teamed with blue jeans looked ravishing as she gyrated and said she had not indulged in her favourite pastime for quite sometime now.

“Humko aaj kal hai intezaar…. Dance karne ka because I haven’t danced in a while and I miss it... Hence channelingmyinnerMadhuri”, she captioned the image.

The video currently has 3,04,759 views. Sanya’s friends from the Industry commented on her video: Actress Kubbra Sait wrote: “Aiga”, Actress Zareen Khan commented: “Cutest”, Sanya’s Dingu co-star Fatima Sana Sheikh wrote: “Cutie”, Actor Sikandar Kher said: “Something are just legendary. Also, don’t hurt yourself!”

On the acting front, Sanya will next be seen in Shukumuthi Devi, based on the maths genius. The film stars Vidya Balan in the title role and is set for summer 2020 release.

AWESTRUCK: Shraddha Kapoor said that she was simply awestruck after hearing Siddhant sing.

Actress Shraddha Kapoor said that she was in tears after hearing her actor brother Siddhant Kapoor sing. Shraddha tweeted on Tuesday, where she shared a video link of the song Kashf fir se from the film Yuvaran sung by Siddhant.

“I was brought to tears when I heard my brother sing. Had goosebumps and was simply awestruck,” Shraddha tweeted.

The Raaghi actress praised her brother.

“Bhalya, you are one of the best people I know and your heart is shining through this entire song, through your voice! I love you, @siddhantk Kapoor,” she added.

Shraddha has started shooting for her upcoming film Baaghi 3. She will be seen in Remo D’Souza’s Street Dancer 3D, co-starring Varun Dhawan and slated to hit the screens in 2020.
Special casting pleases

The Good Doctor’s Schiff

By Rick Bentley

richard Schiff was already happy being part of the ABC drama The Good Doctor where he is now in his third season playing Dr. Aaron Glassman. It’s a role that not only gives him the opportunity to play mentor and friend to the show’s central figure Dr. Shaun Murphy (Freddie Highmore), a young surgeon with autism and savant syndrome, but he’s playing the part on a critically praised show. A bit of additional work even more of a pleasure for Schiff.

Schiff’s character on The Good Doctor has been on a roller-coaster ride since the very beginning of the series. He started out as the top man at St. Bonaventure Hospital but lost that job and ended up in a life-and-death battle with cancer. Getting to go from being the guy in charge to the one needing to be helped has given Schiff a broad area in which to act.

“It’s always interesting when mentor becomes mentee or guardian becomes the one you have to take care of. Parents, when they get older, become the children in a relationship. That’s fascinating to explore,” Schiff says. “And it was challenging to be this fairly successful and strong man who felt lost and helpless.”

Another reason Schiff is so happy with being part of The Good Doctor is that a majority of the work Schiff has done on the show has been with Hightower, who is decades younger than Schiff. Despite the age difference, the veteran Schiff has seen no reason to mimic in real life the relationship their characters have on the ABC drama.

“The acting wisdom Schiff brings to The Good Doctor comes from decades of work on stage, screen and TV. He began his career in New York as the founder and artistic director of the Manhattan Repertory Theater and directed off-Broadway productions, including Antigone, starring Angela Bassett. His TV and film credits include Man of Steel, The Gambler, Kill the Messenger, The Lost World: Jurassic Park, Ray, Se7en, Hoff, The Affair, House of Lies and Murder in the First.

The Good Doctor stands out among all his jobs because at the same time the character was dealing with work and health issues, Dr. Glassman found love. That has ended up being the best part of the job for Schiff.

“One of the motivations that has come out of facing death is that he now has an interest in doing something for the benefit of more people,” Schiff says. “He’s also following his instincts with the woman he met at the end of the second year who happens to be played by my real-life wife, Sheila Kelley.

“It is so much fun working with her. First of all, she is such a fantastic actress. She is so alive and unpredictable. We have been able to work and play together.”

And the work is being done on a show that is a strong drama. When it comes to quality TV, Schiff knows that world extremely well, having spent seven seasons on the

Emmy-winning The West Wing in the role of Toby Ziegler. Schiff was nominated three times and won one Emmy for best supporting actor in a drama series for his performance.

One of the constant buzzes in Hollywood is that in this era with past television series being brought back to life there could be a chance for a new version of The West Wing. The feedback Schiff gets about the series set in the White House is that the public would be open to a return, but he’s not 100% sold on the idea.

“I don’t know if another show set in the White House makes sense, but another political show would be a good idea. The White House is already overcooked because you have Veep which is much more accurate to real life more than “The West Wing” ever was as it turns out,” Schiff says. “We certainly could not have the same team back in the White House because it makes no sense.

“But, somehow I guess we could all get rejoined if it made sense to the story. When the idea was first mentioned, I would have loved to do it if nothing else to redeem my character from that ridiculous storyline at the end of season seven, but I don’t think much about it anymore.” – TNS

Zoe Kravitz cast as Catwoman in The Batman

Big Little Lies star Zoe Kravitz will play Catwoman in Matt Reeves The Batman, starring Robert Pattinson in the title role.

Catwoman is an anti-heroine in the world of Batman, and at times also seen as a love interest of the caped crusader. In recent weeks, the role came down to Kravitz, Zazie Beetz of Joker, Baby Driver’s Eiza Gonzalez and Oscar winner Alicia Vikander. Kravitz won out, despite some worry about scheduling issues with Fantastic Beasts, reports variety.com

The pre-production work on the Warner Bros. DC Comics film is expected to start later this year.

No official start date has been set, although according to sources, filming could start in late 2019 or early 2020.

The Batman is scheduled to release on June 25, 2021.

Reeves, the filmmaker behind the last two Planet of the Apes sequels, took over Batman directing duties from Ben Affleck in January 2017. Affleck departed his role as Batman following Justice League, allowing Reeves to pick his own Bruce Wayne. Pattinson has replaced Affleck to be the caped crusader. He will be seen as the superhero in Reeves’ upcoming film. The casting decision made way for backlash on social media, in fact a petition was filed to reconsider the call.

“To be honest, it was less vitriolic than I was expecting... It’s much more fun when you’re an underdog. There’s no expectations of you,” Pattinson said in an interview to variety.com.

The film is expected to resurrect the film franchise with fresh energy, and star appeal. – IANS

Anti-heroine: Zoe Kravitz will play Catwoman, an anti-heroine in the world of Batman
By Mudassir Raja

The late Sir Syed Ahmed Khan is vastly considered as one of the architects of modern India. Founder of Aligarh Muslim University (AMU), he was a thinker and scholar who laid stress on the need for modern Western education for the Muslims in India.

Bazm-e-Alig Qatar, AMU Alumni Association’s Qatar chapter, is all set to mark the annual Sir Syed Day on October 24. The association has invited two distinguished guests from India on the occasion. The guests are namely: Professor Abdul Raheem Kidwai, a professor of English Literature and scholar, and Asif Azmi, a media personality and social worker.

Talking to Community, Nadeem Mahir, Bazm-e-Alig Qatar president, said: “The alumni of AMU in Qatar founded a forum in 1988 by the name of Bazm-e-Alig Qatar. Since then, the forum has actively been engaged in promoting social, educational, cultural and professional interaction amongst the alumni community in Qatar.

“It aims to keep alive Sir Syed Ahmad Khan’s dream of ensuring equality for all and particularly the underprivileged through education, by supporting AMU and its students in their academic efforts, and by organising events to highlight AMU’s role in creating a modern India.”

Sharing other objectives of the organisation, Mahir said: “Our aims and objectives include; awarding of scholarships to deserving students at AMU, providing material support to AMU and its affiliated institutions, arranging literary, cultural, sporting, and networking events, honouring outstanding individuals and organisations with appropriate achievement awards, providing assistance if needed to newly arrived AMU alumni and their families to Qatar, and arranging annual Sir Syed Day and benefit dinner.”

Bazm-e-Alig Qatar’s office-bearers are namely: Syed Nadeem Mahir, president; Aqil Mehmood, vice president; Osama Shamsi, general secretary; Arshad Amin, joint secretary; and Tariq Faraz, treasurer.

Nadeem further said: “Professor Kidwai holds two PhD degrees in English Literature. He has been associated with the university for a long time. He has authored and edited numerous books on topics from English Literature to Islamic teachings. He has regularly been delivering lectures on the relevant topics as well. He is also considered an authority on the life and contributions of Sir Syed Ahmed Khan.”

He added: “Asif Azmi has a long career in media industry in various roles such as journalist, filmmaker and advertising professional. He has also served as an adviser to Doordarshan, Prasar Bharti, Government of India. However, he is best known for his cultural activities that he used to organise and conduct throughout the country and abroad.

“He has written more than hundred articles/research papers and five books including a book on his journalistic articles Jahan-e-Taawu-Akhare Taau. He is presently running two successful cultural NGOs i.e. IDEA Communications and The Pen Foundation.”

About Sir Syed, Nadeem said: “He was born on October 17, 1817 in Delhi and started his career as a civil servant. The 1857 revolt against the British rule was one of the turning points in Syed Ahmed’s life. He clearly foresaw the imperative need for the Muslims to acquire proficiency in the English language and modern sciences.

“Sir Syed was one of the greatest social reformers and a national builder of modern India. He began to prepare the road map for the formation of a Muslim university by starting various schools. He instituted Scientific Society in 1863 to instill a scientific temperament into the Muslims and to make the Western knowledge available to Indians in their own language.”

The president of the association further said: “In 1875, he founded the Madrasat-ul-Uloom in Aligarh and patterned the MAO College after Oxford and Cambridge universities that he went on a trip to London. He wanted this College to act as a bridge between the old and the new, the East and the West. While he fully appreciated the need and urgency of imparting instruction based on Western learning, he was not oblivious to the value of oriental learning and wanted to preserve and transmit to posterity the rich legacy of the past.

“Sir Syed contributed many essential elements to the development of the modern society of the subcontinent. During Sir Syed’s own lifetime, The Englishman, a renowned British magazine of the 19th century remarked in a commentary on November 17, 1885: ‘Sir Syed’s life strikingly illustrated one of the best phases of modern history’. He died on March 27, 1898 and lies buried next to the main mosque at AMU.”

MODERN THINKER: Founder of Aligarh Muslim University (AMU), Sir Syed Ahmed Khan was a thinker and scholar who laid stress on the need for modern Western education for Muslims in India.