Sales pitch

Need a little extra money? You’ll soon be able to sell and rent your DNA. P4-5
USEFUL NUMBERS

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(PRAYER TIME)

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<td>Zuhr (noon)</td>
<td>11.34am</td>
<td>Az (afternoon) 2.57pm</td>
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<tr>
<td>Maghreb (sunset)</td>
<td>6.28pm</td>
<td>Isha (night) 7.58pm</td>
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Incredibles 2
DIRECTOR: Brad Bird
CAST: Holly Hunter, Craig T. Nelson, Sarah Vowell, Huck Milner, Samuel L. Jackson
SYNOPSIS: Everyone’s favourite family of superheroes is back in Incredibles 2 – but this time Helen is in the spotlight, leaving Bob at home with Violet and Dash to navigate the day-to-day herculean quests of ‘normal’ life. It’s a tough transition for everyone, made tougher by the fact that the family is still unaware of baby Jack-Jack’s emerging superpowers. When a new villain hatches a brilliant and dangerous plot, the family and Frozone must find a way to work together again—which is easier said than done, even when they’re all incredible.

THEATRE: The Mall

Race 3
DIRECTOR: Remo D’Souza
CAST: Salman Khan, Bobby Deol, Anil Kapoor, Jacqueline Fernandez
SYNOPSIS: Race 3 is an internationally mounted saga of a family that deals in borderline crime but is ruthless and vindictive to the core. A world with twists and turns at every nook and corner, which will take the audience by surprise with its sheer unpredictability. When Shamsher (Anil Kapoor) entrusts Sikandar (Salman Khan) with a high stakes heist along with the family for support, what could possibly go wrong? We discover everyone’s real character as they change with a blink of an eye. We discover that nothing is as it seems. Race 3 rushes towards a high-octane climax with betrayals, fast guns, fast cars and sleek action. Action and drama that leads to a shocking twist in the climax that takes your breath away.

THEATRE: The Mall
**EVENTS**

**Summer Camps**  
**WHERE:** TCA  
**WHEN:** June 24  
**TIME:** 8:30am - 1pm  
The TCA will be holding Summer Camps in its branch for all students, starting from June 24. Every two weeks, a new batch will begin for each child to join and learn new forms of art. The summer camps will include Abacus, Drawing and Painting, Calligraphy, keyboard and dance. The camp will run for 10 days a week from, 8:30am to 1pm. You will be able to see the activities and schedules that will be upheld for every week and register your kid. For further details, call 974 44373259.

**Summer Camp for Kids**  
**WHERE:** Bin Omran  
**WHEN:** June 24 to Aug 31  
**TIME:** 7:30am - 2:30pm  
Doha’s Kids Summer Camp where artists are made! The A to Z of kid’s summer camp – from artworks, dance and music lessons and PLAY in between. For ages 5 years and up. For registration, contact: registration@atelierqatar.com and/or mobile 33003839.

**Soccer Festival**  
**WHERE:** The St. Regis Doha  
**WHEN:** Today – July 15  
**TIME:** 2pm - 12am  
The St. Regis Doha has announced plans to celebrate the month-long soccer festival and screen all matches to the delight of football lovers, from today till Sunday July 15, 2018. Sarab Lounge and Vine Restaurant will transform their terraces into football lounges for football lovers to enjoy watching every angle of their favourite game, with giant screens to broadcast the games daily from 2 pm till 12am.

**TCA CHESS CHALLENGE 2018**  
**WHERE:** TCA Campus, Villa 57  
**WHEN:** June 29  
**TIME:** 9am  
Be a part of the TCA Chess Challenge 2018. The challenge is open for all dynamic students of Qatar from all nationalities. The last date for registration is June 22. Registration fees is QR50. For further details contact, 974 66523871/31326749/44373259.

**Summer Entertainment City 2018**  
**WHERE:** DECC  
**WHEN:** Today – August 31  
**TIME:** 12pm

An amazing range of local shopping stalls will feature products from all over the world on the Eid. The Summer Shopping Souq has started from today till August 31. Colour your summer at Doha Exhibition and Conventional Centre – West Bay during Summer Entertainment City 2018 with over 75 activities and games, more than 40 food and 132 retail outlets and amazing live performances. Get set for an exciting and eventful summer in 2018.

**Ramadan Activities**  
**WHERE:** Mall of Qatar  
**WHEN:** Till Today  
**TIME:** 7pm - 12am  
Kids are invited to learn Arabic calligraphy, create prayer pads, lanterns and much more in a colourful Arts and Crafts area along with a henna station dedicated to creating beautiful designs. In addition, giant traditional Dama and X O games will delight the kids while everyone can enjoy hospitality in the modern yet traditional stalls and participate in a daily broadcast from Qatar Radio at 9pm in the Luxury Court.

**Ramadan Camp**  
**WHERE:** Education city - Recreation Centre  
**WHEN:** Till Today  
**TIME:** 1pm - 4pm  
This is an academic enrichment programme designed to help children between the ages of 4 – 10 years, improve their scholastic and interpersonal skills. A maximum of 30 participants will be accepted. Since this camp is for four weeks, please refer the advertisement to get the camp schedule.

**Meerat Ramadan**  
**WHERE:** Katara  
**WHEN:** Ongoing till June 20  
**TIME:** 8pm - 11:55pm  
The Cultural Village Foundation – Katara is inviting the public to Meerat Ramadan at Katara’s Southern Area.

**Explore your talent with us**  
**WHERE:** Mystic Arts Centre behind Al Hilal Focus Medical Centre  
**WHEN:** Wednesday to Monday  
Mystic Art Centre is, a holistic performing arts institution and a one-stop solution for adults as well as children looking to explore their talents in various art forms. We offer classes in Carnatic Music, Hindustani Music, Karate, Yoga, Zumba, Classical Dance, Salsa, Hip Hop, contemporary and Bollywood dance forms. Personalised lessons, efficient mentoring and exposure to stage helps our learner to walk out as a confident performer at the end of their course. For further details, call 44725680/15497609.

**Dance and instrument classes**  
**WHERE:** TCA Campus, Behind Gulf Times Building  
**WHEN:** Wednesday–Monday  
Come and learn the movements of dance styles in Bollywood, Hip Hop and also the musical instruments such as Piano, Guitar, Keyboard for adults as well kids and move in the world of music. Classes will run on a regular basis on weekends and weekdays. For details contact 66523871/31326749.

**Outdoor and five-a-side football pitches**  
**WHERE:** Aspire Zone  
**WHEN:** Daily  
**TIME:** 7pm-11pm  
Aspire Zone’s five-a-side football outdoor pitches opposite Al Waab Street are available every day from 7pm until 11pm from Sundays to Thursdays, and on Fridays and Saturdays from 7am–11pm.

**Torba Farmers Market**  
**WHERE:** Education City  
**WHEN:** Thursday and Friday  
**TIME:** 9am  
Qatar Foundation (QF) has partnered with Torba Farmers Market, a Qatar-based initiative that aims to deliver organic and locally-grown food and homemade products, to host a weekly market in Education City. Open to the public, the market be held at QF’s Ceremonial Court, accessible from gate 2, every Thursday from 9am-4pm and every Friday from 8am-11am and 2pm-5pm. The name ‘Torba’ is derived from Arabic, and means “the pure soil that feeds, nourishes, and nurtures.” A wide range of fresh, locally-grown items will be on offer, including organic fruits and vegetables, homemade preserves, syrups, and butters, as well as handicrafts and gardening supplies.

**Zumba Session**  
**WHERE:** Bin Omran  
**WHEN:** Sundays  
**TIME:** 7pm – 8pm  
Participate in Zumba Sessions (Adults) every Sunday. For more information call 33003839 or registration@atelierqatar.com

**Off-Road biking tour**  
**WHERE:** Zekreet  
**WHEN:** Fridays  
Blue Pearl Experience Qatar is offering the country’s first off-road biking tour. Ride in the desert on a fat bike to explore the local flora and fauna spot desert wildlife, hike up jebeels, chill in the magic of the Richard Serra statues and unique landscape. Participants will get to cross the desert riding fat bikes from Zekreet to the Richard Serra statues, on a route of approximately 13kms. The route is easy to ride and suitable for people with average fitness. You must be able to ride. Kids aged 9 and older are also welcome. The fee is QR 220 (QR190 for ages 9-14) and includes bike and safety equipment. The activity lasts about 2.5 hours.

**Arab and German Tales Exhibition**  
**WHERE:** Qatar National Library  
**WHEN:** Ongoing till August 18  
The exhibition is organised within the framework of Qatar–Germany Year of Culture and provides an insight into the history of Arabic and German fairy and folk tales, and how the two traditions influenced each other. It aims to show the transcultural value of narrative traditions as a shared intangible cultural heritage and highlight mutual influences, shared ideas and cultural transfer between the Arab world and Germany through storytelling and tales.

Compiled by Nausheen Shaikh. E-mail: gtlisting@gmail.com. Events and timings subject to change.
Scientists say they need enormous amounts of genetic data to develop diagnostics and drugs. “Sequencing subsidies” are starting to emerge to address the need for new and better therapeutics, writes Gary Robbins

F

eel like earning a little extra money and maybe improving your health at the same time? Consumers will soon be able to sell or rent their DNA to scientists who are trying to fight diseases as different as dementia, lupus and leukemia.

Bio-brokers want to collect everything from someone’s 23andMe and Ancestry.com gene data to fully sequenced genomes.

The data would be sold or rented to biomedical institutes, universities and pharmaceutical companies, generating money for consumers who share their genetic secrets.

The roundup is mostly led by 23andMe and Ancestry.com gene data to fully sequenced genomes.

Scientists say they need enormous amounts of genetic data from across different ethnic, racial and age groups, and different genders, to develop diagnostics and drugs.

The need for new and better therapeutics is deep and broad.

Most people never develop a genetic disorder. But single genes are responsible for causing more than 6,000 human diseases, including cystic fibrosis and muscular dystrophy. There are also many diseases influenced by multiple genes, notably obesity and type 2 diabetes.

23andMe tests the DNA in your saliva for more than 500,000 variants – with an eye for trouble. The medical, financial, legal and ethical implications of such change will spread beyond academic laboratories and affect the lives of millions of people.

"Genomics will become an integral part of personal healthcare. Pharma companies will be buying large genomic data sets and using them to develop new drugs," said Dennis Grishin, co-founder of Nebula Genomics.

If remaining challenges such as data privacy protection are addressed, the number of people who have their genomes sequenced is going to grow exponentially, possibly more than doubling every year.

"Genomics will have the same genes.

"That's like 2,000 gallons of

"The answers were produced

"Thanks to continuous

"We make us susceptible to disease. Some variants can make us susceptible to disease.

"But there's variation in those genes. Some “variants” are neutral; they determine things like our hair colour and height. Some are beneficial; they help protect us from illness. And some variants can make us susceptible to disease. We call those mutations.

Scientists are largely interested in the mutations because they can cause diseases and disorders.

23andMe tests the DNA in your saliva for more than 500,000 variants – with an eye for trouble. Last year, the FDA gave the company permission to screen people for genes associated with 10 diseases and disorders, including Huntington’s disease and late-onset Alzheimer’s disease. More recently, the agency gave 23andMe permission to screen for three genes associated with cancer.

The company uses this data to estimate a person’s risk for developing the various diseases.

This is not a diagnosis; It is risk analysis based on an incomplete and changing understanding of human genetics.

"Tests like Ancestry and 23andMe only look at small areas of the genome, and aren’t considered to be useful tests for medical care by most genetics experts,” said Lisa Madlensky, director of the Family Cancer Genetics Program at UC San Diego.

"However, they can sometimes identify something medically important that needs to be confirmed in a medical genetics laboratory.”

The data always has to be put into perspective. The FDA emphasised that point last year when it approved 23andMe’s first screening tests, saying, “It is important that people understand that genetic risk is just one piece of the bigger puzzle. It does not mean they will or won’t ultimately develop a disease.”

If I take one of these tests, do I own the data that’s generated from my DNA?

"Yes. But you have to read the fine print. You should make sure that you say no if you don't want a company like..."
Sequencing price approaches affordability
The cost of sequencing a single genome dropped five orders of magnitude from 2001 to 2017.

Price to sequence a single human genome

<table>
<thead>
<tr>
<th>Year</th>
<th>Price</th>
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<tbody>
<tr>
<td>Sept. 2001</td>
<td>$95,263,072</td>
</tr>
<tr>
<td>July 2017</td>
<td>$1,121</td>
</tr>
</tbody>
</table>

How much people are willing to pay to have genome sequenced

- Not consider: 20%
- Less than $1,000: 14%
- Less than $250: 33%
- Less than $100: 33%

Source: National Human Genome Research Institute, Nebula Genomics. Graphic: San Diego Union-Tribune/TNS

PROGRESS: The contents of a 23andMe genetic testing kit.

The cost of sequencing a person's genome has fallen dramatically over the past 15 years and now stands at about $1,000. The price could drop to $100 within three years.

The traditional model

<table>
<thead>
<tr>
<th>Service</th>
<th>DNA Data</th>
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<tbody>
<tr>
<td>Personal genetic companies (23andMe, Helix, Ancestry)</td>
<td>Genomic data</td>
</tr>
<tr>
<td>Pharmaceutical companies (Plex, Reva, Ancestry, Merck, Bayer)</td>
<td>Genomic data and health history</td>
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</tbody>
</table>

Nebula model

<table>
<thead>
<tr>
<th>Service</th>
<th>DNA Data</th>
</tr>
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<tbody>
<tr>
<td>NebulaGenomics</td>
<td>Genomic data</td>
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</table>

The public also has to cope with confusing claims. We saw an example of that in March after the FDA gave 23andMe permission to check to see if a person has any of three specific BRCA gene mutations that are associated with cancer.

Dawn Barry, the president of 23andMe, said the test would help people make informed decisions about their health.

"If you don't have those mutations, you don't need to worry," Barry told the New York Times.

Bullshit, we now talk weekly," genetic counselor told Stat News.

"Some went so far as to claim it would lead to suicidial thoughts. Looking back, it seems unthinkable that we questioned women's ability to access this kind of information."

Should I be worried about the privacy of my data?

Barry said, "An individual's data contains no personal identifiers and is combined with the broad population to create the scale and scope necessary to drive medical discoveries."

You hear similar things from other companies, and from the government.

Keep in mind that hackers have stolen data from everyone from the National Security Agency to local hospitals. Anyone can be hacked.

"It's difficult to say. DNA is a popular topic in books, movies, TV and on the web. Basic genetics is taught in school. Most people probably have a rudimentary understanding of DNA testing."

But drawing meaning from DNA is a complex, nuanced, fast-changing field. It can be hard for consumers to keep up.

The public also has to cope with confusing claims. We saw an example of that in March after the FDA gave 23andMe permission to check to see if a person has any of three specific BRCA gene mutations that are associated with cancer.

The National Society of Genetic Counselors said the test could help reveal undetected mutations, but stressed that "the results may be confusing or misleading without appropriate education."

Such comments reminded Anne Wojcicki, chief executive officer of 23andMe, of how some physicians lobbied against the use of at-home pregnancy tests when they were introduced 40 years ago.

"They thought women might not be able to handle such information on their own and claimed that the results might trigger them to make irrational decisions," Wojcicki told Stat News.

"Some went so far as to claim it would lead to suicidial thoughts. Looking back, it seems unthinkable that we questioned women's ability to access this kind of information."

Do most people understand the risk analysis they get from a company like 23andMe?

It's difficult to say.

"I found my birth family using 23andMe, specifically my mother who had been trying to find me," BreAnne Custodio told the Union-Tribune. "We now talk weekly."

The results can also be jarring.

"You should not assume that any information we may be able to provide to you, whether now or as genetic research advances, will be welcome or positive," 23andMe says in its Terms of Service. "You should also understand that as research advances, in order for you to assess the meaning of your DNA in the context of such advances, you may need to obtain further services from 23andMe.

"You have the right to access and control or change (e.g., your father is not genetically your father, surprising facts related to your ancestry, or that someone with your genotype may have a higher than average chance of developing a specific condition or disease)," says 23andMe's Terms of Service statement.

"These outcomes could have social, legal, or economic implications."

Sometimes, the outcome is joyful.

Mistakes can be made in every type of testing. And it can be difficult to determine overall accuracy, especially with direct-to-consumer DNA tests that involve ethnicity and genealogy.

Some consumers have reported getting different results when they've used the tests marketed by 23andMe and Ancestry.com.

"To be fair, Ancestry.com says that it's only providing an estimate when it calculates what percentage of your DNA that comes from different parts of the world."

But the company touts its reach, noting that it maintains "the world's largest online family history resource, which includes millions of family trees and over 20 billion historical records."

Tufts University researcher Sheldon Krinsky studied this kind of testing and told a campus publication, "Companies selling these services -- and there are close to 40 of them -- don't share their data, and their methods are not validated by an independent group of scientists and there are not agreed-upon standards of accuracy...

"So you have to look at the percentages you receive back with skepticism."

Consumers also have to be prepared for surprises.

"You may discover things about yourself that trouble you and that you may not have the ability to control or change (e.g., your father is not genetically your father, surprising facts related to your ancestry, or that someone with your genotype may have a higher than average chance of developing a specific condition or disease)," says 23andMe's Terms of Service statement.

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Philanthropist gifts computers to Ideal School

Seenu Pillai, a well known personality among expatriate community in Qatar and popular for his philanthropy, recently contributed two computers to Ideal Indian School (IIS). He made the contribution as a token of appreciation for the alma mater of his two daughters, Dharani Seenu Pillai and Shalini Seenu Pillai.

DPS-MIS top achievers attend academic camp in New Delhi

Top achievers of DPS-Modern Indian School (DPS-MIS) in science and mathematics recently attended an academic camp in New Delhi. The students namely, Bilal Ahmed Assadi, Sanidhya Mahendra Patel and Gurjashan Singh attended the six day programme ‘Academic Camp, Science and Mathematics-2018’ organised by DPS Society at HRD Centre, DPS Dwarka Campus in New Delhi.

As many as 107 students, who had qualified two levels of ‘Inter-DPS Science and Mathematics Talent Examination’ from 33 schools from India and abroad, participated in the camp. Various sessions on important topics of science and mathematics were conducted by experienced subject experts to develop scientific and analytical skills in the students.

The students also got a chance to interact with some eminent persons namely, V Seshan, an eminent mathematician, Professor Hukum Singh, former head NCERT (National Council of Educational Research and Training, India), and Vinita Kher, Director DPS Society.

Qatar Finland School, Tulukoota mark World Environment Day celebrations

Tulukoota, organisation of Indian expatriates, and Qatar Finland School (QFS) recently marked World Environment Day by planting saplings in QFS campus. Asmat Ali, Tulukoota President; Ravi Shetty, Divakar Prappan; Prakash Rao, past presidents; Hanne Patomaki and Tarja Mannikko, vice principals of QFS; and other school staff were present on the occasion along with the student council members.
Doha College becomes first HPL accredited school in the world

Doha College, already a shining beacon of outstanding education in Qatar, says a press release, has received the highly prestigious distinction of being the first ever to be awarded the status of HPL (High Performance Learning) World Class Award School.

The journey started two years ago, when HPL was first introduced at Doha College. HPL is an educational philosophy which identifies cognitive performance characteristics as well as values, attitudes and attributes that can be developed in school to enable more students to achieve highly. HPL provides a framework which school leaders can adapt to transform learning – actively involving students and their parents in the learning journey and presenting schooling as a quest for cognitive success.

The impact that HPL has had at Doha College is quite evident: the ethos pervades all layers, the attributes that make an excellent learner are clear, and the 2017 examination results have been the best in the school’s history.

Professor Deborah Eyre, who developed the HPL philosophy, based on a lifetime’s research and practice in education for advanced cognitive performance, praised the school for their commitment: “Achieving this award is a considerable milestone in Doha College’s quest for continuous improvement. Doha College is now a valued senior member of the growing HPL family of schools, and we look forward to their ongoing engagement as we strive in our global quest to ensure high performance for the many, not the few.”

Neil Thomas, Vice Principal of Doha College and one of the passionate drivers of the HPL philosophy, voiced the school’s delight: “We are delighted to be the first school in the world to have achieved the HPL World Class School Award. It has been amazing to see how our teachers have embraced the challenge of introducing and embedding HPL into every aspect of school life. It is a reflection of the calibre of our staff and students, as well as a sign of the fantastic support we receive from our parent community. We have come so far in such a short space of time and the award has affirmed that we are approaching HPL in the correct way so it has become part of our DNA. While we are incredibly proud to have gained the award, our challenge now is to continue developing HPL within the school so that our students can continue to grow personally and further expand their passion for learning.”

The school was inspected by Jeremy Reynolds, HPL Assessor, who spoke to the students, parents, the Leadership Group, the Head Boy and Girl, observed lessons and had a tour of both Al Waab and West Bay campuses. He was impressed by the way the students articulately spoke about the value of HPL. “It was remarkable to see how the leadership of Doha College, whilst acknowledging and being proud of all that has been achieved towards gaining the HPL Award, is still striving to improve – for example from its already best ever public examination results, it still recognizes that it is on a continuous journey,” he commented.

Uzma Zaffar, Acting Head of Primary and an instrumental player in the implementation of HPL, added: “This approach has made us ‘lift the lid on learning’ as we have woven it into the fabric of Doha College. HPL has led to the redesigning of the way in which we teach, assess and plan. Our students are at the centre of everything we do, and through HPL they have become independent learners who analyse their thinking as well as challenge themselves to take risks. At Doha College, we are creating learners for the 21st century.”

Doha College has offered outstanding education to the community of Qatar for nearly 40 years, and will expand to a 10-form Primary and Secondary School at two prime locations in Doha – Al Wajba and West Bay – with the building of its new state of the art campus in 2020. To find out more about High Performance Learning and how it shapes the learning at Doha College, visit www.dohacollege.com
Horizon Manor Hotel, Golden Events arrange free Iftar

The holy month of Ramadan is all about giving. On the occasion, as part of community service, Horizon Manor Hotel is associated with the Ramadan Tent by Golden Events near the Midmac Roundabout, where free Iftar meal is supplied to 1,000 people daily.

Horizon Manor Hotel is honoured to be appointed the official caterer for the endeavour and contributed 3,500 packs of meals free of charge. Horizon Manor Hotel is also contributing volunteers to the Red Crescent for the distribution of Iftar kits in various locations in Doha.

Watch FIFA World Cup 2018 in style at Movenpick Hotel Doha

Football enthusiasts residing in Doha can experience the thrill of the World Cup as Movenpick Hotel Doha invites guests to follow the live broadcast of the 2018 FIFA World Cup matches in its famous Jazz Up from June 15 to July 15, 2018, noted a press release.

The hotel will offer guests live excitement from the World Cup games broadcast from Russia through wide-screen televisions and surround-sound stereo systems. Guests can enjoy comfortable and spacious seating along with some in-door entertainment like football and dart board games. The ambience will be redesigned to give guests the perfect thrill when they cheer for their favourite teams.

In addition, guest entrance at Jazz Up is absolutely free and happy hours will be offered daily from 5pm - 9pm with 30% discount on the total food and beverage bill. Moreover, a World Cup special menu with a selection of some of the best delicacies and drinks will be offered to the guests.

Sami Aawar, General Manager, said, “Football World Cup season is a global frenzy and we are really looking forward to make the experience of our guests here in Qatar more memorable by giving them the perfect ambience, food and vibes at Jazz Up. We look forward to cheering along with our guests!”

Contemporary, convenient and perfectly positioned, the upscale Mövenpick Hotel Doha is ideal for guests. Just 11km from Hamad International Airport and minutes from the business district, this hotel is centrally located on the prominent Corniche Road opposite the iconic Museum of Islamic Arts.

Ghassan Dalal appointed general manager of Oryx Rotana Doha

Oryx Rotana Doha welcomes Ghassan Dalal as the new general manager. Bringing more than 27 years of international hospitality experience, 10 of which have been spent working with Rotana, Dalal will continue to grow the hotel’s prominent position within the local, regional and international markets, noted a press release.

Born in Lebanon and raised in Canada, Dalal’s successful career has taken him around the globe. Most recently, he served as cluster general manager for Erbil Rotana Hotel and Erbil Arjaan by Rotana in Iraq. Dalal has solidified his position as an expert in managing luxury hotels by holding senior management positions in Egypt, Nigeria, Canada, Lebanon, and Sudan.

“I am thrilled to be staying within the Rotana family and working with the talented and passionate team at Oryx Rotana, Doha,” Dalal said in a statement. “In close proximity to the city, this luxury hotel is the ideal weekend getaway for those in Qatar as well as an excellent location for business travellers. I look forward to contributing to the hotel’s continued growth and success.”

Oryx Rotana, Doha is strategically located close to Hamad International Airport and just a few minutes away from the heart of the city, the palm-fringed Corniche and Doha’s business district. With its contemporary architecture and warm hospitality, the hotel creates the perfect ambience for business and leisure guests. For more information, please visit www.rotana.com

NEWLY APPOINTED: Ghassan Dalal, GM Oryx Rotana.
Regency Sealine Camp extends special Eid offers

In harmonious fusion of glamour and camping, with a blend of traditional Arabian design, heritage and modern comfort, Regency Sealine Camp is the country’s premier camping venue. An hour away from Doha, the luxury desert camp offers a wide range of activities including dune bashing with a 4x4 vehicle for the adventurous, quad biking across the terrain, outdoor activities such as volleyball and football, camel riding through the desert and more. They also offer amenities for all ages to enjoy, stated a press release.

Regency Sealine Camp provides both Doha residents and visitors alike the five-star hotel comfort in the middle of the desert, with dedicated staff on site to assist and take you through an adventure of a lifetime. The luxury camp offers 14 beautiful royal tents, each fully air-conditioned, with king and twin-size beds, a private bathroom and an exceptional desert and sea view. To ensure guests stay connected while exploring the outdoors, the camp is fully equipped with Internet connection and a satellite TV. Arabian-styled tents with traditional seating are also available for guests to relax by the soothing water of the Arabian Gulf or with a delicious Arabian barbecue meal under the starlit sky.

All year round, the camp welcomes guests in 360 days, within 24 hour service. The luxury camp unveils special Eid and holiday deals and offers for overnight and day use access. The special offer is for limited time only and can be booked exclusively by contacting the reservation number. No need to travel far to immerse in total relaxation because Regency Sealine Camp is a perfect escape for family getaway or bonding with friends. An unforgettable stay awaits the guests.

“The magnificent desert of Qatar is quite worthy to be deemed as a hidden treasure. Domestic tourism is encouraged by the camp while the satisfaction and pleasure of the guests is made as top priority. Guests will taste new experiences while camping because of the five-star luxuries thrown into the mix. The prices and special offers made by the camp are perfect for the recreation and relaxation most people crave for,” said Hamdy Raheem, Resident Camp Manager.

For more information please visit www.regencysealinecamp.com
P.O. Box 22606, Doha, Qatar. Tel: +974 4496 6204.

City Centre Rotana Doha launches special package for Eid

City Centre Rotana Doha, one of the leading hospitality properties in town, launched its special package for celebrating the blessed Eid al-Fitr, which includes Staycation, Eid lunch buffet at ‘Olive Oil’, all-day dining restaurant and the Sushi night at ‘Teatro’, the upscale 5-star restaurant to participate and share the happiness with local community in their celebrations during the special occasion. During Eid days, City Centre Rotana Doha will be offering its exquisite staycation package, which include a stay for 2 with a complimentary room upgrade, inclusive buffet for breakfast and dinner, 25% discount at all the hotel’s restaurants and 25% off on spa treatment for QR595. Guests can also indulge in the Eid offers at ‘Olive Oil’, the all-day dining restaurant through the 3-days special Eid buffet, which includes a wide selection of delicious and varied dishes of Arabic and Western cuisine, hot & cold appetisers, live cooking stations, sushi corner, soup, salads and sweets, as well as drinks and natural juices for QR279 for the first 2 days of Eid and QR135 on the third day of Eid. For the lovers of fine Japanese cuisine, ‘Teatro’, the award-winning concept and signature upscale restaurant where eastern cooking meets western cuisine in a unique way, offers the guests, during the first and second Eid days, a variety of sushi rolls prepared by experts and talented chefs while offering them a rich experience of the finest saxophone music during this special occasion.

On the occasion, Martin Kendall, General Manager of City Centre Rotana Doha, said, “Every year, we aim to raise our exclusive offers for Eid al-Fitr by offering the highest levels of service to our valued customers in a festive atmosphere that they can cherish forever. This year, we have launched special packages including staycation, Eid lunch and private sushi nights, to share with our guests their joy and to confirm our commitment to offer the highest standards of hospitality that characterise our brand.”
Weight Loss Supplements

African Mango
Studies show an improvement in body fat, waist circumference, lower total cholesterol levels & overall weight after taking African Mango extract over 16 weeks with no dietary/exercise changes.

Garcinia Cambogia
Researchers claim the Hydroxycitric acid (HCA) found in this Indonesian fruit can double/triple weight loss, block fat, suppress appetite & increases serotonin levels - with proper diet & exercise.

Raspberry Ketone
Raspberry ketones is what gives red raspberries their aroma. It helps the body produce Adiponectin, a hormone that may increase metabolism & break down fatty acids more effectively.

Forskohlii
Forskohli is a root extract from a plant of the mint family, called Forskohlii. Some researchers found that forskohlii may promote the breakdown of stored fats in cells & increase lean body mass.

Green Coffee Bean
The chlorogenic acid in raw coffee beans may help boost metabolism & inhibit fat absorption & glucose into the blood. Studies report a 16% loss in body fat in 12 weeks with no lifestyle changes.

Guarana
The seeds of this shrub native to Venezuela & Brazil have up to 3x as much caffeine than coffee. Evidence indicated guarana may suppress appetite & help your body burn more fat.

Saffron
Saffron is an extract of saffron, which is clinically shown to reduce feelings of hunger, help prevent snacking & reduce weight & inches after eight weeks of use. Healthy diet & exercise are required.

Green Tea
Epigallocatechin gallate (EGCG), a compound found in green tea, was shown to increase fat oxidation by 33%. Catechins, or naturally occurring antioxidants in tea also help burn fat.

Apple Cider Vinegar
The blend of acids & other compounds in apple cider vinegar are known as a natural healing tonic associated with helping to curb your appetite, minimize glucose levels & lower low bad cholesterol.

Natural Plant-Based
Make summer stylish with floral trend

Summer is here in full swing and with the mercury level rising day-by-day, it gets little tough to keep your fashion goals intact. However, the floral fabrics can add glamour to your look if opted wisely.

Sandeep Sharma, Director, Fabriclore.com suggests some tips:

**Landsceped floral Mughal motifs on cotton and chanderi silk:** Perfectly landscaped Mughal twigs, buds, leaves, flowers and bouquets on cotton and chanderi silk fabrics look exquisite. Ankle-length Mughal cotton maxi dresses for instance, is a perfect fusion of ethnicity and modern style.

**Abstract florals and vines on rayon:** The flowy rayon fabric screen printed with abstract floral designs like blooming flowers, screen-printed with abstract florals on rayon: ethnicity and modern style. For instance, is a perfect fusion of silk fabrics look exquisite. Ankle-bouquets on cotton and chanderi twigs, buds, leaves, flowers and Perfectly landscaped Mughal silk: motifs on cotton and chanderi with some of your personal ties, if so you desire. Take advantage of much simpler. This frame of mind will enable you to solve issues meditate about your life and be at peace with yourself. Life will seem things light and calm.

You will wake up today on cloud nine, Aquarius. Your morale is at sky high. This is the perfect time to think about it. You will decide once you have more clarity.

Sometimes we all feel a little lost, Leo. We often want to move mountains and use all our energy and enthusiasm to try to do so. But a few moments later we could feel that all efforts have been in vain. It pays to remember one of the hard facts of life – take nothing for granted. You shouldn’t let that keep you from trying to make changes to things around you. Be vigilant.

Today you have a natural ability to accomplish a great deal rather easily. You have always tried to build up your health using traditional methods, and you take great care of yourself. But this morning you might feel a little curious. Indeed, there are so many different courses of treatment available. Why not inquire about alternative forms of medicine? You could learn a great deal today and benefit from them.

You love meeting people others might consider eccentric. You can’t help it. You’re simply attracted to them. You will probably cross the path of one of these people today, Aries. But you might have a feeling of déjà vu. As strange as it may seem, it’s possible that this person will be no one but you.

Your day has finally come, Libra. You have your own vision of life and you like sharing it with others. You’re far from thinking that you’re any sort of new person, but you feel the need to talk to children or young people about your views. Today, you’ll be able to communicate clearly with the people around you and they’ll be receptive to your ideas.

The astral energy will have you reminiscing all day long about childhood memories, Pisces. These memories will take you to the houses and places where you were raised and where your personality and character were formed. Many memories will surface - happy, melancholy, and everything in between. You should probably seize this opportunity to write them down.

You will find a clean page on the agenda today, Capricorn. You should try to think only about yourself. This will allow you to meditate about your life and be at peace with yourself. Life will seem much simpler. This frame of mind will enable you to solve issues with some of your personal ties, if so you desire. Take advantage of this energy to calm your mind and your life.

You will wake up today on cloud nine, Aquarius. Your morale is at a peak. You will feel totally free and be able to clearly perceive the essentials of life. You have the perfect opportunity to share this gift from the stars with your loved ones. Even after this aspect has passed, you may have trouble getting your feet back on the ground. Don’t rush it.

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Sometimes, it’s amazing to see how your relationships can spin so easily out of control, Gemini. Today you may have to deal with a lot of tension within your group. You’ll almost feel as if no one understands the situation. You just need to keep your cool. Why not try to see any outstanding issues with your relatives? Stay calm and things will be OK.

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You are here in full swing and with the mercury level rising day-by-day, it gets little tough to keep your fashion goals intact. However, the floral fabrics can add glamour to your look if opted wisely.

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Wordsearch

PUHOFDFKCUDJXGA
ZAZCQEHPYUZ
IKILTOAADLORDI
ALNFMEEUWYRIAF
TLHESASKACMRO
PRALIGEZZSLETBE
STRYLEDAALOSEN
TNGELSISMUETEZO
NTTAMJOCOARIVSH
ANKZTTEGRNGBFGP
PLMOTHSAUQMOBO
RZOPCYNKGNURBXL
OIHWAGOUOSNOICY
SUDGYAGIYAOJNIX
EXGDTWKLNTYMCLU

Alphabet Soup

APPLE HOUSE OBOE VEST
BOOT INK FRUIT VAD
CLAM JEANS QUILT XYLOPHONE
DUCK KILT ROSE YACHT
EAGLE LEMON SEAL ZEBRA
FAIRY MASK TIGER
GOAT NOSE UMBRELLA

Codeword

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

Sudoku

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Bound And Gagged

Adam

Cute little grass toad
Can we catch him and make him our pet?
Sure, yes. That always goes well for the toad.
This toad will live like a king. One toad king, comin' up, let me grab an old stinky shoebox.

Pooch Cafe

What happened to the good old days when a dog fetched the paper?

Sudoku is a puzzle based on a 9x9 grid. The grid is divided into nine (3x3) boxes. You are given a selection of values and the goal is to fill in the grid so that every column, every row and every 3x3 box contains each digit once. Every solution is unique and there is only one correct solution.

Garfield

Bark!

That's because nothing you say is worth repeating.

Codeword courtesy: Puzzlechoice.com

Puzzle courtesy: Puzzlesky.com
Super Cryptic Clues

ACROSS
1. Does it get longer every time you travel on it? (7,2,4)
8. Do they speak in roars upsetting to their hearers? (7)
9. Get on to the agent to find out the carrying capacity (7)
11. “Mr. Money,” the film character (6)
13. Neglected an opportunity when playing spades and leading (6,2)
15. Rows of fasteners (5)
16. Getting a hand with the inn is something new (7)
18. “Bird-man” I put in Latin (7)
19. He does get under one’s skin (5)
21. Expose oneself to risk to protect a sovereign (8)
23. The cats prowl round it worriedly, still (6)
25. On the point of leaving for (5,2)
26. In need of another rest, stopped working (7)
28. Weapons used in “The Shoe Murders”? (8,5)

DOWN
2. Have the cadet fall in and stand outside (7)
3. I and R being deleted from “24” (3)
4. Covering the patient (4)
5. Exceed in importance, as a trapeze artiste? (10)
6. Dials double O? (5)
7. Show the racket to a boy (7)
8. Very good, though unpaid (11)
10. Felt proficient (11)
12. Where and when the man came on? (5)
14. Not a straightforward way to amuse the children? (10)
17. The bay shows in outline the time after (5)
18. It means the first impression was favourable (7)
20. Not a flat, as you might have expected? (7)
22. The two men make a majestic combination (5)
24. So upstanding a villain! (4)
27. Get even with right after the row (3)

Codeword

Requirements: Exhale
Caphe
Mountebank
Dumps
Udgmldce
Spring
Everyone
R1d
C
Polygons
Camphor
1
T
I
A
Jeltt
In
Everyone
S
V
R
A
B
O
Snooze
Neckline
Tolohey

Yesterday’s Solutions

Across: 1 Pitch dark; 8 Inspire; 9 Coroner; 10 Spartan; 13 Souvenir; 14 Aloe; 16 Pleasantries; 20 Drag; 22 West; 24 Brandy snap; 28 Toll; 29 Disperse; 31 Lambast; 34 Operate; 35 Colours; 36 Treatment.

Down: 1 Picks up; 2 Torture; 3 Hence; 4 Arraign; 5 Kids; 6 Spar; 7 Learning; 11 Played; 12 Tier; 15 Odes; 17 Lie; 18 Alto; 19 Ambles; 21 Ada; 22 Warlock; 23 Stem; 25 Noisome; 26 Narrate; 27 Prevent; 30 Pleat; 32 Blow; 33 Test.
Hearts Beat Loud

By Rick Bentley

Hearts Beat Loud is a quiet film in tone and delivery. Don’t let that fool you. The production from writer/director Brett Haley shouts its messages about love, family and the addictiveness of passions. Haley has shown how commanding a film delivered in lean-in-to-hear quiet tones can be. In a world where theatres shake with the latest big action movie, it’s a gift to find a film that shakes the viewer’s emotions with an equal amount of intensity.

Frank Fisher (Nick Offerman) is a retail dinosaur desperately trying to hold on to the record store business he has run since ending his days as a professional musician. It’s a fool’s errand, as the world has grown past his passion for vinyl—and for him. At the same time, Frank is facing the parental realities that his daughter, Sam (Kiersey Clemons), is leaving home to go to college. Frank wants the best for his daughter, but the separation anxiety is full blown, because the pair made their way together since the death of Frank’s wife.

What appears to be a life preserver comes to Frank in the form of a song he and Sam have recorded. After Frank posts the tune online, the reaction is strong enough that all he can see is a future where the father—daughter team becomes a permanent band. That would keep his passion for music alive and be a detour for his daughter’s plans to leave home.

Haley does a beautiful job in showing the impending joy and eventual reality check Frank faces. This happens when he must deal with the decision between focusing on his own passions or being willing to let them go for a greater good.

Offerman turns in a quietly powerful performance as both the caring father and the passionate musician. Each note of his performance resonates with emotional tones that are anchored in reality and accented with heart. It’s a balanced performance that at times makes the viewer sympathetic to his need to hang on to the two greatest loves of his life—music and his daughter—while at the same feeling pity for him when he takes such a stubborn stance.

It helps that he gets such a strong performance from Clemons to match the emotional moments. Sam is facing her own emotional crossroads, especially with the new love in her life, Rose (Sasha Lane). Couple that with her deep feelings for her father, and Clemons gives Sam a grounded feel.

Both performances work so well because Haley has avoided the standard family drama clichés, and the way father and daughter act is so richly wrapped in reality. Hearts Beat Loud is an honest portrayal of relationships—whether they be with people or music—from start to finish.

Their performances are even more impressive when adding the musical element. Clemons has a rich singing voice, and Offerman’s musical skills are just strong enough to make the title tune the most memorable and important film song since That Thing You Do. Hearts Beat Loud is a small movie, but that should not stop Oscar voters for considering it for a nomination in the Best Song category.

The work by Offerman and Clemons would have been enough to recommend the film, but Haley doesn’t stop there. His use of Toni Collette, Ted Danson and Blythe Danner in supporting roles provides bonus moments that are equally as powerful and fun.

Collette’s portrayal of the woman who could potentially be a new love in Frank’s life is full of the kind of warmth she brings to every role. The fun in watching Collette is she has a way of playing even the smallest of roles in such a way that the character come across as deeply complex.

Danson provides a fun air when the film begins to slip toward the melancholy. His role is not that far removed from Danson’s days on Cheers, but when you do something well, there’s no sin in repeating the work.

All this goes to make Hearts Beat Loud—despite its grammatical misque—a lyrical tale of dealing with passions. It warmly deals with how there are times to fight for what you love and times to let go. The examination of both is delivered with great panache through the finely tuned script by Haley and the acting performances that are in perfect harmony. —TNS
Actor-producer John Abraham, who has been appreciated for his new release Parmanu - The Story of Pokhran, feels he has become an old horse of the film industry when it comes to taking praise and criticism in his stride. John was speaking to the media at a success party for the film along with director Abhishek Sharma.

The actor's career spans over 15 years and he has worked in almost 45 movies in Bollywood. Talking about the industry, audience and media's changing perception on the ups and downs in his career, John said: “See it’s cyclical. If your one film does good, then you also get brickbats for it.

So I think I have become an old horse in this industry. Now I understand what works for the film and what runs in the mind of people.”

Generally, films made on issues of national interest get noticed, and what runs in the mind of people. We are not over-confident about our chances of winning a National Award. We are thankful to the High Court, people loved the film and that is important for us.

Whatever the jury will decide for our film but at the same time I think people loved the film and that is important for us.”

John and Akshay Kumar share a really close bond with each other. They have earlier worked in Garam Masala, Desi Boyz, Housefull 2 and Dishoom together. But on this Independence Day, Akshay's Gold and John's Satyamev Jayate will clash with each other. On this, John said: “Akshay is an actor in Gold and I am an actor in Satyamev Jayate. It's a producer's decision from both sides. It is about Excel Entertainment and T-Series, so I have no say in that at all. As far as competing with Akshay is concerned, I want to make it clear that he is my senior in the industry.

“I love him and I have always wished the best for him and I am sure he also wants best for me.”

There have been reports that the release of Salman Khan's Race 3 on June 15 will not affect the screen numbers that have been acquired by Parmanu - The Story of Pokhran.

John said it's good news as it will help his movie complete 50 days at the box office.

“Personally, I want this film to complete 100 days at the box office... We have a certain target in mind and we want to reach that target. At least 65 days at the box office is what we are looking at and we are hoping for it. We are thankful to the High Court, media, distributors, exhibitors and audience for giving tremendous support for this film.”

The movie was caught in a legal battle prior to its release. — IANS

I’ve become an old horse of film industry, says John

Art takes inspiration to make a statement, says Nimrat Kaur

Actress Nimrat Kaur says art — be it the performing arts or the design industry — always takes inspiration from real life to make a statement.

The actress of The Lunchbox fame was at the preview of diamond boutique Zoya’s new collection Pezzo D’Arte, a modern interpretation of classical Italian structures such as the Leaning Tower of Pisa, the Forum, the double helix staircase at the Vatican, Florence’s baptistery, Sienna’s cathedral and the Pantheon.

“Art always needs an inspiration — whether it’s the society or political system we are living in today, or just the way life is around us. Art takes a lot of inspiration around us, and makes a statement by observing from life — be it performing arts or design,” Nimrat said via email.

Having carved a distinct niche for herself, Nimrat has also made a mark internationally with her performances in American TV series Homeland and Wayward Pines. Her latest work in India was the web series The Test Case.

Bourdain's show gets extended run on Netflix in the US

Anthony Bourdain's popular travel and food docu-series Parts Unknown will continue to be available on Netflix in the US.

Anthony Bourdain: Parts Unknown had been scheduled to leave Netflix US on June 16 when the streaming platform's licence deal for the show expired.

Following Bourdain's death by suicide, fans had been petitioning Netflix to keep the series on the platform, reports deadline.com.

Netflix had been working on hammering out an extension.

“As of today, we’ve extended our agreement that will keep Parts Unknown on the service for months to come,” the network announced in a statement.

Parts Unknown is currently airing its 11th season on CNN, with the show’s first eight seasons available on Netflix. It has won five Primetime Emmy Awards, including four for Outstanding Informational Series or Special.

The celebrity chef and television host, 61, was found dead in his hotel room in France on June 8. — IANS
Nepali Muslim Society (NMS) recently hosted an Iftar programme at Sheikh Eid Charity – Central Hall. The event was attended by Top Bahadur Rayamajhi, former deputy Prime Minister of Nepal; Professor Ramesh Prasad Koirala, Nepali Ambassador to Qatar; Mani Ratna Sharma, chargé d’affaires at Nepali embassy; and Sheikh Nawaf al-Hummadi, General Manager of Sheikh Eid Charity.

The programme was chaired by Mohammed Ayub Haque, NMS President. It was the 10th edition of the annual Iftar programme organised by NMS. The event was also attended by prominent scholars, businesspersons, doctors, engineers, social workers, journalists and entrepreneurs.

The programme was aimed at bringing the Nepali expatriate community together for Iftar. The programme was attended by over 500 people. NMS provided letters of appreciation to the dignitaries for their valuable contribution and support to the community.

The ambassador appreciated the effort of NMS and said that he was happy to attend the gathering. He added that the Nepali community hall would be completed in 2019. The community hall will be a centre of activities for the Nepali expatriates, he said.

Top Bahadur Rayamajhi, speaking as the chief guest, thanked NMS. He extended his good wishes for Ramadan and Eid to the community. The Iftar programme should continue as it connects various communities from Nepal, he added.

Mohammed Ayub Haque thanked the chief guest, guests of honour, Embassy of Nepal, Sheikh Eid Charity, and the NMS members for their contributions in making the programme successful. He added that since 2009 NMS had been actively taking part in humanitarian activities and supporting the community in Qatar and Nepal. The society has continuously been playing a key role in developing better relations between Nepal and Qatar. The support from the Nepali expatriates and the embassy has been playing important role in success of NMS, he added. The president said that his organisation had worked to support victims of earthquakes and floods in Nepal and had organised blood donation drives in Qatar. The programme was hosted by B B Roshan Kharel.

Doha Toastmasters Club (DTC), the first and oldest club in Qatar, recently conducted the installation ceremony of its 23rd executive committee for 2018/19. Niloufer Samal was sworn in as the first woman president of the club. She was awarded the ‘Outstanding Toastmaster of the Year’ recently. The installation ceremony was conducted by Abdul Nassar P, immediate past president of the club. The event was also attended by Sonny Varghese, past region adviser; Rajeswar Sundaresan, District 116 Director; Girish Jain, Division A Director; Dinesh Kumar A K, Assistant Director Programme Quality; Subbar Pandavath, Assistant Director Club Growth; Sunil Kumar Menon, Area Director, and Yoozal Vannarath and Anil Nair, past presidents.

DTC has won many awards at the D20TAC 2018 under the able leadership of Nisamudheen S A. The club is currently among the top clubs in the district. Speaking on the occasion, Niloufer Samal said that she and her team would endeavour their best to maintain the legacy of the club and take the club to newer heights. The other newly elected members are namely, Nagaraja Sekar Menon, Vice President Education, Pravin Chandra, Vice President Membership, Akshith Bhutada, Vice President Public Relations; Namrata Tawde, Secretary; Fauzia Said al-Mazrui, Treasurer, and Sandip Khairnar, Sargeant at Arms. Sonny Varghese, a veteran toastmaster, gave a keynote speech on leadership skills and the positive differences an organisation makes in the lives of its members.