For Anthony Bourdain, food was just the entry point for a much wider cultural discussion. P4-5
**PRAYER TIME**

Fajr 3.14am  
Shorooq (sunrise) 4.43am  
Zuhr (noon) 11.34am  
Asr (afternoon) 2.57pm  
Maghreb (sunset) 6.27pm  
Isha (night) 7.57pm

**USEFUL NUMBERS**

Emergency 999  
Worldwide Emergency Number 112  
Kahramaa – Electricity and Water 991  
Local Directory 180  
International Calls Enquires 150  
Hamad International Airport 40106666  
Labor Department 44466405, 44466410  
Mowasalat Taxi 44466405  
Qatar Airways 44466405  
Union and Administrative Record 44466405  
Qatar General Electricity and Water Corporation 44845555, 44845464  
Primary Health Care Corporation 44593333  
Qatar Assistive Technology Centre 44593333  
Qatar Post – General Postal Corporation 44464444  
Humanitarian Services Office (Single window facility for the repatriation of bodies)  
Ministry of Interior 40253372, 40253377  
Ministry of Health 40253372, 40253374  
Hamad Medical Corporation 40253364, 40253365  
Qatar Airways 40253374

**Quote Unquote**

In the case of good books, the point is not to see how many of them you can get through, but how many can get through to you.  
– Mortimer Adler

**COMMUNITY**

**Community Editor**  
Kamran Rehmat  
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Fax: 44350474

**Sid and Aya**

**DIRECTION:** Irene Villamor  
**CAST:** Anne Curtis, Dingdong Dantes, Gabby Eigenmann  
**SYNOPSIS:** It follows Sid who suffers from insomnia and meets Aya who he hires to accompany him on his sleepless nights. Feel the different intensities of emotions by witnessing the twisted fate of Sid (Dingdong Dantes) and how his life was changed when he met Aya (Anne Curtis) in the film Sid and Aya: Not a Love Story.  
**THEATRES:** Royal Plaza, The Mall

**EeMa Yu**

**DIRECTION:** Lijo Jose Pellissery  
**CAST:** Chemban Vinod Jose, Dileesh Pothan, Vinayaka  
**SYNOPSIS:** Set in Chellanam, Kochi, the story of Ee Ma Yau revolves around the death of Vavachan Mesthiri in a coastal village. It showcases the events that unfold between two evenings and looks at death from different perspectives. Eeshi’s vagabond father returns home after months. During the affectionate, inebriated conversation, the son promises his dad a grand funeral. How Eeshi with all his financial struggles and tries to keep the promise makes the movie.  
**THEATRES:** Royal Plaza, Landmark

**The Mall Cinema (1):**  
**Kaala** (Tamil) 2:30pm; **Kaala** (Tamil) 8:15pm; **Kaala** (Tamil) 11:15pm.  
**The Mall Cinema (2):**  
**Jurassic World: Fallen Kingdom** (2D) 3pm; **Jurassic World: Fallen Kingdom** (2D) 8pm; **Jurassic World: Fallen Kingdom** (2D) 11pm.  
**The Mall Cinema (3):**  
**Sid & Aya (Not A Love Story)** (Tagalog) 8pm; **Jurassic World: Fallen Kingdom** (2D) 9:45pm; **Veere Di Wedding** (Hindi) 11:30pm.

**Landmark Cinema (1):**  
**Kaala** (Tamil) 8pm; **Kaala** (Tamil) 11pm.  
**Landmark Cinema (2):**  
**Jurassic World: Fallen Kingdom** (2D) 9pm; **Kaala** (Tamil) 11:15pm.  
**Landmark Cinema (3):**  
**E. Ma. Yu.** (Malayalam) 8:30pm; **Jurassic World: Fallen Kingdom** (2D) 11:15pm.

**Royal Plaza Cinema Palace (1):**  
**Kaala** (Tamil) 2:30pm; **Kaala** (Hindi) 8pm; **Kaala** (Tamil) 11pm.  
**Royal Plaza Cinema Palace (2):**  
**Jurassic World: Fallen Kingdom** (2D) 8:30pm; **Jurassic World: Fallen Kingdom** (2D) 11pm.  
**Royal Plaza Cinema Palace (3):**  
**Sid & Aya (Not A Love Story)** (Tagalog) 8pm; **Last Rampage: The Escape Of Gary Tison** (2D) 9:45pm; **E. Ma. Yu.** (Malayalam) 11:30pm.
Events

Summer Entertainment City 2018
WHERE: DECC
WHEN: June 14 – August 31
TIME: 12pm
An amazing range of local shopping stalls will feature products from all over the world on the Eid. The Summer Shopping Souq will start from June 14 to August 31. Colour your summer at Doha Exhibition and Convention Centre – West Bay during Summer Entertainment City 2018 with over 75 activities and games, more than 40 food and 132 retail outlets and amazing live performances. Get set for an exciting and eventful summer in 2018.

Summer Camps
WHERE: TCA
WHEN: June 24
TIME: 8:30am – 1pm
The TCA will be holding Summer Camps in its branch for all students, starting from June 24. Every two weeks, a new batch will begin for every child to join and learn new forms of art. The summer camps will include Abacus, Drawing and Painting, Calligraphy, keyboard and dance. The camp will run for 10 days a week from, 8.30am to 1pm. You will be able to see the activities and schedules that will be uploaded for every week and register your kid. For further details, call 974 44373259.

Soccer Festival
WHERE: The St. Regis Doha
WHEN: June 14 – July 15
TIME: 2pm – 12am
The St. Regis Doha has announced plans to celebrate the month-long soccer festival and screen all matches to the delight of football lovers, from Friday June 14 to Sunday July 15, 2018. Sarab Lounge and Vine Restaurant will transform their terraces into football lounges for football lovers to enjoy watching every angle of their favourite game, with giant screens to broadcast the games daily from 2pm till 12am.

TCA CHESS CHALLENGE 2018
WHERE: TCA Campus, Villa number 5
WHEN: June 29
TIME: 9am
Be a part of the TCA Chess Challenge 2018. The challenge is open for all dynamic students of Qatar from all nationalities. The last date for registration is June 27. Registration fees is QR 10. For further details contact, 974 66523871/31326749/44373259.

Ramadan Activities
WHERE: Mall of Qatar
WHEN: Till June 14
TIME: 7pm – 12am
Kids are invited to learn Arabic calligraphy, create prayer pads, lanterns and much more in a colourful Arts and Crafts area along with a henna station dedicated to creating beautiful designs. In addition, giant traditional Dama and XO games will delight the kids while everyone can enjoy hospitality in the modern yet traditional majlis and participate in a daily broadcast from Qatar Radio at 9pm in the Luxury Court.

Ramadan Camp
WHERE: Education City - Recreation Centre
WHEN: Till June 14
TIME: 1pm – 4pm
This is an academic enrichment programme designed to help children between the ages of 4 – 10 years, improve their scholastic and interpersonal skills. A maximum of 30 participants will be accepted. Since this camp is for four weeks, please refer the advertisement to get the camp schedule.

Meeraal Ramadan
WHERE: Katara
WHEN: Ongoing till June 20
TIME: 8pm – 11:55pm
The Cultural Village Foundation – Katara is inviting the public to Meeraal Ramadan at Katara’s Southern Area.

Explore your talent with us
WHERE: Mystic Arts Centre behind Al Hilal Focus Medical Centre
WHEN: Wednesday to Monday
Mystic Art Centre, is a holistic performing arts centre and a one-stop solution for adults as well as children looking to explore their talents in various art forms. We offer classes in Carnatic Music, Hindustani Music, Karate, Yoga, Zumba, Classical Dance, Salsa, Hip Hop, contemporary and Bollywood dance forms. Personalised lessons, efficient mentoring and exposure to stage helps our learner to walk out as a confident performer at the end of their course. For further details, call 44723680/33897609.

Dance and instrument classes
WHERE: TCA Campus, Behind Gulf Times Building
WHEN: Wednesday – Monday
Come and learn the movements of dance styles in Bollywood, Hip Hop and also the musical instruments such as Piano, Guitar, Keyboard for adults as well kids and move in the world of music. Classes will run on a regular basis on weekends and weekdays. For details contact 66523871/31326749.

Remote-controlled car racing track
WHERE: Aspire Park
WHEN: Thu, Fri, Sat
TIME: 4pm – 10pm
Aspire Zone Foundation has created a custom-made track specially designed for remote-control car racing, for car lovers across Doha. Interested motorsport enthusiasts can try the race track opposite the Aspire Academy, from 4pm to 10pm on Thursdays, Fridays, and Saturdays.

Outdoor and five-a-side football pitches
WHERE: Aspire Zone
WHEN: Daily
TIME: 7pm – 11pm
Aspire Zone’s five-a-side football outdoor pitches opposite Al Waab Street are available every day from 7pm until 11pm from Sundays to Thursdays, and on Fridays and Saturdays from 7am -11pm.

Torba Farmers Market
WHERE: Education City
WHEN: Thursday and Friday
TIME: 9am
Qatar Foundation (QF) has partnered with Torba Farmers Market, a Qatar-based initiative that aims to deliver organic and locally-grown food and homemade products, to host a weekly market in Education City. Open to the public, the market be held at QF’s Ceremonial Court, accessible from gate 2, every Thursday from 9am – 4pm and every Friday from 8am-11am and 2pm – 5pm. The name ‘Torba’ is derived from Arabic, and means “the pure soil that feeds, nourishes, and nurtures.” A wide range of fresh, locally-grown items will be on offer, including organic fruits and vegetables, homemade preserves, syrups, and butters, as well as handicrafts and gardening supplies.

Zumba Session
WHERE: Bin Omran
WHEN: Sundays
TIME: 7pm – 8pm
Participate in Zumba Sessions (Adults) every Sunday. For more information call 33005839 or registration@atelierqatar.com

Off - Road biking tour
WHERE: Zekreet
WHEN: Fridays
Blue Pearl Experience Qatar is offering the country’s first off-road biking tour. Ride in the desert on a fat bike to explore the local flora and fauna spot desert wildlife, hike up jeeps, chill in the magic of the Richard Serra statues and this unique landscape. Participants will get to cross the desert riding fat bikes from Zekreet to the Richard Serra statues, on a route of approximately 13kms. The route is easy to ride and suitable for people with average fitness. You must be able to ride. Kids aged 9 and older are also welcome. The fee is QR 150 for adults and QR 100 for ages 9-14) and includes bike and safety equipment. The activity lasts about 2.5 hours.

Arab and German Tales Exhibition
WHERE: Qatar National Library
WHEN: Ongoing till August 18
The exhibition is organised within the framework of Qatar – Germany Year of Culture and provides an insight into the history of Arabic and German fairy and folk tales, and how the two traditions influenced each other. If aims to show the transcultural value of narrative traditions as a shared intangible cultural heritage and highlight mutual influences, shared ideas and cultural transfer between the Arab world and Germany through storytelling and tales.

Compiled by Nausheen Shaikh. E-mail: glisting@gmail.com, Events and timings subject to change.
Remembering Bourdain

Anthony Bourdain was cantankerous. He was funny. He was curious. He was a charismatic writer. And in person, he was razor-whip sharp, ready to drop cultural references high and low like a string of word bombs, recalls Carolina A. Miranda.

Late Anthony Bourdain's food before I ever met him. For a time, in the late 1990s, my husband and I happened to live around the corner from Les Halles, the small brasserie where Bourdain served as chef starting in 1998. Les Halles wasn’t the best French restaurant in Manhattan. But it was a great neighbourhood restaurant. For a time, it was our go-to for special occasions: small celebrations, a place to take out-of-town guests and, for several years running, the place we ate our Christmas Eve dinners because we were too damn lazy to cook.

It was cramped. And in summer, a little sweaty. Les Halles was an oasis in a neighbourhood that was emptied of its office workers at night, when the blocks would be turned over to clusters of people — the artists and writers who lived in their midst. (Back then, this stretch of Park Avenue South, on the fringes of Kips Bay, had yet to experience the blandifying effects of urban renewal.)

I mentioned all of this to Bourdain when I met him earlier this year, to shoot a web episode for his CNN programme Parts Unknown. He laughed and responded that sometimes maitre d’ Santa could also get a little smelly.

All of this made the news of his death on Friday morning, from apparent suicide, all the more difficult to digest. Bourdain was cantankerous. He was funny. He was curious. He was a charismatic writer. And in person, he was razor-whip sharp, ready to drop cultural references high and low like a string of word bombs. He was also a complicated cultural figure to wrestle with: a brilliant observer who was also swashbuckling levels of macho — especially in his earlier days. (Something noted by Tamar Lewin in an essay in the New Yorker in 2012: Bourdain, she wrote, turned “good, plain meals into a demonstration of virility. For him, there is no quiet meal of tripe grated with cheese. One cannot eat in peace: In the land of Bourdain, no dinner is complete without stentorian grunting, cursing, and beating one’s chest.”)

This was something he admittedly came to regret — being part of a “meathead culture” that he helped propagate. But my interest in Bourdain wasn’t related to his gender politics. It was the lens that he used to frame his work.
Bourdain wasn’t simply a food writer. He was a broad-minded, intellectually curious cultural critic.

In an age in which there is an Instagram account devoted to slavishly covering food’s every last mannerist turn, Bourdain was more interested in pulling the camera back and revealing food’s social and cultural contexts. This was not a man who’d devote his time to covering sugar cages. He was more interested in its politics.

When my former colleague Nathan Thornburgh approached me about leading Bourdain through an outdoor Guatemalan food market in the Westlake-MacArthur Park neighbourhood for an online segment, I told him that he might be better off finding someone who was Guatemalan food expert, or who, for starters, was Guatemalan. (My background is South American — and I’m always wary about US media depicting Latin American nationalities as being largely interchangeable.)

But Thornburgh told me that Bourdain wasn’t interested in having someone deconstruct the food. (For that, they would interview the people who made it.) He was more interested in speaking with someone who could give him some historical and cultural context on the city and the neighbourhood. That was something I could do.

And that was what inspired me about Bourdain’s work over the years. His television shows were never simply about food. They were about the landscapes and the people that shaped them. On Parts Unknown, he sat down for a riveting meal with Mexican investigative journalist Anabel Hernández, author of Narcoland: The Mexican Drug Lords and their Godfathers, to talk about the ways in which the cartels had penetrated every echelon of Mexican society.

For his earlier Travel Channel show, No Reservations, he hung out in Jeddah, Saudi Arabia, with Saudi American filmmaker Danya Alhamrani. The episode explored the country with humour and clear eyes — addressing issues of politics and gender inequity but without confusing the country’s everyday people with its systems of law.

Los Angeles artist Guadalupe Rosales received an email from Bourdain in 2017, inquiring about an archival art project she was undertaking called Vexotumus und Rucus, which chronicled Chicano youth culture of the 1990s. He reached out because he wanted to invited her to contribute an essay to the Parts Unknown website about the work.

Rosales told me by telephone Friday morning that she was impressed by the respect with which he and the staff of the series approached her work.

‘This isn’t someone who will appropriate a culture or who is just interested in the fashion or the stereotypical clichés of living in LA,’ she said of Bourdain’s interest. ‘He really wanted me to talk about my own experience in LA.’

In shooting our segment with Guatemalan street food vendors, he was interested in knowing about the history of the neighbourhood, about the ways in which the Los Angeles landscape could host tiny, thriving enclaves, about the ways in which the city was growing and developing. Food was simply the entry point for that much larger discussion.

This is a goal I’ve taken for my own work as an arts writer — to write about art and architecture not for its own sake, but as a way of understanding the forces that shape it.

I can’t claim to know Bourdain well. And I can’t claim to offer any insight into the personal demons that led him to possibly take his own life.

I simply had the good fortune to eat his food and, years later, spend a solid hour talking Los Angeles with him as we munched on fried chicken and palm flower fritters.

But his broadminded curiosity will remain with me always.

And that’s where his greatest achievement lies: Anthony Bourdain made us all just a bit more curious about the world. — Los Angeles Times/TNS

TRIBUTE: A memorial with flowers, notes, and pictures in memory for the late celebrity chef Anthony Bourdain in front of his former New York restaurant, Brasserie Les Halles, at 411 Park Ave South, in Manhattan.
BPS marks 15 years, gifts artwork to Indian embassy

Students of Birla Public School (BPS) recently undertook a massive painting work reflecting a part of Indian cultural heritage and donated the collective painting to the Embassy of India in Qatar. The group of 30 BPS student-artists presented the unique kathakali collage acrylic on canvas (6x4 ft) to the Indian Embassy as part of the celebrations of the school’s 15th year of service. The painting depicts different phases of Indian culture with a variety of paintings within the painting. Dr Sreekumar Padmanabhan, President of Visual Arts India, and Mahesh Kumar, Secretary of Visual Arts, had inspired the students to bring up the painting. The students prepared the painting under the guidance of Regint Varghese, Head of BPS Arts Department, and with help from other art teachers.

The piece of art on 54 canvases was prepared by the students namely, Arathi Sujith, Adithi, Ardra Sunil, Nandana Biju Kumar, Reehna Susan Alex, Aadi, Kogul Sri Rama Datt, Gushash Kaur, Kyathi Kasaraneni, Kirthana Menon, Lamia Salim, Reshma Mahadevan, Naini Rajeev, Rishika Ghish, Fadilah Thasnim, Sana Hassan, Salim, Kogula Sethulakshmi, Sainishitha, Madangopal Prasad, Johnathan Savi, Akash Bijumon, Bharath Sreekumar, Sharviya, Armitha, Anupama Deepak, Ayushi Akhouri, Pavithra Pramod.

PMG chief organiser receives award for cultural activities

An award was recently given to Nazakat Ali Khan, Chief Organiser of Punjab Musical Group (PMG), a cultural group of Pakistani expatriates. He received the award for organising different music programmes and comedy shows successfully in Qatar. The programmes organised by PMG were attended by artists and singers both from Pakistan and India. The award was given by M S Bukhari, Satco International General Manager, during a recent ceremony. Mohamad Habib Nabi, an active Indian community worker, was also present on the occasion.

NIS holds Iftar, celebrates Class X 100% success

Noble International School (NIS) recently organised an Iftar gathering to celebrate the spirit of Ramadan and 100% pass results of first batch of Class X students. Members of NIS management attended the gathering. Iftar was preceded by a short stage event. Shibu Abdul Rasheed, NIS Principal, welcomed the members, staff and students. Mosarraf Hussain, Arabic Teacher, spoke about significance of the holy month of Ramadan. Hussain Mohammed, NIS Chairman, attended the event and felicitated Jayamon Joy, Vice Principal Academics, for his contribution towards the success of the Class X students. The other members who attended the gathering were namely, Mohamed Easa, Vice Chairman, Basheer K P, General Secretary, Faris, Mashood V C and Abdul Kader, secretaries; Shoukath Ali, Treasurer; and Maharoof, Director of Administration. The members felicitated the teachers, students and their parents for the success.
SLMQ organises 17th annual symposium

Sri Lankan Majlis Qatar (SLMQ), recently conducted its 17th annual symposium at TIME Rako Hotel Qatar. The theme for the symposium was ‘Together Towards Tomorrow’. The event started at 8pm and concluded at 10pm. It started with the recitation of verses from the Holy Qur’an. Rizwan Yaseen, President of SLMQ, welcomed the gathering and spoke about the achievements made by the organisation in last 17 years and about its future vision. The event also featured a special documentary on the history of SLMQ. The chief guest at the event was A S P Liyanage, Ambassador of Sri Lanka to Qatar. In his address, he praised the works of SLMQ for all communities irrespective of religion or caste and its community activities organised not only in Qatar but also in Sri Lanka. He also thanked the SLMQ members for their constant support to the Sri Lankan embassy. The keynote speaker of the event was Sheikh Mufti Ismail Menk, who is a world famous motivational speaker. He spoke on the theme of ‘Together Towards Tomorrow’.

SLMQ, on the occasion, recognised and honoured some outstanding young achievers in 2017/2018. These young achievers were namely, Fathima Asra Aroos, who graduated as medical doctor from Smolensk State Medical University, Russia; Fathima Naflah Mansoor, who completed CIMA; Hamza Aroos, who scored the highest marks in Qatar for Accounting in Edexcel IGCSE; and Mukrim Rahman, who represented the Doha Rugby Academy U14 at the Intl. Rugby Championship in Spain. Ooredoo was once again the official sponsor of the symposium. Manar Khalifa al-Muraikhi, Director of PR and Corporate Communications at Ooredoo Qatar, said, “Ooredoo is pleased to support SLMQ once again under the patronage of the Sri Lankan embassy. Like Ooredoo, the organisation is dedicated to giving back to the community and ensuring a better life for all in Qatar. We congratulate SLMQ on another amazing year and thank the team for the great work they do.”

EF Toastmasters Club celebrates annual day

EF Toastmasters Club recently celebrated its annual day at The Horizon Manor and the event was attended by all members and their families. The meeting was opened by Muhammad Ansere, President of the club, who welcomed the members and guests. Joseph Amande, key note speaker for the occasion, spoke on accent globalisation. The presidents report outlined the club achievements for the year. EF Toastmasters Club which has been selected as the best club in Division J had a glorious year with many feathers in its cap, including 24 educational awards, seven TMI awards and 22 district awards. The meeting also witnessed two important annual events. The first was the installation of a new executive committee for 2018-19. The second was induction of new members into the club. The newly elected executive committee members are namely, Sabari Prasad, President; Ranjith Sukumar, Vice President Education; Ram Mohan Nair, Vice President Membership; Sheheryas Kandy, Vice President Public Relations; Younes Kunju, Treasurer; Dipen, Secretary; Nijith and Althaf, Sergeant at arms. The dignitaries present on the occasion were namely, Raghavan Mencil, TLI Chair; Venkatesh, Division J Director; Bijith Biju, Division Q Director; Singaraju, Area 29 Director; and Aagi John, Area 26 Director. EF Gavel Club felicitated its stars and the gaveliors entertained the gathering with some interactive games.
Toyota wins top 2 places at FIA World Endurance Championship

Toyota has started the 2018 FIA World Endurance Championship (WEC) season with a one-two victory in the Total 6 Hours of Spa-Francorchamps. Sébastien Buemi and Kazuki Nakajima won the race for the second successive year in the #8 TS050 Hybrid Electric Vehicle (HEV) they share with newcomer Fernando Alonso, who enjoyed victory at Spa for the first time since an International Formula 3000 triumph 18 years ago.

The #7 TS050 Hybrid Electric Vehicle of Mike Conway, Kamui Kobayashi, and José María López completed a remarkable comeback by finishing second, just 1.444 seconds behind, despite starting one lap down from the pit lane due to a qualifying penalty.

The result marks Toyota's 17th win from 49 WEC races and its third at Circuit de Spa-Francorchamps. Toyota, therefore, leads both the teams' and drivers' World Championships going into the Le Mans 24 Hours on June 16 and 17.

“We are very proud of our teams’ performance in the 2018 WEC at Circuit de Spa-Francorchamps. Securing the top two positions in this highly competitive race proves the efficiency and performance of our Hybrid Electric vehicles as part of Toyota’s mission to make ever-better cars,” said Yuji Miyamoto, Chief Representative, Middle East and North Africa Representative Office, Toyota Motor Corporation. “Toyota has been pioneering hybrid electric technology for more than 20 years delivering not only great fuel efficiency and low carbon emissions but also an engaging driving experience, and seamless fun and exhilaration for the driver. We appreciate and thank our fans for their continuous support and look forward to stepping up the excitement levels in the races to come.”

Hisatake Murata, Team President, said: “I am very pleased with our performance during the week of the race. To get a one-two after the problem we faced required a big team effort. I am proud of everyone for their good work. The atmosphere during the weekend of the race has been fantastic, so I would like to thank the many fans who visited Spa, including a lot of colleagues from our home in Cologne. I hope they enjoyed the first race of the season. It’s a great result to start the season, but this is only a small step towards our big target; the Le Mans 24 Hours. We have identified areas to improve, and I’m sure our rivals have too, so we will be working flat-out in the next weeks to be ready for a close fight at Le Mans.”

Following six years of competition with hybrid vehicles from fellow manufacturers in Le Mans Prototype 1 (LMP1), this year Toyota takes on a field of eight private, non-hybrid vehicles that benefit from the new regulations for this season, strengthening them with 49% more fuel energy per lap, 37.5% more fuel flow, and 45 kg lighter weight compared with Toyota HEVs. To compete under those conditions, Toyota needs to demonstrate again the development progress of its Hybrid Electric powertrain that has seen a 35% reduction in fuel consumption at Le Mans since 2012.

The race began under blue skies, with Sébastien Buemi making a clean getaway from pole position in the #8 car and gradually extending his advantage over the competitors. Meanwhile, Mike Conway took the #7 car to sixth position by the time of the first pit stops. By then, Buemi had extended his lead to over 30 seconds. However, this evaporated shortly after the hour mark due to another safety car closing the gap to just six seconds with 50 minutes remaining.

Fernando Alonso and Mike Conway stayed at the wheel through a final fuel stop with 25 minutes to go, after which the team chose to hold positions and avoid any unnecessary risks. Just under 100 km of flat-out racing remained.

Fernando Alonso and Mike Conway took over the #8 and #7 cars respectively for his first WEC race laps. His first task when the race resumed was to defend the lead from competitors, which he did via a spectacular passing move on several GT cars on the Kemmel Straight.

Fernando’s stint was interrupted by a full-course yellow, but he took advantage when the track was green and built a substantial lead, before handing over to Kazuki Nakajima just before half distance. The #6 car made an immediate return to pit lane to adjust Nakajima’s seat belts and lost more time with a harmless spin at turn one.

Meanwhile, the #7 car was continuing its impressive progress through the field and started the second half of the race in second position, around a minute behind the leading #8 car when José María López took over from Kamui Kobayashi at the next pit stop.

The two TS050 Hybrid Electric Vehicles tightened their grip on the race as the last hour approached, with Fernando Alonso preparing to take the #8 car to the chequered flag with a lead of around one minute over the #7 car, with Mike Conway at the wheel. However, another safety car closed the gap to just six seconds with 50 minutes remaining.

Fernando Alonso and Mike Conway stayed at the wheel through a final fuel stop with 25 minutes to go, after which the team chose to hold positions and avoid any unnecessary risks after over 1, 100 km of flat-out racing.

Race Notes:
TS050 Hybrid Electric Vehicle #8 (Sébastien Buemi, Kazuki Nakajima, and Fernando Alonso):
- Position: 1st
- No. of Laps: 163
- Best Lap: 1'57.805

TS050 Hybrid Electric Vehicle #7 (Mike Conway, Kamui Kobayashi, and José María López):
- Position: 2nd
- No. of Laps: 163
- Best Lap: 1'57.442

Best Lap: 1'57.805

Position: 1st
No. of Laps: 163
Best Lap: 1'57.442

Position: 2nd
No. of Laps: 163
Best Lap: 1'57.805
The Westin Doha celebrates Global Running Day with Liz McColgan

In celebration of Global Running Day, The Westin Doha Hotel and Spa in collaboration with Liz McColgan, a renowned Olympic athlete and founder of Doha Athletic Club, recently organised a community race event for children and young adults, noted a press release.

Global Running Day is an opportunity for people around the world to celebrate the joys of running. The idea behind the event was to empower the well-being of the community and to participate in activities like a solo walk, a long run with friends and even a game of tag with kids.

The community event ‘night to time your best’ took place at Al Sadd Club, where around 100 participants gathered. The participants consisted of children and young adults ageing from 5 to 17 years along with adults from different nationalities.

During the event, all participants received a Westin pack eating bags that contains fresh juices and nutritious snacks to promote healthy eating habits. Additionally, the winners were given medals, certificates and the hotel vouchers in order to recognise their participation and commitment towards a healthy lifestyle.

Commenting on the event, Gianrico Esposito, General Manager of The Westin Doha Hotel & Spa, said, “As a leader wellness brand in hospitality, we strive to share our passion for sports and inspire others to get moving.” He added, “We strive to spread well-being activities among the community because it is part of our global initiative, and we are committed to being part of the country’s vision for a healthier nation.”

From her side, Liz McColgan said, “Athletic Zones are pleased to collaborate with The Westin Hotel to present the “night to time your best” evening of athletics to celebrate Global Running Day.” She added, “This community event encourages families to exercise together and also set standards so that in the future they can assess their development. As the founder of Doha Athletic Club, this event gives our members an opportunity to compete and improve their personal bests.”

The Westin Doha Hotel and Spa organised the an internal activation for its associates. The participants from all its departments joined a five kilometre run at Aspire Zone.

Further, to empower the well-being of the guests, the hotel is running a competition for their gym members for a whole month to encourage them to track their running progress, at the end of the competition, the winners will get a complimentary one month membership and a weekend stay.

Almuftah Group hosts Suhoor for managers

Almuftah Group, a diversified business conglomerate based in Qatar, recently hosted the annual Suhoor gathering for its managers and other executives in Shebestan Palace in Al Sadd, Doha. The Suhoor gathering aimed to acknowledge the strategic vision and determined commitment shown by the company’s managers from its more than 30 divisions in Qatar, as well as impart the Islamic tradition of thoughtfulness and generosity especially during the holy month of Ramadan. The gathering was headed by Ibrahim Almuftah, Managing Director of Almuftah Group, and Khaled Almuftah, Finance Director of Almuftah Group.
Bouncing raisins

You probably cannot guess how raisins behave in a glass of ordinary sparkling water.

You’ll need

- Carbonated water (soda water)
- Tall glass
- Four raisins
- Four small pebbles

What happened?

The raisins and pebbles all sink and bubbles form on them

The pebbles stay on the bottom...

... but the raisins rise to the surface of the water, sink, then rise again

Unlike plain tap water, soda water contains carbon dioxide gas

Gas bubbles form on rough places on the raisins and pebbles

The pebbles are too heavy for the bubbles to lift

When the raisins reach the surface, the bubbles break, and the raisins sink again

Source: Peter Macinnis’ Science Playwiths
Graphic: Helen Lea McComas, Paul Trap/TNS
Dos and don’ts for summer

Itch oily food for cold soups, sorbets and fresh vegetables to combat the harsh effects of summer on your body, say experts.

Pooja Makhija, celebrity nutritionist, and Govindrajan, Head, Research and Development, Sugar Free, have suggested a few dos and don’ts to combat the harsh summer heat.

**Dos:**
- **Fresh fruits, vegetables and salads:** Summer heat could lead to dehydration and dehydration could lead to electrolyte loss, which could leave you feeling lethargic, nauseous, exhausted and may even cause diarrhoea and constipation. Up your intake of fresh fruit and vegetables in ways that are creative and yum like finger foods or fun salads so that you beat the heat.
- **Liquid and sorbets:** Invite tasty drinks into your life like kokum water, coconut water, chaas, fruit slushes and also frozen iced sorbets - the healthiest way to make this refreshing than a cool cocktail, all frosty and drink.
- **Water and infused water:** Apart from increasing your water consumption to about 10-12 glasses per day, why not try killing two birds with one glass by infusing your water? Take care of both dehydration and nutrition by adding a small piece of fresh fruit like kiwi or strawberry or even basil to your water with a pinch of Sugar Free Green.
- **Sauteed greens:** Give a nod to sauteed greens this season because these are light, can be made very entertaining and always bring nice gifts with them like reduced cholesterol, cancer-fighting abilities, anti-ageing benefits, powerful vitamins and tons of energy.
- **Cold soups:** Team up fresh salads with the perfect escort: hearty cold soups that include gazpacho, cold cucumber soups, tomato soups for that full flavour and for that feeling of being full.

**Don’ts:**
- **Excess protein:** Proteins are harder to digest in general and coupled with heat and dehydration, could leave you feeling uncomfortable and possibly nauseous if consumed in excess. The recommended daily intake of protein is one gram per kilo of ideal body weight (the appropriate weight for your height). So, no matter what you currently weigh, if your ideal body weight is supposed to be 57-58 kilos, your protein intake should not exceed 57-58 grams per day.
- **Drinks:** Nothing looks more tempting and refreshing than a cool cocktail, all frosty and pink, beckoning you to drink it. The harsh reality is that these add to more heat.
- **Oily food:** When bodies are not hydrated, they are not always able to expel all by-products of heavier, oilier foods through the kidneys, which is why urination is not as frequent when you are dehydrated. To counter this, the load of excreting oily food comes on to the skin — the second largest excretory organ — which will make you sweat more, dehydrate you further, kick-starting a vicious cycle.

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**ARIES**
March 21 — April 19

The effect from the planetary aspects will bring an end to any lethargy you’ve been feeling, Aries. It’s an excellent day to get up and head into the open to do something active. Walking, running, or going on a hike can make great use of both your energy and creativity. Fresh air and physical exertion will lend much to your health as well, so make the most of this.

**CANCER**
June 21 — July 22

It’s the perfect day to get up and head outside. Cancer. You’ll likely find yourself feeling positive and energetic, and some fresh air, sunshine, and physical activity may be long overdue. Even if this is a workday for you, make the most of your breaks and lunch hour by walking. This evening may be the opportune time to get together with some friends for coffee or a favourite sporting event.

**LIBRA**
September 23 — October 22

If you’re lacking a regular exercise routine, Libra, today’s a great day to turn that around. Exercise doesn’t have to wear you out or hurt. Even relaxing activities like walking or yoga are excellent ways to keep you in good shape. Participating in a sport that appeals to you like volleyball or bowling combines fun with exercise. Heck, even dancing is a recognised form of exercise! See about finding something that will work for you.

**TAURUS**
April 20 — May 20

Take charge of your overall health today, Taurus. You’ll likely wake up feeling energetic and well. Seize this opportunity to be active in doing things that will help continue your good feelings. Consider all aspects of your health, including emotional and spiritual. If you can, sit outside in the sunshine and fresh air to consider the areas of your life that could use a workout.

**LEO**
July 23 — August 22

It won’t be surprising if you find yourself getting frustrated with a close friend or partner today who is far less ambitious than you, Leo. The energy in the air can really emphasise your “go, go, go” way of reaching goals and achieving success. Others who are passive or fearful in this area may be difficult to understand. Yet each person has to do things in ways that are best for him or her. Try to be patient.

**SCORPIO**
October 23 — November 21

Put your ambition into action today, Scorpio. The day’s planetary aspects should find you feeling energetic and positive. Make the most of this by taking steps toward your goals. As you know, if you don’t actively pursue things, nothing will happen. The years can pass by so quickly and you wouldn’t want to be sitting on a rocker wondering “what if?” Trust yourself and do what it takes. Everything starts with a single step.

**GEMINI**
May 21 — June 20

If there’s something crafty or artsy you’ve had your eye on and would really like to get but can’t afford, Gemini, consider making it. Even if you don’t really like to get but can’t afford, Gemini, consider making it. Even if you don’t really like to get but can’t afford, Gemini, consider making it. Even if you don’t really like to get but can’t afford, Gemini, consider making it. Even if you don’t really like to get but can’t afford, Gemini, consider making it. Even if you don’t really like to get but can’t afford, Gemini, consider making it.

**VIRGO**
August 23 — September 22

See about using your good relationships with friends and loved ones today to get some group activities going. Virgo. Chances are you’ll feel pretty good and the idea of socialising will appeal to you. See about inviting people over for supper or a game of cards. If you’re especially lively, some sports may be just the ticket to get you out and moving. Do whatever it takes to have some fun and get some fresh air today.

**SAGITTARIUS**
November 22 — December 21

Don’t hesitate when it comes to taking on a project or making plans today, Sagittarius. Extra energy will complement your organisational skills, making the perfect combination to handle almost anything. Be sure to write down your goals and plans to help keep you focused. If you decide to tackle any cleaning today, get rid of the things you never use.

**PISCES**
February 19 — March 20

Don’t be surprised if you wake up feeling super today, Pisces. Chances are good that you’ll feel a renewed physical strength with energy to spare. That said, it might be a good day to tackle any projects that require you to use some muscle. Perhaps there’s some yard work that needs to be done or furniture you want to move around. On the fun side, you might want to get to the gym for a workout or swim.
**Wordsearch**

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STKELLERARUQATKH
RFRMOACNPYES
BMEOJIEPORAGAE
XPDCCBVICACUVAZ
AEIHUXZCLRLNSHH
LRRCBTQOYUAEQHS
SAMTPSSLNCLHTKA
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YRXERKOEBNULT
ANPASTELLOWIAZETP
RIDQDBTIACAMIVO
CSHUYDLPHUUNSTY
THOWVSEWJZTYEIF
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**Codeword**

Every letter of the alphabet is used at least once. Squares with the same number in have the same letter in. Work out which number represents which letter.

![Codeword Puzzle](image)

**Artistic**

| ACRYLIC | EASEL | SKETCH |
| AQUARELLE | GOUACHE | STUDIO |
| BRUSH | MODEL | TEMPERA |
| CANVAS | OILS | TINT |
| CHARCOAL | PAINT | TONE |
| COLLAGE | PALETTE | VARNISH |
| CRAYON | PASTEL | WASH |

**Sudoku**

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  5  2  6
  3  8  7
9  8  6
  6  4
9  4  8  3  6
  4  9
3  4  5
  7  2  8
3  9  2
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**Pooch Cafe**

```
AHHH!
SOMETHING'S PULLING MY LEASH!
IT'S STUCK TO AN IRON WHEELER! I SAW IT HEADING DOWNTOWN!
WELL, AT LEAST HE'S STOPPING FOR LIGHTS.
```

**Garfield**

```
IS IT LEGAL FOR CATS TO MARRY?
GARFIELD?
ARE YOU OKAY?
I CAN'T FEEL MY BRAIN!
```

**Bound And Gagged**

```
YES, I AM HAPPY WITH MY CABLE PROVIDER!
```

Sudoku is a puzzle based on a 9x9 grid. The grid is also divided into nine 3x3 boxes. You are given a selection of numbers and you must fill the grid so that every column, every row and every box contains every number once and only once.
### Super Cryptic Clues

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#### Across
1. Stream; 5 Rather; 8 Ozone; 9 Adagio; 10 Agenda; 11 Nears; 14 Bone-meal; 16 Neatly; 18 Right-mindedness; 20 Peanut; 22 Shatters; 25 Aroma; 27 Scream; 28 Talent; 29 Untie; 30 Satrap; 31 Decree.

#### Down
1. In the acrosspour a cart has overturned. Do something! (8) 2. Take fish up to the bird (6) 3. The man returns with a Chinese rodent (7) 4. Distressed to find partitioned? (3,2) 5. The mountain is shrouded by haze (4) 6. Risque, which is wrong (8) 7. The late song-writer and businessman (8) 12. Not a hefty penalty (4) 14. Burn, we’re told, when dry (4) 16. According to the Cockney, has to go into a hot oven (4) 17. Say nothing when the blame’s wrongly assigned to, for the mess (8) 18. Or is out with the rest, drunk, on revels (8) 19. Look up, again, the record (4) 21. No longer above having an examination (4-4) 23. The monkey, sedate, put away the peanuts (7) 25. It’s clear the name and age must go in (6) 26. Mark the one the ants are scurrying round (5) 28. Firm in holding the picture (4)

#### Colouring

#### Wordsearch

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#### Codeword

| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z |

#### Yesterday’s Solutions

**Across:** 1 Stream; 5 Rather; 8 Ozone; 9 Adagio; 10 Agenda; 11 Nears; 14 Bone-meal; 16 Neatly; 18 Right-mindedness; 20 Peanut; 22 Shatters; 25 Aroma; 27 Scream; 28 Talent; 29 Untie; 30 Satrap; 31 Decree.

**Down:** 1 Scrab; 2 Roan; 3 Moonbeam; 4 For all one’s worth; 5 Reason; 6 Hand; 7 Really; 12 Methane; 13 Magnate; 15 Olive; 17 Loser; 19 Emanated; 20 Passe; 21 Team up; 23 Soothe; 24 Fret; 26 Deer.
Yes Indeed Dominique Jones is no little baby

By Geoffrey Rowlands

In the braggadocio world of rap, it is highly unusual to hear anyone admit he still has a great deal to learn. Yet this is precisely the attitude of 23-year-old Atlanta, Georgia, native Dominique Jones, better known to music fans as Lil Baby. He may be a novice in the music business but Baby's talent is clearly apparent and has been recognised by rap fans. His debut studio album, Harder Than Ever, has stormed straight to number three on the Billboard 200. The album has also spawned a smash hit single, Yes Indeed has so far peaked at number six on Billboard's Hot 100. This track should have been the lead single from Harder Than Ever. Baby, who has a habit of voicing ‘You know what I’m saying’ after almost every statement, explained why Southside became the first single.

“The song got leaked online so I felt like I had no choice but to run with it,” said Southside. He added that the song was written over a period of weeks. “I always loved music and knew a lot about the business but I didn’t think that I’d ever get to be a rapper.”

Baby had no wish to endure more time in prison. Upon his release, he listened to all those friends who kept urging him to try rapping. He was surprised and delighted by the result.

“My friends saw things in me that I definitely didn’t see in myself. I’d never even tried rapping. But I realised I was good. I could do this thing that I’d never even thought about.”

He sent me part of “Harder Than Ever” and his talent. You don’t have to be a big name player for Drake to be interested in working with you. He said he’d send me a song and that was exactly what happened. He sent me part of Yes Indeed. I worked on it and sent my verses back to him. We chopped it up and had a great song!”

The track attracted considerable interest when it was played during the release party for Canadian rapper Preme’s debut studio album, Light Of Day.

“It didn’t have a title at that time. People started calling it Pikachu. After the party, Pee (Quality Control Music CEO Pierre Thomas) put a snippet on his Instagram account but he quickly deleted it because he didn’t want the song to leak online.”

It was his friends Pee and Quality Control co-founder Coach K, real name Kevin Lee, who were instrumental in persuading Baby to try his hand at rapping.

“I always loved music and knew a lot of people on the Atlanta music scene. But I had never considered the possibility of becoming a rapper.”

“I was born into poverty. My father left when I was two. My mother had to raise me and my two sisters as a single parent. We lived on food stamps and government assistance. I grew up around people who made it in the music business. That’s how I came to be part of the scene without being a rapper or musician.”

“When you are poor, you do what you can to put food on the table. I dropped out of school in tenth grade to become a full-time drug dealer. This raised my family’s standard of living, but I couldn’t stay ahead of the police forever. I got caught and spent two years in jail.”

“I was locked up for a year and a half. I was thinking about my future at that time. I knew I had to get out of the game. I started to think about what I wanted to do after I got out. I thought about going back to school. I thought about going to college.”

“I always wanted to be a rapper. I always knew I had the talent. But I never thought I’d actually get to do it.”

Baby has been through a lot. He has been in and out of prison several times. He has been involved in numerous altercations with law enforcement. But he is determined to make a success of his music career.

“I’ve become a far better lyricist. My passion for music has grown as I’ve improved. I’ve become a far better lyricist. My music has grown as I’ve improved. I’m really excited about the future.”

Rick Astley

Rick Astley’s 50 was the surprise smash hit album of 2016. His first LP for 11 years, it hit number one on the UK chart and was listed among the top 20 best-selling albums of the year.

His second studio album, Beautiful Life, is set for release on July 20. But he is already back on the music scene with a brand new record. The album has been recorded and produced in Rick’s home studio.

“I love tinkering around with bits and pieces in my little studio,” Rick said. “Being in there is like my refuge.”

Prince

Anyone with around $27,500 to spare who would like to own an original vinyl copy of Prince’s legendary LP, The Black Album, now has the opportunity to buy the record. The Black Album should have been Prince’s 16th studio LP, the follow-up to 1987’s Sign ‘O’ The Times. But Prince was in one of the more weird periods in his life. He insisted the album should be issued with no name and no cover art in a plain black sleeve. There should also be no promotion nor even an announcement that a new Prince album had been released.

One week before The Black Album should have been issued, Prince claimed to have had a ‘spiritual epiphany’ and demanded that all copies should be destroyed. He actually footed the bill for their destruction.

The album has never been released on vinyl. The black album is owned by many Prince fans. He eventually allowed the record to be released seven years later in 1994 though only as a limited edition CD. It has never been released on vinyl. The album was only released as a CD in 1994. The black album has been released on vinyl in 2017.

The lesser price for the album currently being offered at the Discogs website reflects the record having been played. The five sold last year were still sealed in their original packaging.

Expensively as The Black Album may be, it does not match the price for an album entitled Camille which Prince made for himself. He offered a femine alter-ego for songs on this record. Only 17 copies are believed to exist.

One was sold last October. It fetched £59,000.

Cardi B

Cardi B has had a very successful year in music. Her debut album, Invasion of Privacy, was released last December. It became her first entry into the Billboard 200 peaking at number 80. She had already hit number 71 on the Hot 100 with her single, My Duag.

“The University of Georgia football team played My Duag in their locker room. They wanted it to become their official anthem (the team nickname is Bulldogs) but I don’t think that’s going to happen.”

Rap star 50 Cent and Joe Budden have already protested the closure on their Instagram accounts. Now Cardi has used her Instagram story to add her voice to the protests. She still has fond memories of working there and demanded justice for the club. She said there have never been any shoot outs, no-one has ever been murdered there and the locks should immediately be opened.

As yet, the venue remains closed.
Nandita says making Manto was an interesting journey

A cclaimed actress and filmmaker Nandita Das says making Manto was a most challenging yet interesting journey.

“It has been the most challenging journey for me, but probably the most interesting one too. This by far has been the biggest learning curve for me. There were challenges I faced at almost every step of the process,” Nandita said in an interview.

“It took me four years to research and write the script and two years to get funding, cast, crew, locations and all the preparation to shoot and get the film out. The genesis of the idea of the film was in 2012, Manto’s centenary celebration, and now it finally premiered in Cannes.”

After having helmed Firaaq in 2008, Nandita went behind the camera to trace the life of writer Saadat Hasan Manto, to be portrayed by Nawazuddin Siddiqui in the film, expected to release in India in September.

Manto, who died in 1955 at the age of 43, penned an impressive body of work touching various genres.

He churned out about 22 collections of stories comprising a novel, essays, personal sketches and movie scripts. Out of his literary gems was a story on Mirza Ghalib, a poet who is often compared with the stature of Shakespeare.

His work also gained attention for weaving stories around the ordeal of partition as well as sexuality. The film provides a window into his life during the tumultuous partitioning of British colonial India into two new nations — India and Pakistan.

Manto, co-produced by HP Studios, Filmstoc and Viacom 18 Motion Pictures, was the only Indian film in Un Certain Regard category at the 71st Cannes Film Festival. It will also be screened at Sydney Film Festival, which started on June 6 and will go on till June 17.

Nandita says she was “deeply involved with every department and have learnt so much in the process”.

“After all, I never went to a film school or assisted any director so everything was being learnt on the job and I was relying mostly on my creative instinct and life experiences.”

On her experience at the fest, she said: “I have been attending Cannes since I was invited in the main jury in 2005. Then again in 2013 in the short film jury. Including more recently, to raise funds for Manto.

“Other than these two opportunities, I have been several times as a film lover. Apart from it being the most celebrated festival, it truly manages to combine great cinema and a thriving platform for filmmakers and film lovers from all over the world. While you of course wish your film to be premiered in Cannes, one is aware that every filmmaker wishes that too. The competition is extremely fierce. And Manto is not a typical ‘festival film’.

“The references and contest is not always easy for foreigners to understand. I didn’t know till the day they officially announced the list, it was the only Indian film in the main official sections and so it is a huge honour. I am most delighted that Manto has started its journey in Cannes.” – IANS

CANDID: “I was deeply involved with every department and have learnt so much in the process,” says Nandita.

Twinkle Khanna working on a novel

Producer-author Twinkle Khanna, known for her book Mrs Funnybones: She’s Just Like You and a Lot Like Me, says her novel will be out soon.

Twinkle interacted with the media at the launch of L’oreal Professionnel #OnlyInSalons campaign where she spoke about her next book.

She said: “I am just finishing it, so I think it should be out soon and all I can say right now is that it’s a novel.”

From where does she take inspiration to write a book?

“I am always watching people and I watch everything about them. There was a hairstylist at the event, I still remember what shoes he wore last time when I saw him, which was purple and today it is burgundy. So I am watching what everyone’s doing,” she said.

Twinkle had made her Bollywood debut in 1995 with Barsaat and her last released film as an actress was Tees Maar Khan (2010) in which she did a special appearance. In the span of 15 years, she has worked in 17 films.

She married actor Akshay Kumar in 2001. They have two children together.

In which of her films did she look really good?

Twinkle replied: “Because I am now in my 40s, I have an issue of Alzheimer’s and I am not good at remembering things so if you ask me then, I think, I really looked good today and at this stage of my life as compared to when I was in movies.” – IANS

Meg Ryan on being ‘America’s Sweetheart’

Actress Meg Ryan has spoken on being labelled “America’s Sweetheart” and leaving acting.

During the In Goop Health event, Gwyneth Paltrow and Meg Ryan, who was once dubbed “America’s Sweetheart”, talked about a wide range of topics, reports online.com.

Raising the topic of being “America’s Sweetheart”, Paltrow talked to Ryan about being pigeon-holed by society.

“You’re either intelligent or sexual or maternal, and I really feel like we’re at a time where those borders are coming down, and it’s coming with a lot of cultural upheaval in a way.”

For the most part, Ryan, who was married to actor Dennis Quaid back in her heyday from 1991 to 2001, “had a lot of fun”.

She continued: “I never wanted to be an actress. The whole idea of being a famous person... I felt like a witness to, I didn’t feel exactly in it, and I think that was a really good thing. I felt like a student of it in a way, or that I was watching it in an anthropological way.”

The actress added: “Life is subtle, people are complex, and the world is obviously complex, and tabloid journalism and headlines, those are not. Tweets, those are not. When you get labelled anything like ‘America’s Sweetheart’, I didn’t even know what that meant.”

“Nora Ephron’s (When Harry Met Sally director) parents wrote scripts in old Hollywood and there was such a thing as America’s Sweetheart in the 40s and she decided to say that about me one day and I remember thinking, ‘is that good?’”

Paltrow remarked that it was a “confining” title.

Ryan added: “It doesn’t necessarily imply that you’re smart or complicated or anything, it’s a label. And what can a label do but guess at you?”

As for her “quitting” acting, Ryan said that for a time she was being “very reactive instead proactive”, reports online.com. – IANS

ANOTHER ONE: Twinkle Khanna.
GU-Q students visit Greece to brush up on refugee crisis

Twelve students of Georgetown University in Qatar (GU-Q) recently travelled to Greece to volunteer and improve their understanding of the ongoing Syrian refugee crisis. They were there as part of the university’s Community Engagement Programme, a volunteer and community-based learning opportunity that helps students develop an understanding of the world as an interdependent system and increases their global awareness.

This year’s programme, held under the theme ‘Refugees: Education in Crisis’, saw the students spend 30 hours volunteering with Education Above All to assist with data collection, monitoring, evaluation, and research for the Together Project. Through workshops, both before and during the trip, the students were briefed on the state of refugees in the Greek island and the impact of the ongoing civil war in Syria. They were then able to meet with local community members to gather their own understanding of how Greece is dealing with the humanitarian effects of the conflict.

“We pick up themes every year that are in line with Qatar’s vision,” explained Uday Rosario, Assistant Director for student programmes at GU-Q. “Every year we look at different case studies that are interesting to our students and tie in to what they study in the classroom. We decided on Greece because of the current refugee crisis and the interesting case study it presented to our students. The island of Lesvos has dealt with the refugee crisis through community engagement as well as innovative humanitarian practices.”

The trip exposed the students to all sides of the political spectrum, introducing them to a variety of civil society organisations dealing with the crisis and helping them develop an understanding of human interaction in the field. They also did volunteer work including preparing campsites and storage warehouses and creating shaded areas for the summer, in addition to assisting with Ramadan food distribution for the first few days of the holy month.

Describing his experience in Greece, Mohammed al-Jaberi says, “Having gone this deep, I realised that there is a deliberate preservation of very bad living conditions in refugee camps to deter the inflow of more refugees or the use of the suffering of millions as a poster to seek more donations.” He added, “My education at GU-Q and this trip in particular helped create a personal critical assessment of humanitarian aid and development.”

The award-winning Community Engagement Programme, which is unique to GU-Q, has previously focused on issues such as disaster management, migration, and economic development. Countries visited in the past include, India, Jordan, Sri Lanka, Tanzania, China, the Philippines, South Africa, Ethiopia, Bangladesh, the US, and Cambodia.

Young ISLQ footballer receives 2 awards

Abubaker Iqbal, 16, son of Professor Atif Iqbal, recently obtained two awards during the Middle Years Program (MYP) graduation ceremony at International School of London at Qatar (ISLQ). The event was organised to celebrate the learning achievements of all graduating students of Grade X (MYP). Abubaker received ‘Sports Award’ for his excellent skills and dedication in different sports, especially football during all of the secondary school years (2013 to 2018). He represented his school football teams in both U-16 and U-19 categories. He played and won several tournaments as he took on the leading role of being captain of the team as well. His hard work, dedication, strong dribbling and defending skills were always appreciated by Russell Hogg, school team manager. As his contributions towards football were recognised in the school, he was awarded ‘Sports Award’ by the school management.

The second award ‘Unsung Hero Award’ was also given to Abubaker for his performance in academics and other school activities. The award acknowledged his discipline, and helping attitude towards other students.

HONOURED: Abubaker Iqbal receiving the award.